

2023—2024 学年新乡市高三第一次模拟考试
英 语

注意事项:

1. 答题前,考生务必将自己的姓名、考生号、考场号、座位号填写在答题卡上。
2. 回答选择题时,选出每小题答案后,用铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再涂选其他答案标号。回答非选择题时,将答案写在答题卡上。写在本试卷上无效。
3. 考试结束后,将本试卷和答题卡一并交回。

第一部分 听力(共两节,满分 30 分)

做题时,先将答案标在试卷上。录音内容结束后,你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节 (共 5 小题;每小题 1.5 分,满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例:How much is the shirt?

- A. £19. 15. B. £9. 18. C. £9. 15.

答案是 C。

1. What is the probable relationship between the speakers?
A. Classmates. B. Teacher and student. C. Salesman and customer.
2. What does the woman want to do?
A. Have a rest.
B. Dance with the man.
C. Practice dancing for another hour.
3. What time does the woman's watch show?
A. 7:50. B. 7:30. C. 7:20.
4. Who will go back home late tonight?
A. The kids. B. The woman. C. The man.
5. What does the man mean?
A. He is very full.
B. He wants to control weight.
C. He dislikes the food.

第二节 (共 15 小题;每小题 1.5 分,满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题 5 秒钟;听完后,各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

【高三英语 第 1 页(共 10 页)】

听第 6 段材料,回答第 6、7 题。

6. What does Mike mostly play?
A. Center back. B. Right wing. C. Left back.
7. Why does the woman ask about a football player?
A. She plans to learn football.
B. She is preparing for schoolwork.
C. She will play a football game.

听第 7 段材料,回答第 8、9 题。

8. What was wrong with the woman's car?
A. Its battery was flat. B. Its petrol was used up. C. It was too old to drive.
9. What is the woman going to do?
A. Buy a new car.
B. Recharge the battery at home.
C. Return the battery to the shop.

听第 8 段材料,回答第 10 至 12 题。

10. Where will the man be at 11:00 this morning?
A. At the office. B. At the airport. C. At the restaurant.
11. What will the man probably be doing at 2:00 this afternoon?
A. Having a meeting. B. Receiving a guest. C. Reading a report.
12. When will the woman see the man?
A. This afternoon. B. Tomorrow morning. C. This noon.

听第 9 段材料,回答第 13 至 16 题。

13. Who is the woman probably?
A. A bank manager. B. A restaurant owner. C. A land agent.
14. Why does the man talk to the woman?
A. To save \$40,000. B. To answer questions. C. To borrow some money.
15. Where does the man intend to set up his business?
A. In Lincoln Road.
B. Next to the bank.
C. In his grandmother's house.
16. What does the woman think is a must for the man to set up his business?
A. The location. B. His future plans. C. Enough customers.

听第 10 段材料,回答第 17 至 20 题。

17. What kind of people are "early birds"?
A. Those who get up at 10:30 am.
B. Those who go to bed around 9:30 pm.
C. Those who go to bed around 11:00 pm.

【高三英语 第 2 页(共 10 页)】

18. When do most teenagers go to bed?

- A. Around 9:00 pm.
- B. Around 10:00 pm.
- C. Around midnight or later.

19. How many teenagers can sleep enough according to the text?

- A. One-fifth.
- B. Two-fifths.
- C. One-fourth.

20. What do we know about night owls from the text?

- A. They get good grades at school.
- B. They get worse jobs than early birds.
- C. They do better on some intelligence tests.

第二部分 阅读(共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

If you're looking to lose weight or maintain healthy weight levels, it is important to include oatmeal (燕麦片) in your diet. It is highly nutritious, contains the best kind of complex carbs (碳水化合物), and is high in fiber. Let's learn something about it.

Why is oatmeal effective for losing weight?

●First and foremost, oatmeal is a perfect source of fiber, which is essential if you're looking to lose weight. Simply put, including more fiber into your daily diet is the easiest way to drop those pounds. Why? Fiber makes you feel full in addition to digesting slowly, and so you eat less.

