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做趣时, 先将答案标在试卷上, 並音内容结束后, 你推有两分钟的时间将达卷上的答案转降到答题 卡上...

第一节 (共5小題;每小駒 1.5分,满分 7.5分)

斯下面 5 段对话。每段对话后有一个小脚,从脚中所给的 A B C 一个选项中选出畅往选项,并标准试卷的相应位置。明完每段对话后, 你都有 10 种种的时间来回答有关小腿和腐迹十一小腿。每段对话仅读一遍。

例: How much is the shirt?

A. £ 19, 15.

B. £9, 18.

C. 3.9. 15.

答案是C。

1. Who is in charge of the research team?

A. Mr. Miller.

B. Professor Eric,

C. The own weather.

2. Where does the conversation take place?

A. At the cinema.

B. In the library.

C. In the restaurant?

3. What does the woman suggest?

A. Ignoring the event.

B. Having a walk with Ted.

C. Talking with the teacher.

4. What's the conversation about?

A. Renting a flat.

B. Buying a house.

C. Fixing a machine.

5. When is the flight taking off?

A. At 10:45.

B. At 11:30.

C. At 11:45.

第二节 (共15小题;每小题1.5分,满分22.5分)

所下面 5 段对话或独自。每段对话或独自后有几个小题,从题中所给的 A.B.C 《个选项中选出最佳选项,并标在试卷的相应位置。听每段对话或独自前,你将有时间阅读各个小题,每小题 5 秒钟: 听完后,各小题将给出 5 秒钟的作答时间。每段对话或独自读两题。

听第6段材料,回答第6、7题。

6. How did the woman like her vacation?

A. Disappointed.

B. Pleased.

C. Unconcerned.

7. What did the man do during the holiday?

A. He visited his uncle.

B. He went to the mountains.

C. He stayed home.

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【爽语(第1页)】

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听第7段材料。网答第8至10	E.	· · · · · · · · · · · · · · · · · · ·		
8. When does the conversation take place?				
A. On Monday.		C. On Friday.		
9. What will the woman do this Saturd	lay morning?			
	B. Fix the internet service.	C. Stay at home.		
10. How much will the woman pay for				
A. 8500.	B. 8580.	C. \$1160.		
听第8段材料,同答第11至13	題.			
11. What happened to the man on his	way home?			
A. His car was knocked over.	B. He argued with the police 7	C He went a long way round.		
12. What did the speakers plan to do		- U VI		
	B. Harrison Vill Call	6. Repair the man's phone.		
13. When the second of the second		FEET PERO		
	SERVICE SERVICE	C. Have dinner together.		
美多 县州縣, 巨美菜 年至市	T WYOU			
14. Was \$13. [4]				
A. Landing E. S. U.	B. Bangkok.	C. Heathrow Airport.		
15. What will the economy class of the	he first flight do at 4:30?			
A. Check in.	B. Take off.	C. Do repairs.		
16. What will the man buy?				
A. A return ticket.	B. A single ticket.	C. Two round tickets.		
17. How will the man pay?				
A. In cash.	B. By check.	C. By credit card.		
听第10段材料,回答第18至		> MIDIE		
18. What does the speaker suggest d	047 11	5 AIL U		
A. What you enjoyed before.	B. What worthes you most.	C. What your friends like.		
A. Taking enough elercise		55 55 55		
20. What did a Sacrish study find	B. Having a lot of hobbies.	E Starting a hobby early.		
A. Old proplement balance well				
B. DIY is a good way to sopialize				
C. Gardening can benefit old per				
第二部分 阅读理解 共两节	,满分 40 分)			
第一节 (共 15 小題;每小題 2 5	分,满分30分)			
阅读下列短文,从每题所给的	A、B、C和D四个选项中,选出最佳选	项。		
	A			
Big News of 2021				
Hundreds of new species are identified				
In January, a monkey found on an extinct volcano in Myanmar, in southeast Asia, was among 503 new species identified by London's Natural History Museum. Named the Popa languar after the Mount Popa, on which				
it was found, it was classified as critically endangered with only about 260 of the monkeys in the wild. Scientists				
also discovered 122 new fossil species, including a creature from Australia that lived 25 million years ago.				
【 苯语(第 2 页) 】				
2 京文學/章八〇日:元元元	[大明(第一八)]	次为执行,010 5601 0020		

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columns is to get a new floor

In May, Italy's government announced plans to fit a new floor in the Colosseum in Rome. The new floor will be ready to stand where people battled nearly 2,000 years ago in AD 80 during the time of the Roman Empire. It's expected to cost about £ 16 million and will be ready by 2023.

