

注意事项:

1. 答题前,考生务必将自己的姓名、考生号、考场号、座位号填写在答题卡上。
2. 回答选择题时,选出每小题答案后,用铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案写在答题卡上。写在本试卷上无效。
3. 考试结束后,将本试卷和答题卡一并交回。

第二部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

FIFA Ticketing Centres

The Last-Minute over the counter sales in Doha, Qatar starts on 18 October 2022 at the FIFA Main Ticketing Centre (MTC), and from 30 October at the Ticketing Centre (TCX). Both ticketing centres will be open until the final match day of the competition on 18 December 2022.

The exact location of the FIFA Main Ticketing Centre (Doha Exhibition & Convention Center—DECC) can be found [here](#) and the exact location of the Ticketing Centre (Ali Bin Hamad Al Attiyah Arena) can be found [here](#).

Please find below the opening hours of the FIFA Main Ticketing Centre:

Dates/Opening hours (Doha time)

18. 10. 2022-17. 12. 2022/Sat-Thu: 10:00-22:00; Fri: 14:00-22:00

18. 12. 2022/10:00-18:00

Please find below the opening hours of the Ticketing Centre:

Dates/Opening hours (Doha time)

30. 10. 2022-17. 12. 2022/Sat-Thu: 10:00-22:00; Fri: 14:00-22:00

18. 12. 2022/10:00-18:00

In addition to ticket sales, you may visit the FIFA Main Ticketing Centre and Ticketing Centre for customer service enquiries and mobile ticket supports.

Please note that it is not possible to purchase tickets in the Ticketing Service Point (TSP) located in Hamad International Airport as this facility is dedicated for customers arriving in Qatar and needing information about ticketing or support on how to download the FIFA Ticketing Application and their respective tickets.

All tickets purchased over the counter at the FIFA Main Ticketing Centre as of 18 October

or at the Ticketing Centre from 30 October during the Last-Minute sales phase will be delivered as paper tickets, in-person directly after completing the ticket application process and paying for tickets.

Please treat your tickets with care and keep them safe at all times as duplicate (复制的) tickets will not be issued.

21. When does FIFA World Cup Qatar 2022 end?
A. On 18 October 2022. B. On 30 October 2022.
C. On 18 December 2022. D. On 30 December 2022.
22. Which place should you avoid when buying tickets?
A. MTC. B. TSP. C. TCX. D. DECC.
23. How can you get the Last-Minute tickets bought over the counter?
A. By mail. B. By contacting agents.
C. By downloading digital tickets. D. By picking up in person.

B

Coming of age is that time in each of our lives when we begin to see the possibilities. The world opens up in ways that mature our vision and give us a sense of responsibility and gratefulness. Connor had just started college and loved being at that stage in his life where he could eat all the pizza he wanted, yet engage in adult conversations with his parents about the responsibility to make life better for others. Connor's optimism was infectious. There was so much he could do, and so much he could become.

But it all ended one night when Connor was distracted while driving on a Colorado highway. A young man, who gave off so much light, suddenly went dark.

Connor's father, David, took it particularly hard. A father sees more than his own traits (性格) in his son; he sees greater possibilities than he achieved. Taking that hope away left David feeling at a loss. But Connor's optimism was one of those traits passed on to him by his father. So, David got to work.

First, he established the Honor Connor Scholarship Fund to reward students who served in the community. Next, he went to work creating a research-based curriculum that educates University of Colorado Boulder students and their families about the dangers of texting while driving. It includes a very simple three-part promise: Do not text or use social media while driving, speak out if riding with a driver who is distracted and encourage friends and family to drive phone-free.

David now works with lecturers at various colleges and high schools, ensuring young minds understand how statistically at risk they are when they text while driving. He's become a passionate advocate for preparing young people to drive safely and not reach for their phones while they're at the wheel. "I just don't want other parents to go through what I did when I lost Connor," says David. "It's just so preventable."

