

十堰市 2022~2023 学年下学期期末调研考试

高一英语

本试卷共 12 页。全卷满分 150 分。考试用时 120 分钟。

★ 祝考试顺利 ★

注意事项:

1. 答题前,考生务必将自己的姓名、考号填写在答题卡和试卷指定位置上,并将考号条形码贴在答题卡上的指定位置。
2. 选择题的作答:每小题选出答案后,用 2B 铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。答在试题卷、草稿纸上无效。
3. 非选择题用 0.5 毫米黑色墨水签字笔将答案直接答在答题卡上对应的答题区域内。答在试题卷、草稿纸上无效。
4. 考生必须保持答题卡的整洁。考试结束后,只交答题卡。

第一部分 听力(共两节,满分 30 分)

做题时,先将答案标在试卷上。录音内容结束后,你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节 (共 5 小题;每小题 1.5 分,满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

A. £19. 15.

B. £9. 18.

C. £9. 15.

答案是 C。

1. When will Bill return the car to Sue?

A. By 4:30 pm.

B. At 5:00 pm.

C. By 5:30 pm.

2. How does the woman feel?

A. Delighted.

B. Satisfied.

C. Discouraged.

3. What are the speakers talking about?

A. A weekend plan.

B. Going camping in the summer.

C. The normal life in the summer holiday.

4. How many students took the English competition?

- A. 45.
- B. 50.
- C. 60.

5. What does the woman want?

- A. European paintings.
- B. A book.
- C. A yellow coat.

第二节 (共 15 小题;每小题 1.5 分,满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项
中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题 5 秒钟;听完后,各
小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料,回答第 6、7 题。

6. Why does the woman make the call?

- A. There is no hot water.
- B. The breakfast is rather bad.
- C. The shower handle can't be turned.

7. What will the woman do this morning?

- A. Do some washing.
- B. Have her hair cut.
- C. Have three meetings.

听第 7 段材料,回答第 8、9 题。

8. What is the woman looking for?

- A. A book store.
- B. A supermarket.
- C. A hospital.

9. How will the woman go there?

- A. By bus.
- B. On foot.
- C. By taxi.

听第 8 段材料,回答第 10 至 12 题。

10. What does the woman see?

- A. A birthday cake.
- B. A photo.
- C. A well-prepared party.

11. What do we know about the man's grandma?
A. She is still healthy.
B. She was born in America.
C. She hates to have birthday parties.
12. How many daughters does the man's grandma have?
A. 2.
B. 3.
C. 5.

听第9段材料,回答第13至16题。

13. What does the woman think of the high school in the USA?
A. It's great.
B. It's boring.
C. It's stressful.
14. Which team was the woman on in high school?
A. Basketball.
B. Swimming.
C. Tennis.
15. Where was the woman last year?
A. In America.
B. In Japan.
C. In Canada.
16. What does the woman want to do in the future?
A. Hold a lot of parties.
B. Start swimming again.
C. Live near a lake or a river.

听第10段材料,回答第17至20题。

17. When was the first real newspaper started?
A. In 1609.
B. In 1665.
C. In 1704.
18. Which country was the first to publish newspapers?
A. Germany.
B. England.
C. America.
19. Which was the first successful newspaper in America?
A. *Strassburg Relation*.
B. *The New York Sun*.
C. *The Boston News-Letter*.

20. What did the speaker say about the first penny newspaper?

- A. It only cost a dollar.
- B. It was called *The London Gazette*.
- C. It was the first one to have advertisements.

第二部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

There are some places around the world you can travel to with your family.

London

London is situated in southeastern England. Home to over 8 million people, London has very convenient transportation and it's possible to explore London on foot. At the Houses of Parliament, Big Ben's comforting chimes (钟声) ring throughout the city on time every hour. Buckingham Palace is one of the most famous palaces in the world.

Copenhagen

Copenhagen sits on the eastern coast of the Danish islands of Zealand and Amager. The city has more than 250 miles of bike lanes, and cycling is a way of life for all ages. The Little Mermaid is one of Copenhagen's most recognizable characters, which is created from a fairy tale. Catch the ceremony for the changing of the guards, which takes place every day at noon. For more fairy-tale magic, head to the Tivoli Gardens.

New York

New York is situated in the northeastern region of the USA. More than 8.8 million people live there and the city attracts millions of visitors a year. The Metropolitan Museum of Art presents over 5,000 years of art from around the world for everyone to experience and enjoy. The museum is located in two iconic sites in New York City—The Met Fifth Avenue and The Met Cloisters.

Gibraltar

Gibraltar is a small island that lies at the south of Spain. Just an about 3-hour flight from London, it has over 300 days of sunshine each year. Take the cable car right to the top of this about 1,400-foot high limestone ridge (石灰岩山脉) and enjoy the spectacular views. Visitors come together here to watch the only wild monkey population on the European continent.