World Heritage sites reviewed

In July, UNESCO's World Heritage Committee held meetings to update its World Heritage List, which protects places that are of "outstanding value to humanity", "alonga National Park in Congo, Africa, an area of runnforest classed as "in danger" since 1999, was removed from the "in danger" list. Buen Retiro Park in Madrid, "pain, and Iran's Trans-Iranian Railway were added to the list.

Spacecraft sets off on collision course

On November 24, the US space agency NASA founched a spacecraft on a test mission. The spacecraft, called DART, is to fly into a small asteroid (月行是), called Dimorphos, and change its course. NASA hopes that DART could one day protect Earth in the unlikely event that an asteroid heads toward the planet. People can watch the event as it happens thanks to DART's onboard camera.

- 21. What is true about the Pope languar?
 - A. It used to commonly exist on Mount Popa.
 - B. It has already died out because of a volcano.
 - C. As many as 122 new fossils were found about it.
 - D. It was named after a mountain where it was found.
- 22. What changes happened to the World Heritage List in 2021?
 - A. It removed the Buen Retiro Park from its protection list.
 - B. It put Trans-Iranian Railway in Iran on its protection list.
 - C. It labeled Salonga National Park rainforest as "in danger".
 - D. It announced its plan to fit a new floor in the Colossetin.
- 23. What's the purpose of DART?
 - A. To carry out a test.

B. To protect the environment.

C. To broadcast an event.

D. To remove some old floors.

B

As I worked overtime for the down payment for a new home, I had RSI, a professional disaster for secretaries who spend their days at the keyboard. I had to rely on disability insurance for my income, and I feared losing the home I had worked so hard to buy.

Feeling the sharp pain at night with an RSI, I spent long night hours reading phone books for organizations that would provide food, and even mortgage(抵押) assistance. I applied for aid over the phone to restore my life and keep my home.

One of my calls led me to meet a developer of a voice-recognition program. Soon, I was reading my many lists of resources into a Word document, providing a way to create something in writing. One day, a friend suggested I should share my lists with other people with disability or out of work. It was so well-received that I decided to write a book on how to "survive" disability.

The book was published, and after the surgeries. I decided I needed some formal education to get a job and keep the new home.

Impressed with my book, my advisor suggested that I write another book—this one about the struggles students have. As I had with my first book, I set to write for students with disabilities.

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I graduated with high marks, and my second book was later offered as a resource to students with disabilities. After I finished graduate school with a master's degree. I started my career as a consultant, serving people with disabilities. With a steady income from my new career, my beloved home was safe, and I survived disability.

My career fulfills my love of creating, growing my own ideas, and offering entertainment to my readers. Despite my disease, my determination to keep the home I loved opened doors that I would never have dreamed of.

- 24. Why did the author search through phone books?
 - A. To look for any help he could get.

- B. To take advantage of his insurance.
- C. To work hard to pay for his new home.
- D. To find proper treatment for his illness.
- 25. What inspired the author to write a book for disabled students?
 - A. His ability to use a voice-recognition program.
 - B. The pressure to pay his meetgage assistance.
 - C. The encouragement and urge of his advisor.
 - D. The advice of one of his consultant overeasues.
- 26. What may be the motivation for the author's struggle?
 - A. His desire of working for the discoler.
 - B. His dream of becoming a consultant.
 - C. His interest in a voice-recognition program.
 - D. His aim of keeping the house he'd bought.
- 27. What conclusion can we draw from the author's experience?
 - A. Our health is often ignored until we lose it.
 - B. The way to being a writer is full of hardship.
 - C. High school students need to learn to survive.
 - D. Desperate times may mean hidden treasures.

C ^

Sometime in 2021. I learned him to relax my muscles purposefully. This will help me improve how I deal with an annoying 2022. I learned. For me, this immediately reduces stress and anxiety, creating a refreshed feeling nearly anywhere and at any time. And it gets more effective when I do it more.

The benefits of mascle relaxation have been studied for decades, and research has found that the practice may mitigate a wide range of physical and mental conditions.

