

2022—2023 学年度第二学期期末质量检测

高一英语

考生注意：本试卷共分第 I 卷（选择题）和第 II 卷（非选择题）两部分，满分 150 分。  
考试时间 120 分钟。请将答案填写在答题卡上。

第 I 卷（选择题 共 95 分）

第一部分 听力（共两节，满分 30 分）

第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Which instrument has the man already owned?  
A. Drums. B. A piano. C. A violin.
2. What does the candy taste like?  
A. Sour and salty. B. Sweet and sour. C. Sweet and salty.
3. What does the woman dislike?  
A. Staying outside for a long time.  
B. Keeping the windows closed.  
C. Turning the air on.
4. Why is the woman growing sunflowers?  
A. To eat the seeds.  
B. To enjoy the flowers.  
C. To get the seeds for the man.
5. What's the relationship between the speakers?  
A. Teacher and student.  
B. Shop assistant and customer.  
C. Interviewer and interviewee.

第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听下面一段对话，回答第 6 和第 7 两个小题。

6. What does the man keep doing?  
A. Lifting weights.  
B. Telling the woman to take a break.  
C. Adding more exercise to the woman.
7. What does the woman probably think about the exercise?  
A. It's useless. B. It's too exciting. C. It's very difficult.

听下面一段对话，回答第 8 至第 10 三个小题。

(AK1) 高一英语试题 第1页 (共8页)



扫描全能王 创建

8. What will the weather be like according to the man?  
A. It'll rain. B. It'll snow. C. It'll have ice.
9. When did the man move to this area?  
A. In the spring. B. In the autumn. C. In the winter.
10. How big do ice balls usually get in this area?  
A. Half an inch wide. B. An inch wide. C. Two inches wide.
- 听下面一段对话, 回答第 11 至第 13 三个小题。
11. How long will the man's show be?  
A. 5 minutes. B. 10 minutes. C. 20 minutes.
12. What advice did the woman give the man before?  
A. Remembering the lines from a movie.  
B. Pretending the people are cabbage.  
C. Closing his eyes to be calm.
13. What seems to be the woman's hope for the man?  
A. To enjoy himself. B. To impress the judges. C. To make the crowd laugh.
- 听下面一段对话, 回答第 14 至第 16 三个小题。
14. How will the woman keep Chinese traditions alive while in America?  
A. By eating Chinese food.  
B. By watching Chinese movies.  
C. By talking to others about China.
15. How will the woman deal with cultural differences?  
A. Follow her own custom.  
B. Respect other cultures.  
C. Follow other countries' fashions.
16. Whom will the woman make friends with?  
A. Only Chinese. B. Only Americans. C. People from everywhere.
- 听下面一段独白, 回答第 17 至第 20 四个小题。
17. How does the speaker sound?  
A. Worried. B. Confident. C. Excited.
18. What was the main subject of the study?  
A. Sitting too much time.  
B. Fighting against heart disease.  
C. Having different entertainment.
19. When was the end of the study?  
A. In 2001. B. In 2016. C. In 2017.
20. Which age group had the biggest amount of people watching TV?  
A. Children. B. Teenagers. C. The elderly.

第二部分 阅读理解 (共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列四篇短文, 从每小题后所给的 A、B、C、D 四个选项中, 选出最佳选项。

A

Hubei Art Festival

Huiban

Huiban refers to Hui Opera troupe (徽剧剧团). The best known Huiban in history are four Anhui Opera troupes in the Qing Dynasty. During the Emperor Qian Long's time, they came to Beijing to perform and the Hui Opera they brought to Beijing was later developed into Beijing Opera.

(AK1) 高一英语试题 第2页 (共8页)



扫描全能王 创建



The Hui Opera to be presented in Wuhan shows the particular period. It revolves around the leading Hui Opera master Xiao Jiaotian and how the four groups, under Xiao's leadership, went through the revolution and earned a reputation throughout the country.

