

2023 年普通高等学校招生全国统一考试

高三第一次联合诊断检测 英语

英语测试卷共 8 页, 满分 150 分。考试时间 120 分钟。

第一部分 听力 (共两节, 满分 30 分)

做题时, 请先将答案标在试卷上。录音内容结束后, 你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

A. £19. 15. B. £9. 18. C. £9. 15.

答案是 C。

1. What did Mary do about her travel?

A. She gave up her travel.

B. She chose a new destination.

C. She changed her date.

2. What does the woman ask Mr. Taylor to do?

A. To taste food.

B. To buy food.

C. To produce food.

3. How soon will the show begin?

A. In 40 minutes.

B. In 50 minutes.

C. In 60 minutes.

4. What is the relationship between the two speakers?

A. Professor and student.

B. Boss and clerk.

C. Fellow students.

5. Why did people stay inside the store?

A. Because it was burning hot.

B. Because it was raining hard.

C. Because it was quite cold.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项选出最佳选项,并标在试卷的相应位置。听每段对话或独白前,你将有 5 秒钟的时间阅读各个小题;听完后,各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料,回答第 6、7 题。

6. How did Martin feel about his shopping trip?

- A. Great fun. B. Quite easy. C. Somewhat disappointing.

7. Why did Martin take a taxi to get around town?

- A. Because it was cheap.
B. Because it saved him trouble.
C. Because he was in a hurry.

听第 7 段材料,回答第 8 至 10 题。

8. Why does the man go to see the doctor?

- A. Because he is overweight.
B. Because he doesn't want to eat.
C. Because he has no breakfast.

9. How much does the man have for supper?

- A. Nothing at all. B. Too much. C. Too little.

10. What advice does the doctor give the man?

- A. Reading a book about food.
B. Never running a car without fuel.
C. Changing the eating habit.

听第 8 段材料,回答第 11 至 13 题。

11. How are the relics protected?

- A. Kept free from air. B. Kept spotlessly clean. C. Kept in a museum.

12. What does the man think of the three-legged cup?

- A. Priceless. B. Historical. C. Impractical.

13. How much do we know about the man?

- A. Interested in Chinese relics.
B. Unfamiliar with ancient relics.
C. Good at English.

听第 9 段材料, 回答第 14 至 17 题。

14. What do most people hope to do in the new year?

- A. To help friends make more money for their families.
- B. To stay more time together with friends and family.
- C. To help friends and family make a better resolution.

15. Why does the man think we are busy?

- A. Because we have to.
- B. Because we promise to.
- C. Because we want to.

16. What does the man think of new year's resolution?

- A. No need to keep.
- B. Firmly followed.
- C. Really useless.

17. What does the woman want the man to do for her?

- A. To go to the gym with her.
- B. To buy a new gym bag for her.
- C. To run together with her.

听第 10 段材料, 回答第 18 至 20 题。

18. What is one of the main reasons for the challenge of Crates' study?

- A. The species keep moving.
- B. The species fly too high.
- C. The species are too small.

19. What brings male honeyeaters difficulty to find their partners?

- A. Standard tune.
- B. Untraditional songs.
- C. Medium size.

20. What is the attitude of the study to the future of the honeyeaters?

- A. Indifferent.
- B. Optimistic.
- C. Pessimistic.

第二部分 阅读 (共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C 和 D 四个选项中, 选出最佳选项, 并在答题卡上将该项涂黑。

A

Forest Park Easy Hike in Queens

EVENT DESCRIPTION:

Walk out into the great outdoors, just outside Manhattan! Forest Park is filled with natural treasures and is a perfect getaway for locals and visitors alike. Can you believe this park has been around for over a century? Take the chance to bring family and four-legged friends, and expect to see a friendly doggie here and there. During the hike, you will explore different trails (all well-paved) and stop at a few key spots to learn more about the 3rd largest park in Queens.

