

第一部分 听力（共两节，满分 30 分）**第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）**

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. When will the man probably call the woman?

- A. At about 4:30. B. At about 5:30. C. At about 6:30.

2. What does the woman mean?

- A. The copier is old. B. The copier is useless. C. The copier is broken.

3. Where are the speakers?

- A. At home. B. In the office. C. In the supermarket.

4. Why does the man come to the woman?

- A. To take a picture of her.
B. To ask for a new ID card.
C. To fill out a form.

5. What is the woman going to wear?

- A. A skirt and a sweater. B. Jeans and a sweater. C. A shirt and a skirt.

第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. Why isn't the man impressed with Peter?

- A. He lacks work experience.
B. He has no good qualifications.
C. He isn't enthusiastic enough in work.

7. Who will probably be the right person for the job?

- A. Jenny. B. John. C. Paula.

听第 7 段材料，回答第 8、9 题。

8. What are usually sold in a yard sale?

- A. Used goods.
B. Treasures and furniture.
C. Books, records and coffee.

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9. Why do American people love to buy second-hand goods?

- A. To earn money. B. To save money. C. To contribute to charity.

听第 8 段材料，回答第 10 至 12 题。

10. What's wrong with the two speakers?

- A. They don't have an engine.
B. Their tank is half full.
C. They run out of gas.

11. Where are they going?

- A. To the seaport. B. To the railway station. C. To the airport.

12. What should they do now?

- A. Do nothing but wait.
B. Find a policeman.
C. Telephone the nearest gas station.

听第 9 段材料，回答第 13 至 16 题。

13. What does the woman say about the houses?

- A. They were all built in the 1960s.
B. Most of them have two bathrooms.
C. They all look different.

14. What is the most important thing to the man?

- A. Safety. B. Size. C. Price.

15. What type of housing will the man probably see?

- A. One of the smaller houses.
B. A four-bedroom apartment.
C. A two-bedroom apartment.

16. When will the man see the woman next time?

- A. Tomorrow morning. B. Tomorrow afternoon. C. Later this afternoon.

听第 10 段材料，回答第 17 至 20 题。

17. Where did the speaker visit first?

- A. A theatre. B. An old palace. C. A ruined library.

18. Where did the speaker have lunch then?

- A. Beside a waterfall. B. Next to a lake. C. In a valley.

19. What was the most popular morning activity on the second day?

- A. Swimming. B. Diving. C. Water-skiing.

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20. What did the speaker mainly talk about?

- A. A holiday tour.
- B. Life in the countryside.
- C. Two old factories.

第二部分 阅读理解（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项。

A

The Heineken Young Scientists Awards are awarded every two years to four highly promising young researchers working in the Netherlands. The winners are selected from four fields of science: Medical/Biomedical Sciences, Humanities, Natural Sciences and Social Sciences. The award includes a cash prize of EUR 10,000 and a work of art. The award was created in 2010 by Charlene L. De Carvalho-Heineken.

Fleur Jongepier

Fleur Jongepier (1986), connected to Radboud University Nijmegen, has been awarded the Heineken Young Scientists Award 2022 in the field of Humanities. Jongepier is able to combine high-level fundamental research with an active and important role in the current social debate.

Jordi Tura i Brugués

Jordi Tura i Brugués (1987), connected to the Lorentz Institute at Leiden University, has been awarded the Heineken Young Scientists Award 2022 in the field of Natural Sciences. He has made pioneering contributions to the theory of quantum(量子). An important step for the further development of the quantum computer and the quantum Internet.

Liesbeth van Vliet

Liesbeth van Vliet (1985), connected to Leiden University, has been awarded the Heineken Young Scientists Award 2022 in the field of Social Sciences. She was praised her important contribution to improving the quality of healthcare for seriously ill patients, thanks to better communication between doctor and patient.

Laura Kervezee

Laura Kervezee (1989), who works at Leiden University Medical Centre, has been awarded the Heineken Young Scientists Award 2022 in the field of Medical/Biomedical Sciences. The knowledge that Kervezee provides gives insight into ways of keeping the biological clock healthy in our 24-hour society and other situations in which the clock becomes disturbed, such as when ageing or in hospital.

21. What do we know about the Heineken Young Scientists Awards from the text?

- A. There have been about 100 winners so far.
- B. Four scientists are awarded every two years.
- C. The four winners are awarded EUR 10,000 in total.
- D. Whoever makes great contributions is likely to be awarded.

22. Who has been awarded for his/her contribution in medicine?

- A. Fleur Jongepier. B. Jordi Tura i Brugués.
C. Liesbeth van Vliet. D. Laura Kervezee.