Time: 7:30 p. m. Oct. 7

Venue: Wuhan Theater

Tickets: ¥30, ¥50, ¥80

### Thunderstorm & Thunderstorm II

Written by the playwright Cao Yu, Thunderstorm is well-known as the cornerstone (基石) of Chinese realistic drama. The play has been performed for decades. As 2020 marked the 110th anniversary of the birth of Cao Yu, Thunderstorm II by Cao's daughter Wan Fang came out. The work, along with the original Thunderstorm will be presented in Wuhan in a production directed by French director Eric Lacascade. The two dramas constitute a dialogue between father and daughter across time and space. Together, they are expected to deliver a unique life experience for audiences.

Time: 2:30 p. m. Oct. 16—17 (Thunderstorm) 7:30 p. m. Oct. 16—17 (Thunderstorm II)

Venue: Qintai Grand Theater (琴台大剧院)

Tickets: ¥100, ¥180, ¥280, ¥380, ¥480, ¥680, ¥880 (per show)

### TangoZ 'Middleman' National Tour

TangoZ, a pen name for Zhong Qi, is a rising rapper from Hangzhou. He competed in the show "Rap for Youth". 'Middleman' mirrors his reflections over the past year after the show. In the tour, TangoZ will also invite some of his musician friends to share their creative ideas.

Time: 8:30 p. m. Oct. 4

Venue: IN TIME LIVE

Tickets: ¥200

21. If you are interested in the Hui Opera, when will you go to the theater?  
A. 7:30 p. m. Oct. 7. B. 8:30 p. m. Oct. 4.  
C. 2:30 p. m. Oct. 16. D. 7:30 p. m. Oct. 17.
22. Which statement is true according to the passage?  
A. The best known Huiban in history dates back to the Ming Dynasty.  
B. TangoZ is a rising playwright from Hangzhou.  
C. Thunderstorm II was written by Cao's daughter Wan Fang.  
D. You can enjoy the Chinese realistic drama Thunderstorm in Wuhan Theater.
23. Where is the passage probably taken from?  
A. A newspaper. B. A science magazine.  
C. A guidebook. D. A novel.

B

My wife and I usually don't keep houseplants. But after I was told I had cancer I wanted to be around some life. When my friend Mitch gave me a lucky bamboo plant in a bowl, we decided to place the plant next to the living room window across from the couch.

I told Hannah I wanted to care for the plant myself. When it didn't immediately turn yellow or brown or lose all of its leaves, I was pleasantly surprised. Tending to the plant gave me a sense of achievement at a time when I sometimes felt useless. As a doctor, I was used to being the one who provided care, not the one who received it. Watering the plant taught me I could still be a caregiver.

Over the next few months, I recovered from surgery and completed the first round of chemotherapy (化疗). Even after I returned to work, I continued to care for the plant. Soon, it had nearly doubled in height and its leaves were shiny and lush. Both the tree and I were healthy.

Then, mysteriously, it began to show signs of stress. No matter what I did, the leaves kept browning and dropping to the floor. I grew more and more frustrated and uneasy.

(AK1) 高一英语试题 第3页 (共8页)



扫描全能王 创建



"I can't even care for a simple plant!" I yelled. "I'm failing!" I couldn't shake the feeling that the plant had become a symbol of my own health. I realized I had wrongly connected my careful caring for the plant—something over which I had at least some control with my own survival something over which I had no control.

When my tumor (肿瘤) returned, it would not be because of any failure on my part. As my anxiety decreased, I began to research how to heal the plant. After moving it under a sunny window, we both began to thrive again.

Whenever I look at the tree in its new pot, I think of Mitch and all the people who supported me. If the plant outlives me, I hope it will comfort Hannah and remind her that our large community will continue to care for her after I am gone.

24. How did the author feel about caring for the plant at first?

- A. Bored. B. Confused. C. Satisfied. D. Impatient.

25. Why did the author grow anxious about the plant's falling leaves?

- A. He feared letting Mitch down. B. He took it as a sign of his death.  
C. He didn't want to feel useless. D. He worried about losing it.

26. What does the underlined word "lush" in paragraph 3 mean?

- A. Thick. B. Clean. C. Unique. D. Weak.

27. What is the article mainly about?

- A. The author's love for lucky bamboos.  
B. The author's appreciation for his friends.  
C. The author's advice on how to grow houseplants.  
D. The author's experience of keeping a plant.

