

2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

## 2023 届厦门一中高三年段第一轮复习质量检测

### 英语

本试卷共 10 页。满分 150 分。

#### 第一部分 听力（共两节，满分 30 分）

##### 第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What does the man want to do?  
A. Find a seat.                      B. Look for his bag.                      C. Pick up a man.
2. How long will the registration last?  
A. One hour.                      B. One and a half hours.                      C. One hour and forty minutes.
3. Where could the speakers most probably be?  
A. In a classroom.                      B. In a library.                      C. In an office.
4. What is the conversation about?  
A. Why the tiger shark is scary.  
B. What the tiger shark looks like.  
C. How the tiger shark gets its name.
5. What does the woman mean?  
A. Her sister loves villages.                      B. Tom makes a mistake.                      C. She likes her sister.

##### 第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答 6、7 题。

6. How does the woman feel about most sports?  
A. Bored.                      B. Frightened.                      C. Excited.
  7. What does the woman suggest doing finally?  
A. Skiing.                      B. Skating.                      C. Jogging.
- 听第 7 段材料，回答 8、9 题。
8. What did the man do last Saturday?  
A. Camped out.                      B. Joined a club.                      C. Studied a lot.
  9. Why do people join “Flash Play”?  
A. To experience a crisis.                      B. To earn money.                      C. To make friends.

听第 8 段材料，回答 10 至 12 题。

10. Why does the woman call Dr. Brown’s Office?  
A. To keep an appointment.

英语试卷 第 1 页（共 10 页）





2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

**B**

A PhD student in Michigan defended her paper while wearing a skirt made of rejection letters she received while studying. 29-year-old Caitlin Kirby printed out 17 of her rejection letters—from scholarships, academic journals, and conferences—then folded each one into a fan. She connected them in rows, and by the end she designed the item into a skirt and wore it.

She said that the idea behind her unique clothing item came out of a desire to normalize rejection and take pride in overcoming it. “The whole process of revisiting those old letters and making that skirt sort of reminded me that you have to apply to a lot of things to succeed,” she said. “A natural part of the process is to get rejected along the way.”

Caitlin’s adviser, Julie Libarkin, a professor of earth and environmental science at Michigan State University, also encourages the acceptance of failure in her students. Libarkin believes it’s important for students to get into habit of applying for things, and to get used to the feeling of rejection, so she encourages them to chase after any opportunity that comes their way. If a student doesn’t get the grant or the spot in the academic journal, that’s okay. They’ll still have learned something in the process.

As for Caitlin? Her rejections over the years have led to great things: Since her doctorate, she’s won a scholarship to do further research on urban agriculture in Germany.

Currently, she’s a post-doctoral researcher at the University of Nebraska-Lincoln. As for what the future holds? “I’m prepared to receive a few more rejection letters along the way,” she joked heartily, “Maybe I’ll make a longer skirt.”

24. What can we learn about Caitlin Kirby’s rejection letters?

- A. She received 17 rejections in total.
- B. 29 of her rejections were from journals.
- C. The rejections were connected into a fan.
- D. She made some rejection letters into a skirt.

25. Which of the following words can best describe Caitlin?

- A. Creative and considerate.
- B. Caring and determined.
- C. Optimistic and humorous.
- D. Generous and intelligent.

26. Which of the following may Caitlin agree with?

- A. Hard work pays off.
- B. Education is the entrance to success.
- C. Self-respect earns more respect.
- D. One needs to normalize failures.

27. What type of writing is this text?

- A. A news article.
- B. A personal diary.
- C. A research review.
- D. An advertisement.

**C**

英语试卷 第4页 (共10页)



2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

It's good to share, right? Growing up as kids we are told to share our toys and not be selfish. We also live in an age where discussing our feelings is encouraged. But when does it all become too much? With new fashion trending all the time, such as dance challenges and wearing a pillow as a dress, the question is: when can sharing become oversharing on social media?

What is oversharing? The term has become associated with social media, but it doesn't only belong to this platform. Imagine you head to a party and you meet someone. Within five minutes they have given away details about their personal life. While some of us may try to escape these people, according to marriage therapist Carolyn Cole, this form of oversharing could come from a strong desire to connect with someone. But how does this translate to social media?

Dr. Christopher Hand, a lecturer in internet psychology, says the more details people disclose, the less sympathy we express when things go wrong. This could be due to a belief that we attract our own negative experiences the more we share them. It seems that sadfishing (博同情), the idea of searching for sympathy by oversharing, is generally viewed as negative rather than the cry for help it could actually be.

