

## 天津市南仓中学 2022 至 2023 学年度第一学期

## 高三年级期末过程性监测与诊断

## ( 英语 学科)

本试卷分为第 I 卷(选择题)和第 II 卷两部分,共 130 分,考试用时 100 分钟。第 I 卷 1 至 7 页,第 II 卷 7 至 8 页。

答卷前,考生务必将自己的姓名、考生号填写在答题纸上。答卷时,考生务必将答案涂写在答题纸上,答在试卷上的无效。

祝各位考生考试顺利!

## 第 I 卷

注意事项:

1. 每小题选出答案后,用铅笔将机读卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。

2. 本卷共 55 小题,共 95 分。

第一部分:英语知识运用(共两节,满分 45 分)

第一节:单项填空(共 15 小题;每小题 1 分,满分 15 分)

从 A、B、C、D 四个选项中,选出可以填入空白处的最佳选项。

1. — So you've got the job?

— \_\_\_\_\_, but the interviewers said they were impressed with me.

A. Don't mention it      B. Don't say so      C. Not a little      D. Not exactly

2. Many people in Haiti died from the earthquake because they didn't have \_\_\_\_\_ to immediate rescue.

A. access      B. approach      C. admission      D. attention

3. More and more people prefer to live in the countryside, \_\_\_\_\_ appeal for them lies in the quiet and slow-paced life.

A. who      B. which      C. whose      D. what

4. To our great surprise, young as he is, he \_\_\_\_\_ his business by opening two more stores last year.

A. carried      B. expanded      C. applied      D. created

5. The school headmaster take active action immediately \_\_\_\_\_ the education policy of lightening burden.

A. on behalf of      B. by means of      C. in relation to      D. in response to

6. My schedule is quite \_\_\_\_\_, so I can arrange to write the briefing any time next day.

A. sensible      B. flexible      C. dramatic      D. reliable

7. Lily spoke very carefully and slowly, \_\_\_\_\_ the benefits of the plan against the risks involved.

A. being weighed      B. to weigh      C. weighing      D. weighed

8. It is really exciting to imagine my future when I \_\_\_\_\_ a new life in Paris with my family.

A. would experience      B. have experienced      C. will be experiencing      D. experienced

9. —I'm fed up with the same dishes in the school cafeteria every day. I want to try something different today.

—Okay. \_\_\_\_\_

A. How come?      B. Like what?      C. Good for you.      D. So what?

10. —I cannot \_\_\_\_\_ what I have done to annoy Jessica.

—No worries. She is kind of sensitive.

高三年级 ( 英语 ) 学科期末过程性监测与诊断 第 1 页 ( 共 8 页 )

- A. settle for                      B. make out                      C. call off                      D. give away
11. I have given up my flat in London because I am going to live \_\_\_\_\_ in Beijing for the rest of my life.
- A. temporarily                      B. gradually                      C. permanently                      D. frequently
12. Our city is becoming a modern one. More and more tall buildings \_\_\_\_\_ in the last five years.
- A. have been built                      B. would be built                      C. had been built                      D. were built
13. You should follow the doctor's instruction to give up smoking or to try \_\_\_\_\_ will have little effect on your health.
- A. when                      B. how                      C. why.                      D. what
14. — I think you \_\_\_\_\_ there in person; a phone call would have been fine.  
— It is a good chance to know more of you from your parents.
- A. couldn't have been                      B. needn't have been                      C. wouldn't be                      D. shouldn't be
15. We should learn more information technology \_\_\_\_\_ we can improve our teaching efficiency.
- A. so that                      B. in case                      C. now that                      D. even if

第二节：完形填空（共 20 小题；每小题 1.5 分，满分 30 分）

阅读下面短文，掌握其大意，然后从 16~35 各题所给的 A、B、C、D 四个选项中，选出最佳选项。

As a teenager dreaming of a writing career, I was inspired to discover that two of my favorite movies were both written by a female team: Kirsten and her writing partner, Karen.

I didn't think they'd take a young writer like me \_\_\_\_16\_\_\_\_. But still, I wrote Kirsten an email letting her know that I had an idea I wanted to \_\_\_\_17\_\_\_\_ with her and Karen, and asked if they'd be \_\_\_\_18\_\_\_\_ to meet with me.

I didn't even expect a(an) \_\_\_\_19\_\_\_\_ to my email. However, 12 days after I sent it, I received a(an) \_\_\_\_20\_\_\_\_ reply from Kirsten.

