本试卷分第 [卷(选择题)和第 [卷(非选择题)两部分。

注意事项:

- 1. 答第Ⅰ卷前考生务必将自己的姓名、准考证号填写在答题卡上。
- 2. 选出每小题答案后,用 2B 铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用 橡皮擦干净后,再选涂其他答案标号框。
  - 3. 全部答案在答题卡上完成,答在试卷上无效。

# 第 [ 卷(满分 65 分)

### 第一部分 阅读理解(共两节,满分50分)

第一节(共15小题;每小题2.5分,满分37.5分)

阅读下列短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

#### Α

One of the most rewarding ways to plan a trip is by building it around a specific event connected to a deep passion. Here are some unmissable events worth travelling for 2024.

#### International Kite Festival—Gujarat, India

Kite-makers from around the world launch their creations at this cheering celebration of the return of sunshine after winter. You'll enjoy traditional styles from Japanese rokkaku to Malaysian wau bulan. Locals and visitors get involved, too—so bring your kids and join in. The festival takes place in Ahmedabad, Gujarat's largest city, and a UNESCO World Heritage city.

### Ride Africa Kenya-Rift Valley, Kenya

Wheeling from Lake Nakuru to Maasai Mara, this 310-mile, seven-day route takes up to 60 cyclists through Lake Naivasha, Hell's Gate and Narok. It's held to raise funds for the Child, org Charity, which supports newborns' care in the country. Run in combination with the Kenyan Wildlife Service, the event includes a large number of animal sightings.

### Jungle Ultra-Manú National Park, Peru

With racers facing 143 miles of dense Amazon rainforest—and even denser heat and humidity—this is among the toughest ultra-marathons. Passing such terrain (地形) demands determination, but the friendship and trust of the trail team will keep you going. Peru's four-million-acre national park comprises diverse tropical habitats.

### 高三英语试题 第1页(共10页)

#### Lakia-Jukola Relay-Kauhava, Finland

This is one for old-school hikers, as your team of six needs solid map-reading and compass navigation skills for the overnight. It's among the world's most celebrated challenges, during which you will enjoy Finland's most dramatic scenery. Sign up for the later legs to see in the sunrise.

1. Which of the following is family-friendly?

A. International Kite Festival.

B. Ride Africa Kenya.

C. Jungle Ultra.

D. Lakia-Jukola Relay.

2. What is the purpose of organizing Ride Africa Kenya?

A. To compete with cyclists worldwide.

B. To explore the wild animals in Africa.

C. To enjoy the natural scenery of the valley.

D. To collect money for a charitable institution.

3. What is a must for both Jungle Ultra and Lakia-Jukola Relay?

A. Specialized biking skills.

B. Passion for dramatic scenery.

C. Teamwork and cooperation.

D. Adaption to tropical weather.

В

On the busy streets of Shanghai, I encountered a dynamic display of culture that would forever shape my dance journey.

It was in 2019, when I first arrived at Donghua University in Shanghai, that I discovered a local park filled with elderly people dancing in the early morning. It quickly became my favorite spot. I'd bring my coffee, watching them enjoy the rhythm of the music. There, no one judges you for a misstep or for not keeping up with the rhythm. You simply dance and enjoy the moment. It's fascinating to see experienced dancers leading, while newcomers observe, learn, and eventually join in, just like me.

Yet, my love for dance began at a very young age in Uzbekistan, where I was born and raised. Throughout my school years and later in college, I actively participated in a wide range of dances, among which my favorite is the Andijan Polka, a lively Uzbek folk dance that combines energetic movements with entertaining components. When I first arrived in China, I had the privilege of showcasing this dance at a cultural event for international students. It left a lasting impression. Later, at Donghua University, I

However, outside the campus, I often found myself wandering into the park, where this public activity, square dancing, goes beyond age and background, offering an antidote (解药) to the loneliness and physical inactivity that often accompanies aging. It was a heartwarming vibrancy(活力) of modern Chinese society: older people and retired people gather, not just to exercise, but to socialize and form new connections.

These two worlds—the vibrant public dancing in China and the rich Uzbek dance tradition—have profoundly shaped my life and brought me boundless joy, which continues to be the rhythm of my life. In every step and movement, I find a connection to the diverse world of dance and a celebration of the universal language of joy, movement, and connection.