Get Tickets Here: <https://newyorksoclnetwork.com/events/forest-park-easy-hike-in-queens-7>

Cost: \$20 general members Date: May 7, 2023, Sunday

How it works:

- We'll meet at 3 p. m. at Wallenberg Square right outside of Forest Park in Queens.
- Be prepared to walk as we explore multiple paths throughout the park!
- Public transit is available! You can take the E/F to Union Turnpike or the LIRR to Kew

Gardens and walk 15 minutes over to Wallenberg Square.

- The hike will start and end at Wallenberg Square.

What to bring: Water, hiking boots or sneakers

Difficulty Level: Easy

What if it rains? Refunds will be given if the event is canceled due to rain.

Can I come alone? Yes, most guests do! It's a great way to meet new people.

Dress Code: Be comfortable and casual. Dress for the weather. You will be outside for 90 minutes.

Ages: 20+ Most of our events attract 20's-40's although some events can be adjusted to younger or older (50's) depending on the event.

Questions? Email Dave Cervini at dave@newyorksoclnetwork.com or call 212. 873. 2256, M-F 10a. m. to 4p. m. . Nonrefundable unless canceled.

21. What can we learn about Forest Park Easy Hike?

- A. It is a dog-friendly event.
- B. It requires non-stop walking.
- C. It is held in the city center.
- D. It takes place on unpaved paths.

22. What is the age requirement for the event?

- A. Older than ten. B. Older than twenty.
C. Older than thirty. D. Older than forty.

23. What should you do if you want to go hiking?

- A. Form a group. B. Carry an umbrella.
C. Prepay the ticket. D. Wear formal clothes.

B

Close to a century ago, New York's Coney Island was famed for its sideshows (杂耍). Eye-catching signs crowded the island's attractions, showing off circus shows, sword swallows-and even an exhibition of tiny babies.

The babies were premature ones kept alive in incubators (婴儿保育箱) pioneered by Dr. Martin Couney. The medical establishment had rejected his incubators, but Dr. Couney didn't give up on his aims. Starting in 1896, he funded his work by displaying the babies and charging 25 cents to see the show. In return, parents didn't have to pay for Dr. Couney's incubators, and many children survived who would never have had a chance otherwise.

Born in 1920, Lucille Horn ended up in an incubator on Coney Island. She'd been born a twin, but her twin died at birth. And the hospital staff told her father that there wasn't a chance she'd live.

"It was just: You die because you didn't belong in the world," Horn says. But her father refused to accept that answer. He grabbed a blanket to wrap her in, called a taxi, and took her to Coney Island-and to Dr. Couney's infant (婴幼儿) exhibit.

Years later, Horn decided to return to see the babies-this time as a visitor. When she took the opportunity to introduce herself, Dr. Couney went over to a man who was uneasily looking at his small infant. "Look at this young lady," Dr. Couney told the man. "She's one of our babies. And that's how your baby's gonna grow up."

Horn was just one of thousands of premature infants that Dr. Couney cared for and displayed at amusement parks until the 1940s. He died in 1950, shortly after incubators like his were introduced in most hospitals. At the time, Dr. Couney's efforts were largely unknown-but at least one person will never forget him. "Ninety-six years later, here I am, all in one piece. And I'm thankful to be here," Horn says.

24. What can we learn about Dr. Couney's incubator?

- A. It pushed medical science forward.

- B. It was the most famous sideshow.
- C. It saved many premature babies.
- D. It charged each infant 25 cents.
25. Why was Horn taken to Dr. Couney's infant exhibit?
- A. She belonged in nowhere else but Coney Island.
- B. It was the only place where she might survive.
- C. The hospital staff lacked the patience to care for her.
- D. Her father refused to accept the death of her twin sister.
26. What is the purpose of Dr. Couney's words in Paragraph 4?
- A. To relieve the man's anxiety.
- B. To introduce the lady to the man.
- C. To promise the baby's bright future.
- D. To explain the function of the incubator.
27. What should we learn from Dr. Couney's story?
- A. Medical knowledge.
- B. Earning power.
- C. Persuasive techniques.
- D. Flexible mind.

C

Restaurants, cafes and the like are for eating and drinking, right?

That's a no-brainer, you say? That's your natural reaction, I'd say. Now, think. Rewind your mind. What do you recall? Aren't restaurants and cafes the new temples of learning?