Her email included this line, which made me \_\_\_\_21\_\_\_\_ up from my computer chair: "Karen and I would be honored to \_\_\_\_22\_\_\_\_ you and to hear more about everything you're working on." We met for \_\_\_\_23\_\_\_\_ the following week, and after a three-hour meal \_\_\_\_24\_\_\_\_ laughs and sisterly advice, a friendship was born.

\_\_\_\_25\_\_\_\_, Kirsten and Karen \_\_\_\_26\_\_\_\_ the idea I shared with them.

Their \_\_\_\_27\_\_\_\_ in my ideas at the earliest stage of my career is something I'll never forget; it's what made me believe that I could be a good \_\_\_\_28\_\_\_\_ too, just like them. And more importantly, our \_\_\_\_29\_\_\_\_ is still going strong all these years later.

In fact, Kirsten is the first person who ever suggested I \_\_\_\_30\_\_\_\_ a novel. Actually, she gave me this \_\_\_\_31\_\_\_\_ while we were standing on the Teens section of Barnes & Noble, a bookstore where several years later, our \_\_\_\_32\_\_\_\_ would sit together on the shelves.

I wish every young writer had someone like Kirsten in their life to help \_\_\_\_33\_\_\_\_ them on their way. As I looked at our books hanging out together on the bookstore shelf, I once again thought how glad I was that I sent that \_\_\_\_34\_\_\_\_ years ago.

If you too have an idol who you would love to learn from simply \_\_\_\_35\_\_\_\_ them. That might be all it takes to set you on the path to your dreams.

16. A. proudly                      B. seriously                      C. surprisingly                      D. kindly
17. A. share                      B. work                      C. experiment                      D. compare
18. A. ready                      B. hesitant                      C. willing                      D. satisfied
19. A. introduction                      B. comment                      C. suggestion                      D. response
20. A. accurate                      B. reliable                      C. convincing                      D. warm
21. A. jump                      B. throw                      C. turn                      D. look

- |                    |                |                 |              |
|--------------------|----------------|-----------------|--------------|
| 22. A. call        | B. visit       | C. meet         | D. teach     |
| 23. A. training    | B. fun         | C. business     | D. dinner    |
| 24. A. replaced by | B. filled with | C. involved in  | D. based on  |
| 25. A. Amazingly   | B. Certainly   | C. Ridiculously | D. Naturally |
| 26. A. criticized  | B. doubted     | C. understood   | D. loved     |
| 27. A. improvement | B. practice    | C. belief       | D. pride     |
| 28. A. actress     | B. writer      | C. director     | D. judge     |
| 29. A. friendship  | B. confidence  | C. difficulty   | D. pressure  |
| 30. A. write       | B. read        | C. buy          | D. lend      |
| 31. A. present     | B. chance      | C. advice       | D. task      |
| 32. A. books       | B. friends     | C. goods        | D. photos    |
| 33. A. remind      | B. comfort     | C. challenge    | D. guide     |
| 34. A. question    | B. paper       | C. email        | D. novel     |
| 35. A. watch       | B. reach       | C. drop         | D. stretch   |

第二部分：阅读理解（共 20 小题；每小题 2.5 分，满分 50 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中，选出最佳选项。

A

Because travel is as much about the journey as the destination, the right accessories(配件) make a difference to the jet-setters on your gift list.

*Smart carry-on suitcase*

There's nothing worse than landing in a foreign city and realizing you have no way to call Uber, because your phone died, while you were delayed before takeoff and unable to find a plug. If your suitcase is the Millennial Power Bank Spinner from Traveler's Choice, problems like this will be a thing of the past. If you remember to charge it up along with your phone the night before your flight, you'll always have a charge in reserve.

Purchase: via [NORDSTOMRACK.COM](http://NORDSTOMRACK.COM) \$189.97

*Noise-canceling headphones*

Few things are more needed by travelers than a quality pair of noise-canceling headphones. The Bose Noise Cancelling Wireless Bluetooth Headphones 700 has 11 levels of noise canceling power, so you can control your environment as needed, and four microphones that pick up and separate your voice, so you can still take calls, even in a noisy airport. Plus, it offers one-touch access to Google Assistant or Alexa, and 20 hours of battery life, which should get you most anywhere in the world on a single charge.

