

2022-2023-2 雅礼中学高三下模拟考试 (一)

英 语

时长: 120 分钟

满分: 150 分

第一部分 听力 (共两节, 满分 30 分) 略

第二部分 阅读 (共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Visiting Information of the Museum

Opening Hours

From Tuesday to Sunday, 9:00–17:00 (last entry at 16:00); the museum is closed on Mondays (except statutory holidays) and on Chinese Lunar New Year's Eve.

Free Admission Policy

The museum is free to the public except for some special exhibitions. Children under the age of 14 shall be accompanied by adults. An adult can only bring up to 2 children under the age of 14 to visit the museum.

Guided Tours

The museum has resumed free tour guide services at designated time and spots; educational activities, the VR Digital Experience Hall and multimedia equipment in the exhibition hall are now available again.

Reception Service

Consultation service, direct drinking water facilities, chairs and benches, parking space for vehicles and non-motorized vehicles. The museum also provides visitors with free lockers, wheels, prams and crutches.

Guided Tours and Interpretation

There are free multi-language guide maps and exhibition leaflets written in Chinese and English. Docents of various languages, touch screen computers for information searching and App with multi-language interpretation services are also available.

Educational and Interactive Service

Themed lectures, children-oriented activities, hands-on activities and interactive multimedia programs are held all year-around.

Leisure Service

Restaurants, cafés, teahouses, souvenir shops, bookstores, post offices and public telephones can all be found in the museum.

Parking Lot

Vehicles will be charged according to the standards set by the Pricing Agency.

Accidents

Personal accident insurance regarding the visitor is covered. Over-the-counter medicine and bandages are readily available. In case of emergency, the staff will call an ambulance and send the visitor to the nearest public hospital as soon as possible.

21. When can visitors enter the museum?

- A. At 10:00, Monday. B. At 8:30, Thursday. C. At 16:30, Friday. D. At 13:00, Saturday.

22. Which is **NOT** free of charge?

- A. Wheels. B. Parking space.
C. Multi-language guide maps. D. Tour guide services.

23. What do we know about the museum?

- A. All exhibitions in the museum are free of charge.
- B. The VR Digital Experience is available to visitors.
- C. Visitors need to call an ambulance for emergency.
- D. Visitors are forbidden to have meals in the museum.

B

As a child, I never considered myself an athlete at all as I was very uncoordinated(不协调的). However, I did love to run because I felt as if I was flying but this all changed two years ago when I suffered a knee injury. I was bedridden for two weeks and I had a difficult time moving even short distances. I literally cried myself on my way to the car for a few days.

When therapy wasn't working well for me, I signed up for a hot yoga class for girls, Bikram Yoga to be exact. Starting a yoga practice was truly a godsend because it helped me gain strength in my knees but, most importantly, yoga helped me attain a more peaceful state of mind, body and spirit.

Since each class was heated to 105°F, every time I stepped foot in the yoga studio, I'd feel a surge(涌起) of negative thoughts come upon me like a big ocean wave. Some of these thoughts were, in the beginning of my practice, so strong that I walked out of the class several times. However, as the months passed by, I noticed that when I didn't get swayed away by my negative thoughts, I could stay in the hot room for longer.

After 3 – 4 months of practicing hot yoga, my arms and legs were beginning to get definition. I also woke up with so much more energy than I had before starting my yoga practice and I gradually started shedding the pounds from my body. Yoga literally made me feel as if I'd taken a shot of energy drink and just gave me that burst that helped my knees heal and made my overall health better.

As I saw some of my classmates do poses that looked appealing to me, I started to think maybe I could do them too. Therefore, yoga helped show me that I have no real limitations physically unless I set those limitations myself through eating junk and thinking in negative limiting terms.

Also, practicing yoga in front of a mirror helped me connect with myself and practicing with a group of people really helped me to feel a greater sense of connection with humanity whereas before I didn't. Overall, this yoga practice has helped me to see I'm part of a bigger picture in life!

24. What made the author sign up for the yoga class?

- A. Her currently disabled knee.
- B. Her being uncoordinated.
- C. Her failure to find her car.
- D. Her serious mental disease.

25. What can we learn about the author from paragraph 3?

- A. Lack of confidence prevented her doing yoga.
- B. The temperature was difficult to bear in yoga classes.
- C. She couldn't stand the pain the knee injury brought.
- D. She was greatly impacted by negative thoughts at first.

26. What effect did yoga have on the author?

- A. She did better than her classmates at school.
- B. Her physical and mental states have improved a lot.
- C. She has developed many healthy eating habits.
- D. Her social circle was widened in the yoga classes.