●Another factor is that oatmeal has a zero sugar index, meaning your body won't need to produce the extra insulin (胰岛素) that transfers sugar into stored fat. It goes without saying that if you have less stored fat to begin with, you are going to weigh less.

Which kind of oatmeal is best?

If your goal is to lose weight, you should be aware that not all oatmeal is the same. The four most common types are steel-cut oatmeal, rolled oatmeal, quick oatmeal and instant oatmeal.

●Steel-cut oatmeal: It contains the most fiber and has the lowest blood sugar index. It is unprocessed and has a nuttier flavor than the other two whereas quick oatmeal has the mildest flavor.

●Rolled and quick oatmeal: They are nearly as good, so ultimately the decision is mostly about taste preference.

●Instant oatmeal: It contains added sugar and is highly processed, so you end up with none of the health benefits but with all of the things you shouldn't be eating if you want to lose weight.

Although reducing your calorie intake and eating the right foods is important, any weight loss program should also include exercise so that you don't lose muscle mass.

【高三英语 第 3 页(共 10 页)】

21. Who is the text mainly intended for?

- A. People wanting to be quickly recharged.
- B. People longing to keep healthy weight levels.
- C. People who are eager to prepare quick breakfast.
- D. People who prefer to gain weight rather than lose weight.

22. Which oatmeal should be avoided for dieters according to the text?

- A. Steel-cut oatmeal.
- B. Rolled oatmeal.
- C. Instant oatmeal.
- D. Quick oatmeal.

23. What can we learn from the text?

- A. Oatmeal is a high-calorie food.
- B. Doctors can't help you make any change.
- C. All kinds of oatmeal have a weight loss effect.
- D. A proper diet and exercise will help you lose weight.

B

George Picariello was incredibly emotional as he received his diploma from Needham High School on Wednesday, nearly eight decades after he was sent to hospital for burn treatment in an attempt to save a little girl trapped in a burning house.

Picariello had just turned 18 in March, 1944 when he left Needham High School a few months before graduation for his injury. He later welcomed a large family, including three children, eight grandchildren and five great-grandchildren.

But despite all of his later accomplishments as a police, Picariello felt he was still missing a major one: earning his high school diploma. "It's been a bucket list item, most recently in the last few years," his son, Michael said.

Wanting to make it happen, Picariello's longtime friend, Albert Mercuri, recently reached out to Needham Public Schools and asked if getting his diploma would still be a possibility. The district instantly agreed and on Wednesday, it finally happened.

In a moving ceremony at Needham High School, which was attended by Picariello's friends and family, Superintendent Daniel Gutekanst and Principal Aaron Sicotte presented him with his diploma.

"We're really honored that 77 years later, George, we can present you with a lifetime learning diploma," Gutekanst said. "Representing not only your time at Needham High School, but a life well lived with an amazing family and, obviously, so many friends and colleagues."

With his diploma now in his possession, Picariello says he plans to frame it so he'll be able to see it every day. He also jokes that he's now focused on the next step of his educational journey.

24. What stopped Picariello finishing his high school education in 1944?

- A. His family.
- B. His job.
- C. A fire.
- D. A joke.

【高三英语 第 4 页(共 10 页)】

25. Why did Albert Mercuri reach Needham Public Schools?
A. To continue his education. B. To obtain a position for his friend.
C. To find out about the school. D. To help his friend realize his dream.
26. What does a lifetime learning diploma mean to Picariello?
A. His time as a police. B. His past and present.
C. His friends and family. D. His life with an honor.
27. How will Picariello deal with his diploma?
A. By enjoying it daily. B. By showing it to everyone.
C. By burying it in a chest. D. By putting it under the pillow.

C

As Christmas approaches and Christmas trees come down, Earthwatch offers the opportunity to sponsor the planting of a new tree with the Tiny Forest initiative.

Earthwatch Europe's Tiny Forest initiative is devoted to increasing biodiversity and enabling people to reconnect with nature through citizen science. Since planting the first forest in 2020, the movement has grown to almost 150 forests, resulting in increased biodiversity and carbon storage.