21. Which place best suits children who love fairy tales?

- A. Copenhagen.
- B. London.
- C. Gibraltar.
- D. New York.

22. What can people do in New York?
- A. See the Little Mermaid.
 - B. Listen to Big Ben's chimes.
 - C. Appreciate Buckingham Palace.
 - D. Visit The Metropolitan Museum of Art.
23. What can we know about Gibraltar?
- A. It is sunny all the year round.
 - B. It is 3 hours' drive from London.
 - C. People can admire amazing scenery there.
 - D. People can play with monkeys in person there.

B

Any 25th birthday is a cause for celebration. But it was even more so for Janus, a two-headed Greek tortoise (龟). Living in the Natural History Museum of Geneva, Switzerland, Janus is now believed to be the world's oldest two-headed tortoise. The museum celebrated the special occasion with a day-long party filled with fun events, which included taking photos with the birthday "boy".

In the wild, Greek tortoises can live up to two hundred years in their natural habitat. However, two-headed tortoises, like Janus, usually do not survive for that long. Unlike normal tortoises, they are unable to take back their two heads into their shell, making them highly easy to be attacked.

Janus, who has spent his entire life in the museum, faces no such danger. But life is not without challenges for the two-headed tortoise who also has two hearts and two pairs of lungs. Each head controls the front and back legs on its side of the body. The right head is more curious and more awake. The left head is more passive and loves to eat. This can lead to confusion when the two heads decide to go in different directions. To make matters worse, the two heads frequently rub against each other, resulting in skin sores (溃疡). Janus also has a hard time rolling back onto his feet when he accidentally turns over. If left on their backs for too long, tortoises can get sunburned, dehydrated (脱水的) and even die.

Fortunately, Janus has a special caregiver, Angelica Bourgoin, to make sure he lives a long and healthy life. The tortoise receives a daily massage and is bathed in green tea and flower water. He eats a special diet of organic fruits and vegetables, keeps active with walks, and rides on his custom skateboard. With such loving care, the two-headed tortoise will surely continue to break many more records for long life.

24. Why is it hard for two-headed tortoises to survive in the wild?
- A. They can't avoid biting each other.
 - B. They can't find enough food to eat.
 - C. They can't hide from their enemies.
 - D. They can't run as fast as normal ones.
25. Where was Janus born?
- A. In the museum.
 - B. In a pet store.
 - C. In the ocean.
 - D. In Bourgoin's home.
26. What will be Janus's biggest threat if he's left alone on its back?
- A. Different decisions.
 - B. Two halves of body.
 - C. The pain on his skin.
 - D. The death of thirst.
27. Which of the following can best describe Janus's life?
- A. Free.
 - B. Easy.
 - C. Boring.
 - D. Tough.

C

Mounting evidence suggests that longtime sitting a main part of modern-day life is risky to your health, even if you exercise regularly. Based on these findings, doctors advise all adults to sit less and move more. But how often do we need to get up from our chairs? And for how long?

Few studies have compared multiple options to come up with the answer most office workers want; What is the least amount of activity needed to counteract the health effects of a workday filled with sitting?

Now a study by Columbia University exercise physiologists has an answer. Unlike other studies that test one or two activity options, the study tested five different exercise “snacks”, or short bursts of activity after a period of time's sitting; one minute of walking after every 30 minutes of sitting, one minute after 60 minutes, five minutes every 30, five minutes every 60 and no walking.

The proper amount of movement, the researchers found, was five minutes of walking every 30 minutes. This was the only amount that greatly lowered both blood sugar and blood pressure. In addition, this walking routine had an impressive effect on how the participants responded to large meals, reducing blood sugar spikes (峰值) by 58% compared with sitting all day. Taking a walking break every 30 minutes for one minute also provided modest benefits

for blood sugar levels throughout the day, while walking every 60 minutes, either for one minute or five minutes, provided no benefit.

What we know now is that for best health, you need to move regularly at work, in addition to a daily exercise routine. While that may sound impractical, the findings show that even small amounts of walking spread through the work day can greatly lower your risk of heart disease and other chronic (慢性的) illnesses.

28. What does the study by Columbia University focus on?
- A. What adults should do to keep exercising regularly.
 - B. When and where we need to sit less and move more.
 - C. Why longtime sitting every day is risky to our health.
 - D. How often and how long we need to walk from our chairs.
29. What does the underlined word “counteract” in paragraph 2 mean?
- A. Cancel out.
 - B. Give up.
 - C. Add to.
 - D. Benefit from.
30. Which walking pattern is the most useful for health according to the text?
- A. One minute of walking after every 30 minutes of sitting.
 - B. One minute of walking after every 60 minutes of sitting.
 - C. Five minutes of walking after every 30 minutes of sitting.
 - D. Five minutes of walking after every 60 minutes of sitting.
31. What does the last paragraph show?
- A. The risks of heart disease and other illnesses.
 - B. The suggestions on the health of the office staff.
 - C. The daily exercise routine suitable for everyone.
 - D. The ways of moving regularly at work every day.