Purchase: via [AMAZON.COM](http://AMAZON.COM) \$399

*Multi-purpose jacket*

Sure, jackets are a great way to add a layer of warmth—but that's just about any conventional jacket with two front pockets. If the traveler on your list is a techie, he or she will be thrilled with the Baubax bomber jacket 2.0, which has 25 features to ensure everything stays organized and readily available. It comes with built-in neck pillow, travel footrest, eye mask, travel blanket, battery-charger pocket, bottle opener... and 12 pockets to place your tablet, phone, sunglasses and passport. Yes, 12...

Purchase: via [BAUBAX.COM](http://BAUBAX.COM) \$238

*Motion-sickness relief*

There's a new choice for the traveler who suffers motion sickness. Reliefband 1.5, a drug-free wristband that uses patented, clinically proven, FDA-cleared technology to treat motion sickness. The wristband works by



stimulating the nerve at the underside of the wrist with gentle pulses. It works for travel by plane, train, boat, or car, as well as for virtual reality gaming, amusement park rides, and even morning sickness.

Purchase: via [AIMAZON.COM](http://AIMAZON.COM) \$94.99

36. What can a "Smart carry-on suitcase" do?

- A. Guarantee a safe landing. B. Keep the cell phone alive.  
C. Help avoid any trouble in flight. D. Ease the passengers' burden.

37. What's the additional function of "Noise-canceling headphones"?

- A. It's of high quality. B. It's noise-proof.  
C. It keeps a phone call clear. D. It can access Google Assistant.

38. Compared with ordinary jackets, the advantage of "Multi-purpose jacket" lies in .

- A. its ability to keep warm B. its built-in pillow  
C. its capacity to store stuff D. its affordable price

39. What can we learn about "Motion-sickness relief"?

- A. It's a smart wearable device. B. It's a newly-invented pill.  
C. It can cure any sickness. D. It is effective only for passengers.

40. Which of the following is the cheapest one to purchase?

- A. Smart carry-on suitcase. B. Noise-canceling headphones.  
C. Multi-purpose jacket. D. Motion-sickness relief.

B

I'd planned to spend my weekend in the sun, potting flowers outdoors. But that was before the pair of crows(乌鸦). Out of nowhere, they had set up their base camp in our backyard.

We first discovered our feathered enemies on Friday morning. It was early, and the sound the birds made travelled through our neighborhood. I figured they'd go away soon. But, no. They were getting louder and probably annoying my neighbors nearly as much as us with the noise. I admit I got a little desperate.

Then, on Sunday afternoon, I looked out the kitchen window to see our dog Quatchi staring at something on the ground. I went to explore and found a small coal-black bird in the grass. Its eyes were milky, and it stayed perfectly still as my dog inched towards it. Only when Quatchi touched his nose to its head did it walk away. I grabbed the dog and locked him inside and came back with my camera.

It never occurred to me that the young would be hanging out on the ground, growing and gaining strength as its parents guarded it from above. The second time I saw this little creature, I forgave the crows.

To be honest, I've never been much of a bird person. I also have a healthy respect for birds, and by healthy I mean slightly fear-based. They're basically living dinosaurs.

I wish they'd chosen another backyard. There are only so many sunny days in Seattle, and I still can't do any gardening out there. But I'm also grateful that I got to see this little bit of nature unfold up close. It's pretty amazing. The experience has also reinforced my desire to create a beautiful backyard garden that attracts lots of bees, butterflies, and yes, birds. They are welcome here.

41. The arrival of the two crows \_\_\_\_.

- A. disturbed the author's life B. frightened the author's dog.  
C. angered the author's neighbors. D. damaged the author's backyard.

42. Why did the author lock her dog up?

- A. She wanted to take some photos. B. The dog kept making loud noises.  
C. She wanted to protect the little bird. D. The parent crows were to attack the dog.

43. After seeing the little crow, the author \_\_\_\_.
- A. decided to take it in. B. appreciated knowing its growing process.  
C. fell in love with the pair of crows. D. planned to drive the crows away.
44. By saying “They’re basically living dinosaurs” in paragraph 5, the author means \_\_\_\_.
- A. birds are rare. B. birds are very ugly.  
C. she is afraid of birds. D. she is a bird person.
45. The author writes the text mainly to \_\_\_\_.
- A. show an annoying situation. B. seek advice on dealing with crows.  
C. call on readers to protect birds. D. share a personal experience.

