

听第7段材料,回答第8至10题。

8. What's the probable relationship between the speakers?
A. Boss and secretary. B. Colleagues. C. Teacher and student.
9. What does the man think of those classes?
A. Serious. B. Boring. C. Interesting.
10. Why does the woman want to talk with the man?
A. The man failed in the exam.
B. The man can't graduate.
C. The man often misses classes.

听第8段材料,回答第11至13题。

11. How did the man get the bike?
A. He bought it.
B. He got it as a reward.
C. He got it as a birthday present.
12. What do we know about the woman?
A. She is fond of dogs. B. She is afraid of dogs. C. She is bored with dogs.
13. What will the woman probably do next month?
A. Call the man. B. Go to England. C. Look after Mrs. Smith's dogs.

听第9段材料,回答第14至16题。

14. What does the man like to eat?
A. Vegetables. B. Chocolate. C. Duck.
15. How can the woman keep a slim figure?
A. She eats only vegetables.
B. She has cut out main food.
C. She avoids fast food and red meat.
16. What will the speakers talk about next?
A. What kinds of healthy food they should eat.
B. How much fruit and vegetables they should eat.
C. Why eating more fruit and vegetables reduces the risk of cancer.

听第10段材料,回答第17至20题。

17. What is the talk mainly about?
A. How to read faster.
B. How to remember more words.
C. How to understand reading materials.
18. What does the speaker mean by mentioning running?
A. Reading requires physical effort.
B. Reading is like a long journey.
C. Reading a lot is beneficial.
19. What's the worst reading habit?
A. Moving lips while reading.
B. Repeating the same words.
C. Pausing on every word.
20. What would the speaker probably like the students to do?
A. Get help at the Learning Centre.
B. Find a relaxing environment.
C. Take more reading courses.

第二部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

World's best beaches: 2020 Trip Advisor award winners

NO. 1 Clearwater Beach

It lies in America, about a forty-minute drive west of Tampa. It impresses travelers with two and a half miles of sugar-white sand, crystal-clear waters and gentle Gulf wind. The beach offers calm, shallow water, making it an ideal playground for tourists.

* Bargain hotel nearby: Pier House 60 Marina Hotel, from \$ 293 per night (double bed)

* Airfare: As low as \$ 71 round-trip from ORD (Chicago) to TPA (Tampa)

No. 2 Siesta Beach

Just south of Sarasota, Siesta Beach on Siesta Key is known for its eight-mile stretch of sugar-fine, quartz-white sand. It's also a great spot for kids to collect seashells and sand dollars.

* Bargain hotel nearby: Tropical Beach Resorts, from \$ 295 per night (double bed)

* Airfare: As low as \$ 238 round-trip from EWR (Newark) to SRQ (Sarasota)

No. 3 Ka'anapali Beach

Among the most visited beach in West Maui, this area is a popular spot for quiet relaxation or water sports. It's also famous for the daily cliff diving ceremony off of the beach's northernmost cliffs known as Black Rock.

* Bargain hotel nearby: Lahaina Shores Beach Resort, from \$ 289 per night (double bed)

* Airfare: As low as \$ 382 round-trip from SFO (San Francisco) to OGG (Kahului)

No. 4 South Beach

People watching is a great pastime in Miami's South Beach, which draws celebrities and models. Travelers love the wide, fine, white sand-covered beaches as well as the surrounding area, known for wild nightlife and excellent restaurants.

* Bargain hotel nearby: Room Mate Lord Balfour, from \$ 264 per night (double bed)

* Great airfare: As low as \$ 107 round-trip from LGA (New York) to MIA (Miami)

21. How much may they pay at least if Mr. and Mrs. Smith from Newark visit a beach?

- A. \$ 1066. B. \$ 476. C. \$ 590. D. \$ 771.

22. Kevin is longing to taste delicious food, which beach would you recommend?

- A. Clearwater Beach. B. South Beach.
C. Siesta Beach. D. Ka'anapali Beach.

23. What do Clearwater Beach and Siesta Beach have in common?

- A. Sand-covered scenery. B. Famous cliff climbing.
C. Crystal-clear water. D. Gentle wind.

