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## 高三英语

### 注意事项:

1. 答题前,考生务必将自己的姓名、考生号、考场号、座位号填写在答题卡上。
2. 回答选择题时,选出每小题答案后,用铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案写在答题卡上。写在本试卷上无效。
3. 考试结束后,将本试卷和答题卡一并交回。

### 第二部分 阅读(共两节,满分50分)

#### 第一节 (共15小题;每小题2.5分,满分37.5分)

阅读下列短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

#### A

Shakespeare's writing shaped our modern language, but how did his plays describe the landscape of 15th- and 16th-century Britain? This guide will take you on a mini tour of the poet's favoured locations.

#### Pontefract Castle, Yorkshire

In its prime, Pontefract Castle was one of the most powerful forts (堡垒) in Europe, but its fearful reputation was once so strong that the poet used it to suggest power and terror. In *Richard II*, Pontefract is the terrible scene of the king's murder and three men are condemned to death at the castle in *Richard III*. Now, Pontefract is the perfect destination for a fearful yet fascinating day out.

#### Sandal Castle, West Yorkshire

First built from wood in the 12th century, by the 13th century Sandal Castle had become an impressive stone fort. In the 15th century, the castle found itself at the centre of a long and bloody battle. It was this conflict that inspired Shakespeare's *Henry VI*. The site of the battlefield is now a peaceful farm and all that remains of the once grand castle are broken walls.

#### Dunsinane Hill, Perthshire

A castle built atop Dunsinane Hill in Scotland is one of the dramatic backdrops to the blood-soaked horror of Shakespeare's shortest tragedy, *Macbeth*. Today, the hill has the remains of two forts, one of which is the site on which the real Macbeth suffered a military defeat in 1054.

#### Forest of Arden, Warwickshire

Situated in Shakespeare's home county of Warwickshire, Arden was once a heavily wooded area and provides the complex setting for the poet's pastoral comedy. Visitors can enjoy several picturesque walks around the young forest, which is now home to over a million new trees.

21. What did Shakespeare use Pontefract Castle to stand for?  
A. Hope and anger. B. Life and death.  
C. Power and fear. D. Past and history.
22. What is Shakespeare's inspiration for *Henry VI*?  
A. The surroundings of Sandal Castle.  
B. A long battle happening at Sandal Castle.  
C. The impressive buildings of Sandal Castle.  
D. Shakespeare's preference for Sandal Castle.
23. Where was Shakespeare born?  
A. In Yorkshire. B. In West Yorkshire.  
C. In Perthshire. D. In Warwickshire.

**B**

Norma Newcombe has been a nurse for nearly 60 years. She started her career at a hospital for babies in August 1958, but she has no plans to retire.

She has worked with Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust for 40 years. She has been a full-time school nurse since 1973. Apart from taking an eight-year break from her career to have her two children in 1965, the dedicated nurse has spent nearly 60 years working in her role.

Modest Norma describes herself as a school nurse who just does her job. She said, "I'm proud to be where I am and I'm very passionate about the local area and everything related to the school nursing. We have brilliant team leaders and I work with a brilliant team of school nurses and health visitors. I'm just happy with what I am and where I am."

During the COVID-19 pandemic, Norma had to work from home due to having a weakened immune system (免疫系统). Norma said that she liked people rather than machines. She thought she could still write quicker than she could type. Obviously, things have to progress, but there is not the same personal contact. Despite hitting the milestone, Norma has no plans to slow down.

Norma's colleagues surprised her with a party at her workplace, where she was gifted flowers and jewellery. Rabina Tindale, chief nurse in the hospital, said, "We are extremely proud to have Norma as part of our team and access to her significant experience and wisdom. She holds a very special place in the hearts of the children and families that she has helped over the years. We hope she has an amazing day to celebrate her birthday with her colleagues."

24. How long has Norma been a full-time school nurse till 2022?  
A. 65 years. B. 60 years.  
C. 49 years. D. 41 years.
25. What does Norma's words show?  
A. Her wish for the future.  
B. Her love for nursing work.  
C. The support from the local area.  
D. The reason why she works as a nurse.

