

高一期末考试质量监测 英 语

注意事项:

1. 答题前,考生务必将自己的姓名、考生号、考场号、座位号填写在答题卡上。
2. 回答选择题时,选出每小题答案后,用铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案写在答题卡上。写在本试卷上无效。
3. 考试结束后,将本试卷和答题卡一并交回。

第一部分 听力(共两节,满分 30 分)

做题时,先将答案标在试卷上。录音内容结束后,你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节 (共 5 小题;每小题 1.5 分,满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

- A. £19. 15. B. £9. 18. C. £9. 15.

答案是 C。

1. What does Mr White probably do?

- A. A college teacher. B. A car repairman. C. A train conductor.

2. How does the man come here?

- A. By bus. B. By taxi. C. By car.

3. What does the man think of his job?

- A. It is interesting and busy.
B. It is boring and worthless.
C. It is relaxing and satisfying.

4. How much is the camera now?

- A. \$ 15. B. \$ 50. C. \$ 230.

5. What is the probable relationship between the speakers?

- A. Husband and wife. B. Doctor and patient. C. Driver and passenger.

第二节 (共 15 小题;每小题 1.5 分,满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题 5 秒钟;听完每段对话或独白后,你将有 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料,回答第 6、7 题。

6. Why did the driver knock into the tree?

- A. He got drunk.



- B. He was driving fast.
- C. He tried to avoid a bicycle.

7. What was the woman doing when the accident happened?

- A. She was riding her bike.
- B. She was driving her car.
- C. She was standing on the road.

听第7段材料,回答第8、9题。

8. What part of the paper is the man reading?

- A. Sport.
- B. Travel.
- C. Science.

9. How will the speakers get the price?

- A. They will find it on the Internet.
- B. They will call the travel office.
- C. They will ask other holidaymakers.

听第8段材料,回答第10至12题。

10. Where did the man meet the woman last September?

- A. In the National Bank.
- B. At Johnson's birthday party.
- C. At the German Department.

11. When did the man change his job?

- A. About three years ago.
- B. Just thirteen days ago.
- C. About three months ago.

12. Which language does the woman teach now?

- A. Spanish.
- B. French.
- C. German.

听第9段材料,回答第13至16题。

13. What are the speakers mainly talking about?

- A. Selling their old books.
- B. Some interesting books.
- C. Buying books for their course.

14. Why does Dr Downs ask his students to have the books?

- A. They are not expensive.
- B. He wants to discuss them in detail.
- C. He wants his students to collect more books.

15. Who will pay for the books?

- A. Only the man.
- B. Only the woman.
- C. Both the man and the woman.

16. How did the man plan to solve the problem at first?

- A. He would buy three and the woman would buy two.

【☆高一英语 第2页(共10页)☆】



- B. He would just pay fifteen dollars for the books.
C. He would not share the books with the woman.

听第 10 段材料,回答第 17 至 20 题。

17. How did the speaker help the old lady?

- A. He took her to hospital.
B. He helped her find her son's home.
C. He carried her bags and took her home.

18. Who is Ray Robert?

- A. The speaker's father.
B. The old lady's husband.
C. The speaker's grandfather.

19. When did the speaker's grandmother die?

- A. In 1980. B. In 1918. C. In 2008.

20. What do we know about the old lady?

- A. She lives next to the speaker now.
B. She was the speaker's father's old neighbor.
C. She looked after the speaker when he was young.

第二部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Here're some places for you to choose from to enjoy the sunshine this year.

Bali

There's nowhere better to visit in the summer than Bali. There are so many things to help you fully relax and enjoy your holiday. If you're heading out with a group of friends or your family, don't choose to live in a hotel. You can rent a house with a pool so you have your own place to relax.

Albany

Albany has some of the most beautiful scenery and relaxing beaches in Australia. About five hours away from Perth by car, Albany has a stunning coastline that's ideal for enjoying the summer sunshine. If you love marine (海洋的) wildlife, make sure you take some time while you're there to do some whale watching. It's one of the best spots in the country for catching sight of these amazing creatures.

Cape Town

If you really want to take a long trip this summer and visit a completely new continent, you should definitely check out Cape Town. There's no shortage of fun activities and exciting days out at the very tip of South Africa. Don't forget to take a day trip out of the city for hunt so you can see some of Africa's beloved wildlife while you're there.

【☆高一英语 第 3 页(共 10 页)☆】



The Kimberleys

Australia has so much beautiful scenery to admire. It can be difficult to narrow down your options when it comes to summer getaways and road trips. If you want to see some really exciting sights, go to the Kimberleys. This ancient highland is ideal for hiking, cycling, and enjoying the company of your favourite people in a quiet, wildlife-packed region.