B

As a kid in Rochester, I sent an evening newspaper, *The Times Union*, with a friend. We had two routes. Once when my friend went on a trip with his family, I had my two younger brothers help me. We developed a system. We put the papers in a wheelbarrow which I'd push up the street as fast as I could. They'd take the papers and run them to people's doorsteps. We could do the whole route in 20 minutes.

When I look back, I realize I've asked myself three questions about each job I've taken: Is it interesting? Will I learn a lot? Who will I work for? At 22, I had to design my own program, from choosing the textbook to planning the course outline.

After graduation in 1983, I got a job as a market analyst at Chase Manhattan Bank. In 1986,

a friend told me about a job as an investment specialist at Vanguard. I knew nothing about Vanguard. I took an interview with about 20 people there, and it was clear to me I was not the best for the position. But Jack Brennan, who was then the CFO (he later became CEO), talked about his idea and Midwestern values. It was a completely different point of view compared with what I had found in New York. I hoped that the Vanguard people would offer me the job, and they did.

When you accept a new job, timing can be everything. I've been the CEO since August last year. I've been part of the leadership team for almost 23 years. Before I took Jack's place, I was the managing director. What has surprised me most about my present position is that time management skills are even more important than before.

24. What do we know about the writer's childhood?
- A. He developed a system with his friend.
B. The system did little good to his work.
C. He worked as a newspaper delivery boy.
D. His friend moved to another city with his family.
25. How do you think of the writer?
- A. Creative and self-ministered. C. Determined and wealthy.
B. Warm-hearted and innocent. D. Different and ambitious.
26. Why did the writer hope he could be employed by Vanguard?
- A. Because he was the best for the position.
B. Because he was just out of work from the bank.
C. Because the company was not far from his house.
D. Because Jack Brennan's idea and values interested him.
27. What is the passage mainly about?
- A. The benefit of never losing hope.
B. The importance of time management.
C. The author's career planning experience.
D. The reason why the author wanted to be a CEO.

C

Packaging of goods must improve! Regulations can be put in place but self-awareness would be better. Recycled material should be used as much as possible. Citizens can recycle the packaging material. New ways to recycle plastic wrappings would be helpful. We can't avoid the packaging that supermarkets use and it is difficult to recycle. I live in the UK and get over 500 g of the stuff a week. Does not sound much, but it's over 25 kg per year. Multiply that by the number of households in the UK and it's over a million tons!

As consumers, we can make changes by acting responsibly toward the environment. Reuse the packaging, buy naked groceries at the market and avoid using plastic bags. Always keep in mind that we live in a world in which we need to share responsibility. The packaging waste has been detrimental to our environment. Everybody needs to be aware about its danger and starts to play a role.

Environmental stress caused by packages and rolls of tape for express delivery goods is severe, when lacking enough environmental specifications for packages, and the packages cannot be recycled or reused and the tape is simply abandoned.

A recycling system needs to be established where the e-commerce platforms, delivery companies and consumers can engage in the green packaging campaign. Policies and regulations should be introduced to ensure that packaging will be recycled and reused. Those who fail to

comply with regulations will lead to penalties. Tax incentives can also be offered for the package recycling and reusing toward the e-commerce platform and express companies.

28. Which of the following can best explain the underlined word in Paragraph 2?
A. disapproved B. harmful C. beneficial D. indifferent
29. According to the author, as a customer, what can we do to protect the environment?
A. Abandon packaging casually.
B. Use plastic bags when buying.
C. Recycle packaging responsibly.
D. Buy packaged groceries as many as possible.
30. What causes the environment pressure according to the author?
A. The severe climate change.
B. The growing number of population.
C. Lack of environmental specifications and recycling for packages.
D. The growing increase of e-commerce platforms and delivery companies.
31. What can we infer from the passage?
A. Customers can make great changes.
B. Recycled material should be used as much as possible.
C. The author shows strong concern upon the package waste.
D. People who fail to adhere to(坚持) the recycling regulations would face penalties.

D

Just when you thought 2020 could not get any worse, now we have giant hornets(大黄蜂) with freakish eyes and a poisonous sting to add to this year's long list of worries.

For the first time, Asian giant hornets have been found in the United States, specifically in Washington state, scientists say. Beekeepers have reported piles of dead bees with their heads ripped off, an alarming sight in a country with a rapidly declining bee population.