- 4. What happened to the author at the local park in Shanghai?
  - A. She started her dance journey.
  - B. She searched for experienced dancers.
  - C. She couldn't wait to engage in dancing.
  - D. She escaped from the busy life in the city.
- 5. What can we learn about the author from paragraph 3?
  - A. Showing no interest in dancing when young.
  - B. Benefitting a lot from her dancing experiences.
  - C. Being fond of gentle-move dances in particular.
- D. Once displaying a Chinese dance in Uzbekistan.
- 6. Which statement about square dancing might the author agree with?
  - A. It is restricted to aging and retired people.
  - B. It cures those suffering mental problems.
- C. It helps to relieve her of school pressure.
- D. It provides a chance to connect with others.
- 7. What can be a suitable title for the text?
- A. Square Dancing: Eye-catching in the World
- B. Dancing Through Life: a Tale of Two Cultures
- C. Dancing From Now on: an Uzbek Girl in China
- D. Diverse Dances: Celebration of Live Languages

A sleeping animal cannot look for food or flee from danger. But the fact that sleep is widespread among animals shows its restorative powers are essential. Some animals, though, try to have their cake and eat it. Dolphins and ducks sleep with half their brains, leaving the other half on guard. A paper in *Science* by Dr Lee reports another innovative workaround. Chinstrap penguins take their sleep in thousands of naps, tiny microsleeps—or at least when they are nesting.

Chinstraps sleep with either their whole brain or just one half. Data confirmed they sleep in the ocean or on land. Ducks sleep in long periods, while the penguins nod off for several seconds at a time, hundreds of times an hour. The naps average 4 seconds in length; 72% lasted less than 10 seconds. Micro-sleeps aren't unknown. Exhausted humans, like jet-lagged (倒时差) tourists and parents of newborn babies, can experience them. Totaling the duration, the researchers concluded Chinstraps get around 12 hours of sleep daily.

Two explanations are given for Chinstraps' sleep pattern. The first is to do with external threats. Penguins hatch eggs alone while their partners are away seeking for food. Colonies(領地) are threatened by big birds that'll steal unattended eggs. Broken sleep is a clever strategy of getting some shut-eye during long egg-guarding periods. Penguins with nests near the edge of the colony are at greater risk than those in the centre, but enjoy more extended naps. The second is threats from within, as penguin colonies are noisy, crowded places. They steal nesting materials from careless neighbors, so penguins in the crime-ridden centre find it harder to sleep than those in the safer suburbs.

Choosing between those theories requires more research. Dr Lee said, "Nor can we measure how restorative such naps are. Chinstraps are evidently able to hatch their young under such conditions, which suggests they're getting something from their constant nodding-off. So, humans nurturing their newborns should take heart."

- 8. Why do dolphins and ducks sleep with only one side of their brains?
  - A. To enjoy their cake.

- B. To establish a nice nest.
- C. To be watchful during naps.
- D. To obtain high-quality sleep.
- 9. What does Chinstraps' sleep pattern feature?
- A. Engaging in numerous naps a day.
- B. Sleeping nowhere beyond the ocean.
- C. Ranging from 4 seconds to 12 hours.
- D. Always sleeping with the entire brain.

- 10. What can be inferred from the explanations in paragraph 3?
  - A. Penguins live safely in natural colonies.
  - B. Penguins encounter a variety of challenges.
  - C. Penguins hatch their eggs away from colony.
  - D. Penguins at the core of the colony sleep longer.
- 11. What does Dr Lee think of Chinstraps' micro-naps?
  - A. Their duration is hard to detect.
  - B. They distract the restorative effects.
  - C. Adopting them aids human newborns.
  - D. Taking this sleep mode favors penguins.

D

Claire has worked at a major London-based consulting firm for six years. She enjoys her job and earns a comfortable salary, but recently, she's started to feel restless about the future of her career. The reason; artificial intelligence.

In recent years, as headlines about robots stealing human jobs have ballooned, some workers report starting to feel anxious about their futures in the labour market. Generative OpenAI's ChatGPT broke out seemingly overnight, creating continuing uncertainty for workers.

Carolyn Montrose, a career coach and lecturer at Columbia University, acknowledges the pace of technological innovation can be scary. "It is normal to feel anxious about the impact of AI, but workers don't necessarily have to feel dread. Instead of shying away from AI, employees must lean into the technology to progress alongside these advancements by learning and using it to their advantage."

Historically, this isn't the first time we have encountered industry <u>disruptions</u>—from automation and manufacturing to e-commerce—we have found ways to adapt. Indeed, the introduction of new technology has often been unnerving for some people, but Montrose explains that plenty good has come from past new developments: technological change has always been a key push for society's advancement.

Although some anxiety is justified, it may not be time to hit the panic button yet. Some research has shown fears of robots taking over human jobs might be overblown. The truth was that not only are robots not replacing human workers at the rate most people believe, but they also misunderstand the rate at which automation tools are taking over. While some new technologies would likely be adopted without considering all implications, that a technology can be used for something does not mean it will be implemented(实施).

