

保密★启用前

湛江市 2023—2024 学年度第一学期期末调研考试  
高二英语

注意事项:

1. 答卷前,考生务必将自己的姓名、准考证号填写在答题卡上。
2. 回答选择题时,选出每小题答案后,用 2B 铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案写在答题卡上,写在本试卷上无效。
3. 考试结束后,将本试卷和答题卡一并交回。

第一部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Book Recommendation

*Olive, Mabel and Me* by Andrew Cotter

This is a funny telling of how a sports commentator turned his two dogs into Internet sensations (轰动). If you've seen videos of dogs and laughed your butt off, the book provides the same humor, along with wonderful pictures of dogs and Scottish highlands. Let's face it—who doesn't need a good laugh, and pictures of dogs?

—Isabel Quintana

*Bruno, Chief of Police* by Martin Walker

A mystery series focused on Bruno Courrèges, the chief of police in the small town of St. Denis in the Périgord region of southwestern France. Walker brings his knowledge both as a journalist and as a resident of St. Denis to these pages, as he explores the culture and socio-economic changes occurring in contemporary rural France.

—Edward Copenhagen

*Land of Aeolia* by Ilias Venezis, translated by Therese Sellers

The author writes of his peaceful childhood summers in Anatolia, before the horrors of World War I and the loss of his homeland. This is a beautiful novel that is beyond language and country and brings back memories of a lost world. I have found some English translations of modern Greek literature lacking the ability to express the richness of the Greek language, but Sellers deals with this playful and magical language beautifully.

—Rhea Lesage

高二英语 第 1 页(共 10 页)

准考证号

姓名

**Braiding Sweetgrass by Robin Wall Kimmerer**

I wish everyone hoping to start a home garden could read the chapter *The Three Sisters*. The author, an authority on plant study, describes how the three work and play together. She expertly creates a sense of mystery and beauty of everyday life. And she reminds readers how much we could learn from our sisters and brothers.

—Steve Shutt

1. Which book should you read to learn about French culture?

- A. *Olive, Mabel and Me*.
- B. *Bruno, Chief of Police*.
- C. *Land of Aeolia*.
- D. *Braiding Sweetgrass*.

2. What does Rhea Lesage say about *Land of Aeolia*?

- A. It's well translated.
- B. It lacks richness.
- C. It's about World War I.
- D. It tells a story of magic.

3. What is Robin Wall Kimmerer?

- A. A botanist.
- B. A journalist.
- C. A language expert.
- D. A sports commentator.

**B**

Alonzo Carter, also known as Zo, is currently a football coach for the San Jose State Spartans in California. He's trained countless student athletes, which often means his previous job in the hip-hop industry goes unnoticed. But not always!

Back in 1989, he and a few of his college friends auditioned (试演) for a music video. The song? MC Hammer's still-unknown classic, *Let's Get It Started*. They were hired on the spot and soon went on tours with him! As the summer came to an end, Zo assumed he'd return to college to finish his degree and reclaim his spot on the football team, but MC Hammer gained great popularity and started taking over the airwaves. Zo had a huge decision to make and ultimately joined MC Hammer as a permanent (长期的) backup dancer! But Zo couldn't shake his passion for football. He eventually left the group to return to his high school in Oakland, California, where he began coaching track and football.

高二英语 第2页(共10页)

Decades later, Zo is one of the most well-known and respected college football coaches and doesn't call much attention to his hip-hop beginnings. But at a training practice in 2017, a familiar song started playing over the PA system (广播系统). It happened that the head coach Brent Brennan had caught wind of Zo's past and wanted him to show off his moves.

Without missing a beat, Zo dived in and started doing the Hammer Dance he had helped create all those years before. The moves came to him as easily as they had done back in the day, and his players obviously couldn't get enough of his impressive talent.

Zo is a good reminder of how surprising career paths can be. Just think what would have happened if he hadn't gone to that audition! The Hammer Dance wouldn't exist as we know it, which would be a real tragedy (悲剧).

4. What does Zo do now?

- A. He coaches a college football team.
- B. He serves as head of backup dancer.
- C. He competes in track and field events.
- D. He teaches high school students hip-hop.