At more than two inches long, they're the world's largest hornets with a sting that can kill humans if stung(刺伤) multiple times, according to experts at the Washington State University. The giant insects are nicknamed "murder hornets." "They're like something out of a monster cartoon with this huge yellow-orange face," Susan Cobey, a bee breeder(繁殖者) at the Washington State University's department of entomology, said recently.

Scientists don't know how these giant hornets native to Asia ended up in Washington state. They can sometimes be transported in international goods, according to Seth Truscott with WSU's college of agricultural, human and natural resource sciences.

The giant hornet was first found in the state in December, and scientists believe it started becoming active again last month, when queens appeared from hibernation(冬眠) to build nests and form colonies.

"Hornets are most destructive in the late summer and early fall, when they are on the hunt for sources of protein to raise next year's queens," Truscott said on the WSU's Insider.

"They attack honey bee nests, kill adult bees and swallow bee larvae and pupae, while aggressively defending the occupied colony(栖息地)," he added.

"Their stings are big and painful, with a potent neurotoxin. Multiple stings can kill humans, even if they are not allergic."

32. What do we know about giant hornets?
A. They are one of the world's largest insects.
B. They can kill people after stinging several times.
C. They first appeared in Asia and only live in Asia.

- D. They have kept active since landing in December in the US.
33. Why are hornets most harmful in the late summer and early fall?
- A. They just wake up from hibernation.
B. They need defend the occupied colony.
C. They are hunting for protein to raise new queens.
D. Their stings become bigger and more poisonous during this time.
34. What can we infer from the passage?
- A. Hornets make 2020 the worst year ever.
B. People in the US have won the battle against hornets.
C. Beekeepers have suffered great loss in the hornets attack.
D. Scientists have confirmed why hornets ended up in America.
35. What's the most suitable title for the passage?
- A. The Long List of Worries in 2020.
B. How to Fight Giant Hornets in the US.
C. New Scientific Research on Giant Hornets Breeding.
D. Aggressive Giant Hornets Spotted in the US for the First Time.

第二节 (共 5 小题;每小题 2.5 分,满分 12.5 分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

While I will explain a bit about the science of stress and relaxation a little later in the chapter, a simple way to think about it is that our body's stress response works like a car alarm.

36 .

37 ,our body alarm system lets us know that something is wrong by creating changes in our neurochemistry (神经化学). If you've ever experienced pain in your stomach, periods of extreme anger, inability to focus or even insomnia(失眠), 38 .

So if it's so uncomfortable, why not just get rid of stress altogether?

This is not only impractical, but it would be dangerous. 39 . If the alarm is turned off altogether, the car is exposed to continual danger without there being any way of your knowing about it until it is too late. It would be like walking through the jungle without any fear signal in the presence of a poisonous snake or other dangerous animals— 40 , your body actually needs the stress response not only to remind you of danger but also to offer extra adrenaline(肾上腺素) for your heart and extra blood and oxygen for your arms and legs.

- A. while it might feel "nice" to be so relaxed
B. Let's go back to the metaphor (比喻) of the car alarm
C. But instead of warning us with a loud and annoying sound
D. It begins to drive us and everyone around us to become a little bit crazy
E. A constant state of alarm also has some pretty alarming health consequences
F. chances are your body was paying the price in those moments for the brain chemistry of stress

G. It is designed to keep us safe by warning us of the presence of danger in our immediate environment

第三部分 语言运用(共两节,满分 30 分)

第一节 (共 15 小题;每小题 1 分,满分 15 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

A young man whose good looks and 41 smile have turned him into an internet celebrity has 42 a surge in interest in his hometown among tourists.

Ctrip, an online travel agency, said that after a video of Tenzin, a 20-year-old 43 Tibetan

man from Litang county in Sichuan province's Garze Tibetan autonomous prefecture, went 44 online last month, the number of searches for Litang 45.

On Ctrip's website, searches for Litang started going up on Nov 20. In the week from Nov 23 through Sunday, the search average 46 620 percent 47 with the previous week and was four times greater than during the National Day holiday in October.

Tenzin first came to netizens' attention after a photographer 48 a video of him on the Douyin short-video platform. In the video, the young man wore a traditional Tibetan 49 and smiled 50.

Hua Chunying, a spokeswoman for the Foreign Ministry, 51 Tenzin in three 52 tweets on her Twitter account on Monday.