23. What do the four scientists have in common?

- A. They are all in their thirties.
B. They are all from the Netherlands.
C. They all serve in the same university.
D. They all major in the same field of science.

B

At her heaviest, Chasity Davis weighed 365 pounds at only 4.11 feet tall. While she was pregnant(怀孕) with her third daughter, she knew something had to change.

"I was piling on the weight. Just eating all the time. I was in a very terrible state," she said.

As many moms know, new health problems can pop up after giving birth, and that's just what happened to Davis. She started experiencing shallow breathing when she sat back or lay down. Luckily, her doctors took it very seriously. When the doctors put the heart monitor on Davis they found her heart actually stopping.

"My heart had stopped for about three seconds," said Davis. Obviously, her blood pressure had risen as well. To make matters worse, she was upset at not being allowed to see her baby daughter, and that was further affecting her blood pressure, but doctors warned her that she needed to concentrate on taking care of herself first.

Davis went through heart and stomach operations, which helped her quickly lose 65 pounds, but she couldn't stop there. Even at 300 pounds, that was too much weight for her height. So after her recovery, she made a choice to work hard to get fit.

She began by working out seven days a week, twice a day, and switching to a diet that included lots of fruits and vegetables. She now walks about 5-6 miles a day! After all the diet and exercise, Davis has now lost 242 pounds over the last 7 years, with 171 of that being from walking. Incredible!

Of course, she still has some fatty or sugary foods, but she limits them. "Just because losing weight doesn't mean I never eat anything bad," Davis said. "The difference now is that we have a home-cooked meal every single day."

"Life is so much greater when you are healthier," she added, "I just feel great about myself. I have learned so much."

24. Why was Davis connected to the heart monitor?

- A. She was pregnant.
B. She ate all the time.
C. She had health problems.
D. She gave birth to her third daughter.

25. What problem did Davis suffer when not allowed to see her baby daughter?

- A. She put on weight quickly.
B. Her blood pressure rose higher.
C. Her heart stopped for about 3 seconds.
D. She started experiencing shallow breathing.

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26. How did Davis quickly lose 65 pounds?
A. By joining a fitness club. B. By receiving the operations.
C. By walking about 5-6 miles a day. D. By switching to a healthy diet.
27. What change has Davis made in her eating habits?
A. She seldom has meals out.
B. She hardly has anything for supper.
C. She no longer has fatty or sugary foods.
D. She never eats anything bad for health now.

C

Summer is by far my favorite season of the year. I love the warm temperature, the longer, sunnier days and the opportunity to spend more time by the lake. But my love for the season quickly ends when I think of mosquitoes(蚊子). While their bites alone can be annoying, it's just infuriating when I come inside with several new bright-red welts(红肿) while my friends so kindly report how they don't have a single one.

Why is that? It's not that we're particularly unlucky. There are actually scientific reasons why mosquitoes single out certain people.

Contrary to what you might think, mosquitoes don't bite people for food—they feed on plant nectar(花蜜). Only female mosquitoes bite, and they do so to receive proteins from your blood needed to develop their eggs.

A common belief is that mosquitoes are attracted to certain blood types. While there are no firm conclusions as to which blood type is more attractive to mosquitoes, several studies have suggested that mosquitoes are not so attracted to people with blood group A. However, they find people with blood group O a little tastier.

Mosquitoes are highly visual hunters when it comes to finding a human to bite. Research has shown that mosquitoes are more attracted to the color black, but there has been little additional research into why this is the case.

Mosquitoes can smell out a person through the carbon dioxide given off when we breathe. Therefore, people who give off more of it—larger individuals and people who are breathing heavily when working out—are more attractive to a mosquito.

In a study, mosquitoes were observed to land on participants more frequently after they had drank a small amount of beer. Probably, mosquitoes are more attracted to people who have been drinking beer.

Mosquito bites are annoying. The best way to handle mosquito bites is not to get bitten in the first place.

28. What does the underlined word “infuriating” in Paragraph 1 probably mean?
A. Making somebody greatly amused.
B. Making somebody extremely angry.
C. Making somebody completely tired out.
D. Making somebody even more determined.
29. For what purpose do female mosquitoes bite?
A. To spread certain diseases. B. To enable them to fly around.
C. To hunt for food for themselves. D. To provide proteins for their eggs.

30. Who is more attractive to mosquitoes?
- A. A short and thin man in black.
 - B. A teenager fond of eating sweet food.
 - C. An overweight woman with blood group A.
 - D. A young man having just drunk lots of beer.
31. What is likely to be talked about in the following paragraphs?
- A. Treatment of mosquito bites.
 - B. Ways to prevent mosquito bites.
 - C. Why certain people get lots of mosquito bites.
 - D. Why mosquito bites are harmful to human beings.