There have been some reports to suggest that when poorly planned or managed, planting trees can actually do more harm than good. This can happen when trees are being planted with the express purpose of carbon storage to offset (抵消) carbon emissions by, for example, big companies—the trees planted for this purpose aren't always native species. The planting of nonnative trees can lead to monocultures (单种植) that cannot support life.

Biodiversity needs to be a key consideration for reforestation, but this doesn't offer the financial returns of planting for carbon storage or timber (木材) markets, so it can often fall by the wayside.

It is estimated that 50-60 million Christmas trees are produced and cut in Europe annually. In the run-up to Christmas, Earthwatch's Sponsor a Sapling campaign offers the chance to sponsor the planting of a tree for £8.

Josh Kubale, Senior Communications Manager at Earthwatch, says, "We're delighted with the Tiny Forest Sponsor a Sapling campaign, which will help people engage with what we're doing at Tiny Forest and gives the option of an alternative and environmentally conscious Christmas present. As well as being a great Christmas gift, the campaign will help to fund Earthwatch's work across all our programmes. We've now planted 160 Tiny Forests and as we celebrate our third anniversary, we hope to plant many more!"

28. What is Earthwatch Europe's Tiny Forest initiative aimed to do?
A. Motivate economy. B. Connect with people.
C. Enlarge biodiversity. D. Reduce carbon emission.
29. How can we make planting trees more beneficial?
A. By increasing more investments in plants.
B. By planting more nonnative trees.

【高三英语 第5页(共10页)】

• 24 - 181C •

- C. By raising the awareness of the environment.
D. By improving planning and management.
30. Why does biodiversity fall by the wayside?
A. Because it is lack of economic benefit.
B. Because it is short of key consideration.
C. Because there is no support from the public.
D. Because the timber market is oversupplied.
31. What may Josh Kubale expect the public to do at the coming Christmas?
A. Choose a Christmas gift. B. Participate in Tiny Forest.
C. Celebrate their third anniversary. D. Donate to their programmes.

D

An increase in the efficiency of solar panels may be on the way, as research from the Australian National University (ANU) reduces their current limitations. ANU researchers have found a way to improve the performance of silicon photovoltaic (PV) (硅光伏) or solar cells. This is done through the addition of "passivating (钝化) contacts" between the metal and silicon parts of the solar cell, making it more productive.

"These findings will help push the performance of silicon solar cells closer to their theoretical limit," Mohamed Ismael, lead ANU researcher and PhD candidate said. "Each day, the sun produces significantly more energy than needed to power the whole planet. The only limitation is our ability to economically convert it to electricity," he said.

Solar cells are devices that convert light energy in the form of photons into electrical energy. As it stands, solar cells aren't operating at their maximum capacity due to considerable electrical losses associated with the direct contact of metals with silicon.

"Transition metal oxides such as titanium oxide (二氧化钛) have many qualities that make them ideal as passivating contact layers," Dr Lachlan Black said. "This isn't a new idea, but the way in which we combined these layers has produced better results and higher operating voltages than anything previously reported."

The research team is hoping to develop the technology to a point where it can be applied to industrial solar cells on a large scale. The PV market is a multi-billion-dollar industry, with silicon solar cells contributing to 95 percent of all commercial solar cells. They are predicted to remain dominant for the foreseeable future given their advantageous properties compared to competitors.

"If successful, we could see our technology in almost all new solar panels installed on your roof or utility-scale solar plants," Dr Black said. "Improving the efficiency of solar cells guarantees more clean energy at a reduced cost. This not only helps to address climate change, but opens up new economic opportunities for this low-cost clean energy."

32. What is the function of addition of "passivating contacts"?
A. Making solar cells long-lasting.
B. Improving the lifetime of solar cells.