24. What's the purpose of paragraph 1?
A. To give the background of a funny story.

- B. To explain why David chose to volunteer.
C. To sing high praise for Connor's healthy growth.
D. To set off by contrast David's great pain of losing his son.
25. What happened to Connor on a Colorado highway? B
- A. The headlight of his car went wrong.
B. He drove carelessly and died in an accident.
C. He suffered an accident for his father's fault.
D. He died from another driver's careless driving.
26. From whom did Connor get the positive attitude towards life? C
- A. His coach.
B. His grandfather.
C. His father.
D. His teacher.
27. Why did David work with lecturers under a research-based curriculum? D
- A. He wanted to take a job in a college.
B. He took the classes that Connor hadn't finished.
C. He wanted to prevent similar sad stories repeating.
D. He honored Connor for what he had done in the community.

C

Doctors and nutritionists have been telling that one should not eat right before going to bed. However, one should also not eat late at night, according to a recent study. It has been said that when we eat late at night, we're going against our body's rhythm.

According to the researchers from Brigham and Women's Hospital, eating late at night increases the risk of obesity and weight gain. The analysis of the study revealed that the time when a person eats their last meal impacts the calories burned, appetite and how the body stores fat.

To conduct their study, a total of 16 participants with the body mass index (BMI) that is of the obese range or considered overweight were studied. Every one was given the same meals and they were divided into two groups: The first group was required to eat their meals early in the day and the other with each meal 250 minutes late.

The team of researchers found that eating late had a significant impact on the regulation of hunger hormones. The level of leptin (瘦蛋白) inhibits the human appetite. It was reduced across the period of 24 hours due to late eating. It was observed that eating late doubled the chance of being hungry. When participants ate later, they burned calories at a much slower rate.

In a press release the first author Nina Vujovic said, "In this study, we asked a simple question, 'Does the time that we eat matter when everything else is kept consistent?' and we found that eating four hours later makes a major difference to the hunger levels, the way calories burn after we eat, and the way our body stores fat."

This study adds to a growing body of evidence showing just how important meal timing can be when it comes to body weight. Based on what this and other studies have shown, people

who are watching their weight may want to get rid of the late night snacks and eat most of their meals earlier in the day.

28. What's the difference between the two groups in paragraph 3? ^D
- A. The variety of the diet.
 - B. The fat content in their meals.
 - C. The calories in their meals.
 - D. Their eating schedules.

29. What can we do to beat obesity according to the study?

- A. Avoid eating late at night.
- B. Keep a moderate sense of hunger.
- C. Abandon consuming food low in fat.
- D. Make sure to have supper at a set time.

30. What does the underlined word "It" in paragraph 4 refer to? ^B

- A. The human appetite.
- B. The leptin level.
- C. The body mass index.
- D. The chance of being hungry.

31. From which is the text probably taken? ^A

- A. A health magazine.
- B. A biology textbook.
- C. A travel brochure.
- D. A biography.

D

Each year, as many as one billion birds are killed in the US from collisions (相撞) with glass windows and buildings every year. Birds that crashed into Philadelphia buildings began to be collected in the 1890s. Nearly 100 species of birds are known to have died out from crashes with buildings and other structures in Philadelphia. Many other species are probably affected in the city.

Called Lights Out Philly, the voluntary program in Philadelphia encourages buildings to turn out or dim unnecessary external and internal lights between midnight and six o'clock early in the morning to protect birds as they pass through during migration seasons.

Bird migration seasons are from April 1 to May 31 in spring and from August 15 to November 15 in fall. Each year, millions of birds pass through Philadelphia along a migration route known as the Atlantic Flyway. Bird-glass crashes are very common for migrating birds, most of which travel at night. Glass is difficult for them to recognize as hard surfaces, and artificial light can fool them into crashing with buildings and outdoor structures. Turning off lights between midnight and sunrise helps minimize the effect of artificial light when most birds are migrating.

On Oct. 2, 2020, a stormy and foggy day, Philadelphia had its largest mass collision event in more than 70 years with an estimated 1,000 birds crashing with buildings in one 3.5-square block area in just one day. Paired with a terrible storm of weather and fog conditions, the bright city and building lights attracted and confused the migrating birds, causing them to crash with buildings and outdoor structures.

Even if you don't play a part in managing the lights of a big building, you can help birds avoid crashes by making the glass opaque to reduce the amount and intensity of artificial light

【高三英语 第4页(共8页)】

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at night, changing the color of lighting to blue or green, shortening the duration lights are on, directing the lighting downward or screening lighting.