C

We've all been told that different types of fruits and vegetables have different benefits that help us keep healthy. A new international study has found that eating one fruit regularly can help reduce the risk of cancer, among those people who have a high risk of developing certain cancers.

The research, which followed almost 1,000 patients with a variety of cancers, found that taking regular resistant starch (抗酶解淀粉) could have a great preventative effect on the risk of cancer. Here's what you need to know about how eating bananas regularly can help reduce the risk of cancers.

Resistant starch is found in green bananas. By eating green bananas your body gets resistant starch, which has been found to reduce the risk of cancers in some parts of the body by more than a half, according to the new research. The study, which was published in Cancer Prevention Research, was led by experts at the Universities of Newcastle and Leeds. It found that resistant starch, if taken regularly for two years, had a very good effect on some cancers, which can be difficult to find.

John Mathers, a professor at Newcastle University explained, "Resistant starch really helps in fact, which has several health benefits and fewer calories than regular starch."

In addition to green bananas, resistant starch is also found in foods such as peas, beans and other starchy foods. In terms of bananas, experts think that eating one banana every day has the same effect as a certain amount of resistant starch. The secret is to eat the bananas before they become too ripe (成熟的) or soft.

28. What advantage does eating bananas regularly have?

- A. Avoid developing diseases. B. Suffer from no stress.  
C. Have a lower risk of cancer. D. Expect a longer life.

29. Why can green bananas often help reduce the risk of cancer?

- A. They contain resistant starch. B. They help discover cancer.

(AK1) 高一英语试题 第4页 (共8页)



扫描全能王 创建



- C. They improve a person's diet. D. They are quite healthy fruit.
30. What is John Mathers' attitude to resistant starch?  
A. Doubtful. B. Supportive. C. Worried. D. Unclear.
31. What do the experts suggest people do?  
A. Find hidden cancers. B. Get enough sleep.  
C. Take regular exercise. D. Eat green bananas daily.

D

Primary and middle school students in China will have at least one weekly course on labor education, according to a new curriculum standard released by the Ministry of Education (MOE).

Labor education ranges from household chores to on-campus labor and community volunteer services, generally 3 types according to the new standards: the first refers to everyday chores, including cleaning, organizing, cooking, and using and maintaining home appliances (家电); next is productive labor, including agriculture, making traditional handicrafts (手工艺品), and applying new technologies such as 3D printing; the third type is service work, including volunteer work. The new curriculum also calls for a week of extra-curricular and off-campus activities designed for labor education once every school year.

A recent study showed that primary and middle school students in China only spend an average of 12 minutes a day on chores, compared to 72 minutes in the US, 42 minutes in South Korea and 30 minutes in France. Many countries start students' labor education at a young age. Finland begins to develop students' life skills in primary school. Spinning, woodworking, cooking and other craftsmanship classes are offered. In Germany, pupils have two labor classes per week. Electronics, office technology, sewing, housekeeping, and career guidance are all taught there.

Adding labor education was out of concern that the country's youngsters do too little housework and look down on manual labor (体力劳动) jobs. Due to great academic pressure, schools tend to put their academic curricula on the top, and parents sometimes see household chores as distractions. But, according to the MOE, labor education must be strengthened to help students develop social values, an interest in labor and finally an all-around development.

32. What is the purpose of adding labor education?  
A. To enrich the students' off-campus life.  
B. To help students achieve an all-around development.  
C. To improve the students' performance on learning.  
D. To follow the education mode of some western countries.
33. What is paragraph 2 mainly about?  
A. The history of labor education.  
B. The significance of labor education.  
C. The content of labor education.  
D. The future development of labor education.
34. What does labor education in Finland and Germany have in common?  
A. They start labor education in the middle school.  
B. Students spend more than 30 minutes on housework daily.  
C. It is viewed more important than academic learning.  
D. There are a wide variety of labor education courses.
35. What do we know about labor education in China?  
A. The school has to recognize the importance of labor education.  
B. Students decide whether to take the courses on their own.  
C. Specially-designed courses have been applied for many years.  
D. A week of extracurricular activities is a must every term.

