

保密★启用前

2023 年高三一模考试

英语试题

2023.2

注意事项:

1. 本试卷分选择题和非选择题两部分。满分 120 分，考试时间 100 分钟。
2. 答题前，考生务必将姓名、考生号等个人信息填写在答题卡指定位置。
3. 考生作答时，请将答案答在答题卡上。选择题每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；非选择题请用直径 0.5 毫米黑色墨水签字笔在答题卡上各题的答题区域内作答。超出答题区域书写的答案无效，在试题卷、草稿纸上作答无效。

第一部分 阅读（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Beyond Body is a science-based fitness and nutrition program in the shape of the first personalized wellness book in the world. It makes developing sustainable healthy habits easier, while helping to improve mental health. It addresses the main problems that most weight loss programs have, motivating you to bring positive changes in all areas of your life.

The Beyond Body app helps you follow the program and track your progress. It goes beyond simple food ideas to provide meal plans, workouts, and lifestyle tips.

Who Is Beyond Body for?

The Beyond Body program is for anybody who wants to lose weight by establishing lifelong health and fitness routines, but not ideal for vegetarians. It can help you drop pounds while enjoying long-lasting changes.

How to Begin with Beyond Body?

The program starts with a quiz, including questions on body type, fitness level, health conditions, food preferences, and more. You must also enter your current and target weight. After completing a short quiz, you can choose between the hardcover or e-Book. You can also add the app for further assistance. Next, it creates a personalized meal plan and generates the Beyond Body book in both digital and physical formats. The book outlines your plan and offers advice on nutrition and fitness.

Beyond Body Pricing

The Beyond Body book costs \$33. For this price, you get a hard copy and digital version, plus free shipping. For the assistant app, you must pay a monthly subscription fee. Within the app, you'll find other checkout options, like consultations with a nutritionist.

1. What is Beyond Body used to do?

- | | |
|--|--------------------------------------|
| A. Sell a book. | B. Introduce an app. |
| C. Stress the importance of weight loss. | D. Provide a program to lose weight. |

2. How does the program begin?

- | | |
|------------------------|--------------------------|
| A. By adding an app. | B. By filling a format. |
| C. By choosing a book. | D. By completing a quiz. |

3. What do we know about the Beyond Body app?

- A. It can be used for free. B. It focuses on mental health.
C. It tracks weight losing progress. D. It offers free online consultations.

B

Monica Bertagnolli is an oncologist (肿瘤学家) at Brigham and Women's Hospital and a professor of surgery at Harvard Medical School. Growing up in Wyoming, she was well aware of the lack of health care resources in rural areas. Access to in-depth care for cancer patients is hard to get. She's worked throughout her career to change that.

In Wyoming, there's a great distance to travel between where people live and where they can to find a cancer specialist. "If you need treatments and they have to be administered every day, and if it's 120 miles from where you live, that ends up being a huge barrier to receiving the kind of care you need."

And now Monica serves as the vice president of the Coalition (联盟) of Cancer Cooperative Groups (CCCG)—an international network of individuals who work to improve the quality of life and survival of cancer patients by increasing participation in cancer clinical trials.

She said, "One of the really important things is, we're trying to make sure that cancer clinical trials can get to every single patient who needs them in my own state." The coalition set up sites in northern and southern Wyoming that are able to run clinical trials. Before those trials became available, patients would usually go to Denver or Salt Lake City—a three-to-seven-hour drive.

Monica's efforts to increase access to the health care needs of her rural Wyoming patients also include helping to develop new policies that will allow patients to participate in more clinical trials, and linking them with a regional doctor who can get them the access to the care they need.

In addition to the clinical trials, Monica said that technology's progress like better cell phone and internet service in the mountains of Wyoming, as well as social media, has helped rural residents stay in touch with loved ones and medical professionals despite their distance. She is trying to advocate strongly for those changes to continue.

"I still consider myself part of Wyoming and I am very devoted to making sure that patients can get access to care."

4. What do rural cancer patients in Wyoming need most?

- A. Health care. B. Better housing.
C. Further education. D. Public transportation.

5. How has Monica helped the cancer patients?

- A. By offering clinical trials. B. By advocating financial aid.
C. By improving internet service. D. By training medical professionals.

6. Which of the following can best describe Monica?

- A. Determined and loyal. B. Honest and generous.
C. Grateful and courageous. D. Devoted and responsible.

7. What is a suitable title for the text?

- A. Technology: A push for progress B. Monica: A helper for cancer patients
C. CCCG: A pioneer for cancer treatment D. Clinical trials: A hope for cancer patients

C

You've ordered a new pair of shoes online. They arrive; you rush to the front door and carry the box as you open it. You untie the laces, guide them toward your feet and they don't fit.