## C

Scientists can figure out a movie’s emotional tone from the gasps (喘气) of its audience. These gases could point the way to a subtle form of human communication, a new study suggests.

“When you see a movie, you can hear the music and see the pictures. However, you don’t realize there are chemical signals in the air. And they, too, could be affecting you,” says Williams, who led the study. As an atmospheric chemist, he studies the makeup of the air around us.

Williams started out measuring the air in a soccer stadium. He noticed that levels of carbon dioxide and other gases changed wildly whenever the crowd cheered. That got him wondering — Could the gases people breathe out be influenced by emotions?

To find out, he went to the movies.

Williams and his coworkers measured air samples collected over six weeks in two movie theatres. Overall, 9,500 moviegoers watched 16 films. They included a mix of comedy, romance, action and horror films. Among them were *The Hunger Games*, *Catching Fire*, *Carrie*, and *Walking with Dinosaurs*. The researchers gave scenes from the movies such labels as “suspense (悬疑)”, “laughter” and “crying”. Then they looked for hundreds of chemicals in the air that showed up as people were watching particular movie scenes.

And certain scene had distinct chemical “fingerprints”. Scenes that had people laughing or on the edge of their seats were especially distinctive. During screenings of *The Hunger Games*, levels of carbon dioxide and isoprene (异戊二烯) got to the highest at two suspenseful moments. Because isoprene is related to muscle movement, the researchers think tense movie moments likely led to its spikes (尖峰). Williams and his colleagues think the increase in carbon dioxide was due to the viewers’ increased pulse and breathing rates.

Scientists need more data to make stronger links between human emotions and what’s in their breath. But Williams can see potential practical uses. Companies, for instance, could quickly measure the air during tests to see how people feel about new products. He pictures future studies recording other body variables (变数) as well. These might include heart rate and body temperature, for instance. “It’s something to find out.”

46. What chemicals in the air are important to Williams’s recent research?
- A. Those from audience’s breath. B. Those in the natural air.  
C. Those from the theaters. D. Those from people’s gasps.
47. What was Williams’s purpose of the research?
- A. To know more about the makeup of the air.  
B. To find out how the air changes in a crowded stadium.  
C. To study how greatly the movies influence people’s emotion.  
D. To see whether people’s emotion affects the air they breathe out.
48. What do we know about the experiment?

- A. The samples were taken in two theaters over six weeks.  
B. The film scenes were labeled with three main features.  
C. The movies were a mixture of comedy and romance.  
D. Each participant watched about 16 films.
49. In which situation are people most emotional?  
A. Romance moments. B. Exciting situations.  
C. Suspenseful situations. D. Horrible moments.
50. What can we infer from the last paragraph?  
A. Human emotions are strongly related to the chemicals human breathe out.  
B. People's temperature will be measured when they're watching movies.  
C. Williams thinks more measures should be taken for practical uses.  
D. Companies will spend much money testing their new product.

## D

The world we live in is becoming increasingly complex and uncertain. And with it, the conventional thinking of yesterday is no longer sufficient. Creating real breakthrough opportunities requires a fundamental change in our thinking. As Einstein said, "We can't solve problems by using the same kind of thinking we used when we created them."

There's no better example of this than the myth of the four-minute mile.

For centuries, runners had been attempting to run a mile in under four minutes. In the 1950s, the attempt to break the barrier took on renewed importance, and a number of famous runners publicly and unsuccessfully attempted the challenge. Many of the newspapers of the day began to question whether humans would ever be able to run a sub-four-minute mile. Then, in 1954, a man named Roger Bannister did the unthinkable. He broke through the imaginary barrier, running the mile in 3 minutes and 59.4 seconds. It was an amazing achievement.

But here's what's really interesting: it was only forty-six days later that another runner broke Bannister's record. And the following year, two new runners broke the four-minute mark in the same race. Dozens followed, and as of this writing, more than 1,400 runners have accomplished the goal, including one runner who ran two miles in less than eight minutes.

Did something change with respect to human body, track conditions, weather patterns, running shoes, or the human diet between the start of Bannister's race and the few years that followed? No. So what explains the sudden and dramatic explosion of athletic achievement?

The myth's unimaginable power over runners had lifted. What Bannister had done was not just break the four — minute — mile barrier; he shattered(粉碎) the myth that created the barrier in the first place. This paradigm(榜样) had offered a set of actions available for runners to take. Runners were really free to run through the invented boundary.

