

第一部分 听力(共两节,满分30分)

做题时,先将答案标在试卷上。录音内容结束后,你将有两分钟的时间将试卷上的答案涂到答题卡上。

第一节 (共5小题;每小题1.5分,满分7.5分)

听下面5段对话。每段对话后有一个小题,从题中所给的A、B、C三个选项中选出最佳选项。听完每段对话后,你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

A. £19.15.

B. £9.18.

C. £9.15.

答案是C。

1. Where is the daughter's new phone number?

A. In the address book.

B. On a letter.

C. In a notebook.

2. What would the man probably prefer to drink?

A. Coffee.

B. Tea.

C. Juice.

3. What does the man suggest the woman do?

A. Carry a raincoat.

B. Buy an umbrella.

C. Put on a light jacket.

4. Where does the conversation probably take place?

A. At a lake.

B. At home.

C. In a car.

5. How will the girl spend the evening?

A. By doing repairs.

B. By finishing a school task.

C. By tidying her room.

第二节 (共15小题;每小题1.5分,满分22.5分)

听下面5段对话或独白。每段对话或独白后有几个小题,从题中所给的A、B、C三个选项中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题5秒钟;听完后,各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料,回答第6、7题。

6. What does the man have to do when he arrives at the theater?

A. Buy some snacks.

B. Collect their tickets.

C. Look for the necklace.

7. How does the man feel?

A. Excited.

B. Sleepy.

C. Stressed.



听第7段材料，回答第8至10题。

8. How often will the woman exercise with the man?
A. Twice a week.
B. Three times a week.
C. Four times a week.
9. What does the man want the woman to do when she gets home?
A. Change the time for exercise.
B. Make a diet plan.
C. Throw away any junk food.
10. What is the probable relationship between the speakers?
A. Health instructor and gym member.
B. Doctor and patient.
C. Friends.

听第8段材料，回答第11至13题。

11. What are the speakers mainly talking about?
A. College education.
B. Future employment.
C. Environment protection.
12. What will the woman probably choose to study?
A. Law. B. Biology. C. Medicine.
13. What is the woman mainly concerned about?
A. University fees.
B. Her parents' health.
C. The balance between study and work.

听第9段材料，回答第14至16题。

14. Why doesn't the woman want to eat Thai food?
A. She's tired of it.
B. She's on a diet.
C. She can't eat peanuts.
15. Where will the speakers eat dinner?
A. At the man's home.
B. At a BBQ restaurant.
C. At a café.
16. How will the speakers travel to their next destination?
A. By car. B. On foot. C. By train.

听第10段材料，回答第17至20题。

17. What did the speaker have trouble using?
A. Her head. B. Her leg. C. Her hand.
18. How long did it take the speaker to get back to normal?
A. One year. B. Two years. C. Three years.
19. How did the speaker feel after leaving the hospital?
A. Confused. B. Discouraged. C. Positive.
20. Who helped the speaker to recover?
A. A nurse.
B. Her family members.
C. A friend.

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

99 TIPS TO MAKE YOUR RETIREMENT MORE COMFORTABLE

Fisher Investments has combined our investing skill with our clients' practical knowledge of retirement life and found 99 ideas to help you be successful. Get them FREE by calling 866-607-7127 or visiting *FisherRetireWell.com*.

If you have an investment portfolio (有价证券) of \$ 500,000 or more, please call now, for your FREE guide and bonus offer and to claim 99 Retirement Tips. It's geared to help you get better outcomes from your retirement.

Tip #10
Figure out retirement cash-flow needs.

Tip #12
Why you need to plan on living longer than you expect.

Tip #13
How to protect against inflation's (通货膨胀) impact on your income needs.

Tip #18
Beware of pensions.

Tip #23
What to tell adult children about your finances.

Tip #26
Why paying down your loans before you retire might be a bad idea.

Tip #40
A way to manage taxes in retirement.

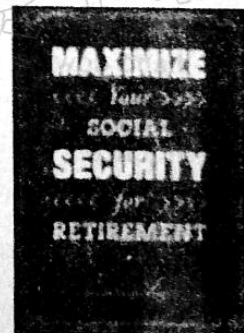
Tip #85
How to spend less but keep your lifestyle perfect.

About Fisher Investments

Fisher Investments is a money management firm serving over 95,000 successful individuals as well as large institutional investors. We have been managing portfolios through bull and bear markets for over 40 years. Fisher Investments and its subsidiaries use proprietary research to manage over \$188 billion in client assets.
As of 06/30/2021

Tip #100

Special Bonus Thank You
When you request your free copy of *99 Retirement Tips*, we'll also send you a special bonus report, *Maximize Your Social Security for Retirement*, at no cost or obligation. It's only available from Fisher Investments and it will help clear up some of common confusions about Social Security to help you make better decisions. This might be the best tip of all.