However, Dr Hand's research also seems to suggest that the more positive posts we share on a platform, the more socially attractive we become. Even back in 2015, Gwendolyn Seidman PhD, said that we should avoid complaining and being negative online. We are supposed not to show off, as it's now known--- especially about our love lives. It makes sense—if your date is going 'that well', would you really have time to share a photo with text?

So, how can you know if you are oversharing? Well, why not ask your friends in real life. They would probably be more than happy to tell you if your posts about your breakfast or your complaint about your lack of money really are too much.

28. Why do some people try to overshare at parties?

- A. Because they want to catch others' attention.
- B. Because they just want to show off something.
- C. Because they have a strong desire to pour out their emotions.
- D. Because they may expect to make a connection with someone.

29. What does the underlined word in Para.3 mean?

- A. explore
- B. expose
- C. display
- D. discuss

30. What can we know from the passage?

- A. We will become more socially attractive if we post more on a platform.
- B. We tend to show sympathy when things go wrong.
- C. We may be considered negative when seeking for sympathy by oversharing.
- D. We can show off something positive especially about our love lives.

31. What is the purpose of the text?

- A. To inform.
- B. To inspire.
- C. To advertise.
- D. To condemn.

**D**

Psychological science is full of interesting topics, many of which tell a coherent picture of

英语试卷 第5页 (共10页)

2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

human nature, but some of which create seemingly contradictory stories. A case in point is the tricky, and misunderstood, overlap between strength-based science and the research on narcissism (自恋).

There is now convincing evidence to show that narcissism is on the rise, especially in our youth. Some researchers have gone so far as to say that it is occurring in epidemic proportions, with about 25% of young people showing symptoms of narcissism. The inflated ego of Generation Me is reflected in reality TV, celebrity worship, out-of-control consumerism and materialism...

perhaps even a new type of president.

We are correct to be concerned about this phenomenon but our fear that all kids are potential narcissists has caused an unhelpful counter-reaction to approaches that seek to make our children and teens feel good about themselves.

In my own research on strength-based parenting it is common for people to wrongly label this approach as a recipe for narcissism. Their argument seems to be that a child who knows their strengths will automatically view themselves as better than everyone else. It is argued that the self-assurance that comes with identifying and using their positive qualities will make a child arrogant, selfish and uncaring. Genuine confidence about one's strengths is categorized as over-confidence; desirable self-knowledge is branded as excessive self-admiration.

Why does this occur? It's partly because more is known about narcissism than strengths. While strengths psychology has largely stayed within the limit of academic journals or has been applied only within certain contexts such as the workplace, research on narcissism has made its way into the mass media and into our collective consciousness. The New York Times noted that narcissism is a favored "go-to" topic and that people everywhere are diagnosing others with it.

The fear that a strength-based approach will cause narcissism also occurs because we unknowingly fall prey to binary (非此即彼) thinking. We mistakenly believe that one cannot be both confident and humble. We focus on Donald Trump and Kim Kardashian rather than Mahatma Gandhi and Mother Teresa. There's no way that Gandhi and Mother Teresa could have achieved what they did without confidence in their strengths, and yet they are both pillars of modesty and selflessness.

When we assume that strength-focus is the same as a self-focus, we fail to entertain the idea that people who know their strengths are, actually, more likely to be pro-social and focus on helping others.

It's tempting to conclude that every young person is at risk of becoming a narcissist but I'd like to stand up for the thousands of young kids I have worked with who are caring, thoughtful and humble—even when they use their strengths.

32. Why teenagers' strengths are often mistaken for narcissism?

- A. Strengths psychology is less accessible to the general public.
- B. Academic journals and mass media report more on narcissism.
- C. There is a lack of strengths in our collective consciousness.

英语试卷 第6页 (共10页)

2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

- D. Numbers of people are diagnosed with narcissism by doctors.
33. The author mentions Gandhi and Teresa in paragraph 6 to show that \_\_\_\_\_.
- A. they are both victims of binary thinking  
B. one can be both modest and sure of himself  
C. confidence is quite important for celebrities  
D. public figures unknowingly fall prey to narcissism
34. What's the author's attitude towards young kids' strength-based approaches?
- A. Skeptical.                      B. Favorable                      C. Neutral                      D. Cautious
35. Which of the following can be the best title for the text?
- A. Teens' Strength Psychology  
B. Teens' Narcissism Diagnosis  
C. Teens' Anxiety and Depression  
D. Teens' Confidence Misunderstood

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Screen time includes all those hours you spend in front of your computer at work, and the time you spend playing with your cell phone or watching TV. 36 According to some research, there are some convincing reasons to make the effort to look at something else other than a screen.