For youngsters, trendy cafes are the new meeting points, joint-study centers. What you witness is small groups reading-writing, eating-sipping, browsing-downloading, copying-pasting, banding-bonding. Youngsters are at it day after day, as if there's no tomorrow, as if they are in a race against time to upload as much knowledge as possible into their brains. It wasn't like this before. Previous generations of students would visit cafes for coffee, tea, soft drinks or snacks, maybe share a bit of good-natured jokes with their "gang" members.

For exam-related study, there were quiet areas in city libraries or the college library.

Back in my hometown during the late '80s and the early '90s, a handful of my classmates and I would gather at our homes, taking turns, in the run-up to key exams. During such “night-outs”, we would study, exchange notes, share insights, brainstorm to solve tricky problems, anticipate test questions, and prepare accordingly. Not infrequently, we would discuss sports events, movies, film stars and, of course, girls.

Digital-age kids do it differently now. Why? I can only guess. The foremost reason is free Wi-Fi and all that it offers. The environment at institutional libraries may not be to millennials’ (千禧一代的) liking. Or, is it big pocket money or salary earned from part-time jobs? Maybe, just a generational thing, a lifestyle trend, or the result of the single-child system.

One of my younger colleagues, a business journalist, last month married her childhood sweetheart, a heart surgeon, and, she told me, it all started back at school. So, the restaurants and bars promote real-life interactions, so important when addiction to online social media is seen making youth unsociable.

28. What fact does the author emphasize concerning trendy cafes?

- A. They are digitally powered.
- B. They replace college libraries.
- C. They are specifically designed.
- D. They become teenage hangouts.

29. What does the underlined word “it” in Paragraph 6 refer to?

- A. Exam-related study.
- B. The use of computers.
- C. Movie-themed discussion.
- D. Social communication.

30. Which of the following best describes restaurants and bars in the last paragraph?

- A. Old-fashioned in style.
- B. Helpful for social interactions.
- C. Luxurious in decoration.
- D. Convenient for use.

31. What is a suitable title for the text?

- A. Restaurants and Cafes in the Digital Times

- B. How Millennials Are Changing Restaurants
- C. Eat, Study, Bond at Wi-Fi-Enabled "Temples"
- D. Best Cafes with Free Wi-Fi for Work or Study

D

New research suggests that one night of sleep with just a small amount of light may have negative effects on health.

The small, 20-person study conducted by Dr. Phyllis Zee, director of the Center for Circadian (生理节奏的) and Sleep Medicine, was designed to measure the physiological effects of 100 lux (照度) of artificial light on healthy adults while they were sleeping. For the study, all the participants spent their first night sleeping in a mostly dark room. The next night, half of them slept in a better lit room. Meanwhile, the researchers ran tests on the sleepers: brainwaves, heart rates and blood. In the morning, they'd give both groups a large amount of sugar to see how well their systems responded to it.

The group exposed to the light had raised heart rates throughout the night, and also had trouble getting their blood sugar into a normal range.

These changes suggest the small amount of light was enough to shift the nervous system to a more excited and alert state. "It's almost like the brain and the heart knew that the lights were on, although the individual was sleeping," says Zee.

While the findings of this study alone can't predict what would happen in the long term, Dr. Colwell suspects the harmful effects would be **cumulative**: "This was only one night, so imagine if you're living that way constantly?"

"That's going to increase the risk of long-term diseases," says Dr. Charles Czeisler whose research has looked at the consequences of circadian rhythm sleep disorder for longer than just one night. He concluded that the unpleasant effects were primarily because of the "internal clock" being disturbed-not necessarily because of the lack of sleep.

This is not to say that the lack of sleep doesn't also have negative effects on health-it does-but he says it simply stresses the lasting consequences of being exposed to light at nighttime.

"People think that as long as they fall asleep and are unconscious, it's not having physiological effects, but that's simply not true," Czeisler says.