(AK1) 高一英语试题 第5页 (共8页)



扫描全能王 创建



第二节 (共5小题; 每小题2.5分, 满分12.5分)

根据短文内容, 从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

If you hope to improve your health, exercise is obviously a good way. But do you know that it has great effects on the mind, too? We often pay little attention to the great mental benefits that exercising regularly can have. It will allow you to stay active and healthy for a long time, allowing you to have both the physical and mental (身心的) benefits. 36

Improve your mood (心情). Exercise is just what you need if you're looking for some positive feelings. It is possible that you have experienced a happy time after exercise. While you are exercising, "happiness hormones (荷尔蒙)" are released. 37

Reduce stress. If you're feeling stressed, this feeling will disappear after exercise. 38 Because it helps reduce the level of the "stress hormone" which leaves you feeling tired and stressed. 39 If you take regular exercise, you'll find the results last longer too. So over time, you'll have a higher ability to stay focused while completing tasks if you exercise regularly.

Improve your memory. According to a study by the University of British Columbia, regular exercise increases the size of the hippocampus (a part of the brain). 40

So, it is clear to see that there are many different benefits regular exercise can have. With these benefits for the mind, there now shouldn't be any excuse not to start and lead an active, balanced life.

- A. Increase your focus.
- B. Increase your sense of self-worth.
- C. Regular exercise keeps your mind calm.
- D. They fill you with positive and happy feelings.
- E. Exercise is a quite wonderful way to reduce stress.
- F. Here're several important mental benefits of exercise.
- G. This is especially important for learning and memory.

第三部分 语言知识运用 (共两节, 满分30分)

第一节 完形填空 (共15小题; 每小题1分, 满分15分)

阅读下面短文, 从短文后各题所给的A、B、C、D四个选项中, 选出可以填入空白处的最佳选项。

A homeless man spent two days tracking down a woman after finding her handbag in the street. Daisy Owen, 20, 41 a bag containing her wallet, cash and her iPhone on a night out in Bolton.

Paul Calderbank found the handbag outside a pub and began a search for its 42. He walked around the streets for two days 43 people who looked about Ms Owen's age if they knew her. He 44 who she was from her driving licence. Mr Calderbank, who has been 45 for four years, attached a note to the bag explaining his mission (任务) 46 he feared people would think he had stolen it. He planned to walk to Ms Owen's house to 47 the bag but met some of her friends. They 48 her on Facebook and arranged for the two to meet.

Ms Owen from Bolton was very thankful that Mr Calderbank had returned the handbag to her. "There needs to be more kind people like this in the world," she said. She has started to raise money 49 to help Mr Calderbank pay for some clothes, food, and a home. The web page has raised more than £1, 100 in two days. She said Mr Calderbank had gone hungry 50 buying food with the £10 cash in her bag. In the three-page 51 he attached to the bag, Mr Calderbank wrote, "I want to find the true owner and 52 hand all her belongings back to her. I want to do this because I am an honest person, and because to me it feels good to do it." Ms Owen is 53 to

(AK1) 高一英语试题 第6页 (共8页)



扫描全能王 创建



raise £ 1, 500 for Mr Calderbank. She asked him what he wanted to do with the 54. He said that he really wanted to get a 55. "I've decided to find this man a home." said Ms Owen.

- |                   |               |               |                |
|-------------------|---------------|---------------|----------------|
| 41. A. lost       | B. invented   | C. created    | D. drew        |
| 42. A. maker      | B. buyer      | C. seller     | D. owner       |
| 43. A. guiding    | B. asking     | C. imagining  | D. guessing    |
| 44. A. gave out   | B. broke out  | C. found out  | D. carried out |
| 45. A. homeless   | B. friendless | C. worthless  | D. hopeless    |
| 46. A. if         | B. until      | C. so         | D. because     |
| 47. A. return     | B. get        | C. use        | D. carry       |
| 48. A. saw        | B. showed     | C. messaged   | D. caught      |
| 49. A. online     | B. quickly    | C. again      | D. easily      |
| 50. A. along with | B. after      | C. by         | D. instead of  |
| 51. A. picture    | B. note       | C. report     | D. poster      |
| 52. A. patiently  | B. hardly     | C. personally | D. exactly     |
| 53. A. regretting | B. learning   | C. trying     | D. wondering   |
| 54. A. money      | B. goal       | C. need       | D. time        |
| 55. A. restaurant | B. shop       | C. car        | D. flat        |

## 第II卷(非选择题 共55分)

### 第二节 (共10小题; 每小题1.5分, 满分15分)

阅读下面材料, 在空白处填入1个适当的单词或括号内单词的正确形式。

Nowadays the Internet plays an important role in our daily life. Most of our lives 56 (record) online. We set up email and online shopping accounts; we download music, films, games and e-books; we post and repost on Sina Weibo and WeChat.