"The channel of Sichuan TV has a new 'anchor'. Tenzin, who 53 news in his native Tibetan language as a guest," she wrote.

Tenzin has now been 54 by Litang Culture Tourism and Sport Investment Development Co. to 55 tourism for the county.

- | | | | |
|-------------------|----------------|----------------|-------------------|
| 41. A. strict | B. innocent | C. smooth | D. kind |
| 42. A. sparked | B. caused | C. led | D. made |
| 43. A. world | B. ethnic | C. regional | D. geographic |
| 44. A. simple | B. calm | C. viral | D. important |
| 45. A. decreased | B. disapproved | C. stabilized | D. boomed |
| 46. A. got down | B. shot up | C. picked up | D. pulled through |
| 47. A. appointed | B. adhered | C. compared | D. complied |
| 48. A. cut | B. confirmed | C. attached | D. posted |
| 49. A. costume | B. dress | C. clothes | D. shirt |
| 50. A. narrowly | B. broadly | C. effectively | D. simply |
| 51. A. assigned | B. described | C. drew | D. featured |
| 52. A. manageable | B. interrupted | C. continuous | D. enjoyable |
| 53. A. talks | B. broadcasts | C. says | D. tells |
| 54. A. explored | B. charged | C. admitted | D. hired |
| 55. A. promote | B. urge | C. project | D. proceed |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

A Chinese surveying team 56 (reach) the top of Mount Qomolangma on Wednesday morning to conduct a series of 57 (survey) on the peak of the planet.

The event marked a vital step in China's task to remeasure the height of the world's highest peak, 58 scientists believe will strengthen human knowledge of nature and 59 (science) development.

The surveying team set off for the top from a camp at 60 altitude of 8,300 meters at around 2:10 am on Wednesday. The Chinese team tasked with remeasuring Mount Qomolangma 61 (successful) arrived at the top at 11 am this morning. The surveyors will use a global navigation(导航) satellite system receiver and other measuring instruments 62 (determine) the height of Qomolangma.

New creations 63 (apply) in the latest survey include the application of the BeiDou-3 Navigation Satellite System, domestic(国内的) surveying equipment, the airborne gravimeter 64 3D interactive virtual reality.

This year marks the 60th anniversary of the first successful 65 (explore) to Qomolangma from the Tibet side and the 45th anniversary of China's first accurate measurement of Qomolangma.

第四部分 写作(共两节,满分 40 分)

第一节 (满分 15 分)

假定你是李华,某英文报社现就当地的交通状况进行征稿。请以“我家乡的交通状况”为题写一篇英语短文投稿,内容如下:

1. 之前拥堵,现在正在改善;
2. 措施(发展公共交通,共享自行车等)。

注意:1. 词数应为 80 左右;

2. 可以适当增加细节,以使行文连贯。

参考词汇:共享自行车 shared bike

Traffic Conditions in My Hometown

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

Through our lives, we can gain a lot and lose so much. But being honest should always be with us, as honesty is always regarded as a virtue. Every time I talk about the topic, something crowds in my mind as if it had just happened.

I was 16 when one morning, Dad told me I could drive him to Mijas and then take the car in a nearby garage to get it serviced. At that time, I had just passed the driving test, and I hardly had a chance to use the car, so I said yes without hesitation.

I drove my father to Mijas, promising to pick him up again at 4 pm, then I went to a nearby garage, and put the car there. Since I had several hours to spare, I decided to go to a movie theater near the garage to see the movie. However, I was so absorbed in the plot of the movie that I forgot the time. When the last movie finished, I looked at my watch: 6 pm. I was two hours late!

I thought my father would be very angry if he knew what I was doing. And he would never let me drive again. So I decided to make up an excuse. Then, I drove to the appointed place. My father was sitting in a corner, waiting patiently. I first apologized for being late, then told him that I wanted to get there as soon as possible, but that something was wrong with some of the main parts of the car.

I would never forget the way he looked at me. "I'm very disappointed that you thought you had to lie to me, Jason." My father looked at me again and said, "When you didn't show up on time, I called the gas station and asked if there was anything wrong. They told me you never picked up the car. So, you see, I know there's nothing wrong with the car at all."

注意:1. 续写词数应为 150 左右;

2. 请按如下格式在答题卡的相应位置作答。

A wave of guilt swept over me and I had to admit the fact that I had gone to the movies and that was the real reason why I was late.