FISHER INVESTMENTS®

21. If your portfolio is \$100,000 or more, you can _____.
- A. join the investment department
 - B. claim your retirement outcomes
 - C. call for guide to bonus
 - D. get helpful advice on happy retirement
22. Which strategy is advocated by *99 Retirement Tips*?
- A. Figure out cashless lifestyle after retirement.
 - B. Pay off the housing loans in cash before retirement.
 - C. Inform the adult children of your financial problems.
 - D. Resist some possible risks posed on your income needs.
23. From which is the article probably taken?
- A. *Kiplinger's Personal Finance*.
 - B. *Journal of Advertising Research*.
 - C. *Critical Review in Retirement*.
 - D. *Management Research Journal*.

B

CONGRATULATIONS to WarnerMedia on the launch of HBO Max. As an HBO subscriber, I am excited about the programming on the platform. While I am sure the streaming service will continue to improve with time, please consider removing *Gone With the Wind* from your library of films.

As a filmmaker, I get that movies are often brief descriptions of moments in history. They reflect not only the attitudes and opinions of those involved in their creation, but also those of the prevailing (盛行的) culture. As such, even the most well-intentioned films can fall short in how they represent marginalized (边缘化的) communities.

Gone With the Wind, however, has its own unique problem. It is a film that glorifies (吹捧) the American South during the Civil War. It is a film that, when it is not ignoring the horror of slavery, pauses only to continue some of the most painful images of people of color. It is a film that romanticizes the USA in 1860s in a way that continues to admit that the secessionist movement (分离主义) is something better or more noble than what it was.

Let me be really clear: I would just ask, after a respectful amount of time has passed, that the film be reintroduced to the HBO Max platform along with other films that give a complete picture of what slavery and the USA in 1860s truly were. Or, perhaps it could be paired with conversations about narrative and why it is important to have many voices sharing stories from different perspectives rather than merely those reinforcing (强化) the views of the prevailing culture.

Currently, there is not even a warning coming before the film. I know taking down a film—particularly a classic Hollywood film—seems like a big request. But it is not nearly as big a demand as when your children ask whether they can join protests in the streets against racism, or when they come to you wanting to know what you did to make the world a better place.

I plan on keeping my subscription to HBO Max. But I hope that those in decision-making positions at WarnerMedia can understand how painful it is to see one film in particular that has helped to continue the racism that is causing angry and grieving Americans to take to the streets.

24. According to the article, HBO Max is _____.
- A. a newly launched film company
 - B. free to all Internet users in the USA
 - C. a subscription service for programs of a library
 - D. a streaming platform supported by WarnerMedia

According to the author, what's the main problem with the film?

- A. It ignores the issue of slavery to a large extent.
- B. It questions the truth of secessionist movement.
- C. It reveals the painful history of the American Civil War.
- D. It challenges prevailing culture in 19th century America.

What is the fourth paragraph mainly about?

- A. Risks of reintroduction of the film.
- B. Conditions for reintroduction of the film.
- C. Possible reasons of reintroduction of the film.
- D. Different views about reintroduction of the film.

What can be inferred from the last two paragraphs?

- A. Children would be misled over the issue of racism.
- B. Any warning issued before the movie is prohibited.
- C. Taking down the film is not a big deal for WarnerMedia.
- D. More Americans would gather to protest against removal.

Earlier this week, I watched some online videos that were both sickening and inspiring. They showed a team of surgeons conducting colorectal(结肠直肠的), cardiac(心脏的) and neurological procedures—scalpels(解剖刀), blood and all. But instead of crowding around the patient in an operating theatre, as shown in TV shows such as ER, the surgeons were scattered; some were beside the patient; others were many miles away, guiding their colleagues with a (virtual) hand, thanks to augmented reality(增强现实技术).

Call this, if you like, Zoom for surgeons—instead of conducting an office meeting via video, they are inserting a scalpel into a brain. Or as Naine Hachach-Haram, a plastic surgeon in the UK's NHS and the founder of Proximie, the platform I watched, says, "The idea is to bring virtual healthcare workers together—we are digesting the operating theatre and bringing it to people around the world."

Welcome to another unexpected story arising from Covid-19. Hachach-Haram first proposed the idea of doing virtual surgery a decade ago. Like many doctors in the west, she did volunteer medical work in war-torn regions of the world and became frustrated by the lack of access to surgeons there. To correct this, in 2016 she founded Proximie as a training tool. However, in those early days, she said she faced an uphill battle persuading other doctors to embrace the idea; most had been trained to believe that "proper surgery involved proximity(接近) to the patient". The roadblock "was a cultural issue as much as an issue of technology", she tells me.