So, back in the box they go and an hour later you drop them at the local collections store. It's disappointing. The shoes have never been worn and they'll be making their way to a new home

soon. Right? Wrong.

What does happen to our goods when we order online and then return them?The reality is that much of it simply ends up in landfill (垃圾场).Each year, 5 billion pounds of waste is generated through returns in the world. In the US alone, customers return approximately 3.5 billion products, of which only 20% are actually faulty according to Optoro,a company which specializes in tackling the returns.

It turns out that returns create a real headache for companies. Many companies simply don't have the technology to handle these faults in returned goods, so it is often most profitable for them to sell them cheaply to discounters via a web of shipping, driving and flying them around the globe, or to simply truck them to the dump.

Optoro's software helps retailers(零售商)and manufacturers resell unsold goods more easily. They offer a number of options for retailers, including a website to resell their goods, called Blinq, as well as helping with re-routing goods to donation,store shelves,Amazon or eBay.They estimate their work helps reduce landfill waste by 70%.

Ann Starodaj, Senior Director of Sustainability at Optoro, says that while consumer habits might still be harmful, creating a profitable and environmentally friendly fashion model from start to finish is the way forward."I don't think people are going to stop buying stuff,but creating a business model where you're making it easier for them to make sustainable choices is very important."

8.What are the statistics in Paragraph 3 about?

- A.Waste disposal. B.Goods delivery.
C.Clothing Fashion. D.Waste returns.

9.Why do returns become a real headache for companies?

- A.Very little profit can be made. B.Related technology is not available.
C.Goods are damaged on purpose. D.No places can be found to bury them.

10.What is paragraph 5 mainly about?

- A.A difficult task. B.A marketing plan.
C.A practical solution. D.A producing process.

11.What does Ann Starodaj want to convey?

- A>Returns are easy to deal with.
B.People should stop buying goods online.
C.Consumer habits bring about harmful results.
D.It is vital to create a sustainable business model.

D

One person's happiness causes a chain reaction that benefits not only their friends, but their friends' friends,and their friends' friends' friends. The effect lasts for up to one year. The opposite, interestingly, is not the case: Sadness does not spread through social networks as strongly as happiness. Happiness appears to love company more so than misery.

Focusing on 4,739 individuals,Christakis and Fowler,who co-authored this study,observed more than 50,000 social and family ties and analyzed the spread of happiness throughout this group. The researchers found that when an individual becomes happy, a friend living within a mile experiences a 25 percent increased chance of becoming happy. A co-resident spouse (配偶) experiences an 8 percent increased chance, siblings(兄弟姐妹)living within one mile have a 14 percent increased chance,and for next-door neighbors,34 percent.But the real surprise came with

indirect relationships. Again, while an individual becoming happy increases his friend's chances, a friend of that friend experiences a nearly 10 percent chance of increased happiness, and a friend of that friend has a 5.6 percent increased chance.

The researchers also found that, contrary to what your parents taught you, popularity does lead to happiness. People in the center of their network groups are the most likely people to become happy, and then there are chances that increase to the extent that the people surrounding them also have lots of friends. However, becoming happy does not help migrate a person from the network fringe (外围) to the center. Happiness spreads through the network without changing its structure. "Imagine a bird's eye view of a backyard party," Fowler explains. "You'll see people in groups at the center, and others on the fringe. The happiest people tend to be the ones in the center. But someone on the fringe who suddenly becomes happy, say through a particular exchange, doesn't suddenly move into the center of the group. He simply stays where he is—only now he has a far more satisfying sense of well-being."

Next time, if you're happy and you know it, thank your friends—and their friends. And while you're at it, their friends' friends. But if you're sad, hold the blame.

12. Who will be more likely to become happy as a man is happy according to the research?

- A. His wife. B. His next-door neighbors.
C. His brothers and sisters. D. A friend of his friend.

13. Why does Fowler mention a backyard party in Paragraph 4?

- A. To explain a rule. B. To clarify a concept.
C. To describe a fact. D. To make a prediction.

14. What does the research aim to tell us?

- A. Happiness changes social structures.
B. A social network is a double-edged sword.
C. Happiness goes hand in hand with sadness.
D. Happiness spreads through social networks.

15. What do we know from the last two paragraphs?

- A. Friends' friends may bring you happiness.
B. Your friends are to blame for your sadness.
C. Your friends decide whether you are happy.
D. The happiest friends at party are on the fringe.

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

How to Educate Yourself

Despite fears of automation (自动化) destroying jobs, history shows that new technology often ends up creating new jobs and opportunities. If you want to take advantage of these new jobs, you'll need to be able to teach yourself new things. ___16___ But the following process should get you off to a very good start.