26. Why did Norma have to work at home during the COVID-19 pandemic?

- A. Her immune system was weak.
- B. She was too old to travel to work.
- C. The nursing school was closed down.
- D. It was difficult for her to live in the school.

27. Which word can best describe Norma?

- A. Creative.
- B. Respectable.
- C. Stubborn.
- D. Funny.

C

Fossils are well preserved remains, impressions, or traces (痕迹) of animals and plants that lived long ago. Paleontologists (古生物学家) divide fossils into two main groups. Some fossils, called body fossils, show the structure of the plant or the animal. They form directly from the remains of plants and animals. Other fossils, called trace fossils. They record signs of animal or plant activities, such as walking, feeding, scratching, or even resting.

Most animals and plants don't become fossils after they die. They break down into little bits or may be eaten by other animals. But some remains get buried too fast, avoiding those things happening. An animal might die near a body of water and sink to the bottom, where its remains get covered in sediment (沉积物). As sediment builds up, mineral-rich water seeps into the remains, leaving minerals in the tiny spaces of the bones and even replacing the original bones. The new minerals react with those in the animal's remains and then harden into fossils.

Most fossils are buried deep in the Earth. As the Earth's surface changes, scientists can dig up new fossils and learn more about past life and the Earth's history. In rock that formed before a certain time, roughly 2.8 million years ago, scientists will not find human fossils.

Fossils are our keys to understanding prehistoric life and the Earth's history. By studying fossils, we learn about a great variety of plants and animals that lived in the past. We can know what they looked like, how and where they moved and what they ate. By comparing fossils from different time periods, we can track the evolution of a species, see how it adapted to changes in its environment, and understand more about the climate and environment where the fossils were buried.

28. What can we learn from paragraph 1?

- A. Fossils are remains of plants and animals.
- B. Trace fossils only tell us the activities of animals.
- C. Trace fossils form directly from the remains of creatures.
- D. Body fossils show almost the original structure of creatures.

29. What is the main idea of paragraph 2?

- A. Where we can find fossils.
- B. How animals and plants become fossils.
- C. Different fossils have different features.
- D. Which methods are used to study fossils.



30. What does the underlined phrase “seeps into” in paragraph 2 mean?
- A. Engages in.    B. Succeeds in.  
C. Delights in.    D. Sinks in.
31. What does the author think of the research of fossils?
- A. Ridiculous.    B. Complex.  
C. Significant.    D. Inspiring.

D

You’ve probably heard the phrase, “Laughter is the best medicine.” Comedy on Referral has taken that idea and run with it, using standup comedy to help treat people struggling with trauma (精神创伤) and anxiety in partnership with the National Health Service (NHS).

The idea came from comedian Angie Belcher’s experiences teaching comedy at University of Bristol. She found that students often told her how much stronger and more resilient (有适应力的) they were thanks to standup comedy.

Inspired, she teamed up with the NHS in Bristol to create a six-week comedy course for patients struggling with trauma in January 2022. Following the success of this initial course, Comedy on Referral won NHS funding to help men with trauma in London.

Belcher said, “Past traumas are perfect for comedy. Comedy doesn’t come from the happy, perfect moments of your life, but from our everyday struggles and major life events. People who’ve been through big life experiences such as losing a loved one and ill health often can’t wait to tell me their stories, mostly because there’s always something especially funny about the situation.”

Research has shown that laughter has positive psychological effects, such as decreasing levels of cortisol—the stress hormone—and increasing endorphins (内啡肽). It can even have physiological benefits, although less research has been done in this area. Current research has linked laughter and humour with increased levels of pain tolerance as well as short-term cardiovascular benefits. More research is needed to prove these findings.

Nonetheless, the mental health benefits of regular laughter are widely accepted, and using comedy to treat mental health struggles could be a real breakthrough in the treatment of mental health.