This reflects a bigger pattern that has benefited many telemedicine start-ups. "Covid-19 caused a rapid increase in virtual healthcare use," says a recent report from consultancy McKinsey, who predicts this level of growth will decline when lockdown ends, but says telemedicine "is expected to stabilize at higher than pre-pandemic levels and continue growing". To put it another way, now that the cultural resistance to virtual medicine has been broken down, we are unlikely to forget this lesson. "Zoom surgery" is likely to remain a feature of modern medicine.

This might just be a lucky accident. Or maybe not: a similar pattern has played out in pockets of finance too. In 2007, a telecoms company in Kenya launched M-Pesa, a mobile payment system, to get around the lack of established banking infrastructure in Africa. The concept, which was embraced in Kenya, faced cultural resistance in the West but would come to be eventually adopted later. When historians look back at the Covid-19 era, they may not just conclude that it changed how we work but that it also accelerated the movement of skills, ideas and money. Those videos of "Zoom Surgery" are one tiny symbol of a new type of globalization.

19

28. When conducting a "Zoom surgery" doctors _____
- gather around the patient
 - hold an online meeting beforehand
 - work in different locations at the same time
 - do the operation with the assistance of robots
29. What can we know about Proximic?
- The only challenge it faced was the cultural resistance from doctors.
 - It originated from a traditional idea.
 - Travel bans during the Covid-19 lockdowns blocked its development.
 - It is a platform for sharing expertise and conducting online procedures.
30. What does the underlined phrase "a similar pattern" refer to?
- Western people are resistant to change.
 - Smart ideas were usually initiated in the west.
 - People in less developed regions need more help.
 - A new idea was first developed in poorer regions.
31. Which can be a suitable title for the text?
- The rise of virtual surgery
 - Globalized augmented reality
 - Medical care after the pandemic
 - Telemedicine changed how we work
- D

Our supposedly shrinking attention spans are a hot topic these days—as you may have seen on TV or heard on a podcast or read on Twitter or glimpsed on your watch. A 2018 Microsoft report claimed the average human attention span had shrunk from 12 seconds in 2008 to eight seconds in 2018 (even shorter than the nine seconds of focus maintained by the easily distracted goldfish), most likely on its way to zero.

Yes, this sort of warning is as old as the hills. An 1897 article in *The American Electrician* worried that a growing dependence on the telephone would turn us all into "transparent heaps of jelly". But while the idea of addiction to smartphones is controversial, numerous studies have found that compulsive phone use can lead to separation anxiety, chronic fear of missing out and a painful thumb condition.

Yet blaming smart phones for our distraction feels too easy—human attention has always been fleeting. A study conducted several years before the first iPhone was released found that workers spent an average of just two minutes using a particular tool or document before switching to another. Moreover, interruptions may have an advantage. Many workers who prevented themselves from distraction by website-blocking software became more aware of time's passage and were able to work for longer stretches—but also reported higher stress levels as a result of their sustained focus.

For those seeking to exercise greater control over their attention span, science has some suggestions. A 2016 study found that mindfulness meditation (正念冥想) led to short-term improvements in attention, and that the long-term benefits of frequent mindfulness were significantly large among heavy multimedia multitaskers.

Ultimately, it's worth asking: How long do we really want our attention span to be? A little mindfulness can be beneficial, while too much sustained focus can elevate our stress levels. What's lacking these days, then, may not be attention so much as self-control in the face of countless distractions that are inviting and diverting (有趣的). In the end, it seems like our only hope as a people, as a civilization, really, is to... to, um—sorry. Lost my train of thought.

mate
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$\frac{1}{2}\sqrt{3}b$
 $b+12$
 $=3b$
 $c < b < a$
 $\frac{1}{2}\sqrt{3}a$

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A

32. What does the author want to tell us by referring to *The American Electrician*?
- A. Humans will be reduced to be heaps of jelly.
B. Smartphone is the contributor to mental diseases.
C. Anxiety over electronic devices has existed long before.
D. New media create a serious disturbance to people's attention.
33. What does the underlined word "fleeting" refer to?
- A. Easily-blocked. B. Hard-bitten.
C. Short-lived. D. Long-lasting.
34. Which of the following may extend our attention span?
- A. Heavy multitasks on websites.
B. Regular mindfulness practice.
C. Greater control over meditation.
D. Short-term improvements in focus.
35. What can be learned from the last paragraph?
- A. Short-term mindfulness is more practical.
B. Great self-control is essential in modern life.
C. Sustained focus results from higher stress levels.
D. He was very sorry for losing his train of thought.