D

Water companies have pumped waste water into Britain's seas and rivers for more than nine million hours since 2016, new data suggests. The figure is an increase of 2,553% over five years, according to Environment Agency (EA) data, so the EA warned holidaymakers to avoid dozens of beaches across England and Wales this week.

Untreated waste water was spotted pouring into the sea near Bexhill, East Sussex on Wednesday. On Saturday, the red flags were removed, meaning the water was officially considered safe to bathe in. The beach, however, was nearly deserted.

Rachel Streeter moved to Bexhill in 2007 to enjoy wild swimming and the beach. "Flies actually flew above the surface of the water as well as the waste water. It's quite horrible," she said. Rachel says her friends and family have all become sick after swimming. Her 79-year-old mother went for a swim last week and fell ill with "a severe bacterial infection(感染)".

Businesses say they are being affected by it too. Cliff Meadon, who runs business in the sea, says he has lost "thousands" pounds over the last two years due to water pollution. "We've been on the water with groups when we've had to come in as the waste comes out," he said.

In Hastings people were advised not to swim due to a pollution risk this week. Beaches in Normans Bay as well as Bexhill were closed but have now reopened.

Southern Water argued that the water company had not been deliberately(故意的) pouring untreated water into the sea. A spokesperson for the company said, "This week's heavy rain has fallen onto dry ground that can't absorb surface run-off, meaning that more rain than usual has entered our waterway networks. This led to some overflows, spilling some untreated water into the sea."

Southern Water was fined £90 million last year for widespread pollution after sending out more than 6,000 untreated waste water.

32. What warning has the EA given?
- A. Holidaymakers not going to certain beaches.
 - B. A severe bacterial infection breaking out in the UK.
 - C. Southern Water stopping pouring waste water into the sea.
 - D. Cliff Meadon stopping running business in the sea.
33. What caused the problem according to the spokesperson for Southern Water?

- A. Heavy rainfalls.
B. Too many holidaymakers.
C. Damaged waterway networks.
D. Poor management of water companies.
34. Which of the following serves as the best title?
A. Holidaymakers facing pollution risk
B. Dozens of Britain's beaches closed to holidaymakers
C. Lots of families pouring untreated waste water into seas
D. Huge increase in untreated waste water entering Britain's seas
35. In which section of the website are you likely to read the text?
A. Health. B. Business. C. Environment. D. Sports.

第二节（共5小题；每小题2.5分，满分12.5分）

根据短文内容，从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

When people are stressed, anxious or depressed, they are unlikely to make healthy lifestyle choices. They may be more likely to smoke more, not be physically active, drink too much alcohol and sleep too little or too much. 36 If you're struggling with depression, stress or anxiety, taking the following key steps can help.

To begin with, identify the cause of your depression, stress or anxiety and address it. 37 However, if it goes on for two weeks or more, you may need to seek professional help. Depression is a problem when it causes feelings of sadness and/or a loss of interest in activities you once enjoyed. It can lead to various emotional and physical problems.

38 If you aren't in the habit of exercising, start gradually. Something as simple as taking a walk, 30 minutes a day, can help your heart. Physical activity improves your mood while you're doing it. Regular physical activity can also improve your mental well-being, lower the risk of depression and improve your life quality.

Thirdly, make healthy lifestyle changes one at a time. 39 That's especially true if one of the habits you want to break is smoking. Quitting smoking can be difficult. If you smoke, talk with your health care professional to determine if you need help.

Ultimately, you have to take care of yourself to break the cycle of feeling down. 40 Or it could be doing something structured, such as yoga or tai chi.

- A. Don't try to fix everything at once.
B. At times you may feel down for a couple of days.
C. Meanwhile, choose healthy habits and don't rush it.
D. It is important to stay heart healthy, even when you're down.
E. Over time, these unhealthy behaviors can increase the risk for heart disease.
F. That could be something you can do anywhere, such as listening to music or reading a book.
G. Depression and anxiety can also lead to heart diseases, including heart failure, stroke and heart attack.

第三部分 语言运用（共两节，满分 30 分）

第一节 完形填空（共 15 小题；每小题 1 分，满分 15 分）

阅读下面短文，从短文后各题所给的 A、B、C 和 D 四个选项中，选出可以填入空白处的最佳选项。

Twenty-eight years ago, best friends Tom Cook and Joe Feeney made a promise to each other that whoever won the Powerball jackpot(强力球头奖), if they were so lucky, would share the winnings with the other. And that 41 to Tom who picked a ticket worth \$22 million last June. He remembered his 42.

Tom bought the \$2 winning ticket for the June 10 drawing. He was having breakfast the next morning and he froze when he read the 43. He handed the ticket over to his very 44 wife.