32. What is the first paragraph mainly about?
- A. The rich biological diversity in Philadelphia.
 - B. Great efforts to protect migrating birds in Philadelphia.
 - C. The present and the past of the bird conservation in America.
 - D. The serious consequence of bird-glass crashes in Philadelphia.

33. What added the danger to the migrating birds on Oct. 2, 2020?
- A. Bad weather conditions.
 - B. Traveling in the day.
 - C. The mistaken route.
 - D. Too many buildings.

34. What does the underlined word "opaque" mean in the last paragraph?
- A. Light-reflecting.
 - B. Delicate.
 - C. Lightproof.
 - D. Clean.

35. What is the best title for the text?
- A. It Is Difficult to Save the Migrating Birds
 - B. Philadelphia Turns out Lights to Save Migrating Birds
 - C. External and Internal Lights Affect the Bird Migration
 - D. Lights Out Philly Program Helps Save Endangered Birds

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项选出可以填入空白处的最佳选项,选项中有两项为多余选项。

The Health Benefits of Music

Music can have a big impact on your mental health. 36 But it can actually do more than just change your state of mind—music has an impact on you physically, too. Here are just a few of the transformative effects of music on your health!

It improves the cardiovascular (心血管的) health. Good music may just help your heart to be healthier. 37 One study found that music reduced the levels of the stress hormone cortisol in people's systems, and reduced blood pressure.

38 If you're looking to take your exercise performance to the next level you may want to consider doing it with the help of music. Studies have found listening to music as you exercise improves endurance, productivity, power, and strength. If you've ever wondered why professional athletes don't listen to music during a race, it's because they aren't allowed to—for this very reason!

It boosts your immune system. With cold and flu season on the horizon, you may want to make sure you've got all your favorite songs downloaded. 39

It helps you sleep better. 40 A study showed that students who listened to relaxing classical music for 45 minutes before turning in slept significantly better than before. If you're having trouble sleeping, try listening to a little soft music before bedtime.

It's safe to say the next time you need a little pick-me-up, turning on your favorite tune is the smartest option—and the healthiest, too!

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第三部分
第一节

阅读

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- A. It enhances your performance.
- B. It might help improve your creativity.
- C. Over 30% of Americans suffer from poor sleep.
- D. There has been a link found between heart health and classical music.
- E. It can make you relaxed, increase your focus and help you deal with stress.
- F. Some studies have found that music can change how people look at their lives.
- G. Studies have found that listening to music helps to prevent infection and illness.

第三部分 语言运用(共两节,满分 30 分)

第一节 (共 15 小题;每小题 1 分,满分 15 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

My mother, Donzella Washington, 80, graduated from Alabama A&M University on Dec. 6 with a bachelor's degree in social work. Along with her 41 achievements, she made history as the oldest 42 in the history of Alabama A&M University.

My parents had been living on a farm in California. My mother said that her 43 behind going back to school was my father, Jeff, who was her biggest 44. He supported everything she did, 45 returning to school. Although my father did not have a traditional college education, he knew the 46 of gaining one. My mother wanted to finish her 47 in his honor.

However, my father 48 in 2010, and my mother 49 to Alabama to live with me two years later. The most challenging part was 50 her when she was missing my father badly. Those moments when she cried, all I could do was hold her and love her. I had seen my mother 51 from great sadness over my father's death and struggle to achieve her education dream. And I was very 52 to be there to witness her final success.

Now, my mother says she is not slowing down so soon. She's even 53 going back to school to obtain her master's degree. She 54 to inspire and motivate others that 55 is not a barrier. When it comes to pursuing your dreams, it's never too late to achieve them.