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Making the Most of Life Experiences

If you ask anyone what the purpose of life is, you'll likely receive wildly different responses. The answer to this question is deeply personal because different things are important to us throughout the course of our lives. 36. Finding ways to make the most of our experiences is a challenge we face every day. Here are some ways to make your experiences meaningful.

Follow your dreams

The number one way to live a life free of regret is to follow your dreams. Passion will die without actions supporting them. 37. Every day take an action, no matter how small, to achieve your goals. Each day is a step forward and none of it is wasted.

Make lots of mistakes

38. Many of the strongest memories come from the times I've failed, and those lessons have stayed with me. Failure is beneficial to us. And time allows me to see the value of even the most painful situation.

39

Difficult and painful experiences shape our character, but can also weigh us down. These prevent us from moving forward. So much of our progress in life relies on willpower and a healthy emotional state. If you're under stress, your body and mind both require time to recover. 40.

For me, life is about experiences. We all have to dream, work hard, and fail before we can achieve success. Maybe we'll discover along the way that the journey is more important than the destination.

- A. Improve your personality
B. Take care of yourself
C. Making mistakes is the surest path to grow as a person
D. It's best to rest, recover, and slowly build back up your strength
E. Though we try our best to make fewer mistakes, it is impossible to avoid them
F. Yet one thing stays with us no matter where we go: our experiences
G. Though we can't choose the outcome of our actions, we can choose to keep pursuing

第二部分 语言运用(共两节,满分30分)

第一节 完形填空(共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

Hello! It's me, the woman you robbed on Lepage Avenue. You might not remember me. But I will never forget you or your 41, which woke me up from a deep sleep.

"42 and give me your money and jewelry!" you yelled. You told Walter, my 8-year-old husband, to take the drawers and 43 them on the bed. You told me to 44 the earrings and the necklace I was wearing. We had to obey. Your voice trembled. You had a gun, 45 it was pointed at the floor. I could tell you were new at this. When you were busy examining what you could get, I saw my chance. I immediately grabbed my phone and called 911.

"Help! There's been a robbery..." You 46 the phone from my hand. My legs shook. In the distance, I heard sirens(警笛). Thank heavens! Then I blacked out.

I woke up in an all-white room in the hospital. The physician shook his head at the 47 of my heart. "Madame, when was the last time you had your heart examined?"

"My heart?" I said. "Never. 48?"

"I can hardly believe how blocked your arteries(动脉) are," he said. "I've scheduled a(n) 49 operation for you. A few more days like this, Madame, and you might not have been so lucky."

I was completely shocked. I had never had any chest pain or shortness of breath. There was no 50 that I was a ticking time bomb, 51 feeling tired sometimes.

52, we didn't have the nicest lawn or the fanciest car in the driveway. Still, young man, you did 53 us. Thus, thank you. 54 you, I'd be a goner. I wouldn't have had an operation. I wouldn't have recovered.

Sir, I would like you to know you are 55. You saved my life. I pray you've started a new life. It's never too late.

- | | | | |
|--------------------|-------------------|---------------|---------------|
| 41. A. appearance | B. voice | C. expression | D. build |
| 42. A. Keep up | B. Turn up | C. Look up | D. Get up |
| 43. A. cover | B. fix | C. lock | D. empty |
| 44. A. hand down | B. give up | C. hand over | D. give out |
| 45. A. as | B. and | C. while | D. but |
| 46. A. fetched | B. seized | C. swapped | D. turned |
| 47. A. scars | B. symptom | C. scans | D. shape |
| 48. A. Why | B. When | C. What | D. How |
| 49. A. small | B. immediate | C. important | D. long |
| 50. A. indication | B. identification | C. prediction | D. potential |
| 51. A. rather than | B. other than | C. more than | D. less than |
| 52. A. Normally | B. Generally | C. Certainly | D. Usually |
| 53. A. pick | B. cheat | C. hurt | D. fail |
| 54. A. Except | B. Besides | C. Like | D. Without |
| 55. A. forgotten | B. forgiven | C. respected | D. recognized |

第三部分 完形填空(每小题2分,满分15分)

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式。

Your house may have an effect on your figure. Experts say the way you design your home could play a role in 56 you pack on the pounds or keep them off. You can make your environment work for you instead of 57 you. Here are some ways to turn your home into part of a diet plan.

Open the curtains and turn up the lights. Dark environments are more likely to encourage 58 (overeat), for people are often less self-conscious (难为情) when they're in 59 (poor) lit places and so more likely to eat lots of food. If your home doesn't have enough window light, get more lamps and flood the place with 60 (bright).