5. What can be inferred from paragraph 2?

- A. MC Hammer didn't become famous until 1989.
- B. Zo and his friends didn't perform well in the audition.
- C. Zo and his friends didn't know much about *Let's Get It Started*.
- D. MC Hammer wasn't in favor of Zo's decision to finish his degree.

6. What does the underlined part "had caught wind of" in paragraph 3 mean?

- A. Had looked into.
- B. Had reflected on.
- C. Had talked about.
- D. Had heard of.

7. What is the author's attitude towards Zo's career as a dancer?

- A. He thinks little of it.
- B. He is doubtful about it.
- C. He is very proud of it.
- D. He thinks it a best choice.

高二英语 第3页(共10页)



## C

China has seen a boom in glamping, a combination of “glamorous (迷人的)” and “camping”, since 2020.

Camping, in earlier years, was mostly for those exploring the rough outdoors. The equipment they used was more for survival than for enjoyment. The image of camping thus was a pretty tough one.

Urban explorers, in recent years, have turned their sights to camping as they grew tired of hotel-stay travel style. The views of tents in a grassland or by a river soon attracted growing public interest in camping. Facilities that allow people to get close to nature while still able to enjoy the comforts of modern luxury have given wings to glamping.

There are many glamping grounds where facilities are ready to use. People just need to buy a ticket to get in and don't have to buy any further equipment. It is suitable for new campers who want to get some experience of spending time outdoors.

Zhang Zheming, a photographer in Beijing, got his first taste of glamping in June 2019 at a campground in suburban Beijing. It was a very spacious site and campers needed to bring their own kits (装备).

Zhang and his wife brought their 4-year-old son with them. As they didn't have any experience in picking the right equipment, they didn't prepare the canopy (遮阳篷), a camping must to protect oneself from strong sunlight. But this didn't affect their first experience.

“In the past, my wife and I only chose to stay at hotels while traveling,” he said. “We are very happy to have discovered glamping and it is also a new way of socializing. My son used to be a shy boy, but now he gets along quite well with other people.”

Zhang is also surprised to see how popular glamping has become. The first time he went there in 2019, only 500 people joined in. But when he went there for the second time in 2020, he saw over 5,000 people.

8. What can we infer about glamping?

- A. It's tough and adventurous.
- B. It's comfortable and attractive.
- C. It's a kind of field survival training.
- D. It has changed the hotel-stay travel style.

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9. What should one do to go glamping for the first time?
- A. Get some camping experience.
  - B. Buy some necessary equipment.
  - C. Buy a ticket to the glamping ground.
  - D. Get some knowledge of nature exploration.
10. What problem did the Zhangs meet on the first glamping trip?
- A. They forgot to bring their own food.
  - B. They were exposed to strong sunlight.
  - C. They failed to take good care of their kid.
  - D. They had to stay for a long time in the hotel.
11. How does Zhang's son benefit from the glamping?
- A. He has learned to take photos.
  - B. He has improved his camping skills.
  - C. He has made friends with a shy boy.
  - D. He has become more outgoing and active.

**D**

Addiction is a condition in which a person has a habit they can't stop, even though it harms them or causes problems in their life. Most professionals consider addiction a disease.

People can develop addictions to substances, such as alcohol. Some medicines can lead to addiction as well. A class of painkillers called opioids is one of that kind. But people can also become addicted to behaviors. Playing video games and shopping can become addictions if they interfere with (妨碍) other parts of a person's life.

The reason why people form addictions has to do with how our brains feel pleasure. One way our brain makes us feel good is by releasing "feel good" chemicals. This can happen in response to an enjoyable action or activity. Think exercising and eating chocolate. But some actions can overload this "feel good" system. Over time, this trains the brain to depend on the substance or behavior for pleasure over other things. Taking in the substance or performing the behavior again strengthens the brain's link between that thing and feeling good. This cycle is what leads a person to develop an addiction.

高二英语 第5页(共10页)

People can overcome addiction. Their brain can change to look like that of a non-addicted brain. But it takes a lot of work. For the brain to change like this, the person usually must quit the substance or behavior altogether. They must give their body and mind time to adjust to a life without the addiction.