D

Chinese astronauts entered a new laboratory that arrived at the country’s orbiting space station in 2022. The Wentian lab module (舱) launched Sunday aboard a Long March-5B Y3 rocket from a Chinese space center on the southern island of Hainan, official media reported in 2022. The flight lasted 13 hours. The module is the second of three that will complete the country’s Tiangong space station.

Chinese officials said they expected the space station to be fully operational by the end of 2022. Three Chinese astronauts who began a six-month stay on the space station in June oversaw the Wentian lab’s arrival and connection to the main module. The orbiting labs are

designed to permit astronauts to carry out scientific and biological experiments and test new technologies.

Fully completed, the station is designed to house up to six astronauts at a time. The astronauts aboard the space station included commander Chen Dong and team members Liu Yang and Cai Xuzhe.

Hours after the arrival of the module, state broadcaster CCTV showed video of the astronauts floating inside the new lab. CCTV described the launch and linking operation as “a complete success”. China’s state-run *Global Times* newspaper reported that the 23-ton Wentian lab is heavier than any other single module spacecraft currently in space. The module serves as the main entry and exit point for future space vehicle activities.

The completed Tiangong structure is about one-fifth the size of the International Space Station (ISS), Reuters news agency reported. The space station project marks the latest step forward for China’s space program.

Previously, China successfully landed a spacecraft on Mars. The Tianwen-1 spacecraft carried a robotic explorer, called Zhurong. The explorer, or rover, is expected to measure atmospheric conditions and magnetic forces during its search for signs of ancient life on Mars.

32. What does *Global Times* newspaper stress about the module?

- A. Its unique shape.
- B. Its heavy body.
- C. Its great success.
- D. Its high quality.

33. What is the author’s attitude towards China’s space station project?

- A. Positive.
- B. Grateful.
- C. Cautious.
- D. Doubtful.

34. What does the last paragraph talk about?

- A. Major discoveries on Mars.
- B. Bad living conditions on Mars.
- C. Another space exploration project.
- D. People’s interest in Mars exploration.

35. What is the best title for the text?

- A. China Leading Space Exploration
- B. Chinese Astronauts’ Life on Space Station
- C. Chinese Space Station Smaller than the ISS
- D. Chinese New Laboratory Sent to Space Station

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

When it's hot outside and you don't have air conditioning, it can be difficult to fall asleep. Fortunately, there are ways to get cool and remain cool long enough for you to get a good night's sleep.

Stop exercising a few hours before bedtime and drink plenty of water. 36 Not exercising several hours before you go to bed will give your body time to cool down. You should also drink lots of water throughout the day to stay hydrated (含水的). 37

Avoid large or spicy foods or meals. Eating a heavy meal or spicy foods before bedtime may cause you to feel even hotter. 38 Avoid drinking ice cold water. Drinking cold water not only slows digestion, but also slows down metabolism by constricting blood vessels, which messes with your body's ability to cool off.

39 Heat rises, so find a spot that is low to the ground, such as the floor of your bedroom, or that is low in your home, such as the bottom floor or the basement.

Replace heavy bedding with lighter bedding. Remove thick mattress protectors or pads, which retain heat, and any heavy blankets or duvets. Use lighter bedding like cotton sheets and lightweight cotton weave blankets on your bed.

Open your windows. An hour before bedtime, open the windows in the room to increase air circulation. 40 By doing this, you can avoid heating up the room with the hotter air outside.

- A. You may also want to keep water by your bedside.
- B. Eat a light dinner at least two to three hours before bed.
- C. However, you should close the windows before you fall asleep.
- D. When you exercise, you raise your body temperature and remain heat.
- E. Keep the windows open during the day to avoid heating up the room.
- F. Sleep in cotton clothing or wear as little as possible when going to bed.
- G. Find a cool, dark sleeping spot that is on a lower floor or in a basement.

第三部分 语言运用(共两节,满分30分)

第一节 (共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

Remote learning (远程学习) was challenging for us, especially for a teacher like me. I do not like to 41 in the school building. We are often looking for field 42 or any reason

to get out of the building, whether that's a community walk or going through the 43 in D. C. So one thing that I wanted to 44 was experiential learning opportunities. That's 45 through a virtual setting, but I thought of a way to solve it. I started to 46 museums myself and take pictures. One day I walked around the museum with my laptop and 47 students to see where we would go if we were in-person through live streaming. You'd be surprised they were rather 48 .