Mind the colors. Research suggests warm colors fuel our appetites. In one study, people who ate meals in a blue room 61 (consume) 33 percent less than those in a yellow or red room. Warm colors like yellow make food appear more appetizing, 62 cold colors make us feel less hungry. So when it's time 63 (repaint), go blue.

Don't forget the clock or the radio. People who eat slowly tend to consume about 70 fewer calories per meal than those 64 rush through their meals. Downsize the dishes. Big serving bowls and plates can easily make us fat. We eat about 22 percent more when using a 12-inch plate instead of a 10-inch plate. When we choose a large spoon over a smaller 65, total intake jumps by 14 percent.

第四部分 写作(共两节,满分40分)

第一节 (满分15分)

假如你是李华,近日,你市将举办向外国朋友推荐优秀中文书籍的 Chinese Bookshelf 活动。请写封邮件邀请你的留学生朋友 Peter 一同前往。内容包括:

1. 时间和地点;
2. 活动内容。

注意:

1. 写作词数应为 80 左右;
2. 可以适当增加细节,以使行文连贯;
3. 请按如下格式在答题卡的相应位置作答。

Dear Peter,
Yours sincerely, Li Hua

第二节 (满分25分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

As a sixth grader, I began noticing how other kids were separating into different groups in the class. There were the geeks, the joker, and the popular cool kids. I

wasn't sure where I belonged. And I think that was a problem.

Our teacher had assigned "secret friends" for the coming week. The purpose of this assignment was to do nice things for your friend without letting them know who was doing it. We could leave encouraging notes on their desk or mysteriously leave a card in their backpack or book. Our teacher wrote each kid's name on a piece of paper and threw them into a bucket, then we each closed our eyes and drew the name of the classmate who we were to secretly befriend and support over the next five school days.

Everyone was excited to get involved, including Rochelle. By the middle of the week, we had turned this assignment into a contest to see whose secret friend could leave the best gift. Instead of encouraging notes, we left stationary sets on our friend's desk. Instead of giving compliments, we were giving bubble gum, lollipops and even money. It seemed that everyone was getting cool presents from their friends. Everyone except me, that is.

My secret friend followed our teacher's directions without a fault. I received handmade cards, notes with nice thoughts and countless smiley face pictures saying that I was one of the nicest girls in the class. This friend seemed to think highly of me from the notes that were left, but the lack of gifts kept me wondering what was up with whoever had pulled my name.

On the last morning of our assignment, I walked into my classroom and noticed a package on my desk. At last, my secret friend had grasped the idea that a gift was what I really needed. I quickly ripped open the gift paper, only to find a small doll inside. The pink wool-knit doll seemed not new but delicate. But the girls sitting near me giggled(咯咯地笑) and gossiped(说三道四) about the "little girl" gift I had received.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

Hearing this, I felt my face turned red.

It turned out that my secret friend was Rochelle, coming from a poor family.

炎德·英才大联考长沙市一中 2022 届高三月考试卷(六)

英语参考答案

题序	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
答案	A	C	A	C	B	B	C	A	C	A	A	B	A	C	A
题序	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
答案	B	C	B	B	C	D	D	A	D	A	B	A	C	D	D
题序	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
答案	A	C	C	B	B	F	G	C	B	D	B	D	D	C	D
题序	46	47	48	49	50	51	52	53	54	55					
答案	B	C	A	B	A	B	C	A	D	B					

A

21. D. 细节理解题。根据第一段第一句和第二段第一句可知。
22. D. 细节理解题。根据 Tip #13 可知。
23. A. 推理判断题。根据本文得知 Fisher Investments 是投资公司, 本则广告主要是针对退休基金管理业务, 给客户就退休后资金管理出的点子。

B

24. D. 推理判断题。华纳媒体打造的全新流媒体 HBO Max 在美国正式上线之际, John Ridley, 美国著名作家、编剧和电影导演率先发声要求下架《乱世佳人》。
25. A. 细节理解题。根据第三段最后三句可知这是一部南北战争时期歌颂南方(地区)的电影。这部电影要么在忽视奴隶制度的恐怖性; 要么就是在塑造有色人种最痛苦的刻板印象; 美化了拥护奴隶制的南方地区, 继续支持种族分离主义。
26. B. 主旨大意题。第四段主要是关于作者本人对于电影重新上映提出的条件或具体的要求。
27. A. 推理判断题。根据第五段第三句可知答案为 A。根据第五段第二句排除 C。“下架一部经典的好莱坞电影, 听上去确实是一件大事, 但相比孩子问你他们是否可以参加反对种族歧视游行、问你有没有为创造一个更好的世界有所作为而言, 这件事情并不算大。”

