绝密★启用前

焦作市普通高中 2022-2023 学年(下)高

考生注意:

- 1. 答题前,考生务必将自己的姓名、考生号填写在试卷和答题卡上,并将考生号条形码粘 贴在答题卡上的指定位置。
- 2. 回答选择题时,选出每小题答案后,用铅笔把答题卡对应题目的答案标号涂黑。如需 改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案写在答题卡 上。写在本试卷上无效。
- 3. 考试结束后,将本试卷和答题卡一并交回。

第一部分 听力(共两节,满分30分)

做题时,先将答案标在试卷上。录音内容结束后,你将有2分钟的时间将试卷上的答案 转涂到答题卡上。

第一节(共5小题;每小题1.5分,满分7.5分)

听下面5段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳 选项。听完每段对话后, 你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话 仅读一遍。

例: How much is the shirt?

A. £ 19. 15.

B. £ 9. 18.

答案是C。

1. What will the man do this Saturday?

A. See his sister.

B. Have a picnic.

C. Look after his niece.

2. When will the football match be broadcast live?

A. At 7 pm tomorrow.

B. At 9 am tomorrow.

C. At 10 pm today.

3. What are the speakers talking about?

A. A picture.

B. A lesson.

C. Weather.

4. What does the man want to eat now?

A. Cakes.

B. Strawberries.

C. Chips.

5. What does the man find difficult in learning French?

A. Vocabulary.

B. Pronunciation.

第二节(共15小题;每小题1.5分,满分22.5分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C = 个洗 项中选出最佳选项。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟, 听完 后,各小题给出5秒钟的作答时间。每段对话或独自读两遍。

听第6段材料,回答第6、7题。

6. How many target languages does the brochure need to be translated into?

A. Two.

B. Three.

C. Four.

英语试题 第1页(共8页)

官方网站: www.zizzs.com

7. Which month is it probably now?

A. September.

B. July. 听第7段材料,回答第8至10题。

C. August.

8. What does the man want the woman to do first?

B. Milk the cows. C. Repair the fences.

9. How does the woman feel when she is requested to work?

A. Bored.

B. Excited.

C. Nervous.

10. What did the woman expect to do on the farm?

A Feed the animals.

A. Enjoy country life.

B. Experience farm work.

C. Learn to ride horses.

听第8段材料,回答第11至13题。 11. What might the man be?

A. A student.

B. A reporter.

C. A tour guide.

12. Where does the woman come from?

A. Spain.

B. China.

C. Japan.

13. Where does the woman use her second language most?

A. In her school.

B. At her home.

C. On her travels

听第9段材料,回答第14至17题。

14. When will the company do the clean-up? A. On Tuesday.

B. On Wednesday.

C. On Thursday.

15. How long is the storage time of the furniture?

A. About one week.

B. About two weeks.

C. About four weeks.

16. Where will the woman's dishes be put?

A. In the emergency pack. B. In her personal package.

C. In the package of furniture.

17. Which item doesn't need special care?

A. The tea kettle.

B. The alarm clock.

C. The CD player.

听第10段材料,回答第18至20题。

18. What has the highest temperature been in Argentina?

A. About 45°C. B. About 42℃.

19. How did Jose Casabal cool his children down?

A. By turning on the air conditioner.

B. By asking them to drink much water.

C. By taking them to do a water sport.

20. What is Lucas Berengua?

A. A weather expert.

B. A local official.

C. A weather program host.

第二部分 阅读(共两节,满分50分)

第一节(共15小题;每小题2.5分,满分37.5分)

阅读下列短文,从每题所给的 A、B、C 和 D 四个选项中,选出最佳选项,并在答题卡上将 该项涂黑。

Below are a few examples of very different mothers from different authors, from the classics to modern day examples.

The Railway Children by Edith Nesbit

When their father is taken away by two strangers one evening, the lives of Roberta, Peter and Phyliss are broken up. They and their mother are forced to move from their comfortable London

英语试题 第2页(共8页)

□ 四次は火・ ひょし つししょうしつし

专注中学技尖人才培养

home to a simple cottage in the country where their mother writes books to make ends meet. This is such a lovely story of how the children adapt to their new way of life by the railways and of how their mother continues to care for them and bring them up, sometimes to the point we could almost believe she is too good to be true!