It's bad for your health. Being in front of a screen is almost always sedentary (久坐的) behavior, which relates to things like lower fitness levels. Turn this around by choosing something active. You do not have to do exercise at the gym. 37 They can help you keep healthy.

It messes up your sleep. When teenagers have more than four hours of screen time per day, and especially when they use their screens before going to bed, they have trouble falling asleep. If you're not sleeping well, it will not only make you feel tired the next day, but it can also affect your performance at work or in school. 38

It hinders (妨碍) your brain's performance. 39 Researchers aren't yet sure why this is true, but it probably has to do with the ways that technology teaches the brain to function. If kids want to perform well in situations that involve memorization or problem solving, limit their screen time.

40 People who spend more time online, especially young people, are more likely to struggle with communication. If interpersonal communication is important to you or part of your job, you will likely get benefits if you spend less time in front of your screen.

- A. It all adds up.  
B. Here comes a solution.  
C. If you should use a screen, try to do just that.  
D. It's not good for developing communication skills.  
E. You can take a walk, or work on a project at home.

英语试卷 第7页 (共10页)



2023 届厦门一中高三年级第一轮复习质量检测 英语试卷

- F. Kids do better in school when they have less screen time.  
G. So it's worth the effort to use your screen less and get more rest.

第三部分 语言运用（共两节，满分 30 分）

第一节（共 15 小题；每小题 1 分，满分 15 分）

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

Brad stood silently outside Dr. Gardner's office. Over the years Brad had been in the office of his boss more times than he could count but never like this. This visit 41 him and he was certain his shallow breath and sweaty forehead would betray his feeling of alarm the moment he entered the room.

"Come!" The voice, strong as ever, shocked Brad. He walked into the room, closing the door. "Do you know why I asked to see you?" Dr. Gardner asked without 42 from his desk.

"No," Brad 43, as he sat down in the chair opposite his mentor.

"I am out," Dr. Gardner responded. "There have been 44 that I'm no longer up to the job."

"That can't be true," Brad said, 45 to be surprised.

"46 it," Dr. Gardner interrupted, "You've heard the whispers. It's not been the best-kept secret, Brad."

Brad knew Dr. Gardner was right. Everyone did know, especially Brad since he had been the one to send the anonymous letter that 47 Dr. Gardner's failing eyesight and shaky hands.

"I have something for my successor (继任者)." Dr. Gardner opened his top desk drawer and pulling out a rectangular box. Brad sat silently as the old doctor handed the box to him. He had often thought of this moment and each time Brad felt greatly 48. Yet now, with his dream finally within reach, all he felt was a(n) 49 feeling in the pit of his stomach.

The box seemed 50. Inside was an old scalpel (外科手术刀). Its blade still shined but its wooden handle was as worn as the box that 51 it.

"This scalpel was given to me by my mentor," Dr. Gardner said, 52 the silence. "He passed it 53 to me with encouragement and a(n) 54. He told me that as a surgeon I held life and death in my hands each time I stepped into an operating room. I'll leave you with the same words. Your scalpel is 55 tool. How you use it is up to you."

- |                       |                |                |                    |
|-----------------------|----------------|----------------|--------------------|
| 41. A. shocked        | B. scared      | C. satisfied   | D. shamed          |
| 42. A. turning around | B. standing up | C. looking up  | D. leaning forward |
| 43. A. smiled         | B. argued      | C. lied        | D. shouted         |
| 44. A. facts          | B. reports     | C. conclusions | D. whispers        |
| 45. A. pretending     | B. intending   | C. seeming     | D. claiming        |
| 46. A. Save           | B. Make        | C. Get         | D. Leave           |
| 47. A. wrote          | B. detailed    | C. discovered  | D. announced       |

英语试卷 第8页 (共10页)