C

28. C. 由第一段结尾处可知, 在“Zoom surgery”中, 有的医生在病人旁边, 有的则在很远的地方, 医生们同时不同的地点。因此, 正确答案为 C。
29. D. 根据第二段最后一句话可知, Hachach-Haram 创建 Proximic 是为了将各地的医护人员聚在一起, 将手术室搬到线上, 由此可推断 Proximic 提供了一个分享专业知识, 进行线上手术的平台。因此, 正确答案为 D。
30. D. 手机支付系统最先在肯尼亚发展起来, 之后才开始在西方被接受可以推断, “a similar pattern” 代指的就是前文所提到的新想法最先在贫穷落后地区发展起来, 之后才传到西方。因此, 正确答案为 D。
31. A. 根据全文可知, “Zoom surgery, virtual surgery” 仅仅是新型全球化的一个小标志, 言外之意, 虚拟技术将加快全球化, 将世界连接起来。

D

32. C. 推理判断题。作者之所以谈到了《美国电工》1897 年一篇文章中的担忧, 是用来支撑本段第一句话中的“this sort of warning is as old as the hills,” 指出这种危言耸听的说法存在已久。
33. C. 词义猜测题。long-lasting 长期的, (可)持久的; easily-blocked 易受阻碍的; hard-bitten 久经磨练而坚强的。根据本段第一句中的强转折词 Yet 可知人们把注意力容易分散归咎于智能手机这一行为太草率, 破折号之后解释了真正原因, 即人的注意力集中时间本身就很短。第二句“A study conducted several years before the first iPhone was released found that workers spent an average of just two minutes using a particular tool or document before switching to another.” 进行了进一步的证明。
34. B. 细节理解题。第四段指出科学界针对延长注意力的持续时间有若干建议, 第二句是建议的具体内容——聚焦于正念冥想的好处: 短期内改善注意力和专注度; 经常进行正念冥想练习给注意力带来的长期益处很多。

英语试题参考答案(一中版) - 1

35. B. 推理判断题。根据最后一段中的“*What's lacking these days, then, may not be attention so much as self-control in the face of countless distractions that are inviting and diverting(有趣的).*”可知我们如今缺乏的可能不是注意力,而是在面对无数既有趣又让人着迷的刺激时能否做到节制。根据第二句排除 A 和 C;适当的正念冥想是有益的,但注意力集中太长时间会使人压力增大。

36-40. FGCB D

【语篇导读】这是一篇记叙文。文章介绍了作者与她丈夫在夜里被一人所抢劫。随后自救后被送往医院。在医院检查的过程中发现了自己的心脏动脉有严重的堵塞,于是立即进行了手术。多亏了手术及时,她的生命被挽救,没有遭受突发的心脏危险。最后作者因此而原谅了那位深夜入室抢劫的人,并且希望他开始新生活。

41. B. 通过后半句“*which woke me up from a deep sleep*”,可知答案选 B。
42. D. 通过上文得知抢劫发生在夜里,作者和她丈夫已睡觉,是被叫醒的,于是选 *get up*“起床”。
43. D. 通过上文“*take the drawers*”得知抢匪让作者的丈夫把抽屉里的东西倒空到床上。
44. C. 通过所在句子得知劫匪让作者交出自己所戴的耳环和项链。*hand over*“交出,移交”。
45. D. 通过原文“*Your voice trembled.*”和“*I could tell you were new at this.*”可知作者得知劫匪是新手,因此当他手中持枪时,枪却指向地面。
46. B. 根据上下文可知劫匪从作者手中夺走了她的手机,于是选 *seize*。
47. C. 根据上下文得知作者是在医院,医生对她的心脏进行检查时发现了她的心脏问题。*scan* 意为“扫描”。
48. A. 根据上文医生的提问“你最后一次检查心脏是在什么时候?”和作者的自己的回答“从未。”可知作者想表达“为什么要进行心脏检查呢?”,于是选 *why*。
49. B. 通过上文“*I can hardly believe how blocked your arteries (动脉) are,*” he said.”和下文“*A few more days like this, Madame, and you might not have been so lucky.*”得知作者心脏问题严重,因此医生给她及时安排了手术。因此选择 *immediate*“立即的,马上”的。
50. A. 通过段首句“*I was completely shocked.*”得知作者对于自己的心脏问题感到非常吃惊。因此后文解释为什么会感到吃惊。除了她有时感到累外并没有任何迹象表明她是一个滴答作响的定时炸弹。
51. B. 句意同上文,根据词组的意思选择 *other than*“除了,不同于”。
52. C. 根据上下文可知此处表达让步关系。*certainly*“毫无疑问,当然”,衔接上下文,与下文的 *still* 形成呼应。
53. A. 原句中“*did*”表示强调“确实”,*pick* 意为“找茬,找麻烦”。
54. D. 根据下文“*I'd be a goner. I wouldn't have had an operation. I wouldn't have recovered.*”可知这里用了虚拟语气,因此选择 *without*。
55. B. 通过下文“*You saved my life. I pray you've started a new life. It's never too late.*”得知作者原谅了那位夜里抢劫她们夫妻俩的人,于是选择 *forgiven*。