Creating breakthroughs requires shattering the myths that limit our imagination and lock us into conventional thinking. Think about your own situation. What myths are you stuck in? And what would be possible if you had the courage to challenge the myths?

51. What is needed to create breakthroughs?  
A. Conventional thinking. B. Changes in our thinking.  
C. Complex situation. D. Einstein's encouragement.
52. What was the real barrier that kept runners succeeding in the four-minute mile?  
A. The belief that it was unachievable. B. Lack of professional training.



- C. The poor track conditions. D. Lack of sufficient diet.
53. The example of Roger Bannister is used to \_\_\_\_\_.  
A. list a new record in the race B. prove newspapers are wrong  
C. show barriers can be broken D. call on us to run freely
54. What does the writer try to explain in Paragraph 6?  
A. The power of the myth. B. The achievements of Bannister.  
C. The importance of running freely. D. The significance of breaking barriers.
55. What is the best title of the passage?  
A. Creating Breakthroughs B. Accepting the Myths  
C. Locking Your Imagination D. Becoming the Best Athlete

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高三年级期末过程性监测与诊断  
( 英语 学科)

第 II 卷

注意事项:

- 1.用黑色墨水的钢笔或签字笔将答案写在答题纸上。
- 2.本卷共 6 小题,共 35 分。

第三部分: 写作

第一节: 阅读表达(共 5 小题; 每小题 2 分, 满分 10 分)

阅读短文, 并按照题目要求用英语回答问题。

In 2013, the carpenter from Schuby, Germany was surfing the Internet when he came across an organization called Be The Match, the largest bone marrow (骨髓) registry in the world. The 19-year-old didn't think twice about donating, but he never found out who his marrow went to until years later when he received a message from halfway around the world.

As it turns out, Dennis didn't just save another person. He saved a baby—little Gabriel Smith from Springfield, Illinois. As a little baby, Gabriel was diagnosed(诊断)with aplastic anemia and went into bone marrow failure(衰竭). At just 14 months old, he received Dennis' lifesaving transplant.

Fast forward to 2018, when the Make — A — Wish Foundation contacted Gabriel's family to offer the seven-year-old one wish. "At first, he said, "Take my donor to meet Mickey," Gabriel's mom, Lauren, told CNN. "But we couldn't do that, so he was asked to choose one: Meet your donor or go to Disney. He chose to meet his donor, Dennis, without any hesitation."

Fortunately, Dennis had already agreed to share his identity with his recipient's family. Even so, hearing from them came as a bit of a shock. "I was speechless, Dennis said. "I can't believe that this happened and that he survived the bone marrow transplant." In August, Make — A — Wish arranged for Dennis to travel to the U.S. for

the first time ever, where he and Gabriel became conjoined.

While Gabriel didn't go to Disney World, he got something even better: adventures with his own personal hero. "He is part of our family now," Lauren said. "We are hoping this experience will inspire others."

And incredibly, it did! On August 27, Lauren shared on Facebook that Dennis and Gabriel's story has already inspired thousands of Americans to sign up with Be The Match. With one selfless choice, Dennis sparked a wave of potentially lifesaving acts. He's not just a hero to Gabriel and his family: He's a hero to us all.

56. How did Dennis learn about the organization called Be The Match? (no more than 10 words)

57. What was Gabriel's wish at last? (no more than 5 words)

58. What does the underlined word in Paragraph 4 mean? (1 word)

59. What is the influence of Dennis and Gabriel's story? (no more than 15 words)

60. Who is the "hero" in your life? Please explain. (no more than 20 words)

第二节：书面表达（满分 25 分）

61. 假定你是晨光中学的李津，你的英国朋友 Chris 在来信中对于 "How to keep psychologically Healthy?" 存在很多困惑。请你给 Chris 回一封电子邮件，谈一谈你对这一问题的看法。

内容包括：

- (1) 青少年心理健康问题的危害；
- (2) 分析青少年产生心理健康问题的原因（可从压力过重、缺乏支持、缺乏人际交往能力等方面分析）；
- (3) 请你就青少年应如何保持心理健康提出一些建议。

注意：1. 词数不少于 100 字；

2. 可适当加入细节，使内容充实、行文连贯；

3. 开头和结尾已给出，不计入总次数。

Dear Chris,

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Yours,  
LiJin



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