27. What is the author's purpose in writing the passage?

- A. To share her experience in taking yoga classes.
- B. To call on readers to sign up for yoga courses.
- C. To present the benefits of practicing yoga regularly.
- D. To show readers the necessary skills needed to do yoga.

C

First constructed in the 10th century as a part of a villa, the garden of Keyuan in Suzhou, Jiangsu province, was rebuilt and redecorated on numerous occasions throughout history until it became a Confucian academy in 1805. The waterscape, rockeries and flourishing willows may have greeted students to step into a “painting” where earthly beauty and dynamics of a real world can be felt.

However, in recent history, the shine of the past seems to have been forgotten by the passing of time. The pond was muddy. Rocks were unstable. Plants were withering. Termites also damaged the buildings, the structure of which had been damaged through decades of neglect. The contrast became even more regrettable when the Great Wave Pavilion, a garden on the UNESCO World Heritage List that is just a few meters away across a narrow lane, was crowded with tourists every day.

When Keyuan was handed to He Fengchun, an experienced garden renovation designer, in 2016, her work to make “the pearl” shine again was challenging. “Every step in the restoring and decorating process has to follow historical recordings,” says the designer. “It took just more than one year for us to actually renovate this garden, but much longer time was spent in evaluating every detail in the plan and making sure of its historical accuracy,” she says.

Renovation of Keyuan was recognized with an Asia-Pacific Award for Cultural Heritage Conservation by UNESCO in 2021. A bright and elegant garden is now accessible to visitors and jointly describes a culturally rich neighborhood with the Great Wave Pavilion.

And now, to keep healthy, it also needs regular maintenance, in which modern science plays a key role. For example, with support of big data analysis and scientific evaluation of impact brought by tourism, the largest numbers of visitors — within a day or even an hour — are set for every key site to create a comfortable experience for both tourists and the gardens.

28. What do the underlined words “the pearl” in paragraph 3 refer to?

- A. Keyuan.
- B. The UNESCO World Heritage.
- C. Renovation of Keyuan.
- D. The Great Wave Pavilion.

29. What does the designer say about renovating Keyuan?

- A. It’s practical.
- B. It’s significant.
- C. It’s time-consuming.
- D. It’s urgently needed.

30. What does the author want to tell us by the example in the last paragraph?

- A. The need to limit the number of visitors.
- B. The negative impact tourism has on gardens.
- C. The comfortable experience gardens give visitors.
- D. The role modern science plays in protecting gardens.

31. What is the most suitable title for the text?

- A. The Process of Repairing Keyuan
- B. Beauty of Classical Suzhou Gardens
- C. The Shining of the Garden of Keyuan Again
- D. Classical Gardens of World Cultural Heritage

D

People with social anxiety may benefit from mindfulness therapy combined with exposure to odours (a particular smell, especially an unpleasant smell) from others’ sweat, according to a study.

Lead researcher Elisa Vigna, of the Karolinska Institute in Stockholm, Sweden, explained that an individual’s state of mind caused the production of chemo-signals in sweat that communicated an emotional state and produced corresponding responses in other people.

“The results of our initial study show that combining these chemo-signals with mindfulness therapy seems to produce better results in treating social anxiety than can be achieved by mindfulness therapy alone,” she said.

The study — which is being presented this week at the European congress of psychiatry in Paris — involved collecting sweat from volunteers, and then exposing patients being treated for social anxiety to chemo-signals extracted from those samples. The samples were collected from people who were watching clips from films chosen to elicit particular emotional states, such as fear or happiness. They included *Mr. Bean's Holiday* and *Sister Act*, as well as horror films such as *The Grudge*.

Once the sweat had been collected, researchers selected 48 women, all of whom suffered from social anxiety, and divided them into three groups, each of 16 people. Over two days, they all underwent mindfulness therapy for social anxiety. At the same time, each group was exposed to the odour samples or to clean air.

The study found that the women who had been exposed to the odour samples responded better to the therapy. Patients who undertook one treatment session of mindfulness therapy together with being exposed to human body odours showed about 39% reduction in anxiety scores. There was a 17% reduction in anxiety scores after one treatment session in the group receiving only the therapy.

Vigna said: "We were a little surprised to find that the emotional state of the person producing the sweat didn't differ in treatment outcomes: sweat produced while someone was happy had the same effect as someone who had been scared by a movie clip. So there may be something about human chemo-signals in sweat generally which affects the response to treatment. It may be that simply being exposed to the presence of someone else has this effect, but we need to confirm this."