【语篇导读】这是一篇说明文。文章介绍了房间的装修会影响人的体重。

56. *whether*. 考查宾语从句。句意:专家表示,你的家居设计方式可能会影响到你是增重还是减肥。分析句子结构可知,此句为宾语从句,且从句中不缺成分,意为“是否”,且介词之后不能用 *if*,故填 *whether*。
57. *against*. 考查介词。句意:你可以让你的环境为你工作,而不是与你作对。根据“*for you instead of*”可知,此空应该填 *for* 的反义词,故填 *against*。
58. *overeating*. 考查动名词。句意:黑暗的环境更容易导致暴饮暴食,因为人们在光线不好的地方往往不那么自觉,所以更有可能吃很多食物。根据空前的动词“*encourage*”可知,此处应用动名词作宾语,故填 *overeating*。
59. *poorly*. 考查副词。句意同上。分析句子结构可知,此处应该用副词修饰空后的过去分词 *lit*,故填 *poorly*。
60. *brightness*. 考查名词。句意:如果你的家没有足够的光,多买一些灯,让整个地方充满明亮。根据“*with*”可知,此处应该填写名词,故填 *brightness*。
61. *consumed*. 考查动词时态。句意:在一项研究中,在蓝色房间吃饭的人比在黄色或红色房间吃饭的人少吃 33%。分析句子结构可知,此空作谓语动词,根据 *ate* 可知应该用一般过去时,故填 *consumed*。
62. *while*. 考查连词。句意:像黄色这样的暖色让食物看起来更让人有食欲,而冷色让我们感觉不那么饿。分析句子结构可知,上下句为对比关系,故填 *while*。
63. *to repaint*. 考查不定式。句意:所以当需要重新粉刷的时候,选择蓝色。分析句子结构可知,此处应是不定式,故填 *to repaint*。
64. *who*. 考查定语从句。句意:细嚼慢咽的人每顿饭比匆匆吃完的人少摄入约 70 卡路里。分析句子结构可知,此句为定语从句,先行词为 *those*,指人且在从句中作主语,故填 *who*。
65. *one*. 考查同类泛指代词。句意:当我们相对于小勺选择大勺时,整个饮食摄入量激增 14%。根据前面的“*a large one*”可知,此处应该用 *one*,表示“*a smaller spoon*”。

英语试题参考答案(一中版)一 2



第四部分

第一节

【参考范文】

Dear Peter,

How's everything? Chinese Bookshelf, an activity which aims to provide foreign readers with easy access to Chinese books and culture will be launched in our city. I sincerely invite you to go with me.

The activity is scheduled to be held on December 10th in the city museum. Firstly, a wide selection of Chinese books will be on display. Besides, some world renowned writers will be invited to recommend favorite books and exchange ideas on reading.

I'd appreciate it if you could give me an early reply.

Yours sincerely,

Li Hua

第二节

【参考范文】

Hearing this, I felt my face turned red. Embarrassed and ashamed, I secretly complained that the girl gave me so stupid a gift to arouse others' derision. I even joined other girls in gossiping about my secret friend and the poor doll. When I continued with mean remarks, a girl sitting at the last row arose and came up, casting me an angry and disappointed look. With tears streaming down her face, she admitted, "I'm your secret friend and I'm sorry about the gift." Then she ran out of the classroom. Frozen with shock, I couldn't utter a single word.

It turned out that my secret friend was Rochelle, coming from a poor family. She had saved every penny in her pocket money in order to give me a cool gift. With the limited money, she visited a lot of stores and finally selected the lovely doll from a second-hand store. Actually, she gave me a most valuable gift with her sincere heart. However, I didn't treasure it and hurt her badly in such a cruel way. So ashamed was I that it took me a few days to pluck up my courage to face up to Rochelle and apologize. Much to my delight, she forgave me and later we became the best friends. Most importantly, we found where we belonged.

听力材料

Text 1

W: Do you know our daughter's new phone number? It isn't in our notebook and she hasn't put it on any of her letters.