"But father, it's exactly eighteen miles home from here, and it's dark. You can't walk back." I begged.

英语参考答案

听力

1—5. CBACB 6—10. ABCBC 11—15. BACBC 16—20. CACBA

阅读

21. D 细节理解题。根据 **Siesta Beach** 部分中“*Bargain hotel nearby: Tropical Beach Resorts, from \$295 per night (double bed) *Airfare: As low as \$238 round-trip from EWR (Newark) to SRQ (Sarasota)”可知，双人间花费 295 美元，从纽瓦克到萨拉索塔往返机票每人 238 美元，因此，两人最少花费： $295+238+238=771$ 美元，故选 D。

22. B 细节理解题。根据 **South Beach** 中“known for wild nightlife and excellent restaurants.”可知，南方海滩以狂野的夜生活和优秀的餐馆而闻名。如果想要品尝美食，可以选择 South Beach。故选 B。

23. A 推理判断题。根据文章第一、二段可知，2 个海滩上都有美丽的沙滩。故选 A。

24. C 细节理解题。根据文章第一段“ As a kid in Rochester, I sent an evening news paper, 可知，作者在小时候做过送报纸的工作，也就是报童。故选 C。

25. A 推理判断题。根据文章第一段中“ We developed a system.”及最后一段“ What has surprised me most about my present position is that time management skills are even more important than before.”可知，作者小时候为送报工作开发提高工作效率的系统，并且在当上 CEO 之后，认为时间管理技巧比以前更重要。综合得知，作者有创造力，自我管理能力强。故选 A。

26. D 细节理解题。根据文章第三段“ But Jack Brennan, who was then the CFC(he later became CEO), talked about his idea and Midwestern values. It was a complete different point of view compared with what I had found in New York. I hoped that the Vanguard people would offer me the job, and they did.”可知，Jack 跟作者交谈了他的想法和价值观，这种观点对作者来说是全新的，作者对此很有兴趣。所以作者希望 Vanguard 公司可以提供给他这份工作。故选 D。

27. C 主旨大意题。通读全文可知，文章主要介绍了作者孩提时代和朋友通过送晚报挣钱，22 岁开始自己规划未来了，从选择课本到计划事业轮廓，也就是从学生到职员转换经历。故选 C。

28. B 词意辨析题。根据第二段的最后一句话“Everybody needs to be aware about its danger and starts to play a role (每个人都需意识到这个危险，并且开始扮演好自己的角色)”可知，包裹废弃物对环境具有危害性。A 项意为“不支持的”，B 项“危害的”，C 项“有利的”，D 项“漠不关心的”。

29. C 细节理解题。根据第二段第一句可知，我们应该循环利用包装，在超市购买未经重复繁杂包装的物品以及不要塑料袋。

30. C 细节理解题。根据第三段 when lacking enough environmental specifications for packages, the packages cannot be recycled or reused and the tape is simply abandoned (在包装方面缺乏环境方面的规定，所以导致包装不能循环利用以及胶带随意抛弃。)可知，选项 C 正确。

31. C 推断猜测题。纵观全文，作者都在强调包装袋废物的问题，以及我们人类作为一个整体，不管是政府，个人还是电商平台方面都应该肩负起自己的责任，保护环境。由此可以看出，作者在包装废弃物方面表现出担忧。

32. B 细节理解题。根据文章第三段中“they're the world's largest hornets with a sting that can kill humans if stung(刺伤) multiple times, ”可知，大黄蜂在对人类刺伤几次后，可以杀死人类。故选 B。

33.C 细节理解题。根据文章第六段中“Hornets are most destructive in the late summer and early fall, when they are on the hunt for sources of protein to raise next year's queens,”可知,大黄蜂在夏末和初秋最具破坏性的原因是他们正在寻找蛋白质来源来培养明年的女王。故选 C。

34.C 推理判断题。根据文章第二段“Beekeepers have reported piles of dead...declining bee population.”可推知,养蜂人在大黄蜂袭击中遭受了巨大损失。故选 C。

35.D 标题判断题。根据文章第一段“Now we have giant hornets(大黄蜂) with freakish eyes and a poisonous sting to add to this year's long list of worries.”可知,大黄蜂成为了 2020 年长长的忧虑清单上的一员。结合下文可知,原产于亚洲的大黄蜂首次出现在美国,并具有很大的攻击性,给美国的养蜂人带来巨大的损失。D 项最适合做文章的标题。故选 D。