A lot of my students' parents were first 49 or were on the front lines, so my students' siblings (兄弟姐妹) were also watching and trying to get their own 50 . Therefore, I'd be talking to my students and their younger siblings in the background. I learned all their names and their 51 names. I'd call attendance (考勤) and 52 all of them snakes, dogs, cats, everybody were there. And they were so excited, 53 the ones that didn't turn on their 54 at first. They'd say, "Ah, Mr. Dias, you didn't say hi to Pinky, my dog who's right here." We did anything and everything to keep them 55 for those entire eight hours of the day.

- | | | | |
|-----------------------|---------------|----------------|--------------|
| 41. A. wait | B. sleep | C. stay | D. play |
| 42. A. lectures | B. trips | C. plans | D. forms |
| 43. A. libraries | B. shops | C. streets | D. museums |
| 44. A. continue | B. start | C. complete | D. organize |
| 45. A. encouraging | B. confusing | C. challenging | D. relaxing |
| 46. A. visit | B. design | C. build | D. draw |
| 47. A. followed | B. allowed | C. forced | D. warned |
| 48. A. bored | B. scared | C. annoyed | D. excited |
| 49. A. employers | B. customers | C. responders | D. leaders |
| 50. A. education | B. attention | C. destination | D. honour |
| 51. A. neighbors' | B. pets' | C. friends' | D. parents' |
| 52. A. depend on | B. figure out | C. insist on | D. make sure |
| 53. A. scientifically | B. absolutely | C. especially | D. evidently |
| 54. A. camera | B. button | C. television | D. phone |
| 55. A. embarrassed | B. active | C. addicted | D. normal |

第二节 (共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

This gateway town to Yellowstone National Park has become 56 dead end and a sufferer of the extremely serious flooding that tore through one of America's most beloved

natural 57 (attraction) and swept away roads, bridges and homes.

The unprecedented (前所未有的) flood has affected the entire park 58 forced the evacuation (撤离) of 10,000 visitors. And towns like Red Lodge that lead to Yellowstone's northern entrances and rely on tourists passing through could suffer all summer.

Officials have said the park's southern part, which 59 (feature) Old Faithful, can re-open as soon as next week. But the north end, 60 includes Tower Fall and the bears and wolves of Lamar Valley, can stay 61 (close) for months after sections of major roads inside Yellowstone were washed away or buried in rockfall. Roads 62 (lead) to the park also have widespread damage that it can take months 63 (repair).

Red Lodge is facing a double disaster: It will have to clean up the damage 64 (do) by the flood and also figure out how to survive without the summer business that 65 (normal) supports it for the rest of the year.

第四部分 写作(共两节,满分40分)

第一节 (满分15分)

上周五,你校组织高一年级学生去当地湿地公园进行研学活动。请你针对这次活动写一篇英语报道,向英语校刊投稿,内容包括:

1. 活动目的;
2. 活动情况介绍;
3. 你的感受。

注意:

1. 写作词数应为80左右;
2. 请按如下格式在答题卡的相应位置作答。

The Wetland Park Study Activity

第二节 (满分25分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

As Mom and I stood in line waiting to cash out at the store, I studied the customer in front of us who was reading the magazines to our left. She was young, maybe early twenties, but she already had a tired look with a slight stoop (驼背).

The items in her cart included the cheapest cuts of meat and meal like pasta, rice, and

potatoes. Day-old bread, bargain soap, and inexpensive shampoo completed her purchases, well, almost. In the corner sat a toy car and a pretty dress that was 50 percent off. She continued to look at the magazines as we waited, and more people lined up behind us. She turned around and asked Mom for help.

“I’m sorry to bother you,” she began shyly. “But can you tell me how much this is? I forgot my glasses at home.”

“Of course,” Mom said.

When Mom finally found the small print and told her, she sighed quietly and put it back.

“They’ve become so expensive, haven’t they?” Mom said in a low voice.

“Next!” The cashier called and she moved forward.

When the store employee finally added up everything and told her the cost, the woman’s face paled. It was obvious that she didn’t have enough money, and she scanned her items to see what she could do without.

One by one, she removed things, but she still came up short. She continued to take much-needed goods out while the cashier patiently deducted (扣除) things with a pleasant smile.

The child’s items remained in the cart, however. In fact, the palm of her other hand lay protectively across them, as if she didn’t want to give in.

The woman finally paid, and moved down to bag them.

When our turn came, Mom pointed to the pile of items the woman had taken out, added all our meat and fresh milk, and whispered “Separate bags, same bill please” to the cashier. She nodded, even though it was a “pack your own” kind of store.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

The cashier went on with her work and Mom moved next to the woman.

When she turned back and was about to leave, she found the extra bag in her cart.

关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（[网址: www.zizzs.com](http://www.zizzs.com)）和微信公众平台等媒体矩阵，用户群体涵盖全国 90% 以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

如需第一时间获取相关资讯及备考指南，请关注**自主选拔在线**官方微信信号：**zizzsw**。