The Dwelling Place by Catherine Cookson

Set in County Durham in the 1830s, Cissy Brody and her young siblings are driven out from their farm cottage when both of their parents die of cholera. Determined that she and the children will not enter the frightening workhouse, young Cissy takes on the parental responsibility for them and moves them all to live in a small cave on the moors where they will face many hardships before finding a happy ending.

Little Women by Louisa May Alcott

In this book, the mother, Mrs March, is the glue that holds the family together through the Civil War as we follow the lives of her daughters, Jo, Meg, Amy and Beth. Their father is away serving as a Chaplain in the war and having lost their fortune, their mother must use all her resources to keep the family together, which she does remarkably well.

Pride and Prejudice by Jane Austen

Sometimes garrulous(唠叨), rude and materialistic, yet strangely likeable, Mrs Bennet leads her five daughters, Jane, Elizabeth, Mary, Kitty and Lydia, to suitable marriages. Nothing will stand in her way although sometimes her rather full-on approach does scare away suitable suitors. Sometimes touching and at other times funny, it never fails to make me smile.

21. How does the mother in The Railway Children support her family?

A. By starting her writing career.

B. By selling the comfortable house.

C. By working at the railway.

D. By washing clothes for the rich.

22. What is Little Women set in?

A. A rich family.

B. The war period.

C. The imaginary future.

D. The countryside.

23. Which book covers the subject of marriage?

A. The Railway Children.

B. The Dwelling Place.

C. Little Women.

D. Pride and Prejudice.

At 70 years old and nearly 200 pounds heavy, Joan MacDonald's health was deteriorating (恶 化)rapidly. Her amazing body transformation inspired thousands!

She was taking a cocktail of medications (药物) to address her many illnesses; high blood pressure, high cholesterol, and acid reflux. While many would say that it's normal for people at her age. Joan knew there had to be a better way. Doctors said she had to make adjustments to her lifestyle, or else, she would have to take increased dosages of these medications.

Although Joan couldn't remember the last time she really thought about her health, she knew it was time for that body transformation. Joan watched her mom take medication after medication. and she didn't want to end up that way.

Joan began with small changes, including walking, practicing yoga, and lifting weights. After six months of hard work, Joan was able to shed 45 pounds. Ever since she started working out and eating more healthily in 2017, this tough woman has managed to lose a total of 50 pounds! Her routine involves hitting the gym five days a week, doing weightlifting, and doing 15 to 30 minutes of sports.

While Joan admitted to struggling with the technology at first, she refused to throw in the

英语试题 第3页(共8页)

官方微信公众号: zizzsw

官方网站: www.zizzs.com

towel. Since she carried out these changes in her life, Joan has felt so much better. She's gotten off her medications and her arthritis is not as bothersome as before.

Now. Joan is inspiring women of all ages worldwide by proving to them that it's never too late to change. Her advice to other women who want to make a change but don't know how to is "to believe that it is possible! Even though you can't turn back the clock, you can wind it up again.'

24. What do people usually think of Joan's illnesses?

A. They should be cured immediately.

B. They are completely avoidable.

C. They are nearly harmless to health.

D. They are common for people in their 70s.

25. Why is Joan's mother mentioned in the text?

A. To share Joan's mother's late life.

B. To show the origin of Joan's illnesses.

C. To explain Joan's motivation to change. D. To stress the importance of health.

26. What is paragraph 4 mainly about?

A. The efforts Joan has made.

B. Joan's gift for sports.

C. The challenges Joan has met.

D. Joan's favorite activities.

27. What can we learn from Joan's story?

A. Where there is life, there is hope.

B. Nothing is impossible for a willing heart.

C. The good seaman is known in bad weather. D. All things are difficult before they are easy.

After a dolphin was found swimming alone in a creek (浅湾) in Florida, marine biologists formed a human chain to rescue it.

Dolphins typically travel in groups called a "school" or a "pod", although solitary(独自的) dolphins are becoming more common. This can be a cause for concern because dolphins are naturally sociable creatures, so if they are isolated (孤文) from other dolphins, they may turn their attention to human interaction. This in turn can be dangerous, both for dolphins and humans.

