

## 中学生标准学术能力诊断性测试 2022 年 9 月测试

### 英语试卷

本试卷共 150 分，考试时间 100 分钟。

#### 第一部分 阅读理解（共两节，满分 60 分）

##### 第一节（共 15 小题；每小题 3 分，满分 45 分）

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

#### A

Europe is the perfect place for a campervan holiday. Every corner of the continent is bursting with history, culture and sights. Here are 4 great European campervan holiday destinations for this summer.

##### Sweden

Sweden is a large country, with hundreds of well-appointed camping sites suitable for vehicles and RVs. And as you'd imagine in such a big country, there are a wide range of experiences. Head north to Lapland in the Arctic Circle and you'll find true wildernesses where you can truly get close to nature. Head here between June and mid-July and you'll be able to take in the midnight sunshine. If seafood is a passion, you'll love the coastal fishing villages on the west coast of Sweden.

##### Germany

Germany is a country of contrasts, which is one of the reasons it's such a compelling destination for a campervan holiday. There are massive industrial cities, rolling plains, towering mountains, deep forests and long, sparkling rivers. All these wonderful locations are all linked by one of the world's best road systems, and there are thousands of camper stops. In late September, Munich hosts the world-famous annual Oktoberfest, complete with millions of steins of beer, sausages, sauerkraut and lederhosen.

##### Scotland

Scotland has something for everyone: cities with vibrant nightlife, incredible scenery, stunning lochs and medieval castles. If you want to get away from it all, then the Highlands are one of the least populated areas in the whole of Europe. Hikers will love the Cairngorms – the largest national park in the UK. If you're in Scotland in August, then be sure to check out the Edinburgh International Festival, a feast of theatre, dance, music and comedy.

##### Spain

Spain's renowned for its beach holidays, but it offers so much more than that. Blessed with a lovely climate, rich history, stunning architecture, delicious cuisine and friendly locals, Spain has long been a favoured destination for campervan aficionados (爱好者). Hiking fanatics should not miss the beautiful Picos de Europa, Spain's only inhabited nature reserve. But beware – summers can be very hot in Spain, particularly in the South.

1. When can you enjoy the midnight sunshine in Sweden?  
A. In early June.            B. In late July.            C. In late September.        D. In early October.
2. Which country should you visit if you like the architecture in the Middle Ages?  
A. Sweden.                    B. Germany.                C. Scotland.                 D. Spain.
3. Which of the following is true according to the passage?  
A. Oktoberfest is held every other year.  
B. Spain has only one inhabited nature reserve.  
C. Cairngorms is one of the biggest parks in the UK.  
D. Highlands have the smallest population in Europe.

**B**

I'm a talker. I'm into debating, gossiping and teasing. I solve problems by talking them through. This works perfectly well when I have people to talk to. Under lockdown, however, I've only had my partner, Peter. We not only lived, worked and traveled together, we socialized together, too. Under the first UK lockdown, our constant closeness began to feel uncomfortable.

For the first time in our 10 years together, we needed to be alone. I tried to manufacture this by going on walks on my own, but a short walk in the local park wasn't doing the job. I considered my options and hit upon an idea: the semi-solo hike. Could we do a circular hike but walk in different directions? This would give us the space and peace of a solo hike. It felt like a promising compromise, so I told him about it. He thought it was thoroughly silly but agreed to give it a try.

We started with a four-mile loop (环形) from Reeth. At the start, we parted ways. At first, I was aware of how close we were, which lessened the appeal. Walking alone offers freedom and alone time, but here I was with my boyfriend nearby. As I gained ground, however, I found myself very much alone. I set my own pace, and I decided to take my time.

I sat on a rock and breathed out. That moment — with the weak sun through the clouds and the breeze blowing across makeshift (临时的) pools — felt extraordinary to me. I was born and raised in London and had never imagined leaving until I met an outdoorsman (野外活动爱好者). Now, my former life as a city girl felt crazy. Realizing what I had gained, I felt the tension leave me. There, in the chilly air, I no longer needed to talk. The semi-solo hike gave us a shared experience with added room to breathe. I didn't see Peter en route (在途中) but reunited back where we started, both of us sheepish (难为情的) but pleased. The semi-solo hike is admittedly silly in theory, but for me it has been a lifeline. It has given me the gift of time alone and, in a year of constant closeness, the joy of reuniting.

4. Why did the author decide to do a semi-solo hike?  
A. To get rid of the lockdown.  
B. To find some individual space.  
C. To meet more people to socialize.  
D. To seek the pleasure of reuniting



5. How did the author feel at the beginning of the hike?  
A. Curious.                      B. Thrilled.                      C. Unsatisfied.                      D. Relaxed.
6. What can be inferred from the last paragraph?  
A. Interest is the best teacher.  
B. Exercise helps increase confidence.  
C. Living in the city limits our imagination.  
D. An appropriate distance creates happiness.
7. What is the best title for the text?  
A. Hiking together  
B. Spending time apart  
C. Taking exercise alone  
D. Reuniting with my partner

C

Massive snowstorms and a blast of chilly air swept across northern China in the first week of November, leaving many people shivering (颤抖) in the freezing cold.