32. What is Paragraph 2 mainly about?

- A. How the study is carried out.
 - B. What type of light affects sleep.
 - C. Who is in charge of the research.
 - D. Why light and sleep are connected.
33. What do we know about the new research?
- A. Light plays a critical role in regulating circadian rhythm.
 - B. A small amount of light at night is linked with sleep depth.
 - C. Leaving the bedroom lights on leads to mental disorder.
 - D. Sleeping with a little bit of light isn't good for your health.
34. What does the underlined word "cumulative" in Paragraph 5 mean?
- A. Common.
 - B. Slight.
 - C. Increasing.
 - D. Accidental.
35. Which of the following might Czeisler agree with?
- A. The more you sleep, the healthier you will be.
 - B. Physiological effects disappear with a sound sleep.
 - C. Sleep quality lies in how you feel about the sleep.
 - D. It is the circadian rhythm sleep disorder that matters.

第二节（共5小题；每小题2.5分，满分12.5分）

阅读下面短文，全科免费下载公众号《高中僧课堂》从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

How to Work out Your Worries by Writing

Something troubling you?

You should write about it.

Research shows that people who write about a difficult situation often show improved mental and physical health.

___36___ It is a specific technique, and it's different from writing in a journal. The idea is to reflect honestly and thoughtfully on a particular challenge.

Hundreds of studies over several decades have looked at the potential benefits of expressive writing. It can strengthen the immune system, including for people with illnesses such as flu, cancer and depression. ___37___

Expressive writing works because it allows you to make meaning out of a painful experience, experts say. ___38___ Then translating that experience into language forces you to organize your thoughts. And creating a narrative gives you a sense of control.

But expressive writing isn't a magical cure-all solution. ___39___ And people coping with a severe injury or depression may not find it useful to do on their own, without therapy (治疗).

Yet it can be a powerful tool for many, in large part because it helps prevent the secrecy people often feel about an injury, as well as their reluctance to face emotions.

___40___ Thinking or talking about an event can lead to reflecting, where you become lost in your emotions. Writing forces you to slow down. The mere act of labeling a feeling-of putting words to an emotion-can lessen the nervous activity in the threat area of the brain. Writing can increase someone's acceptance of his experience, and acceptance is calming.

- A. Why write?
- B. What if you don't write?
- C. Expressive writing gave people the courage to face fears.
- D. It shouldn't be used as a replacement for other treatments.
- E. It can also help reduce pain and improve mood, sleep and memory.
- F. The first important step is to recognize what it is that is bothering you.
- G. Psychologists refer to writing about an unpleasant experience as "expressive writing".

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C 和 D 四个选项中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

A much-liked university janitor (看门人) was surprised by 230 of the school's students as they provided him with a truly ___41___ vacation back in June of this year.

Herman Gordon ___42___ after Bristol University in England as if it were his own home. Many of his adoring fans at the university ___43___ him as a "legend" and "hero", and these students thought it their duty to make sure this "cheerful" man could get ___44___ what he deserved.

One student in particulate posted on social media about how the 65-year-old janitor had not been ___45___ to see his family in Jamaica for four years. He set up a JustGiving page to collect donation. ___46___, the site managed to raise enough money.

One of the donors handed Herman the ___47___ gift in an envelope filled with cash. The ___48___ was caught on camera, showing Herman ___49___ down in tears, greatly moved by the ___50___. The video was ___51___ thousands of times online, showing all the donors what they had ___52___.

Herman and his wife had an ___53___ vacation. After Herman ___54___ photos of his celebrity treatment at a five-star hotel, he wrote to the Bristol students, saying: "God bless you all. Everybody will see this and think that T'ma (n) 55. "