Tom said he remembered the promise he and Joe made almost three 45 ago. So he called his friend to share the 46 news. They made the promise to each other while 47 what they would do if they won all that money.

“He called me and I said, ‘Aren’t you 48, man?’” said Joe of his 49. “A handshake’s a handshake,” said Tom. What a 50 guy! Tom and Joe were 51 around \$5.7 million each after paying taxes. They could now do anything they 52. They have no extravagant(奢侈的) plans about the 53 winnings, but both are looking forward to spending more time with their 54.

“We both got grandchildren, great-grandchildren, and we’re looking forward to spending time with them, not worrying about if we got time to go, and where we can go, and if we can 55 it,” said Tom.

- | | | | |
|---------------------|-----------------|-------------------|----------------|
| 41. A. introduced | B. happened | C. returned | D. mentioned |
| 42. A. promise | B. address | C. wish | D. decision |
| 43. A. magazines | B. paintings | C. advertisements | D. numbers |
| 44. A. frightened | B. entertained | C. shocked | D. depressed |
| 45. A. weeks | B. decades | C. years | D. months |
| 46. A. well-written | B. peace-loving | C. life-changing | D. newly-made |
| 47. A. debating | B. imagining | C. announcing | D. complaining |
| 48. A. retiring | B. challenging | C. stressing | D. kidding |
| 49. A. arrangement | B. curiosity | C. confidence | D. reaction |
| 50. A. great | B. strange | C. funny | D. lucky |
| 51. A. awarded | B. given | C. punished | D. gifted |
| 52. A. managed | B. refused | C. wanted | D. demanded |
| 53. A. secret | B. positive | C. normal | D. huge |
| 54. A. families | B. classmates | C. friends | D. employees |
| 55. A. exchange | B. schedule | C. afford | D. control |

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

The Argentine research base Esperanza has been collecting data about the changes of the temperature in Antarctica since 1961. According to the data collected by the station, Antarctica has had its 56 (high) recorded temperature of 18.3°C, beating

2015's record of 17.5°C. The reading 57 (take) at the Argentine research base last week. Meanwhile, the rate of ice loss from five Antarctic glaciers(冰川) 58 (double) in the past six years and is five times faster than in the 1990s. "The reading is 59 sign of that the warming happening there is much faster than the global average, 60 is surely worrying many people," said Professor James Renwick, a climate scientist at Victoria University. "The reading is 61 (impress) as it's only five years since the previous record was set and this is almost one degree centigrade higher," he added.

Global warming 62 (drive) by human activities has been blamed for Antarctica's rising temperatures. "Scientists have lots of 63 (evident) to show that the Earth's climate is rapidly changing due 64 human activities," said Professor James. "Antarctica's heating ice sheets are falling apart, 65 (threaten) to cause sudden and great rises in global sea levels. We should take action before it is too late."

第四部分 写作(共两节, 满分40分)

第一节(满分15分)

假定你是李华, 本学期负责校报英文版编辑工作。请用英语给外教 Ms. Green 写信, 要点如下:

1. 介绍自己工作中遇到的困难;
2. 请求 Ms. Green 的支持和帮助。

注意:

1. 写作词数应为80左右;
2. 请按如下格式在答题卡的相应位置作答。

第二节(满分25分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

If you want to hike alone in the woods, it's always a good deal to bring along your best friend—the dog.

A hiker in Nevada recently learned that lesson the hard way. A 53-year-old man was hiking in the woods in Nevada County on the night of July 12 when he fell down a 70-foot embankment(路堤). He was badly injured, breaking his hip and ribs, but he managed to drag himself to a spot with cell service and call for help.

After getting cellphone reception, the wounded hiker, whose name was not released by authorities, phoned first responders at noon the following day asking for help and telling them about his broken bones. The man then covered himself in a camouflage tarp(伪装油布) and waited for help to arrive. His loyal friend, Saul, waited by his side.

Upon receiving the man's emergency call, the California Department of Forestry

and Fire Protection enlisted the help of the nonprofit Nevada County Sheriff's Search and Rescue to locate and rescue the man.

Twenty-five members of the Nevada County Sheriff's Search and Rescue organization set out to find the hiker, whose last GPS location was used to get to the general neighborhood, but with miles of huge wilderness around them, they worried it would take a long time to find him.

At about 7 p.m. on July 13, the search was still going on. "Having searching for the man for over seven hours, we were tired out and felt a bit disappointed," said Dennis Haack, leader of the Search and Rescue team, "But I do put a lot of faith in our searchers because they're extremely good at what they do."

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

Suddenly, a black dog came into the sight of a group of rescuers. _____

The hiking victim was put into a helicopter. _____

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