Identify What You Want to Learn

The obvious first step is to pick a skill or subject. You probably have a vague idea in mind already, but you are encouraged to make it more specific. Let's take learning piano as an example. ___17___ To play a few of your favorite songs? To play in a band with your friends? To become the next Carnegie Hall soloist? You can better track your learning progress by doing so.

Determine How You Learn Best

___18___ Before you dive into specific books or courses, you should do some self-reflection and determine your learning style. However, it's not as simple as you thought. In reality, you probably learn well in multiple ways, and the best approach will also depend on the topic.

Start With the Right Learning Resources

If you're totally new to a subject, you are recommended to read some existing learning resources to get started. Focus on resources that make few assumptions and are designed for absolute beginners. This way, you don't miss fundamentals or develop bad habits. ___19___

Practice Attentively

When you practice attentively, you set a specific intention for your practice period and focus on only that. You're also honest about your current performance, constantly asking how you can improve. ___20___ You could play the guitar absently for 10,000 hours but still be no closer to playing like Pat Metheny, a great guitarist. It requires attentive, focused practice.

- A. Do you like playing the piano?
- B. What exactly do you want to learn?
- C. It takes frequent practice to make perfect.
- D. Putting in the hours is necessary but not enough.
- E. It's difficult to give exact steps for self-education.
- F. You can start finding resources once a learning goal is set.
- G. And choose whatever learning resources work best for your style.

第二部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项选出可以填入空白处的最佳选项。

Huping Mountain features deep valleys and dangerous peaks. In 1990, Du Dengwen joined the local post station and was immediately ___21___ with serving 13 villages across the mountainous area. For the past three decades, Du has been one of the few ___22___ between villagers there and the outside world. Despite difficult geographic conditions, letters and parcels always make it to their ___23___. Du has ___24___ mail and goods to the villagers from their loved ones, most of whom are in the distant cities for a living. His ___25___ always brings joy to the mountain villagers, because it ___26___ letters or parcels of huge value are coming their way.

A round trip to ___27___ all of the villages in his charge runs about 180km, and the only thing he could rely on was a ___28___ that the post station offered. Even so, only two villages were ___29___ by cycling, while the rest over ___30___ roads, so Du had to walk.

Du also wrote down villagers' ___31___ and tried his best to meet them. Du had developed a close bond with the local villagers, and refused to ___32___ his job regardless of his family's concern over his ___33___.

Du's kindness and ___34___ have not only endeared him to the mountain villagers but also earned their trust and respect. He was called "Angel Courier" by locals heartily and ___35___ as a "Touching China" role model for Hunan by the provincial government in 2015.

- | | | | |
|--------------------|------------|---------------|----------------|
| 21. A. armed | B. charged | C. forced | D. filled |
| 22. A. barriers | B. symbols | C. situations | D. connections |
| 23. A. destination | B. office | C. entrance | D. farm |
| 24. A. sold | B. lent | C. delivered | D. donated |

- | | | | |
|---------------------|---------------|---------------|----------------|
| 25. A. presence | B. message | C. word | D. behaviour |
| 26. A. receives | B. means | C. ads | D. witnesses |
| 27. A. cover | B. enrich | C. build | D. measure |
| 28. A. bicycle | B. car | C. horse | D. tractor |
| 29. A. acceptable | B. impossible | C. accessible | D. affordable |
| 30. A. rough | B. smooth | C. lat | D. muddy |
| 31. A. requirements | B. letters | C. ideals | D. suggestions |
| 32. A. carry on | B. give up | C. hunt for | D. put away |
| 33. A. wealth | B. ability | C. safety | D. position |
| 34. A. curiosity | B. generosity | C. belief | D. devotion |
| 35. A. considered | B. named | C. awarded | D. elected |

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Decorated with Chinese-style red lanterns, the pavilion (展馆) of translated Chinese books saw a big turnout of book lovers at the 54th edition of Cairo International Book Fair, the largest book fair in Egypt.

The pavilion 36 (display) during the fair about 1,000 book titles in Arabic and English on Chinese culture, history, literature, economy, and among many others. Visitors 37 different ages frequented the pavilion of Chinese books. Some parents picked children's books for their kids and some young people 38 (attract) to books on Chinese culture, history and development.

A high school student, 39 was picking a book on Chinese history, said that China has overcome numerous problems throughout its history while 40 Chinese wisdom is shown in their literature, thoughts and philosophy. Noura Gamal, a junior student of Chinese, said 41 attracted him most was the Chinese culture and people. He wanted 42 (learn) more about China, an ancient civilization with a unique language, history, literature and culture.