21. What does the author advise you to do while travelling in Bali?

- A. Ride a bike with friends.
- B. Take a trip out for hunting.
- C. Enjoy the summer sunshine on the beach.
- D. Hire a holiday house for relaxation.

22. Which is thought of as a perfect place to see whales in Australia?

- A. Bali.
- B. Albany.
- C. Cape Town.
- D. The Kimberleys.

23. What do Cape Town and the Kimberleys have in common?

- A. Visitors can watch wildlife in both places.
- B. There're few fun activities in both places.
- C. They are both in inland areas.
- D. They are both in Africa.

B

Any 25th birthday is a cause for celebration. But it was even more so for Janus, a two-headed Greek tortoise (龟). Living in the Natural History Museum of Geneva, Switzerland, Janus is now believed to be the world's oldest two-headed tortoise. The museum celebrated the special occasion with a day-long party filled with fun events, which included taking photos with the birthday "boy".

In the wild, Greek tortoises can live up to two hundred years in their natural habitat. However, two-headed tortoises, like Janus, usually do not survive for that long. Unlike normal tortoises, they are unable to take back their two heads into their shell, making them highly easy to be attacked.

Janus, who has spent his entire life in the museum, faces no such danger. But life is not without challenges for the two-headed tortoise who also has two hearts and two pairs of lungs. Each head controls the front and back legs on its side of the body. The right head is more curious and more awake. The left head is more passive and loves to eat. This can lead to confusion when the two heads decide to go in different directions. To make matters worse, the two heads frequently rub against each other, resulting in skin sores (溃疡). Janus also has a hard time rolling back onto his feet when he accidentally turns over. If left on their backs for too long, tortoises can get sunburned, dehydrated (脱水的) and even die.

Fortunately, Janus has a special caregiver, Angelica Bourgoin, to make sure he lives a long and healthy life. The tortoise receives a daily massage and is bathed in green tea and flower water. He eats a special diet of organic fruits and vegetables, keeps active with walks,

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and rides on his custom skateboard. With such loving care, the two-headed tortoise will surely continue to break many more records for long life.

24. Why is it hard for two-headed tortoises to survive in the wild?

- A. They can't avoid biting each other.
- B. They can't find enough food to eat.
- C. They can't hide from their enemies.
- D. They can't run as fast as normal ones.

25. Where was Janus born?

- A. In the museum.
- B. In a pet store.
- C. In the ocean.
- D. In Bourgoin's home.

26. What will be Janus's biggest threat if he's left alone on its back?

- A. Different decisions.
- B. The death of thirst.
- C. The pain on his skin.
- D. Two halves of body.

27. Which of the following can best describe Janus's life?

- A. Free.
- B. Tough.
- C. Boring.
- D. Easy.

C

Mounting evidence suggests that longtime sitting—a main part of modern-day life—is risky to your health, even if you exercise regularly. Based on these findings, doctors advise all adults to sit less and move more. But how often do we need to get up from our chairs? And for how long?

Few studies have compared multiple options to come up with the answer most office workers want: What is the least amount of activity needed to counteract the health effects of a workday filled with sitting?

Now a study by Columbia University exercise physiologists has an answer. Unlike other studies that test one or two activity options, the study tested five different exercise “snacks”, or short bursts of activity after a period of time's sitting: one minute of walking after every 30 minutes of sitting, one minute after 60 minutes, five minutes every 30, five minutes every 60 and no walking.

The proper amount of movement, the researchers found, was five minutes of walking every 30 minutes. This was the only amount that greatly lowered both blood sugar and blood pressure. In addition, this walking routine had an impressive effect on how the participants responded to large meals, reducing blood sugar spikes (峰值) by 58% compared with sitting all day. Taking a walking break every 30 minutes for one minute also provided modest benefits for blood sugar levels throughout the day, while walking every 60 minutes, either for one minute or five minutes, provided no benefit.

What we know now is that for best health, you need to move regularly at work, in addition to a daily exercise routine. While that may sound impractical, the findings show that even small amounts of walking spread through the work day can greatly lower your risk of heart

【☆高一英语 第5页(共10页)☆】

disease and other chronic (慢性的) illnesses.

28. What does the study by Columbia University focus on?

- A. What adults should do to keep exercising regularly.
- B. When and where we need to sit less and move more.
- C. Why longtime sitting every day is risky to our health.
- D. How often and how long we need to walk from our chairs.

29. What does the underlined word “counteract” in paragraph 2 mean?

- A. Cancel out.
- B. Give up.
- C. Add to.
- D. Benefit from.