"Humans will always have a role to play in business by performing the important work that robots cannot. This kind of work typically requires inborn human qualities, such as relationship building, creativity and emotional intelligence," emphasizes Stefanie Coleman, a senior business advisor. "Recognising the unique value of humans is an important step in navigating the fears surrounding this topic."

- 12. What does the author try to illustrate by mentioning Claire?
  - A. A recognition for the power of AI.
  - B. A well-paid post Claire can so easily land.
  - C. Workers' concern about future employment.
  - D. The convenience AI has brought to employees.
- 13. What does Montrose suggest in paragraph 3?
  - A. Acknowledge and embrace the new.
  - B. Stay away from ChatGPT and the like.
  - C. Ignore AI's existence for the time being.
  - D. Feel uncomfortable with new technology.
- 14. What does the underlined word "disruptions" in paragraph 4 mean?
  - A. Disorders. B. Revolutions. C. Suspensions. D. Products.
- 15. Why are humans irreplaceable according to Stefanie Coleman?
  - A. Robots are too costly.

- B. AI has been unreliable.
- C. AI is not advanced enough.
- D. Humans have unique qualities.

## 第二节(共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

It's December and there's a definite chill in the air. The last thing you probably feel like doing in winter is opening a window, turning down the central heating and shifting workouts from a warm, cosy gym to the outdoors. \_\_\_\_16\_\_ Here's how experts say we can embrace it.

Hop off the treadmill(跑步机) and head outdoors for a greater fitness effect. Cold as it seems outdoors, running, cycling or walking in winter not only are good for you, but also make you feel easier once you get moving. Provided conditions are not freezing, our bodies tend to respond positively to colder weather workouts. Compared with exercising in the heat, there is less stress on the heart. \_\_17\_\_

Cool your bedroom to burn extra calories and sleep well. Underfloor heating and a quilt might make your bedroom feel cosy but they won't help you sleep. 18 By

gradually cooling the temperature in your bedroom you could drop off more easily and burn more calories even as you sleep.

Turn down the central heating to improve your blood sugar control. Studies have shown how repeated exposure to colder temperatures removes sugar from the blood quickly, a risk factor for diabetes(糖尿病). \_\_19\_\_ That would just make the household cold and uncomfortable, so we should reduce it slowly so that nobody notices.

20 One of the simplest ways to inject the benefits of colder temperatures into your lifestyle is cold water in the shower, which could potentially have a profound effect on mood. Additionally, the cold-water shower can stimulate leukocytes, blood cells that fight against infection.

- A. Take an outdoor dip to relieve stress.
- B. Therefore, it is likely to feel less of an effort.
- C. Neither will they better your health and fat-burning potential.
- D. The key is not to lower the temperature by several degrees suddenly.
- E. Take a cold shower to boost your mood and support your immune system.
- F. But embracing, rather than avoiding cold temperatures, can enhance health.
- G. Being so uncomfortably cold that we shake is not required for a health boost.

## 第二部分 英语知识运用(共两节,满分 30 分)

第一节(共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

In Rio, soccer was not only a sport but also a lifestyle. Lamine's flashy 21 and exciting gameplay were the drive to his success. He was in a team called FC that had the best players.

As FC made it to the soccer final, <u>22</u> filled the air. They were against their biggest rivals KD. As the clock counted down, one of Lamine's teammates <u>23</u> the ball over to Lamine.

With a powerful <u>24</u>, Lamine aimed for the goal, the ball soaring(呼啸) through the air. Time seemed to stop as the goalkeeper leaped <u>25</u>. Luck was not at Lamine's side as the ball was cleared by the defender. The referee's whistle blew, <u>26</u> the game.

With the sun setting, Lamine's father found him sitting <u>27</u> on the field. Father was once a skilled soccer player, knowing the <u>28</u> that came with the game. He patted Lamine on the back, "Lamine, even the greatest players would <u>29</u> chances. Don't let one setback define you."

Encouraged by father's words, Lamine 30 and hugged him. For the next few

高三英语试题 第7页(共10页)

days, they spent mornings and evenings on the field, 31 his shots and improving his speed and skills.

The next game arrived, and Laminez found himself in a 32 position. This time, with a swift move, he dribbled past defenders and 33 the ball into the net.

The crowd erupted in cheers, and Lamine's teammates 34 him carrying him to the sidelines to celebrate. Lamine went to hug his dad tightly. "I'm proud of you, son.

I'll 35 you my signature move in my old days." his father said.