Dolphins can become dependent on humans for food, and become less inclined to feed on their own. Additionally, dolphins that are used to human contact spend more time in shallow waters, which can lead to standings or boat crashes. Meanwhile, humans who get too close to dolphins can find themselves with injuries such as broken bones.

Therefore, after seeing that the dolphin had been alone in for a few days, and was near a residential area with potential for human disturbance, NOAA Fisheries Service decided to take action. Twenty-eight biologists from the Clearwater Marine Aquarium, NOAA and FWC came together to form a human chain, creating a barrier that would guide the dolphin out of the creek.

Rescue biologist Brittany Baldrica said, "The goal was to just be a barrier that was novel to the animal, so we wanted to create a physical barrier as well as an auditory(听觉的) barrier. We had somebody behind us that was banging on a boat, setting off their engine and then we were splashing water and moving forward towards the animal, so we were giving the animal the option to swim through the bridge on its own."

The rescue was successful, with the dolphin making its way out of the creek.

- 28. Which of the following situations can make people worried?
 - A. More dolphins are becoming solitary.
 - B. Dolphins always live in groups.
 - C. Dolphins are becoming independent from humans.
 - D. Dolphins have no interaction with humans.

英语试题 第4页(共8页)

咨询执线: 010-5601 9830

29. Which may be a consequence of a dolphin being isolated?

A. Being hunted by humans.

B. Becoming less cruel.

C. Relying on humans for food,

D. Staying in deep waters longer.

30. What is the function of the human chain?

A. Offering human interaction to the dolphin.

B. Preventing the dolphin from running into boats.

C. Making the dolphin desire to move around.

D. Guiding the dolphin out of the shallow water.

31. What is mainly expressed in Brittany's words?

B. The people who rescued the dolphin.

A. The trouble the dolphin was in. C. The way the dolphin was rescued.

D. The meaning of rescuing the dolphin.

It may be better to let a mild fever run its course instead of automatically reaching for medication, new research of University of Alberta suggests.

Researchers found that untreated mild fever helped fish clear their bodies of infection rapidly, control inflammation (炎症) and repair damaged tissue. "We let nature do what nature does, and in this case it is very much a positive thing," says Daniel Barreda, lead author on the study.

Mild fever is self-resolving, meaning that the body can both cause it and shut it down naturally without medication. Barreda explains. The health advantages of natural fever to humans still have to be confirmed through research, but the researchers say because the mechanisms (机制) driving and sustaining fever are shared among animals, it is reasonable to expect that similar benefits are going to happen in humans. That suggests we should resist reaching for fever medications at the first signs of a mild temperature, he says. "They take away the discomfort felt from fever, but you're also likely to give away some of the benefits of this natural response."

For the study, fish were given a bacterial infection and their behaviour was then tracked and evaluated using machine learning. Outward symptoms were similar to those seen in humans with fever, including immobility, fatigue and malaise. These were then matched to important immune (免疫) mechanisms inside the animals.

The research showed that natural fever offers an integrative response that not only activates defences against infection, but also helps curb it. The researchers found that fever helped to clear the fish of infection in about seven days-half the time it took for those animals not allowed to have fever. Fever also helped to shut down inflammation and repair damaged tissue. "Our goal is to determine how to best take advantage of our medical advances while continuing to control and use the benefits from natural mechanisms of immunity," says Barreda.

32. What can be learned about the health benefit of natural fever to humans?

A. It is impractical.

B. It needs proving.

C. It has been frequently tested.

D. It is useful in making medicine.

33. What does the underlined word "curb" in the last paragraph probably mean?

A. Replace. B. Explore. C. Control.

34. How did natural fever help the fish?

C. By sending warnings to their brain.

A. By shortening the infection time.

B. By improving their living conditions.

D. By extending their life.

35. What can be a suitable title for the text?

A. Nature does what it should do.

B. Mild fever is self-resolving.

C. Animals share the mechanisms of fever. D. Mild fever helps clear infections faster.

英语试题 第5页(共8页)

官方微信公众号: zizzsw

官方网站: www.zizzs.com

第二节(共5小题;每小题2.5分,满分12.5分)

根据短文内容,从短文后的选项中选出能填入空白处的最佳选项,并在答题卡上将该项 涂黑。洗项中有两项为多余洗项。

The life of a student is busy. To ensure you have a healthy lifestyle, employ these tips in your daily routine.