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|--|----------------|---------------|--------------------|
| <input checked="" type="checkbox"/> 41. A. academic | B. political | C. musical | D. scientific |
| <input checked="" type="checkbox"/> 42. A. servant | B. librarian | C. professor | <u>D. graduate</u> |
| <input checked="" type="checkbox"/> 43. A. possibility | B. motivation | C. excuse | D. pressure |
| <input checked="" type="checkbox"/> 44. A. educator | B. examiner | C. instructor | D. supporter |
| <input checked="" type="checkbox"/> 45. A. especially | B. similarly | C. generally | D. usually |
| <input checked="" type="checkbox"/> 46. A. purpose | B. chance | C. value | D. difficulty |
| <input checked="" type="checkbox"/> 47. A. degree | B. task | C. housework | D. speech |
| <input checked="" type="checkbox"/> 48. A. showed up | B. passed away | C. set off | D. fell ill |
| <input checked="" type="checkbox"/> 49. A. hurried | B. rushed | C. returned | D. moved |
| <input checked="" type="checkbox"/> 50. A. commenting | B. ... | C. comforting | D. reminding |

54. A. fails B. hesitates C. expects D. chooses
55. A. knowledge B. wealth C. health D. age

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Three Chinese astronauts landed in a northern desert on Sunday after six months in space. They had been working 56 (complete) the basic structure of the Tiangong space station, a symbol of the country's 57 (ambition) space program. A capsule carrying commander Chen Dong and astronauts Liu Yang and Cai Xuzhe touched down at a landing site in the Gobi Desert in northern China at approximately 8:10 pm.

Before leaving the Chinese space station, they had spent almost five days with three 58 (colleague) who arrived on Wednesday in the Shenzhou-15 spaceship, 59 (mark) the first time China had six astronauts in space at the same time.

The astronauts 60 (carry) out of the capsule by medical workers about 40 minutes after landing. They all wore smiles and appeared to be in good condition, waving 61 (happy) at the workers at the landing site.

The three astronauts were part of the Shenzhou-14 spaceship, 62 which was launched in June. After their arrival at Tiangong space station, Chen, Liu and Cai performed three spacewalks, held a live science lecture from the station and conducted 63 range of experiments.

Tiangong space station will be the only space station still up and running in the universe one day 64 the International Space Station 65 (retire) by around the end of the decade as expected.

第四部分 写作(共两节, 满分 40 分)

第一节 (满分 15 分)

假定你是李华, 你校英文网站将开设一个新专栏, 旨在加强师生线上沟通。请你给外教 Jason 写封邮件, 请他帮忙指导。邮件内容包括:

1. 表达问候;
2. 介绍新专栏;
3. 指导内容。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

Dear Jason,

Yours,

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

When I was a child, my mother told my sister, who had a 10-inch very obvious scar (伤疤) on her arm, "Nancy, if you ignore the scar, other people will ignore it. It does not mean they will not notice it, but it means it will not matter to them if it doesn't matter to you."

It never occurred to me that something like this would happen to my son years later.

Sending a child off to college can certainly be stressful for concerned parents. It was 2018 that my son went off to college. He rarely contacted us. I couldn't help asking about other aspects, which sometimes made him complain that I didn't treat him as an adult.

To be honest, my son is excellent. Some of my friends always tell me that they admire my son's characters and they hope their sons could have some of them.

Unexpectedly, it was 4 o'clock in the morning in 2020, when I received the phone call.

"This is the emergency room calling and your son was just brought in with severe burns on his face, neck and arms. We have called for an aircraft and are going to fly him to the burn unit in Seattle." Seattle was 350 miles from his college, so we knew immediately this was serious.

The doctor described the reason, which caused the burns. At 6 am, my son and his friends decided to barbecue hamburgers in the courtyard of their apartment. When they lit the charcoal, it burst into flames because they had sprayed too much gasoline. The flames caught my son's shirt tail and shot from his waist to well over his head.

Fortunately, one of the boys who was quick-minded grasped my son and rolled him on the grass. While it saved his life, it was not in shape to save him from severe burns and the terrible scars.

After he recovered from the treatments, the doctors told him they would not do plastic surgery for 6 months because it takes that long for the skin to stop shrinking and wrinkling.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

The doctors suggested he return to college with scars of severe burns temporarily.

So I told him about Nancy's childhood.

关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（网址：www.zizzs.com）和微信公众平台等媒体矩阵，用户群体涵盖全国90%以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

如需第一时间获取相关资讯及备考指南，请关注**自主选拔在线**官方微信号：[zizzsw](https://www.zizzs.com)。