【高三英语 第6页(共10页)】

• 24 - 181C •

- C. Pushing solar cells to the future.
D. Promoting the performance of solar cells.
33. What does the underlined word "convert" in paragraph 2 mean?
A. Switch. B. Revise. C. Convey. D. Explore.
34. What is Lachlan Black's attitude to the technology?
A. Cautious. B. Doubtful. C. Hopeful. D. Negative.
35. What can be the best title for the text?
A. New solar panels installed on your roof
B. Shining new light on solar cells' development
C. Applying industrial solar cells on a large scale
D. Electrical loss in metal direct contact with silicon

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项选出可以填入空白处的最佳选项。选项中有两项为多余选项。

How to make exercise a habit that sticks

There's a reason why so many New Year's resolutions to get in shape crash and burn before February rolls around. And it's not that you simply don't have what it takes. 36 Follow these steps to make exercise one of them.

Remove obstacles. 37 Do you tend to run out of time in the morning? Get your workout clothes out the night before so you're ready to go as soon as you get up. Do you skip your evening workout if you go home first? Keep a gym bag in the car, so you can head out straight from work.

38 A goal of exercising for 30 minutes a day, 5 times a week may sound good. But how likely are you to follow through? The more ambitious your goal is, the more likely you are to fail, feel bad about it and give up. So, it's better to start with easy exercise goals you know you can achieve.

Reward yourself. People who exercise regularly tend to do so because of the rewards it brings to their lives, such as more energy, better sleep, and a greater sense of well-being.

39 When you're starting an exercise program, it's important to give yourself immediate rewards when you successfully complete a workout or reach a new fitness goal.

Choose activities that make you feel happy and confident. If your workout is unpleasant or makes you feel clumsy or inept, you're unlikely to stick with it. Don't choose activities like running or lifting weights at the gym just because you think that's what you should do.

40

- A. Set yourself up for success.
B. Start small and build motivation.
C. However, these tend to be long-term rewards.
D. Instead, pick activities that fit your lifestyle, abilities, and taste.
E. Plan ahead for anything that might get in the way of exercising.

【高三英语 第7页(共10页)】

F. Science shows us that there's a right way to build habits that last.

G. Plan your workout for the time of day when you're most awake and energetic.

第三部分 语言运用(共两节,满分30分)

第一节 (共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项选出可以填入空白处的最佳选项。

Seven-year-old Maggie Kuznia loves books, but she seems to love sharing the stories she reads even more. Once or twice a week, the little girl puts a few books in her backpack and gets ready to 41 the elderly at Good Samaritan Society.

Maggie's mom, Tiffany Kuznia, works as the activity director at the retirement facility and often brings her daughter with her to 42. One day, as little Maggie was packing her bag, Tiffany Kuznia 43 her to bring her toys. Maggie quickly replied that she had 44 plans for the day. "I'm going to bring books and I'm going to read to the residents," she 45.

With time, Maggie has become so beloved among the residents that she even has "46" she reads to every week. She often visits each one for over an hour—with her mom regularly checking in on her to make sure she isn't overstaying her 47. Much to Maggie's 48, the residents are more than happy to have her around for extended periods of time. The 49 usually leads to coloring books and doing puzzles with her elderly friends, who 50 Maggie a granddaughter of their own.

Maggie hopes to inspire other kids of her age to read to the elderly. 51 polishing her reading abilities and having a group of devoted 52, her senior friends are always ready to help her when she trips up on a 53 word. As for the residents, Maggie seems to 54 their day. "I think the intergenerational part is so good," Patti Griggs, a resident Maggie has befriended, said. "Everybody likes to have the 55 of another person and be special to them."

- | | | | |
|-----------------------|----------------|------------------|---------------|
| 41. A. follow | B. defend | C. visit | D. teach |
| 42. A. chat | B. work | C. queue | D. travel |
| 43. A. reminded | B. persuaded | C. trained | D. permitted |
| 44. A. normal | B. desperate | C. basic | D. different |
| 45. A. predicted | B. announced | C. complained | D. requested |
| 46. A. performers | B. operators | C. regulars | D. librarians |
| 47. A. behaviour | B. challenge | C. memory | D. welcome |
| 48. A. relief | B. concern | C. delight | D. regret |
| 49. A. reading | B. talking | C. listening | D. writing |
| 50. A. choose | B. consider | C. prove | D. appoint |
| 51. A. In addition to | B. Because of | C. In return for | D. Thanks to |
| 52. A. followers | B. sufferers | C. listeners | D. teachers |
| 53. A. true | B. familiar | C. good | D. new |
| 54. A. brighten up | B. account for | C. comment on | D. figure out |
| 55. A. advantage | B. judgement | C. competence | D. attention |