Cut down on sugar

36 . That is to say, what you eat matters. Healthy eating results in youthful skin, boosts energy levels and enhances the immune system, which reduces diseases. An unhealthy body increases the risk of diseases. When you are unwell, you will miss classes, which in turn affects your academic performance. Avoiding meals containing processed sugar is the best way to live a healthy life.

Say no to stress

Due to the high expectations placed on students, many experience high levels of stress. 37 . Chronic(长期的) stress eventually leads to depression, irritability, anxiety, inability to concentrate and an increase in risky behavior.

The phrase "too much of anything is poisonous" applies to the meals you eat. Eating more carbohydrates(碳水化合物) causes your blood sugar levels to get too high. Too much fat leads to obesity, and consuming excess proteins puts your kidneys at risk of failing. Avoid consuming too much of a specific meal by opting for a balanced diet.

Get an exercise partner

Although it's an essential part of a healthy lifestyle, working out regularly can be a struggle for most students with a busy schedule. 39 . A workout partner comes in to keep you responsible, offer companionship and give you the push you need to make physical activity part of your routine.

Don't overcommit

If you frequently overcommit, you will stretch yourself too thin and eventually spend less time on things that really matter. If you find yourself saying yes to every invitation because you don't want to disappoint your friends, the result will be you dealing with burnout. 40 .

- A. Balance proteins, fat and carbohydrates
- B. Make your spare time full and wonderful
- C. A healthy lifestyle starts with a healthy diet
- D. Even students who make it a New Year resolution often give up on the goal
- E. So choose a healthy life and plan your time wisely to avoid overcommitting
- F. Sugar doesn't play a big part in securing a healthy body
- G. In fact, academic stress has become a lifestyle crisis affecting students at all levels

第三部分 语言运用(共两节,满分30分)

第一节(共15小题;每小题1分,满分15分)

阅读下面短文,从短文后各题所给的 A、B、C 和 D 四个选项中,选出可以填入空白处的最 佳选项,并在答题卡上将该项涂黑。

65-year-old Dee Harkrider had just finished a shopping trip at her local Walmart and didn't realize she'd left her wallet in a shopping cart.

Soon after she 41 , Delivontae Johnson , 19 , drove his car into the lot of the same Walmart in Forrest City, Arkansas, in need of a 42 tire after hitting a pothole(抗). After he drove into a space, Johnson 43 a black item in a cart; it was a wallet, containing Harkrider's driver's license, cash and bank cards. His immediate 44 was, "I have to try to find out who this lady is and give her wallet back."

英语试题 第6页(共8页)

咨询执线: 010-5601 9830

Johnson 45 the driver's license to find her through Facebook. He sent the lady a(n) 46 , saying that he was driving north to her home in Wynne to 47 the wallet. But at the same time, Harkrider was miles away in the 48 direction, visiting a friend in Palestine. 49 , Johnson made a U-turn and the pair 50 in a restaurant parking lot in Palestine. "I gave him a big hug," Harkrider said. "1' m 51 that we have young people out there like him. "

Despite the 52 difference, Harkrider has befriended Johnson and his family, who live in Forrest City. Meanwhile, Johnson, in school to earn his commercial driving license, is heartened by what's grown out of his 53.

"People nowadays have a lot of bad things to say about teenagers," Johnson says. "My 54 was to give back the wallet to whoever it belonged to. And I think that is the right thing for

me to do. I feel 5	5 now. "		
41. A. turned up	B. pulled over	C. drove off	D. hung out
42. A. new	B. big	C. cheap	D. fixed
43. A. accepted	B. selected	C. placed	D. spotted
44. A. challenge	B. reaction	C. suggestion	D. mission
45. A. discovered	B. compared	C. checked	D. reported
46. A. invitation	B, certificate	C. contract	D. message
47. A. return	B. search	C. claim	D. recognize
48. A. given	B. opposite	C. wrong	D. right
49. A. Frequently	B. Occasionally	C. Immediately	D. Actually
50. A. met	B. argued	C. parted	D. competed
51. A. worried	B. calm	C. confused	D. grateful
52. A. income	B. age	C. national	D. racial
53. A. judgment	B. plan	C. kindness	D. wish
54. A. concern	B. opportunity	C. regret	D. occupation
55. A. lucky	B. strong	C. unique	D. joyful
第二节(共10小额:	每小题 1.5 分. 满分 1	5 分)	

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式,并将答案填写 在答题卡上。

China will soon ship a series of aids to three developing nations 56 (assist) them in strengthening their capabilities to deal with climate change, according to the Ministry of Ecology and Environment.