The Chinese pavilion participates in the fair with many rich book titles that increase every year in a very successful effort to bring the 43 (culture) of Egypt and China closer. It is 44 (wide) acknowledged that China's great development is one of the reasons for the 45 (grow) popularity of Chinese books.

第三部分 写作（共两节，满分 40 分）

第一节（满分 15 分）

假定你是学生会主席李华，你校将举行主题为“My Youth, My Dream”的英语演讲比赛，请你给外教 Lisa 写一封邮件，邀请她担任评委。内容包括：

1. 比赛目的；
2. 时间和地点；
3. 期待参与。

注意：

1. 写作词数应为 80 左右；
2. 请按如下格式作答。

Dear Lisa,

Yours,
Li Hua

第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

The gym teacher blew the whistle (哨子) and four students dived into the swimming pool, racing to the other side. Then the next four were up, but only three stood on the diving board. "Where is Ren?" the gym teacher asked in concern.

Ren's face turned red, and he was unsteady. He looked at the pool and stepped back. "You cannot make me do this!" he said.

Sadie patted him on the back gently. "You can do it! I will help you if you need it." Ren stared into Sadie's eyes and he calmed down.

"You can do it. You need to pass this class." The gym teacher said. Ren stepped on the diving board, putting his goggles (护目镜) over his eyes, and the blue cap hid his red hair. The whistle blew and Ren stood there as the other three swam away. Then one boy ran and pushed Ren into the water.

Sadie glared at the boy. "Why would you do that?" A minute passed by and Ren still wasn't coming up. Sadie jumped in and pulled him out of the water. She gave him CPR (心肺复苏), and it took a while until water came out of his lungs. Then finally he spat out the water and sat up, feeling dizzy.

Ren looked over at Sadie, who breathed a sigh of relief. "Oh, thank goodness! Why didn't you use your arms or legs?" Ren stared away from Sadie, looking at the bottom of the blue pool, then looking up at the gym teacher who rolled his eyes. "I can't swim. My parents never taught me as a kid. We are afraid of water."

Sadie put her hand on his shoulder. "Don't worry. I will teach you how to swim. The water is my favourite place to be." Ren thought for a while, and nodded gently.

注意：

1. 所续写短文的词数应为 150 左右；
2. 请按如下格式在答题卡的相应位置作答。

Paragraph 1:

Ren and Sadie finished gym class and walked home together:

Paragraph 2:

The gym teacher blew the whistle and this time Ren dived bravely.



2022年菏泽市高三一模考试 英语试题 参考答案

阅读理解: 1-5. DDCAA 6-10.DBDBC 11-15. DBBDA

七选五: 16-20.EBFGD

完形填空: 21-25. BDACA 26-30. BAACA 31-35. ABCDB

语法填空: 36. displayed 37. of 38. were attracted 39. who 40. the
41. what 42. to learn 43. cultures 44. widely 45. growing

应用文写作参考范文:

Dear Lisa,

I'm Li Hua, chairman of the Students' Union. I'm writing to invite you to be a judge at our English speech contest.

The English speech contest is entitled "My Youth, My Dream", which is aimed to make us senior students firm in our ideals and determined to strive. It will be held at 8:00 am on February 23th in the lecture hall in our school. As you are an expert in life planning, your attendance means so much to us.

It would be our great honor if you could accept our invitation and get you time spared. Looking forward to your timely reply.

Yours,
Li Hua

读后续写参考范文:

Ren and Sadie finished gym class and walked home together. Sadie said to Ben gently and sincerely, "as your friend, I hope you can tell me why you are afraid of water." Hesitating for a second, he shared an experience that he was once narrowly drowned in the river. "Let's face and overcome it together." Sadie said firmly. From then on, Sadie tried all means to help Ren. Gradually Ben overcame his fear and he swam freely in the pool. Sadie even encouraged him to take part in the coming swimming race. When that day came, Ren stepped on the diving board and he kept calm and attentive.

The gym teacher blew the whistle and this time Ren dived bravely. He swam to the other side with incredible speed and technique. The gym teacher walked to the other side of the gym and knelt down. "Incredible, Ren!" The gym teacher helped him out of the water, shaking his hand excitedly and cheerfully. "Congratulations, you pass!" Ren held his fist tight and waved to Sadie gratefully with tears in eyes. Sometimes, it is the encouragement and support from your loved ones that help you step out of your comfort zone and overcome yourself, to develop the potential to the fullest.



关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（[网址：www.zizzs.com](http://www.zizzs.com)）和微信公众平台等媒体矩阵，用户群体涵盖全国 90% 以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

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