One of the most widely used methods is progressive muscle relaxation, which was developed early last century by Edmund Jacobson. His method is a two-step process. First, learn to recognize when a particular muscle feels bent. Then, focusing on that muscle in the bent state, do the opposite of bending; relax.

When you start with muscle relaxation, find 10 or 15 minutes in the day when you're unlikely to be disturbed. Look for a quiet spot, and close your eyes. Take a few deep breaths. Now clench(紧握) your hands and focus your mind on what that feels like. After a few seconds, do the opposite and gently unclench your fist; Set off the tension. Feel your hand lossening, becoming heavy, and falling into relaxation.

After repeating this a few times, you can move on to other parts through your whole body. At first, it may be just a sense of calm, but the more you do it, the deeper into relaxation you'll fall.

I find myself consciously relaxing everywhere, anytime—in line at the supermarket or while on hold with my insurance company. And now that I'm done singing the praises of relaxation, I suppose I'll go off to relax right now.

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- 28. What did the author learn to do sometime in 2021?
 - A. Handle his difficult 2021.

B. Relax his muscles on purpose.

C. Keep himself in good shape.

D. Remove his doubts in life.

- 29. What does the underlined word "mitigate" mean in the second paragraph?
 - A. Strengthen.
- B. Generate.
- C. Ease.

D. Worsen.

- 30. What is required to start muscle relaxation?
 - A. A quiet place without disturbance.

B. A room with necessary equipment.

C. A training center with a coach's help.

D. A rest of 10 to 15 minutes beforehand.

- 31. What benefit can one experience after relaxing the whole body?
 - A. Easy identification of a quiet place.

B. Confidence to do well in sports.

C. A sense of career achievement.

D. Deep relaxation to beat stress.

D

The strengths of the written word haven't been weakened by the pandemic era. In some ways they are ideally suited to it.

The value of writing is important in management. Jeff Bezos favoured good memos(备忘录) at meetings of senior Amazon officials back in 2004. Andrew Bosworth at Facebook said, "In my experience, discussion expands possibilities while writing reduces it to its most essential components." Others do so to reach an audience.

But remote working has added to the value of writing to the entire organisation. When tasks are handed to colleagues in other places, or people are working on a project at their own time, general writing is important. When new employees start work on something, they want the back story. When people depart an organisation, they should leave knowledge behind.

Software developers have already worked out the value of the written word. A research program from Google into the ingredients of successful technology projects found that teams with high-quality documents deliver software faster and more reliably. Gitlab has a handbook publicly available, stretches to more than 3,000 pages and includes all of its working processes.

The discipline required by writing is helpful in other contexts, too. In "Brainwriting", participants are given time to put down their ideas before discussion begins. Thoughtful written summary of a firm's culture makes sense in remote workplaces, where new joiners have less chance to meet and observe colleagues.

Purists will sniff that none of this counts as writing. But literature and useful prose share the same essential qualities: briefness, structure, and a clear theme. Cormac, a prize-winning novelist, copy-edits scientific papers for fun.

Writing isn't always the best way to communicate in the workplace. Video is more memorable; a phone call is quicker; even PowerPoint has its place. But for the structured thought it demands, and the ease with which it can be shared and edited, the written word is made for remote work.

- 32. What does Andrew think is the benefit of writing?
 - A. Helping us communicate during the pandemic.
 - B. Freeing our mind to more possibilities and ideas.
 - C. Focusing our mind on the most important things.
 - D. Enabling us to think on the management level.
- 33. What's the attitude of purists to the writing mentioned?
 - A. Sympathetic.

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B. Supportive.

C. Indifferent.

D. Negative.

【英语(第5页)】

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id. What can we learn about the organized thought from the last paragraph?

- A. It can be shown through writing
- B. It makes suless cass to remember
- C. It isn't required for PowerPoint
- D. It makes editing easy to carry out.
- 35. Which of the following is the best title for the text?
 - A. Laterary Writing Never Loses Its Appeal to People
 - B. Remote Work Promotes the Importance of Writing
 - C. Practical Writing Stands out During the Pandemic
 - D. Different Kinds of Writing Share the Same Future

第二节 (共5小題:每小題2分,満分10分)

根据知义也容、从是文与的近项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

As we're made stressful due to the COVID-19 and its variants, mental health experts suggest a few ways for us to manage stress.