30. Which walking pattern is the most useful for health according to the text?

- A. One minute of walking after every 30 minutes of sitting.
- B. Five minutes of walking after every 30 minutes of sitting.
- C. One minute of walking after every 60 minutes of sitting.
- D. Five minutes of walking after every 60 minutes of sitting.

31. What does the last paragraph show?

- A. The risks of heart disease and other illnesses.
- B. The daily exercise routine suitable for everyone.
- C. The suggestions on the health of the office staff.
- D. The ways of moving regularly at work every day

D

Chinese astronauts entered a new laboratory that arrived at the country's orbiting space station in 2022. The Wentian lab module (舱) launched Sunday aboard a Long March-5B Y3 rocket from a Chinese space center on the southern island of Hainan, official media reported in 2022. The flight lasted 13 hours. The module is the second of three that will complete the country's Tiangong space station.

Chinese officials said they expected the space station to be fully operational by the end of 2022. Three Chinese astronauts who began a six-month stay on the space station in June oversaw the Wentian lab's arrival and connection to the main module. The orbiting labs are designed to permit astronauts to carry out scientific and biological experiments and test new technologies.

Fully completed, the station is designed to house up to six astronauts at a time. The astronauts aboard the space station included commander Chen Dong and team members Liu Yang and Cai Xuzhe.

Hours after the arrival of the module, state broadcaster CCTV showed video of the astronauts floating inside the new lab. CCTV described the launch and linking operation as “a complete success”. China's state-run *Global Times* newspaper reported that the 23-ton Wentian lab is heavier than any other single module spacecraft currently in space. The module serves as the main entry and exit point for future space vehicle activities.

The completed Tiangong structure is about one-fifth the size of the International Space

【☆高一英语 第6页(共10页)☆】



Station (ISS), Reuters news agency reported. The space station project marks the latest step forward for China's space program.

Previously, China successfully landed a spacecraft on Mars. The Tianwen-1 spacecraft carried a robotic explorer, called Zhurong. The explorer, or rover, is expected to measure atmospheric conditions and magnetic forces during its search for signs of ancient life on Mars.

32. What does *Global Times* newspaper stress about the module?

- A. Its heavy body. B. Its unique shape.
C. Its great success. D. Its high quality.

33. What is the author's attitude towards China's space station project?

- A. Grateful. B. Positive. C. Cautious. D. Doubtful.

34. What does the last paragraph talk about?

- A. Major discoveries on Mars.
B. Bad living conditions on Mars.
C. Another space exploration project.
D. People's interest in Mars exploration.

35. What is the best title for the text?

- A. China—Leading Space Exploration
B. Chinese Astronauts' Life on Space Station
C. Chinese Space Station—Smaller than the ISS
D. Chinese New Laboratory Sent to Space Station

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Basketball is one of the most famous sports played all around the world. We will provide the tips and tricks you need the most at the early stages of the game.

Set an aim

The aim is the most important thing required before starting any work. As a basketball player, you should have a clear selection of your aim. Set a goal list divided into smaller time patches to achieve your aim. Choose an ideal player and follow him to learn the skills and build interest in the game. 36.

Develop the habit of exercise

You must keep in your mind that great players are great athletes. 37. Proper workouts and daily running are the prerequisites for unbeatable strength and unmatched skills.

Don't build large muscles

Many beginners are in the race to build a muscular body. No doubt, the game demands to have strength. 38. Don't build large shoulder muscles because they will trouble you during shooting, and your shooting skill will suffer.

You are on the initial step of mastering basketball. Your hard work and practice are going



to count in the future. Practice the game regularly, even in the off-season too. Try to arrange a partner for the game, but if you are alone, you must play with yourself and practice the skills daily to master them.

Learn shooting and dribbling (运球)

In basketball, shooting is the key to scoring, and dribbling is the way to shoot. Start practicing shooting from random (随机的) shoots and set your ball flight and track to the basket. Always dribble with your weak hand. 0. Always look ahead during dribbling to see the full view of the events around you.

- A. Keep your body in the limit
- B. It will increase control of the ball
- C. You should learn to play basketball
- D. Great leaders are always great followers
- E. It will make you get the ball from others
- F. Practice the game in the off-season as well
- G. Basketball demands strength and quickness

第三部分 语言运用(共两节,满分 30 分)

第一节 (共 15 小题,每小题 1 分,满分 15 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

Remote learning (远程学习) was challenging for us, especially for a teacher like me. I do not like to 41 in the school building. We are often looking for field 42 or any reason to get out of the building, whether that's a community walk or going through the 43 in D.C. So one thing that I wanted to 44 was experiential learning opportunities. That's 45 through a virtual setting, but I thought of a way to solve it. I started to 46 museums myself and take pictures. One day I walked around the museum with my laptop and 47 students to see where we would go if we were in-person through live streaming. You'd be surprised—they were rather 48.