At the same time, a global conference on climate change — COP 26 — was held in Glasgow, Scotland, where the key topic was how to curb (抑制) the trend of global warming. So why are we experiencing such a frigid (寒冷的) winter on a warming planet? The cold snap (寒潮) and global warming, two seemingly opposing forces, are not contradictory. Zhou Bing, chief expert at the China Meteorological Administration's National Climate Center, told *China Daily*:

Against the backdrop of a warming planet, China has seen a growing average temperature in winter, which has increased by  $0.41^{\circ}\text{C}$  every decade since 1961, according to Zhou. But in some cases, the country has also experienced freezing cold — for instance, the icy weather that hit the country in early 2008. Global warming does not appear evenly, but triggers more extreme heat and cold, Zhou explained. Global warming has changed the patterns of Earth's atmospheric circulation, affecting the local climate via sea-air or land-air interaction. In October, La Nina, the periodic (周期的) cooling of ocean surface temperatures in the central and east-central equatorial (赤道的) Pacific, started to affect China, bringing more cold air to the country, said the National Climate Center. Between 1951 and 2020, a total of 15 La Nina events occurred in China. Ten of them brought lower-than-average winter temperatures, according to the National Climate Center.

Another reason for the chilly weather is the warming Arctic, according to the *BBC*. The Arctic is warming two to three times as fast as any other place on Earth, said Zhou, adding that the polar vortex, a rotating (旋转的) pool of cold, dense air weakens as the temperature goes up, pushing the cold Arctic air southward. So will this winter be particularly cold? Unlike a series of cold waves that cool down the nation gradually, people experience the quick-freeze effects several times, and a cold winter is likely, a Beijing-based climate expert told the *Global Times*.

The official forecast also said that northern China will see more snow than average and southern China less rainfall than average.



8. Why is global warming mentioned in paragraph 2?
- A. To illustrate its relationship with chilly air.  
B. To introduce the climate expert Zhou Bing.  
C. To describe the weather condition in the world.  
D. To stress the importance of the conference — COP26.
9. What does the underlined word in paragraph 3 refer to?
- A. Prevent.                      B. Affect.                      C. Cause.                      D. Recover.
10. What's the result of the fast warming of the Arctic?
- A. Our country will be cooled down slowly.  
B. The south of our country will see more snow.  
C. The whole world will become extremely warm.  
D. There will be sudden drops in air temperature in our country.
11. From which is the text probably taken?
- A. A textbook.                      B. A news report.                      C. A review.                      D. A travel brochure.

**D**

Imagine a friend has just asked how you're feeling. "I'm fine," you protest. You're clearly anxious but respond in this way, unable to express how it is you really feel. Try as you might, you can't quite understand your emotions, and truth to be told, you're not sure whether you really want to.

Research shows that being aware of your emotions is hugely beneficial and people with high emotional awareness have better social and emotional functioning. "Emotional awareness is being able to identify and make sense of not only our own emotions but those of others," explains Rachel Vora, psychotherapist and founder of CYP Wellbeing. "It's absolutely essential in maintaining good mental health. When we are able to identify and reflect on our emotional responses, we can understand how this influences our behaviours and in turn, change the way we respond to challenging situations."

Of course, finding out how we feel can often prove difficult. It's the very reason we turn to general phrases like 'I feel blue' or 'I'm not myself today'. It's not always easy to put a finger on exactly what's wrong, without digging a little deeper. Vora says this is often because on some level we don't want to know how we really feel. "We can often try to numb or suppress because they feel overwhelming or distressing and this can often lead to a lack of emotional awareness as we feel disconnected from ourselves," she explains.

Without emotional awareness, we can also develop emotional blind spots: unhealthy thoughts, behaviours and coping mechanisms that are hidden from our view. Perhaps you lash out or withdraw when you feel overwhelmed or go into criticism and self-doubt when you receive negative feedback. Unless you take time for self-reflection, you'll remain unaware of these habits and continue to repeat the same destructive patterns again and again. Vora says tuning into your emotions and honestly reflecting on how you feel is the key. "When we do this, we are more able to work with our emotions and put strategies in place to improve our mood," she points out. "By identifying our emotional blind spots, we can feel more in control of our emotions, and also how we respond in challenging situations."