21. A. brand	B. figure	C. passion	D. promise
22. A. wisdom	B. strength	C. surprise	D. excitement
23. A. passed	B. fetched	C. caught	D. held
24. A. kick	B. fall	C. threat	D. lift
25. A. cautiously	B. desperately	C. slightly	D. anxiously
26. A. speeding	B. watching	C. ending	D. playing
27. A. asleep	B. alone	C. noisy	D. calm
28. A. tricks	B. awards	C. principles	D. challenges
29. A. miss	B. treasure	C. take	D. meet
30. A. picked up	B. lay down	C. got up	D. broke down
31. A. creating	B. practicing	C. managing	D. witnessing
32. A. familiar	B. responsible	C. strange	D. flexible
33. A. threw	B. placed	C. patted	D. shot
34. A. discovered	B. surrounded	C. comforted	D. promoted
35. A. pay	B. lend	C. show	D. buy

## 第 Ⅱ 卷(满分 55 分)

### 第二部分 英语知识运用(共两节,满分30分)

第二节(共10小题;每小题1.5分,满分15分)

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式。

In recent decades, China has fulfilled the task of the Yungang Grottoes in Shanxi Province, thanks to the efforts of researchers. It was a great challenge to preserve the historical and 36 (culture) heritage site that was created more than 1,500 years ago in any country.

Yungang Grottoes, <u>37</u> stretch for about one km from east to west, are located in Datong. There are 45 main caves along the mountain, <u>38</u> (house) more than 59,000 statues. In 2001, Yungang Grottoes 39 (add) onto the UNESCO World Heritage

list. UNESCO said the site has 40 universal value as it represents the outstanding achievements of Buddhist cave art in China.

Yungang Grottoes were 41 (original) built during the Northern Wei Dynasty (386-534). The Grottoes are like a thousand-year-old historical book 42 (carve) on cliffs and rocks. They recorded the changes of time and 43 (witness) the stories, exchanges, and integrations among people of various ethnic groups.

While proud of its increasing 44 (recognize) in global academic circles, the local authorities and researchers understand protecting this precious heritage site has become a pressing challenge. One of the solutions for preservation is to apply special materials on the walls of the caves 45 (coat) and prevent them from being eroded by wind and water.

#### 第三部分 写作(共两节,满分40分)

### 第一节(满分15分)

假定你是李华,你班计划举行"社交媒体对学习的影响"英语辩论赛,并邀请外教 Smith 担任评委。请你给他写封邮件,内容包括:

- 1. 活动时间、地点;
- 2. 活动内容;
- 3. 期待回复。

#### 注意:1. 词数应为80左右;

- 2. 开头和结尾已给出,不计入总词数;
- 3. 请按如下格式在答题卡的相应位置作答。

Dear Smith,

I am Li Hua, monitor of Class One Grade Two.



Looking forward to your reply at your earliest convenience.

Yours sincerely,

Li Hua

#### 第二节(满分25分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

My two-year-old daughter was lovingly squished(挤) between a stack of groceries in one of my two shopping carts. Shopping once a month was a well-planned process. My list was organized so that I wouldn't miss even one item. I knew the aisle, order, and cost of each item.

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A gentleman in a suit stood behind me with three items in his hads. He looked up at his watch, then at me and smiled. I'd already let a person ahead of me with a single item. While my daughter was behaving well, I knew I'd pushed her longer than her endurance promised to last. Still, I felt for the man; he obviously had to be somewhere, and he'd be behind me a good long time.

"Why don't you go ahead of me?" I said shifting the cart backwards. "You only have a couple of items."

"Thank you," he replied appreciatively, stepping ahead of me.

My daughter gave him a broad smile. "Heh wo," she said in her sweetest voice.

"Hello," he replied, taken off guard by her friendliness. His face lit with pleasure.

As the belt moved forward, I started unloading my cart. His few items were ahead of mine separated by a red marker with the store name on it. I was only halfway finished unloading the first cart when a realization hit me. My husband had borrowed my bank card the night before and I couldn't recall him putting it back in my wallet. I hurriedly dug out my purse and opened my wallet. My heart dropped. He hadn't returned it.

The gentleman in front of me had paid and was picking up his groceries.

"I've forgotten my bank card. Could I pay with my phone?" I asked the cashier hopefully.

"I'm sorry. We only accept credit card or cash." The cashier looked down the lane, disgusted at the amount of groceries. I'm sure she was predicting she'd have to put items back on the shelves.

"It will take me an hour to run home and an hour back. Can you just put my stuff on the side please?" I was discouraged. All my careful planning hadn't helped. The hour and a half of shopping left me exhausted and I wasn't sure how my daughter would handle another two hours in the car.

### 注意:1. 续写词数应为 150 左右;

2. 请按如下格式在答题卡的相应位置作答。

Just then, the gentleman in front of me smiled at me.

The next morning, my family knocked at the gentleman's door.