Overcoming cravings (渴望) is very hard early on. That's why many people recover best when in a new setting that's free of familiar things that cause cravings. Some treatments can help guide those recovering from addiction by providing support when it feels tough to give up a behavior. Medications prescribed (开处方) by a doctor can help, too. Family and friends can also help by providing support and encouragement.

12. What is the author's purpose in mentioning the painkillers in paragraph 2?

- A. To clarify a concept.
- B. To draw a conclusion.
- C. To provide an example.
- D. To make a comparison.

13. What is a cause of addiction?

- A. People do too little exercise.
- B. People pay little attention to their behavior.
- C. The brain lets out improper chemicals for wrong purposes.
- D. The brain depends too much on particular things for pleasure.

14. What does the author suggest people do?

- A. Stay away from addicts.
- B. Turn to professional assistance.
- C. Find comfort from familiar things.
- D. Quit the substances and behavior little by little.

15. What can be a suitable title for the text?

- A. What We've Been Doing to Our Brain
- B. How Addiction Affects Our Life and Work
- C. The Way We Feel Good Affects Our Brain
- D. Things You Need to Know About Addiction

高二英语 第6页(共10页)



## 第二节 (共 5 小题;每小题 2.5 分,满分 12.5 分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

A gym membership can be nice. 16 All you need is a little bit of time and space at home for yourself. But before everything, you need to create an at-home fitness routine.

Spend 5 to 10 minutes warming up before every workout. Not sure what to do? Try jumping jacks, leg or arm circles, or even dancing. Just get your blood pumping. Do a progressive aerobic (有氧的) activity that uses the same muscles you want to work out. 17

Do strength training twice a week to build muscles. Strength training, also called resistance training, makes you stronger and builds endurance (忍耐力). 18 This helps you do a harder workout every time you exercise.

19 You might be eager to just stop your workout when you've finished your last set of activity, but take a few minutes to do low-intensity exercises that lower your heart rate. You might drop your run into a walk or slow down your cycling, for instance.

Set achievable goals that you can break into smaller tasks. It's one thing to say you want to get fit, but that means something different for everyone. 20 It should be specific, realistic, and meaningful. Then, break down the goal into small, actionable steps so it feels like you're making progress regularly.

- A. After all, we work out to build our muscles.
- B. Equipment is the key to carrying out a workout plan.
- C. But you don't have to have one to get into great shape.
- D. For instance, slowly jog if you are going for a longer run.
- E. Spend five to ten minutes cooling down after each workout.
- F. Figure out what you plan to achieve and make that your goal.
- G. Try to do exercises that work many parts of your body and make you feel stronger.

## 第二部分 语言运用(共两节,满分 30 分)

### 第一节 (共 15 小题;每小题 1 分,满分 15 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

In November 2020, a polar bear named Suka gave birth to several little ones, including Laerke. Laerke and her brothers and sisters were the first polar bears successfully born and 21 in the Detroit Zoo since 2004.

Days after her 22, Laerke became significantly inactive and appeared increasingly 23. She was sent off to the zoo's health complex for 24, but by the time she returned home, her mom no longer 25 Laerke as her cub (小熊).

Without having any other polar bear who would 26 her, she would have to go without a 27, or so they thought. 28, that's right when Jebbie needed a new home! Jebbie, the baby grizzly bear was 29 all by himself helplessly in Tok, Alaska, when he was 30 and taken to the Detroit Zoo, where he and Laerke had been gradually getting to know each other.

After some time, Jebbie and Laerke became best 31! The zookeepers have since posted pictures and videos of them playing, showing just how 32 they are. Together, they're able to wrestle in the grassy tundra (苔原), splash around in the freshwater or saltwater pools, and play with toys 33.

"We're excited that we are able to give Jebbie a home and 34 a much-needed friend for Laerke," said Scott, chief life sciences officer of the Detroit Zoo. "This social development is critically 35 for both Laerke and Jebbie."