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12. Why can't you express your true feeling according to paragraph 1?
- A. You want to keep it a secret.
  - B. You are absent-minded at that time.
  - C. You are unable to grasp your feeling.
  - D. You are unwilling to share it with your friend.
13. How does emotional awareness benefit us?
- A. It's easy for us to respond politely.
  - B. It can identify our emotional responses.
  - C. It can contribute to our mental health.
  - D. We can identify our emotions and those of others'.
14. What can be inferred from paragraph 3?
- A. People tend to lie to their friends.
  - B. People often doubt about themselves.
  - C. People should communicate with each other frequently.
  - D. People sometimes avoid their true feelings consciously.
15. What is Vora's suggestion according to the passage?
- A. Thinking over what is your true feeling.
  - B. Hiding you from the negative feedback.
  - C. Criticizing bravely when you are anxious.
  - D. Remaining unaware of the destructive patterns.

第二节（共5小题；每小题3分，满分15分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Dog adoptions, and sales of supplies like dog food and dog toys, soared during Covid-19. For a lot of people, knowing they'd be working from home for months made the idea of adopting a dog much more attractive. \_\_\_\_16\_\_\_\_, here are some tips to try.

**Research dog food**

People or pets, feeding someone is a great way to not only show love, but to feel love. Anyone who has invested time in creating a great meal for their family knows that the experience of cooking helps them feel closer to the people eating. \_\_\_\_17\_\_\_\_. Instead, you should spend some time researching the best kinds of dog food for your pet. The more time you spend looking into what kind of dog food will help your buddy thrive, the more connected you'll feel. Feeding your dog healthy food will also help her stay healthy and comfortable.

**Work with a trainer**

\_\_\_\_18\_\_\_\_. Working with a professional trainer, in person, or even over Zoom, can help you get a better understanding of who your dog is. This can be especially helpful if you adopted an older dog that already has certain habits. The more comfortable and secure you feel with your dog, the more you'll come to love them.



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Sometimes loving a specific dog is about getting into dogs in general. Reading dog stories, looking at dog pictures, watching dog shows and videos can all make you feel more loving towards dogs in general, which will in turn help you feel better about your own dog. Instagram is an easy way to get your cute dog fix!

### Give it time

We all love the stories about the person who walks into a shelter and falls in love with a dog. But, just like with people, it's not always love at first site. Sometimes, we think that if we don't love a dog right away, it's a problem. \_\_\_\_20\_\_\_\_ This can be especially true of rescue dogs. Rescue dogs who have been moved around from house to house or shelter to shelter may take longer to trust you. But once your dog trusts you, you'll find them harder to resist.

- A. Play with your dog
- B. Read about other dogs
- C. If you're having trouble connecting with your new dog
- D. In reality, some relationships just take more time to build
- E. When you find your friendship needs more time to develop
- F. You could make your own dog food, but most people don't
- G. Sometimes we have trouble bonding with a dog because we don't understand that dog

## 第二部分 语言知识运用 (共两节, 满分 55 分)

### 第一节 完形填空 (共 20 小题; 每小题 2 分, 满分 40 分)

阅读下面短文, 从短文后各题所给的 A、B、C 和 D 四个选项中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

I had not hugged a friend or a family member for more than two years until recently when my sister-in-law flew in for a brief visit. For everyone's safety, we met outside. Despite the wintry weather, her hug \_\_\_\_21\_\_\_\_ me from the inside out. It's strange, but only now do I truly realize how much I've \_\_\_\_22\_\_\_\_ embracing loved ones — the warmth that remains long after our arms have untwined (松开).

Growing up through war in my hometown of Sarajevo, Bosnia, every moment was full of \_\_\_\_23\_\_\_\_. On one peaceful morning, I had begged my mom to let me go outside. She finally \_\_\_\_24\_\_\_\_. I was outside for only 10 minutes when I was caught in an explosion. I ran to my neighbor's house for \_\_\_\_25\_\_\_\_ before my legs collapsed. She hugged me with both arms and \_\_\_\_26\_\_\_\_ me into her house. I was still in her arms when the ambulance arrived. Thankfully, I made a full physical \_\_\_\_27\_\_\_\_, but the emotional scars never left me. Years later there was another \_\_\_\_28\_\_\_\_ near my house. I was safe, but my father had left to buy a loaf of bread. He had only just \_\_\_\_29\_\_\_\_ the blast. When he came back, I gave him the biggest hug \_\_\_\_30\_\_\_\_. I was caked in tears as I held him \_\_\_\_31\_\_\_\_. That same night my parents \_\_\_\_32\_\_\_\_ to arrange my escape from our war-torn city. They \_\_\_\_33\_\_\_\_ wanted at least some of my childhood to be normal. I was 16 and came to America on my own. A \_\_\_\_34\_\_\_\_ host family took me in and I began learning English and going to school.

They had a large dog called Oscar. Over the next several months, I secretly struggled with feeling \_\_\_35\_\_\_ and worried about my family back home. Despite getting on quite well at school, I couldn't \_\_\_36\_\_\_ my feelings. The only way I shared how I felt was by giving Oscar a big hug.