32. Why is the phrase mentioned in paragraph 1?
- A. To stress the importance of laugh.  
B. To explain the harm trauma causes.  
C. To show the effect of standup comedy.  
D. To state the idea behind Comedy on Referral.
33. How was the first six-week comedy course for patients?
- A. Effective.    B. Ambiguous.  
C. Controversial.    D. Fruitless.

34. What may contribute to a comedy according to Belcher?  
A. Struggling moments. B. Funny moments.  
C. Happy moments. D. Successful moments.
35. What is the best title for the text?  
A. Laugh will cure you of all diseases  
B. Anxiety can also make you feel better  
C. Laughter is useful to people's mental health  
D. Comedy is one thing that can make you struggle

第二节 (共 5 小题;每小题 2.5 分,满分 12.5 分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

**Awake? Here Is How to Return to Sleep**

It is usual for people to wake up a few times during the night. Older people often get up to go to the bathroom. Waking at night usually is not a problem.

But what about some other people? If it happens a few times a week, there may be a troublesome reason. 36. Such sleep difficulties are called insomnia (失眠).

You may wake up, look at the clock and worry about your work. There may be stressful things on your mind. These feelings may activate (激活) a stress hormone in your body. If you worry that you can't sleep, it may make it harder to fall asleep.

37. If you are awake 25 minutes or more, get out of bed and do something quiet. Gentle stretches or breathing exercises might help. Meditation also may work. You may sit on a couch and read a book or magazine in dim light. Do not read on a smartphone or a tablet in the dark place.

38. Coffee can stay in your digestive system well into the evening. Besides, nap (小睡) lowers your drive to fall asleep in the evening. Avoid napping late in the day. 39.

Try to keep to a routine schedule for sleep. There is a problem when you go to bed and wake up at different times. Studies have shown that irregular bedtimes may lead to insomnia. 40, called circadian rhythms (昼夜节律). They work on 24-hour cycles.

If you get up during the night to go to the bathroom, limit how much water or liquid you drink a few hours before bedtime.

- A. Do something helpful  
B. Try to avoid early naps  
C. Avoid coffee after 2 pm  
D. Nap no later than early afternoon  
E. The problem has to do with the sleep cycle of your body  
F. Here are some reasons for the difficulties in your sleeping  
G. Stress and anxiety are some reasons for people who have sleep difficulties

第三部分 语言运用(共两节,满分 30 分)

第一节 (共 15 小题;每小题 1 分,满分 15 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

As Gwen Erickson approached 97, she began raising one of America's most popular, yet endangered butterflies—the monarch butterfly (帝王蝶). She managed to 41 27 butterflies last year and this year the 42 has gone up to 61.

The whole process is a little 43, beginning with collecting eggs from the milkweed leaves that grow in her backyard. Four days after Erickson placed the eggs in jars on her living room table, the caterpillar (毛毛虫) appeared, and then, within several weeks, formed a chrysalis (蛹). Two weeks later the beautiful butterflies 44. Erickson then released the butterflies into the wild, but a couple seemed a little 45 to leave their loving home and 46 the senior by flying around the house.

Erickson remembered her first attempt to raise 47 and said she hoped it could enable her grandchildren to 48 an interest in these beautiful insects. However, it's she who has found the 49 in raising butterflies in the end.

Erickson doesn't like to talk about herself and what she does, but she does so this time as she wants to 50 others to care for this endangered species. Happily, a friend and her son have joined her in her new-found 51. Hopefully, we will see a(n) 52 in those decreasing numbers.

This new 53 is a fine example of people caring for the smaller things in life. It 54 us that it's never too late to be 55 in life.