M: Didn't she write it on a note for us? No, wait. It is right at the back of the address book. (1)

Text 2

W: I'm going to the tea shop after work. Do you want to join me? They have coffee too if you like that.

M: No thanks, I only like sweet drinks. (2)

Text 3

M: You might want to fetch your raincoat. (3) There's going to be a storm later, with winds too strong for an umbrella.

W: They always say that, but it never happens. I'll be fine with a light jacket.

Text 4

W: How long have we been on the road? How much longer until we arrive at the lake?

M: It has only been one hour since we left the house. We have three hours left. Plenty of time for you to sleep more. (4)

Text 5

W: Dad, would it be OK if I do my homework at my friend's house tonight? We have a project to complete. (5)

M: Yes. And I just have to do some repairs, which may be noisy, and mom wants to tidy your room.

Text 6

M: Hurry up! We're going to be late for the theater. (6) (7)

W: I've told you once. I'm not leaving until I find my necklace. And I also need to take some snacks.

M: But if we don't leave right now, we'll get stuck in traffic. (7)

W: Oh, don't stress. (7) We'll be fine. We already have the tickets so we can just walk in.

M: No, I reserved the tickets but I need to collect them from the reception desk. (6)

W: You didn't tell me that.

M: I didn't think we'd be having this conversation.



W: If you had told me, I would have chosen a different necklace.

M: Then choose one.

Text 7

M: All right, Eve. Your doctor has told me we need to get you back in shape. Our goal for you is to drop 10 pounds in four weeks. Can you do it?

W: I don't know...

M: That means you'll be working out three times a week, twice with me and once at home. (8)

W: Three times a week!

M: It's not going to be easy. When you get home, I want you to empty out your cupboards. No more chocolate bars, chips or soda. (9)

W: No more chocolate bars?

M: In addition, I've made you a special eating schedule that I want you to use.

W: This just keeps getting worse!

M: Come on, Eve. If you want results, you have to work for them. I've instructed other gym members who were out of shape before, but they are now very fit and healthy. (10) Haven't you ever heard of the saying "No pain, no gain"?

Text 8 (第 11 题为总结题)

M: Do you know what subject you are going to major in when you go to university?

W: I don't know if I am going to go. I need to support my family, so I might get a job.

M: But you are so smart. You could be anything you wanted to be, a doctor or a lawyer.

W: I know, but I also want to be a good daughter to my parents and help them.

M: But if you could go to university, what subject would you want to look into?

W: I love sea animals. I would like to learn more to protect them. So I might choose one related to this. (12)

M: That sounds like something your parents would be proud of.

W: I guess. I might speak to them tonight and see what they think, and if they can afford it. (13)

M: They should be able to. You can work while at university. (13)

W: I know, but if I go, then I want to focus on my studies.

Text 9

M: Hey Mandy, I'm ready to go out to eat. I know you're tired of Mexican food. Would you like to try that Thai restaurant tonight? (14)

W: I'd like to, but Thai food always has so many peanuts and I'm allergic to them. (14)

M: I wouldn't mind cooking at my house, plus my father can help with grilling BBQ on the grill. (15)

W: That sounds so nice for tonight. (15)

M: What should we take home from the supermarket?

W: Let's get some pasta. I'm eating vegetarian food only this week, so you can pick out the meat.

M: OK. Also I'm still on my diet, so let's leave out chocolate ice cream and all dessert tonight.

W: The café on Main Street has special prices on bread this week, so let's pick up some takeout.

M: All right. Can you drive us there?

W: My car is at work. We can either walk or take the train. (16)

M: The trains are too crowded at this time of the evening. It seems that there's only one choice left. (16)

W: OK, let's go! (16)

Text 10

Three years ago, I was traveling to a music concert when I got in an accident. The next thing I knew was that I was in the city hospital and very confused. The nurse told me that another car had lost control and knocked me off the highway while I was driving quite fast. Both my legs hurt really bad, and I had a very painful headache when I woke up. The doctor said that my injuries were not that bad, except for my wrist. I was surprised, because I couldn't even feel the pain there! The doctor explained that I would have trouble with things like writing and typing for at least a year, because the connections in my wrist could not make my hand work until it was better. (17)(18) It actually took twice as long as the doctor had said though, (18) and I'm glad I didn't know that because I was having a hard time staying positive after leaving the hospital. Everything was so difficult to do with my injury and I quickly became impatient. (19) Luckily, an old friend of mine heard what had happened. She decided to help me out, and came every day to cook and stay with me. Her company made me so much happier, and getting better was easier because of it. (20) At that time, I realized the meaning of true friendship.

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