【高三英语 第8页(共10页)】

第二节 (共10小题; 每小题1.5分, 满分15分)

阅读下面短文, 在空白处填入1个适当的单词或括号内单词的正确形式。

From green sporting venues (场馆) 56 (equip) with wind, photovoltaic and other clean energy sources to technological applications including driverless buses and digital torchbearers, green technology became one of the 57 (big) highlights of the 19th Asian Games, held from Sept. 23 to Oct. 8 in Hangzhou, East China's Zhejiang Province.

Through the Games, Hangzhou's green and high-tech development concepts served as models for other cities in China, which also showed the country's 58 (commit) to low-carbon and innovation-driven development.

The 65 venues and related facilities of the Games realized 100 percent green electricity supply. At the Hangzhou Olympic Sports Centre Aquatic Sports Arena, the intelligent light guide system can save 100,000 kilowatt-hours of electricity per year by introducing outdoor 59 (nature) light into the arena through 210 tubes on the roof. At the Fuyang Water Sports Center, 60 variety of green plants made the arena's greening rate reach 45 percent, 61 can collect carbon and release oxygen, and also make the arena warm in winter and cool in summer.

As Hangzhou 62 (be) one of China's digital cities, intelligence became a major feature of the Games. The opening ceremony used 3D wire-guided technology in a large space 63 the first time, making the flame-lighting ceremony the first digital lighting ceremony with digital-substantive integration. All venues 64 (cover) with 5G systems, new-energy charging piles and intelligent management systems, while the tournament was broadcast in 4K ultra-high-definition, 65 (create) a new immersive viewing experience for viewers.

第四部分 写作(共两节, 满分40分)

第一节 (满分15分)

近期你校英语报正在进行主题为“Should Students Participate in Community Service?”的征文活动。请你就此写一篇短文, 内容包括:

1. 参加社区服务的好处;
2. 简述你的观点。

注意:

1. 写作词数应为80左右;
2. 请按如下格式在答题卡的相应位置作答。

Should Students Participate in Community Service?

【高三英语 第9页(共10页)】

第二节 (满分25分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

My childhood was filled with fun and laughter, and I cherish those memories to this day. I still remember the excitement I felt when I got my first bicycle as a child.

My parents bought me a bicycle as my birthday gift when I was ten years old, hoping I can get more outdoor exercise and make more friends as I was then addicted to computer games and was getting more weight. It was a brand new model with all the latest features in it. I was the happiest person in the world that day. I had hugged my parents tight and was jumping with joy. It was the most useful thing I had with me at that moment.

My cycle was a limited edition arrival. It had all the latest features like enhanced brakes, improved gears, indicators, a bottle holder, a horn instead of a bell and enhanced better gripping types. It looked flashy and colourful. The rim of the cycle was painted in dark green and the other parts were in shades of yellow and blue in patterns. It was the centre of attraction when it was delivered at my house and all of my friends stared at it with wide eyes. Each one of them wanted a ride on the cycle. I said I would allow everyone to ride it but only after I rode it first.

I rode the cycle every day to school and back home. Since it had improved gears, it took me very less time to cover the distance between home and school and vice-versa. I also took the cycle to my tuition. Wherever I used to park the cycle, the students would start staring at it because of its attractive color. I rode the cycle for all the purposes. Even if I had to run errands (跑腿) from shops very near to our house, I would take the cycle for the unmixed fun of it. As a result, I successfully quitted computer games and lost much weight, forming a health living habit. My fondness for the cycle grew so much that I used to wash and clean it every day for thirty minutes in the morning. I never allowed anyone to ride the cycle.

注意:

1. 续写词数应为150左右;
2. 请按如下格式在答题卡的相应位置作答。

I had once competed with my friends on riding speed.

Just then something went wrong.

【高三英语 第10页(共10页)】

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