- |                     |                    |                     |                   |
|---------------------|--------------------|---------------------|-------------------|
| 41. A. steal        | B. donate          | C. keep             | D. photograph     |
| 42. A. number       | B. size            | C. range            | D. variety        |
| 43. A. money-saving | B. labor-demanding | C. energy-efficient | D. time-consuming |
| 44. A. sped up      | B. turned up       | C. woke up          | D. grew up        |
| 45. A. impatient    | B. delighted       | C. surprised        | D. unwilling      |
| 46. A. accompanied  | B. attended        | C. greeted          | D. impressed      |
| 47. A. flies        | B. pests           | C. butterflies      | D. bees           |
| 48. A. regain       | B. develop         | C. remove           | D. express        |
| 49. A. decoration   | B. fossil          | C. herb             | D. pleasure       |
| 50. A. allow        | B. encourage       | C. arrange          | D. invite         |
| 51. A. passion      | B. exit            | C. species          | D. fiction        |
| 52. A. opportunity  | B. result          | C. change           | D. inspiration    |
| 53. A. hobby        | B. version         | C. rumour           | D. exercise       |
| 54. A. promises     | B. reminds         | C. upsets           | D. strengthens    |
| 55. A. polite       | B. generous        | C. optimistic       | D. purposeful     |



第二节 (共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Outdoor exercise provides a lot of benefits beyond those seen with 56 (tradition) indoor workouts. It sounds a bit fantastic, 57 it's true.

One simple example: Exercising outdoors increases our exposure 58 sunlight, improving vitamin D production, 59 has been linked to improving mood, promoting bone health, and boosting immune system function. Exercising outdoors 60 (make) you happy. Being in nature can improve feelings of well-being and life satisfaction. In fact, simply being outside and breathing fresh air has been shown to reduce stress and enhance relaxation.

Exercising, particularly outdoors, drives huge mental health benefits, ranging from reducing depression and anxiety to 61 (enhance) self-esteem (自尊心) and mood. Combine that with the physiological benefits of exercise, and you can make 62 (you) see greater levels of joy in your life.

Being 63 (physical) active in an environment with changing landforms forces your body to work hard 64 (sustain) the movement and your mind to stay focused to constantly adapt and avoid injury. Think about walking on your treadmill (跑步机) at home or in the gym compared to hiking on a trail with 65 (rock) and roots to cross and constant changes in elevation to push your cardiovascular (心血管的) system.

Take off the burden and have an outdoor exercise, and it will bring many benefits to your work or school life.

第四部分 写作 (共两节,满分 40 分)

第一节 (满分 15 分)

假定你是你校音乐社团的宣传部部长,请你用英语写一则音乐社团的招新通知并张贴到学校国际部,内容包括:

1. 招新的目的;
2. 社团活动介绍;
3. 报名方式。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

<b>Notice</b>
The music society

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

Every single one of us has a different story. It is easy to judge others based on what we witness for a brief amount of time, but this is not what we should do.

Andre Owen is a policeman who works for the Sussex Police. He is a kind-hearted young officer. He is always working hard and devotes himself to his duty. And on one particular day, his shift (轮班) was proving to be one of the tough days. That day, he started to work at around 7:05 am. It was such an early start for his duty that he had no time for breakfast. He was called to a serious incident shortly after he began to be on duty. The incident was in Brighton, which meant he had to go to Oxford to take care of the matter. It was a long drive there, which took him about two hours to get there. The matter was very hard to deal with, but he managed to settle it successfully.

After his visit to Oxford, Andre Owen drove his way back, only to find another incident down the road. The accident involved a family who needed help, but the traffic was so crowded that they couldn't get through. As a result, the officer had to stop traffic to get them to safety. At the end of it, he had 45 minutes left in his shift but he still had to drive back for two more hours.

It was such a difficult day and he almost did not get to have time to eat. At lunchtime, he finally had an opportunity to get food, so he went to the nearest fast food restaurant to buy himself lunch. Just like any other customers there, the policeman was patiently waiting for his food to arrive. A lady eating her own food, kept staring at him while he was waiting.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

It was at that moment that the woman decided to come up to him to say something.

However, Owen decided to share something on the Internet.

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## 关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（[网址: www.zizzs.com](http://www.zizzs.com)）和微信公众平台等媒体矩阵，用户群体涵盖全国90%以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

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