A lot of my students' parents were first 49 or were on the front lines, so my students' siblings (兄弟姐妹) were also watching and trying to get their own 50. Therefore, I'd be talking to my students and their younger siblings in the background. I learned all their names and their 51 names. I'd call attendance (考勤) and 52 all of them—snakes, dogs, cats, everybody—were there. And they were so excited, 53 the ones that didn't turn on their 54 at first. They'd say, "Ah, Mr. Dias, you didn't say hi to Pinky, my dog who's right here." We did anything and everything to keep them 55 for those entire eight hours of the day.

- | | | | |
|--------------------|--------------|----------------|-------------|
| 41. A. wait | B. stay | C. sleep | D. play |
| 42. A. lectures | B. plans | C. trips | D. forms |
| 43. A. libraries | B. shops | C. streets | D. museums |
| 44. A. continue | B. start | C. complete | D. organize |
| 45. A. encouraging | B. confusing | C. challenging | D. relaxing |
| 46. A. visit | B. design | C. build | D. draw |

【☆高一英语 第 8 页(共 10 页)☆】

- | | | | |
|-----------------------|---------------|----------------|---------------|
| 47. A. followed | B. warned | C. forced | D. allowed |
| 48. A. bored | B. excited | C. annoyed | D. scared |
| 49. A. employers | B. customers | C. responders | D. leaders |
| 50. A. education | B. attention | C. destination | D. honour |
| 51. A. neighbors' | B. parents' | C. friends' | D. pets' |
| 52. A. depend on | B. make sure | C. insist on | D. figure out |
| 53. A. scientifically | B. absolutely | C. especially | D. evidently |
| 54. A. camera | B. button | C. television | D. phone |
| 55. A. embarrassed | B. active | C. addicted | D. normal |

第二节 (共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

The Carnival of Rio de Janeiro has its roots in ancient European traditions, 56 (particular) the Catholic celebrations of it, 57 may date back to the Middle Ages. It is a four-day festival, with the biggest celebrations 58 (take) place over the weekend.

The annually carnival, 59 (hold) at the Sambadrome, also features a parade. And the colorful clothes that people wear 60 (make) by hand and can take months to create. The schools will let their 61 (performer) wear feathers, jewels and sequins (闪光小圆片) to impress the crowd and judges.

The festival is not only a celebration of music, dance and costumes, but it is also one of the most 62 (significance) ceremonies for many Brazilians. The carnival marks 63 beginning of a special period of fasting and reflection in the calendar. The heightened emotions and energy present in the carnival can inspire people 64 (gather) together and enjoy life and each other's company before starting a time of greater personal sacrifice. All in all, everyone deserves to experience such an incredible display of culture celebration 65 least once in their lifetime.

第四部分 写作(共两节,满分 40 分)

第一节 (满分 15 分)

假定你是李华,上周五你校举办了环保手工艺品设计大赛(Environmental Handicrafts Design Contest)。请你给校英文报写一篇关于该活动的报道,内容包括:

1. 比赛的时间、地点和目的;
2. 比赛的要求和结果;
3. 学生的感受。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

The Environmental Handicrafts Design Contest in Our School

第 11 题 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

A first haircut can often be scary for little kids. Seeing a stranger coming over you with a pair of scissors for the very first time can often leave children with a wrong first impression of something that most of us go through on a regular basis.

In a recent video shared by a barber (理发师), Jad Srour, attracted people's special attention. In the video, Jude, a young boy of about four or five years old, could be seen experiencing his very first haircut. When the barber put the scissors to his hair, the boy couldn't keep the tears any longer. As soon as Jude broke into tears, his mom, obviously feeling her son's fear, was in tears as well. The barber stopped for a while so that the boy's mom could try to calm him down. After the mom finally calmed her boy down, the barber continued though the boy still wasn't entirely happy with his situation. Surprisingly, once the barber cut the boy long hair down, the young boy smiled, and the eyes focused on the hair and shone with tears.

The video of Jude's haircut quickly spread. After seeing the boy's reaction to having his long hair cut off, many social media users took to criticize (批评) the boy's parents for putting him through something that obviously hurt him mentally.

Considering how upset the little boy seemed when the barber touched his hair, many users wondered whether the boy wanted to cut his hair. One person commented, "Why did he have to cut his hair when he was clearly in pain about it?" Other users even wondered why Jude's parents let his hair get as long as it did. They even wrote, "Why let it get uncontrollably long?" "What a horrible thing to do to a child. Shameful." Many comments seemed to be negative.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

Then Jad told the story behind online.

When Jude was just born, his parents happened to know on TV that many kids with cancer had lost their hair.

关于我们

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