Together, these things make up our "digital legacy (数字遗产)". What can we do 57 our legacy when our last day comes?

A US tech company is testing a new digital legacy service. With it, you can pass on your personal data such as 58 (photo), videos, notes and other information to your friends or family members.

As 59 matter of fact, there are two types of digital legacy. One is what you buy with money, such as virtual coins and game equipment. As they are worth some money, they can be passed down to 60 (you) family members. The other kind is things such as social media accounts. Dealing with these 61 (be) a difficult problem.

Although you may have created your accounts, you don't 62 (real) own them — Internet companies do. You only have the right 63 (use) them. For example, your Taobao account might be closed by the company if you haven't logged in for more than six months.

Is it possible to get everything removed? The answer may be "Yes". The European Union's General Data Protection Regulation went into effect in 2018. According to it, people have a right to remove 64 (person) data, 65 is also known as "the right to be forgotten".

### 第四部分 写作 (共两节, 满分40分)

#### 第一节 应用文写作 (满分15分)

假定你是李华, 你的英国朋友 Peter 对中国文化很感兴趣。他写信询问你最喜欢的中国传统节日的信息。请你给他写一封回信, 向他介绍这一传统节日, 内容包括:

1. 节日的时间;

(AK1) 高一英语试题 第7页 (共8页)



扫描全能王 创建

2. 庆祝该节日的主要活动;
3. 邀请 Peter 来中国过节。

注意: 1. 词数 80 左右;

2. 可适当增加细节, 以使行文连贯。

Dear Peter,

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Yours,  
Li Hua

### 第二节 读后续写 (满分 25 分)

阅读下面材料, 根据内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

One Saturday morning, I got a call from my aunt. She told me that she had to go with my uncle on a business trip for the day, and she wondered if I could look after my little 6-year-old cousin, Max. I knew that for them, leaving their dearest son for a day was the last thing in the whole world they would do, because they were what is known as “helicopter parents”, who keep watching everything their kids do. As a high school student, I knew exactly that children who were brought up by helicopter parents could end up having many problems and I hoped I could do something to improve the situation, so I accepted her request. Actually, I was honored to be trusted by such parents.

When I arrived there, my aunt and uncle were just ready to go out. The last thing my aunt said to me before they left was “Don’t let him hurt himself while we are away.” She repeated it several times until she thought I took it seriously. After they left, I tried to teach Max to play some games that might be against my aunt’s will, but failed. Max seemed not to be interested, and even frightened. I didn’t want to push him, so I decided to slow it down.

Around lunch time, Max asked me what was for lunch. I said, “I don’t know, what do you want?” He said, “Can you cook scrambled eggs?” I replied, “Of course I can!” “Well,” said Max, “I want some.” I asked him if he could cook. He looked at me in amazement, and said, “Of course not. Mom won’t allow me to approach the kitchen. She thinks I’ll be burnt if I try to do that, but I think it would be amazing to cook what I like on my own.”

注意: 1. 所续写短文的词数应为 150 左右;

2. 请按如下格式在答题卡的相应位置作答。

Paragraph 1

Suddenly, I had an idea. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Paragraph 2

When my aunt and uncle returned, they saw Max cooking dinner in the kitchen. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(AK1) 高一英语试题 第8页 (共8页)



扫描全能王 创建



## 关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（[网址：www.zizzs.com](http://www.zizzs.com)）和微信公众平台等媒体矩阵，用户群体涵盖全国 90% 以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

如需第一时间获取相关资讯及备考指南，请关注**自主选拔在线**官方微信号：**zizzsw**。



微信搜一搜



自主选拔在线