"In moves to carry out its plan to increase South-South Cooperation on climate change, China will provide 5,000 sets of solar power generation systems for household use 57 300 metric tons of cement for seawall construction for the Pacific island nation of Kiribati," the ministry 58 (announce) in a media release on Tuesday.

A mobile ground system 59 can receive and process data from satellites will arrive in Botswana, the release said. The system will support the African nation in environmental monitoring, agricultural production and the 60 (prevent) of extreme weather disasters.

It also said China will send six electric buses 61 Costa Rica to facilitate the nation's endeavor on a green, low-carbon transition in its transportation sector.

- " 62 (current), the production of all aids in the three programs has been completed." the ministry said. "All the materials will 63 (deliver) for shipment soon."
- "China has always strived, as its capacity allows, to help other developing nations enhance their capabilities on tackling climate change," the ministry stressed.

英语试题 第7页(共8页)

官方微信公众号: zizzsw 官方网站: www.zizzs.com

To date, China has reached numerous 64 (agreement) on climate cooperation with 38 developing countries. It has also offered training programs to some 2,300 officials and technicians 65 (devote) themselves to climate-related positions in over 120 developing nations.

第四部分 写作(共两节,满分40分)

第一节(满分15分)

上周,你校举办了关于"二十四节气"(the 24 solar terms)的讲座。请你写一篇报道,向校 英文报投稿。内容包括:

- 1. 讲座情况;
- 2. 你的收获。

注意:1.写作词数应为80左右;

2. 请按如下格式在答题卡的相应位置作答。

第二节(满分25分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

Andy loved to read. Even when he was a baby, his mother would hold him on her lap and show him picture books. The best part was when his mom or dad tucked him into bed and read to him.

Wherever he went, he always took along a book. When he went to his big brother's baseball game, everyone watched the players. Not Andy! He sat on the benches and looked at his books.

Everywhere Andy went, he carried a blue and white backpack. All of his friends put water, a snack or games in their backpacks. Not Andy! He put in books-lots and lots of books. There were so many books, and his backpack was so heavy that sometimes he couldn't even stand up straight!

His dad figured out a way to help Andy. Together, they built a little cart. They worked very hard on this and had lots of fun doing this together. It was the perfect size to carry all of his books. They painted the cart blue, and in big white letters, they wrote, "ANDY'S AMAZING BOOKS". His friends helped him decorate the cart with bright and colorful designs. They all thought it was so cool, which made Andy feel so proud.

Mrs. Rivera, his teacher, allowed Andy to leave his cart in the back of the classroom. When the children finished their work, they were allowed to go to see what books were in the cart for that day. There were usually books about space, soccer, animals, children from around the world, and many more.

Saturday was Andy's favorite day of the week. That was the day that he went to the public library with his parents. He couldn't wait to visit the library to see Mrs. Hamilton, the librarian. She was so friendly and helpful. She always showed him the new books in the children's section. After filling the cart, he asked his mom, "Can I get a library card today?" "Not yet! You are only one month from being 5 years old," she replied.

注意:1. 续写词数应为 150 左右;

2. 请按如下格式在答题卡的相应位置作答。

Andy asked his mother, "On which Saturday am I going to get my very own library card?"

When Andy woke up that Saturday morning, he was all excited to have his birthday party.

革语试题 第8页(共8页)

咨询执线: 010-5601 9830



自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京,旗下拥有网站(<mark>网址:</mark>

www.zizzs.com)和微信公众平台等媒体矩阵,用户群体涵盖全国90%以上的重点中学师生及家长,在全国新高考、自主选拔领域首屈一指。

如需第一时间获取相关资讯及备考指南,请关注**自主选拔在线**官方微信号:zizzsw。







👺 微信搜一搜





官方微信公众号: zizzsw

官方网站: www.zizzs.com

咨询热线: 010-5601 9830