- | | | | | |
|-----|----------------|----------------|-------------------|---------------|
| 41. | A. recommended | B. deserved | C. understood | D. accepted |
| 42. | A. takes | B. goes | C. looks | D. asks |
| 43. | A. described | B. mistook | C. welcomed | D. appointed |
| 44. | A. over | B. down | C. through | D. back |
| 45. | A. willing | B. able | C. ready | D. determined |
| 46. | A. Eventually | B. Honestly | C. Particularly | D. Actually |
| 47. | A. festival | B. birthday | C. surprise | D. comfort |
| 48. | A. accident | B. chance | C. deal | D. moment |
| 49. | A. slowing | B. climbing | C. breaking | D. falling |
| 50. | A. politeness | B. kindness | C. thoughtfulness | D. smartness |
| 51. | A. shared | B. bought | C. reported | D. edited |
| 52. | A. overlooked | B. designed | C. achieved | D. witnessed |
| 53. | A. economical | B. educational | C. adventurous | D. amazing |
| 54. | A. exchanged | B. released | C. retouched | D. found |
| 55. | A. millionaire | B. adventurer | C. tourist | D. explorer |

第二节（共 10 小题; 每小题 1.5 分, 满分 15 分）

阅读下面材料, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

California Governor Gavin Newsom on Friday signed legislation (法规) that makes Chinese Lunar New Year a state holiday. The move recognizes the diversity of cultures that Asian Americans have brought to California, the third ___56___ (large) state in the US.

The legislation lets any state employee take eight hours of vacation, annual leave or compensatory leave (补休) ___57___ (celebrate) Chinese New Year.

In a ___58___ (sign) letter, Newsom emphasized the diversity and cultural significance that Asian Americans represented in California and ___59___ (encourage) all Californians to participate in the festival.

Lunar New Year is celebrated by thousands of Asian and Pacific Islander Californians at community events that illustrate ___60___ state's rich cultural history and commitment to racial, religious, and cultural diversity. Many jurisdictions (管辖区) in California have already made Lunar New Year an ___61___ (office) school holiday.

Also on Friday, a ceremony ___62___ (hold) in San Francisco's city hall to raise China's national flag in celebration of the 73rd anniversary of the founding of the ___63___ (people) Republic of China.

Zhang Jianmin, China's consul general (总领事) in San Francisco, raised the flag with Meron Foster, a senior officer at the San Francisco Mayor's Office of Protocol. Zhang expressed his gratitude ___64___ San Francisco's "Very genuine gesture of friendship" toward China, ___65___ he spoke to an audience of US elected representatives, business figures and community members.

第四部分 写作 (共两节, 满分 40 分)

第一节 (满分 15 分)

假定你是李华, 美国“汉语桥 (Chinese Bridge)”网上冬令营组织方正在网上征集活动内容, 欢迎网友献计献策。请你给组织方写一封建议信, 内容包括:

1. 你建议的活动 (至少两项):
2. 你的理由;
3. 你的希望。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

Dear committee members,

I'm glad to know that

Yours,

Li Hua

第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

Some years before, when we moved to town, Mother had decided to start a day nursery. She had no training, but that didn't stand in her way. Through correspondence courses（函授课程）in child care, she qualified herself for the task. Soon she had a full enrollment（招生）and a waiting list. But neither the nursery nor the motel my parents bought later had provided enough income to send my sister and me to college.

A few months after we had sold the motel, Mother arrived home with a used typewriter. From that day on, as soon as the table was cleared and the dishes were done, Mother would disappear into her sewing room to practice. The slow tap, tap, tap went on some nights until midnight.

It was nearly Christmas when I heard Mother got a job at the radio station. I was not the least bit surprised, or impressed. But she was extremely happy.

Monday, after her first day at work, I could see that the excitement was gone. Mother looked tired and upset. I responded by ignoring her.

Sitting beside her on the couch, I began very slowly to understand. I could sense her pain and the tension of holding back the strong emotions that were interrupted by my arrival. Suddenly, something inside me turned. I reached out and put my arms around her. She broke then. She put her face against my shoulder and sobbed. I understood for the first time her vulnerability（脆弱）.

A week later Mother took a new job selling dry goods at half the salary the radio station had offered. "It's a job I can do," she said simply. But the evening practice sessions on the old green typewriter continued. I had a very different feeling now when I passed her door at night and heard her tapping away. I knew there was something more going on in there than a woman learning to type.

注意：

1. 续写词数应为 150 左右；
2. 请按如下格式在答题卡的相应位置作答。

Two years later, I left for college and Mother decided to quit her old job.

The old green typewriter sits in my office now, unrepaired.