- |                      |                |               |               |
|----------------------|----------------|---------------|---------------|
| 21. A. found         | B. hurt        | C. raised     | D. caught     |
| 22. A. birth         | B. survival    | C. escape     | D. return     |
| 23. A. anxious       | B. weak        | C. big        | D. excited    |
| 24. A. entertainment | B. development | C. experiment | D. treatment  |
| 25. A. understood    | B. recognized  | C. forgave    | D. scared     |
| 26. A. accept        | B. teach       | C. depend on  | D. believe in |
| 27. A. companion     | B. meal        | C. room       | D. toy        |
| 28. A. Generally     | B. Sadly       | C. Honestly   | D. Luckily    |
| 29. A. crying        | B. wandering   | C. hunting    | D. playing    |
| 30. A. beaten        | B. examined    | C. rescued    | D. shot       |
| 31. A. examples      | B. friends     | C. models     | D. witnesses  |
| 32. A. lonely        | B. careful     | C. lovely     | D. fearful    |
| 33. A. crazily       | B. regretfully | C. happily    | D. hopefully  |
| 34. A. provide       | B. recover     | C. visit      | D. protect    |
| 35. A. impossible    | B. dangerous   | C. strange    | D. important  |



## 第二节 (共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Acupuncture (针灸) has been used to treat countless patients for thousands of years. As an ancient Chinese medical practice, it has 36 rich history and deep cultural significance. Before modern medicine came to life, ancient Chinese had used stone tools 37 (relieve) diseases. Over time, this practice developed 38 a medical system and shaped the root of acupuncture.

Acupuncture is a treatment that aims to promote the body's multiple self-regulating 39 (function). Its principles are in line with the philosophical concepts of traditional Chinese medicine, 40 emphasizes the balance of body and overall well-being.

Needle insertion (针刺), the most common method of acupuncture, 41 (carry) out by getting hair-thin needles into specific points on the body. This can improve the body's inner potential to heal (治愈) 42 (it) by channeling vital energy (the *qi*).

43 (look) beyond China, acupuncture has become a global way of therapy (治疗). Over the years, acupuncture 44 (see) many advancements in scientific research and modern medicine. According to a 2019 WHO report, acupuncture is used in 113 of its 120 member countries, illustrating its widespread recognition and 45 (apply).

## 第三部分 写作(共两节,满分 40 分)

## 第一节 (满分 15 分)

假定你是李华,你的外国笔友 Maria 发来邮件询问你近期的旅游经历。请你写一封邮件回复她,内容包括:

1. 旅游目的地;
2. 目的地特点;
3. 难忘的经历。

注意:

1. 写作词数应为 80 个左右;
2. 请按如下格式在答题卡的相应位置作答。

Dear Maria,

Yours,  
Li Hua

## 第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

After staying at home and taking care of her baby for nearly two years, Rebecca found it hard to make a decision between accepting an attractive offer from her former employer and going on looking after her son Tony at home. She talked, with her husband David, about sending Tony to a childcare center. David gave it a careful thought and decided to leave his job for a year to take care of Tony before he could be sent to a kindergarten, promising to be a super Dad and househusband. It was good news for Rebecca but she knew her husband too well. It would take David some time to get used to finicky (细致的) jobs of taking care of Tony. So she told David she wanted hourly updates on how Tony was handling his day away from Mom.

David was adapting quickly. He texted updates throughout the day, getting hourly instructions from Rebecca. It seemed that David was enjoying his new role and Tony liked the company of Dad, although they often got the home messy. What Rebecca didn't expect is that David became famous on social media as Super Dad, because people liked watching the videos he posted.

One day, he sent his usual text updates and included a photo of Tony in his car seat during their trip to Walgreens. Rebecca's reply was to correct Tony's position in the car seat. And she reminded David that the straps (肩带) were too loose and the chest clip was too low. David laughed at his nagging (絮叨的) wife and rolled his eyes before tightening the car seat and fixing the chest clip. Fifteen minutes later, Rebecca's phone rang with a call from her husband, "Honey, we had a car accident. We are fine, but the car is going to be totaled (彻底毁坏)."

注意:

1. 续写词数应为 150 个左右;
2. 请按如下格式在答题卡的相应位置作答。

Less than three miles from their house, David told Rebecca, a woman had pulled into traffic to turn left.

Rebecca was so thankful that her husband took the extra one minute to put Tony in his car seat safely.

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