32. What can be inferred from Elisa Vigna's words?

- A. She has got the results of the final research.
- B. Mindfulness therapy alone was of little use.
- C. Chemo-signals produced better results than mindfulness therapy.
- D. Mindfulness training worked better when combined with chemo-signals.

33. Which of the following is **TRUE** about the study?

- A. All groups were exposed to the odour samples.
- B. 39% of the patients benefited from odours of others' sweat.
- C. All participants received mindfulness therapy for social anxiety.
- D. The emotional state of the person producing the sweat mattered.

34. What does the underlined word "elicit" mean in paragraph 4?

- A. To cause something to happen.
- B. To remove it completely.
- C. To make your meaning clearer.
- D. To make something stronger.

35. What may the researchers do next?

- A. Promote the result of the research.
- B. Treat people with the new method.
- C. Confirm what affects the responses.
- D. Do the same experiment with 48 men.

第二节（共5小题；每小题2.5分，满分12.5分）

阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Build up your self-confidence

Self-confidence is about trusting your judgment and your ability to do something well. It is also about being willing to consider the possibility that you are wrong and to change your mind. It is a combination of courage and humility, which leads to open-minded thinking. Low self-confidence, in contrast, will make you feel unsuccessful, unmotivated and inferior to others. _____ 36 _____ When you do try, your lack of trust in yourself may ultimately lead you to fail.

The reasons for low self-confidence are many and varied, and often differ from person to person. _____ 37 _____ They may find it difficult to develop self-confidence if their parents are critical or overprotective. Once they fail to fulfill expectations, they may feel bad about themselves and get trapped in the cage of self-doubt.

38 _____ If a child gets bullied in school or in the neighborhood, he or she may be afraid of speaking in public, even when he or she grows up to be an adult.

_____ 39 _____ Firstly, work on positive thinking. A positive attitude will lead to positive results. Do not worry about letting others down. All they expect is that you do your best. Turn your negative thoughts into positive ones. You can always talk to yourself in a positive way, such as “I can do it!” or “I’ll give it another try!” Secondly, set realistic goals for yourself and visualize yourself achieving these goals. _____ 40 Therefore, it is important to break down the overall goal into smaller and more measurable tasks. For those tasks you are not so sure about, ask your friends or family for advice. Also, understand that it is perfectly normal if you do not succeed in completing a task. Finally, permit yourself to make mistakes. It is not always possible to get things right the first time. Therefore, do not always feel bad about yourself when you make a mistake, but accept it as an opportunity to reflect on what has gone wrong and how you can do better when you try again. Recognize your mistakes and make a plan to avoid them in the future.

- A. Confidence is built on a sense of accomplishment.
- B. The overall goal must be based on your own capability.
- C. The good news is that your self-confidence can be improved.
- D. Building up your self-confidence is of great benefits as follows.
- E. Negative experiences also have a huge impact on self-confidence.
- F. It often prevents you from doing your best and perhaps from even trying.
- G. One of the reasons is the home environment where children grow and develop.

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

I was sitting in a chemistry class when I and six other kids were called down to the counselor’s(顾问) office. It was pretty strange because none of us were “_____ 41 _____” students. We all _____ 42 _____ what she wanted to say.

This was when she told us she would be choosing _____ 43 _____ of us to be nominated(提名) for the largest _____ 44 _____ in Canada. I never realized I was that _____ 45 _____. She said, since we all had a(n) _____ 46 _____ high average, she would talk to our teachers to see who most _____ 47 _____ it.

A week later, I got an email from the counselor. It was _____ 48 _____ to me and another student at the meeting. I was shocked; this must have _____ 49 _____ we were the two people she would be choosing from. We were required to write about where we _____ 50 _____ ourselves in ten years. I knew I had to make this count. I spoke from the heart, describing my _____ 51 _____ life: living in the big city, having finished my degree, doing what I loved every day.

About another week later, I got called back to her office, only me. I didn’t want to be overexcited because maybe she was being _____ 52 _____, telling me I wasn’t chosen. She told me I was the one picked. Nobody could have _____ 53 _____ my smile, what a moment!

She told me about all the _____ 54 _____ things my teachers said about me; I never realized I was held in such high-regard to them. Over 350,000 students graduate from high school every year and I was one of the only 1,500 kids nominated for this scholarship across all of Canada.

_____ 55 _____, I didn’t win in the last round but I’d still like to thank everyone who helped me get to where I am today.