Perhaps we have undervalued the \_\_\_37\_\_\_ of a simple hug. As I look back on my past, I \_\_\_38\_\_\_ myself truly lucky to have been held, \_\_\_39\_\_\_ and encouraged at some of the most key moments of my life by the almost otherworldly (超世俗的) power of a hug. I pray that in the not-so-distant future we can safely \_\_\_40\_\_\_ one another again — a friend, relative, or even a stranger.

- |                    |                |                 |                |
|--------------------|----------------|-----------------|----------------|
| 21. A. inspired    | B. saved       | C. confused     | D. warmed      |
| 22. A. resisted    | B. missed      | C. avoided      | D. suggested   |
| 23. A. stress      | B. wonder      | C. danger       | D. curiosity   |
| 24. A. agreed      | B. refused     | C. replied      | D. laughed     |
| 25. A. advice      | B. solution    | C. information  | D. safety      |
| 26. A. dragged     | B. drove       | C. pushed       | D. showed      |
| 27. A. appearance  | B. recovery    | C. examination  | D. education   |
| 28. A. meeting     | B. coincidence | C. explosion    | D. accident    |
| 29. A. adjusted    | B. encountered | C. remembered   | D. escaped     |
| 30. A. imaginable  | B. available   | C. desirable    | D. acceptable  |
| 31. A. rarely      | B. tightly     | C. awkwardly    | D. gratefully  |
| 32. A. managed     | B. demanded    | C. pretended    | D. forgot      |
| 33. A. reluctantly | B. strangely   | C. dramatically | D. desperately |
| 34. A. modest      | B. generous    | C. humble       | D. stubborn    |
| 35. A. delighted   | B. ashamed     | C. homesick     | D. annoyed     |
| 36. A. express     | B. withdraw    | C. control      | D. adjust      |
| 37. A. habit       | B. harm        | C. impact       | D. chance      |
| 38. A. count       | B. comfort     | C. receive      | D. advise      |
| 39. A. discovered  | B. abandoned   | C. declined     | D. protected   |
| 40. A. ignore      | B. hold        | C. review       | D. admit       |

## 第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Generally speaking, in American high schools and colleges, the last day of the school year is Graduation Day. The graduation ceremony, often held in the school gymnasium, is one of the most \_\_\_41\_\_\_ (forget) parts of school life in California. Our class started preparing two or three months before the event. It's \_\_\_42\_\_\_ (challenge) as we also had final exams \_\_\_43\_\_\_ (prepare) for during this period. Although it was \_\_\_44\_\_\_ (stress), everyone was excited for the day. My high school graduation ceremony consisted \_\_\_45\_\_\_ an official farewell at school and a fancy after-party \_\_\_46\_\_\_ would take place one or two days after the farewell. Teachers and parents were invited, but it was \_\_\_47\_\_\_ (most) about students. The teachers



expressed their wishes for the \_\_\_48\_\_\_ (graduate). Their speeches were heartwarming. We \_\_\_49\_\_\_ (give) our graduation certificates one by one. Then students danced \_\_\_50\_\_\_ the music. After the ceremony, students chatted with their teachers, friends or parents and took pictures of each other. In a word, graduation is a memorable event.

### 第三部分 写作（共两节，满分 35 分）

#### 第一节 短文改错（共 10 小题；每小题 1 分，满分 10 分）

假定英语课上老师要求同桌之间交换修改作文，请你修改你同桌写的以下作文。文中共有 10 处语言错误，每处错误仅涉及一个单词的增加、删除或修改。

增加：在缺词处加一个漏字符号（∧），并在其下面写出该加的词。

删除：把多余的词用（\）划掉。

修改：在错的词下画一横线，并在该词下面写出修改后的词。

注意：1. 每处错误及其修改均仅限一词；

2. 只允许修改 10 处，多者（从第 11 处起）不计分。

Dear David,

How are you doing these days? Yesterday, my class has had a discussion about how to lead a low-carbon life. I was impressing by some of the ideas and would like to share them to you.

In the meeting, we shared various tip for leading a low-carbon life. It turns out that adopting a greener lifestyle is not difficult at all. For example, we can get into the habit of turning on lights and taps when not use them. You can also use reusable cloth bags when we shop. In additional, we can make fashionable to use handkerchiefs instead of tissues.

How does your country promote low-carbon lifestyles and encourage people to protect an environment? I'm looking forward to your reply.

Yours,  
Li Hua

#### 第二节 书面表达（满分 25 分）

你校即将组织一场主题为“China's Space Dream”的英语演讲比赛，请你根据主题写一篇演讲稿，内容包括：

1. 中国的航天成就；
2. 致敬中国航天人；
3. 祝愿中国航天事业的发展。

注意：

词数 100 左右；可以适当增加细节，以使行文连贯。





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