2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

- |                 |               |                |                |
|-----------------|---------------|----------------|----------------|
| 48. A. excited  | B. encouraged | C. fortunate   | D. energetic   |
| 49. A. strong   | B. empty      | C. proud       | D. fearless    |
| 50. A. new      | B. delicate   | C. ancient     | D. dusty       |
| 51. A. housed   | B. presented  | C. carried     | D. maintained  |
| 52. A. stopping | B. avoiding   | C. beating     | D. breaking    |
| 53. A. back     | B. down       | C. forward     | D. around      |
| 54. A. warning  | B. lesson     | C. expectation | D. inspiration |
| 55. A. like     | B. such       | C. just        | D. even        |

第二节 (共 10 小题; 每题 1.5 分, 满分 15 分)

阅读下面材料, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

In the past eight years, China has achieved its goal of poverty reduction \_\_\_56\_\_\_ planned and nearly 100 million people \_\_\_57\_\_\_ (lift) out of poverty, according to Xi Jinping, general secretary of the Communist Party of China Central Committee.

Since the 18th National Congress of the CPC, the Party has taken lots of innovative and creative measures to reduce poverty and has launched a war \_\_\_58\_\_\_ poverty of the largest ever scale in the history of mankind. So far, China has adjusted the standard for absolute poverty several times to keep \_\_\_59\_\_\_ in line with the country's social and \_\_\_60\_\_\_ (economy) development.

The CPC has put the people first and made efforts to help those \_\_\_61\_\_\_ are in poverty-stricken area lead \_\_\_62\_\_\_ happy life. With eight years of continuous efforts, all rural people, based on these current \_\_\_63\_\_\_ (criterion) in China, have got out of poverty. All \_\_\_64\_\_\_ (remain) counties have been removed from the country's poverty list, and absolute poverty and overall regional poverty have been eliminated, Xi said, adding that this is a remarkable victory that has \_\_\_65\_\_\_ (huge) impressed the world. The great victory has boosted the people's feeling of gain, happiness and safety.

第四部分 写作 (共两节, 满分 40 分)

第一节 书面表达 (满分 15 分)

假定你是李华, 你校英语广播电台将对播出时段、时长、栏目等做调整, 正在向听众征求意见。请你写封邮件, 内容包括:

1. 你的建议;
2. 你的理由。

英语试卷 第 9 页 (共 10 页)

2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

注意:

- 1.词数 80 左右;
- 2.请按如下格式在答题卡的相应位置作答。

Dear English radio station,  _____  _____  _____	Yours, Li Hua
--------------------------------------------------------------------	------------------

第二节 读后续写 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

I love parties. I love planning for them, making the invitations, planning the games and decorating my own cake. The only thing that I don't like is deciding on the guest list. When I was in grade school my mom would tell me the maximum number of friends that I could invite and it was always a number too small for my list.

I also liked all different kinds of people. I never quite fit into one of the many little groups at my school, so I just kind of floated around, accumulating friends from various backgrounds. There was an "in" crowd made up of the cool kids who had the power to rule the school—if a cool kid wore two different colored socks to school one day, everyone thought it was great. But if an uncool kid did the same thing, the other kids would turn away in disgust. It made getting dressed in the morning a very scary thing.

Shannon was one of my friends who seemed to unknowingly break the rules of "uncoolness" all the time. I don't know why she was targeted, but people found it acceptable to make fun of her. Shannon was a nice girl and wore pretty clothes, but was somewhat overweight and didn't talk much. She was picked on a lot. Whenever there was an strange noise or smell in the classroom the kids would giggle and point at her. Shannon never said anything, but it made me feel sick inside. Shannon was innocent, I thought.

One year, to celebrate my birthday, my mom told me I could have a party at our house. I struggled for days deciding on which girls to invite. Once I had chosen all the names, I made the invitations and handed them out to my friends at school.

"Why did you invite her?" asked one of my cool friends when it was discovered that I had invited Shannon. She pressured me to tell her not to come. There were other people I could add in

英语试卷 第 10 页 (共 10 页)

2023 届厦门一中高三年段第一轮复习质量检测 英语试卷

her place who would be more acceptable.

注意:

- 1.续写词数应为 150 左右;
- 2.请按如下格式在答题卡的相应位置作答。

Unsure what to do, I was put in a difficult situation.

Weeks later, Shannon suddenly called to thank me for inviting her to the party.



## 关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（[网址: www.zizzs.com](http://www.zizzs.com)）和微信公众平台等媒体矩阵，用户群体涵盖全国90%以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

如需第一时间获取相关资讯及备考指南，请关注**自主选拔在线**官方微信号：**zizzsw**。



 微信搜一搜

 自主选拔在线