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|------------------|----------------|-------------|------------|
| 41. A. problem | B. intelligent | C. talented | D. normal |
| 42. A. reflected | B. hoped | C. wondered | D. ensured |

- | | | | |
|------------------|--------------|------------------|----------------|
| 43. A. both | B. one | C. all | D. none |
| 44. A. ceremony | B. business | C. group | D. scholarship |
| 45. A. honest | B. popular | C. excellent | D. eager |
| 46. A. different | B. similar | C. strong | D. accurate |
| 47. A. deserved | B. consulted | C. declared | D. performed |
| 48. A. attached | B. carried | C. returned | D. addressed |
| 49. A. meant | B. predicted | C. allowed | D. demanded |
| 50. A. see | B. behave | C. enjoy | D. suit |
| 51. A. busy | B. perfect | C. reasonable | D. wild |
| 52. A. ashamed | B. patient | C. personal | D. fair |
| 53. A. torn down | B. kept up | C. brought about | D. held back |
| 54. A. awkward | B. important | C. negative | D. beautiful |
| 55. A. Naturally | B. Luckily | C. Unfortunately | D. Strangely |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

The Forbidden City, also 56 (refer) to as the Palace Museum in the modern days, is located in the heart of Beijing. It is an ancient 57 (architecture) complex with a history of more than 600 years. In the Ming and Qing Dynasties, twenty-four emperors lived here 58 (rule) China for nearly 500 years.

The buildings in the Forbidden City are all covered with yellow glazed tile(琉璃瓦) 59 (roof) with red columns and high walls beneath, symbolizing the noble status of the royal family. In addition to its magnificent appearance, the Palace Museum also 60 (house) over one million pieces of cultural relics and treasures.

After the end of the Qing Dynasty, the Palace Museum 61 (establish) in 1925, allowing tourists at home and abroad 62 (visit) the architecture and appreciate the artistic treasures.

In recent years, the 600-year-old Forbidden City has become 63 Internet celebrity, launching thousands of cultural and artistic products 64 stationery(文具) and furnishings to clothing and cosmetics(化妆品). A “Digital Forbidden City” has also been created, allowing people to visit the palace in an immersive way.

As a new day begins, the ancient Forbidden City continues to welcome visitors from all over the world. Be it on-site 65 online, your visit to the Palace Museum may help you travel through time and space and appreciate the time-honored Chinese culture.

第四部分 写作 (共两节, 满分 40 分)

第一节 (满分 15 分)

66. 假定你是国际交流中心负责人, 拟组织各校国际交流生本周末去湖南省博物院参观“世纪动脉·万里茶道”文物联展, 请你用英语写一则通知, 要点如下:

1. 活动目的;
2. 参加人员;
3. 活动安排 (时间、交通方式等)。

注意:

1. 写作词数应为 80 左右;

2. 请按如下格式在答题卡的相应位置作答。

参考词汇：“世纪动脉·万里茶道” The Tea Road

Notice
Fellow international students,
International Exchange Center

第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

Cheemi was a poor orphan living in Pune. Nobody knew where she had come from. Yet everyone accepted the frail little girl and named her Cheemi — the little sparrow. She helped people by doing odd jobs for them, such as fetching vegetables from the corner shop or looking after babies when their mothers went shopping.

Everybody in the neighbourhood liked Cheemi, except Kelly. Kelly was the richest woman there. Cheemi, in her eyes, was dirty and inferior to her. Therefore, she would not allow Cheemi into her big house. The house was almost like a mansion with big wooden carved doors and huge halls. Surprisingly, the windows of the rooms decorated with beads and curtains were very small.

Kelly lived with her son, her daughter-in-law Gina and her little grandson, Carl. Carl was a great favourite with the girls. Gina was a very nice, educated lady and didn't mind Carl being carried by others. Kelly, however, never allowed Cheemi to touch Carl. How Cheemi wished she could play with him!

That year, Panshet Dam collapsed and the waters of the Mutha river, near Pune, had entered the city. The water rose fast. There was confusion everywhere. Police vans were trying to help.

When water entered their house, Kelly and Gina were on the ground floor. Within seconds the water rose. The police persuaded Kelly and Gina to climb to the top floor. In the hurry and confusion, they forgot that Carl was sleeping on the first floor!

The staircases were flooded. It was impossible to get to the bedroom on the first floor. The door to the room was closed but not bolted(闩上). Any moment the water could rush in. The women panicked. “Carl!” they cried. “What will happen to our Carl?”

Suddenly the police discovered that one of the bedroom windows was open, but it was too small for an adult to crawl in. Only a child could. But no one was willing to let their children take the risk.

注意：

1. 续写词数应为 150 左右；
2. 请按如下格式在答题卡的相应位置作答。

Out of nowhere, Cheemi appeared. _____

Loud cheers greeted Cheemi, a daring and selfless girl.