七选五

36—40. GCFBA

完形填空

41. B. 词义辨析。根据这句话可知是天真无邪的笑容吸引了无数网民。

42. A. 词义辨析。根据后文可知,由于丁真的出名,许多人开始对丁真的家乡感兴趣。spark 意为引起,导致。

43. B. 词义辨析。根据文章可知,丁真是少数民族的人。ethnic 意为民族的,具有民族特色的。

44. C. 固定搭配。go viral 意为走红。题意为了丁真在网络上引起巨大反应,由此走红了。

45. D. 词义辨析。由于丁真的出名,很多人开始对丁真的家乡感兴趣,因此关于其家乡的搜索量激增。

46. B. 同上一题。shoot up 意为激增。

47. C. 词意辨析。由于丁真的原因,这个地方才被更多人的知道,所以相比较于上周搜索量上涨。

48. D. 词义辨析。因为摄像师上传了一段关于丁真的视频,所以丁真才出名的。所以选 post,意为上传。

49. A. 词意辨析。根据文章可知,丁真是穿着传统的民族服装,所以选 costume,服装(代表某一特定地方的服装)。

50. B. 固定搭配。smile broadly, 笑开了怀,露齿而笑。

51. D. 词义辨析。feature 意为描述。

52. C. 词义辨析。continuous 意为连续的。

53. B. 词义辨析。broadcast 意为传播,宣传。

54. D. 词义辨析。hire 意为雇佣。

55. A 词义辨析。promote 意为促进。

语法填空

56. reached 57. surveys 58. which 59. scientific 60. an
61. successfully 62. to determine 63. applied 64. and 65. exploration

书面表达

One possible version:

Traffic Conditions in My Hometown

The transportation pressure in my hometown was considerably huge in the past five years since each household now basically owns a private car. Later the officials and the provincial government is taking effective measures to deal with the problem and the overall situation is getting better now. For example, the government invests a lot to the public tran.

encourages people to take public vehicles . Another forceful measure is that a huge amount of shared bicycles has been and will further be put on the market. This brings great convenience to people's lives and most importantly, it is environment-friendly. Now you can hardly see traffic jams in our city.

Welcome to visit our place .

读后续写

One possible version:

A wave of guilt swept over me and I had to admit the fact that I had gone to the movies and that was the real reason why I was late .Dad listened carefully as a sadness passed through him , “I'm angry, not with you but with myself. You see. I realize that I have failed as a father if after all these years you feel that you have to lie to me. I have failed because I have brought up a son who cannot even tell the truth to his own father. I'm going to walk home now and think where I have gone wrong all these years”.

“But father, it's exactly eighteen miles home from here , and it's dark. You can't walk back. ” I begged .My protests, my apologies and the rest of my words were useless. I had let my father down. and I was about to learn one of the most painful lessons of my life. Dad began walking along the dusty roads. I quickly jumped in the car and followed behind. I apologized all the way,telling him how sorry I was, but he simply ignored me. For 18 miles he kept walking. Seeing my father in so much pain was the most awful experience that I have ever faced.However it was also the most successful lesson.

听力录音原文

Text 1

W: Shall we go out tonight? There's a new Italian restaurant on the High Street.I've heard they do a great pizza!

M: I've already cooked the chicken.

W: We could have chicken salad tomorrow!

M: All right.

Text 2

M: Mike looks very sad today.What's the matter with him?

W: Yeah, he failed in English, and he's also worried about the result of other tests.

Text 3

M: How much is the coat?

W: The original price is eighty dollars, but we're having a special sale right now.All the coats are 50 percent off.

Text 4

W: Sorry, did I wake you up?

M: Yes, but don't worry about it.It was time I got up anyway.What do you want?

W: I just wanted to let you know the exciting news that our team won the first place.

Text 5

W: Oh, my god! There's a long queue for the counter.

M: Yeah, some have big parcels to send, and others have forms to fill in.

W: Well, I'm afraid we'll have to wait a long time.

Text 6

W: Have you decided on what you're going to do this Saturday?

M: No, not yet.What is it?

W: Please do me a favor—go to the People's Theater with my friend Dic'

night.I'm busy at the weekends.

M: It sounds good.What's on then!

W: Romeo and Juliet.

M: Oh, I'm just looking forward to seeing it.

W: I know you're a play fan.You see, the play is moving and it's worth seeing a second time.

M: That's great! I may make friends with Dick as well.

W: Thanks a lot.

M: It's my pleasure.

Text 7

W: Mark, we need to have a serious talk.

M: About what?

W: Your class attendance.

M: OK, but I've just missed a few classes.

W: What, a few times? Do you think you have not missed too many?

M: Oh, come on.Those classes are really boring!

W: But they're not optional but required.If you don't care, you're about to be in big trouble.

M: What's the big deal about missing some classes?

W: The big deal is that you can't graduate in the end.

M: Oh, but I'm really tired of them.What should I do?

Text 8

W: Hi, Mike! What a nice bike! You must have spent a lot on it!

M: Not a penny!

W: Was it a birthday present?

M: No.One more guess.

W: Was it a reward?

M: Yes, it was.I looked after Mrs.Smith's four dogs for a whole month during her trip to Australia.

W: How lucky you are! I wish I could have the same luck.

M: You call that lucky? The dogs gave me a lot of trouble.And what's worse, I'm afraid of dogs.

W: Oh, poor guy! But I am very fond of dogs.

M: Then you'll be able to get a bike, too.

W: What do you mean?

M: She is planning another trip next month.This time, she is going to England.

W: Really? I will call her tonight.

Text 9

M: Sonia, can you give me some advice on healthy eating?

W: Sure, Mike.The best thing you can probably do is add one extra vegetable to your main meal...

M: You mean people like me who tend to snack on chocolate and cakes should change to, say, fruit and vegetables instead, right?

W: That's right.It's just common sense.

M: So how can you keep such a slim figure—just keep away from fries and hamburgers?

W: Yes, and red meat.White meat such as chicken and duck is far healthier.

M: And what about fish? My mom always made us eat fish.Was she right? I hate fish! I never thought it has a good taste.

W: Yeah.At least once or twice a week you should eat fish.It's full of goodness and very easy to digest.

M: OK, then, Sonia.Will the healthy things make us live longer?

W: Yeah.In fact, some research shows that eating more fruit and vegetables can reduce your risk of cancer by as much as 20%.

M: That's amazing! Please explain why.

Text 10

Boys and girls, I think you'll agree that reading faster is important to success in college. So it's only practical to learn to read faster. First, I want you to think about reading like you think about running. The more you run, the faster and farther you can go. And the more you read, the faster you're going to read. Some people hear every word in their mind. Some people even move their lips so they seem to be speaking while they're reading. This is a serious problem because we can only speak about 300 words per minute. Another problem is the actual pauses that the eye makes. Some people stop their eyes on every single word and that will really slow you down. There's one more problem. A lot of readers go back over the words they've already read. This is probably the worst habit. It not only slows us down, it also makes it more difficult to understand the meaning because we understand by connecting with the next phrase, so going back all the time makes us lose the connections.

I understand it's hard to break those habits, but it helps if you do it in a well-organized environment like the Learning Center. It's free and you'll more than make up for the time you spend in one of the reading courses.



关于我们

自主选拔在线（原自主招生在线）创办于 2014 年，历史可追溯至 2008 年，隶属北京太星网络科技有限公司，是专注于**中国拔尖人才培养**的升学咨询在线服务平台。主营业务涵盖：新高考、学科竞赛、强基计划、综合评价、三位一体、高中生涯规划、志愿填报等。

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自主选拔在线平台一直秉承 “专业、专注、有态度” 的创办公理念，不断探索 “K12 教育+互联网+大数据” 的运营模式，尝试基于大数据理论为广大中学和家长提供中学拔尖人才培养咨询服务，为广大高校、中学和教研单位提供 “衔接和桥梁纽带” 作用。

平台自创办以来，为众多重点大学发现和推荐优秀生源，和全国数百所重点中学达成深度战略合作，累计举办线上线下升学公益讲座千余场，直接或间接帮助数百万考生顺利通过强基计划（自主招生）、综合评价和高考，进入理想大学，在家长、考生、中学和社会各界具有广泛的口碑影响力，2019 年荣获央广网 “年度口碑影响力在线教育品牌”。

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