Practice the "STOP" skill.

This is a special strategy to control your emotion, shared by Dr. Sabrina, a psychologist and professor in New York City.

"Stop stands for; stop; take a step back; observe; proceed mindfully," she explains. "___36__ Otherwise, you may find that you act blindly and lose your judgment over simple things."

Get outside during daylight hours.

37 You can simply sit and watch the sunrise or walk around your neighborhood. Whatever you do, just make an effort to make it a daily habit.

Connect with others if you're feeling lonely.

The pandemic has completely changed the way we socialize. 38 Chances are that you aren't alone in feeling lonely, and sharing how you are feeling may empower others to do the same. Not only will you brighten your own day, you'll also brighten someone else's.

30

80

6

For often we are stressed by the little things. We need to take a deep breath and ask ourselves if what is troubling us really matters in the big picture, if not, let it go.

Try a way to let out stress.

Stress is a result of careful thoughts. 40 The key here is to put pen to paper and start writing. Doing so allows us to begin to separate our stress from being a part of us, and thereby putting some distance between us and our stress.

Lastly, sorting down our thoughts can also help us clear our head and begin to shift into solution mode.

- A. Remember the big picture.
- B. Don't let your emotion take over.
- C. Millions of people are stuck home feeling lonely.
- D. A helpful tool to deal with stress is to let it out and release it.
- E. Parents should support their children by listening to their children's anxieties.
- F. It may be cold, but getting outside is still important for your mental health.
- G. Keep a certain distance away when you socialize, and you'll avoid being infected

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第三部分 语 南知识运用(共两节,满分 45 分)

第一节 (共 20 小题;每小题 1.5 分,满分 30 分)

阅读下面短文,从短文后各题所给的 A、B、C 和 D 四个选项中,选出可以填入空白处的最佳选项。

My partner and I decided to organise gifts for the residents of a local nursing home. After I posted our 41 on a social networking website, my friends and colleagues sent me presents. We also 42 chocolates, Christmas puddings, etc. A lady who does a lot of work for the 43 gave us a huge supply of things to 44 the gifts. This way they looked cheerful and 45.

I posted on a local online group as we don't have a car. James sent me a message 46 to drive us. Another lady sent a message saying she had some small gifts to 47 so she came by with some more presents. This 48 us that there was enough for the 70 + 49 !

So on the 22nd of December we were ready. We <u>50</u> for the nursing home with 74 gifts plus a few extras! After signing in, masking and having our temperature <u>51</u> we were in and ready to spread the Christmas <u>52</u>.

I was a little nervous <u>53</u> as it was my first time in a nursing home. A sense of <u>54</u> arose when I saw my partner had no <u>55</u> talking to people. But once the nursing manager began taking us round and I saw the <u>56</u> faces, I was so happy to be there and it gave me so much joy. We went to everyone's rooms and gave them a small gift <u>57</u>. It was a wonderful experience and I highly <u>58</u> that people do something like this as it will bring you <u>59</u> and happiness.

As the Easter bunny might be 60 , I'm already planning a visit for Easter.

As the Master bunny might	be, I'm aneady plan	mie a mit ist Besses.		
41. A. review	B, advice	C. comment	D. intention	
42. A. ignored	B. covered	C. purchased	D. guaranteed	
43. A. community	B. experience	C. development	D. account	
44. A. polish	B. preserve	C. stick	D. wrap	
45. A. natural	B. appealing	C. current	D. concrete	
46 . A. distributing	B. lasting	C. offering	D. ordering	
47. A. get over	B. drop over	C. turn out	D. rule out	
48. A. excused	B. reminded	C. confused	D. ensured	
49. A. residents	B. employees	C. representatives	D. servants	
50. A. worked	B. inched	C. headed	D. struggled	
51. A. registered	B. copied	C. fixed	D. checked	
52. A. knowledge	B. cheer	C. application	D. toast	
53. A. funnily	B. sensitively	C. briefly	D. consequently	
54. A. awkwardness	B. delight	C. belonging	D. humor	
55. A. clue	B. concentration	C. luck	D. trouble	
,56. A. shiny	B. disappointing	C. sweaty	D. cloudy	
57. A. gradually	B. differently	C. individually	D. similarly	
558. A. communicate	B. recommend	C. declare	D. dismiss	
59. A. fulfillment	B. appointment	C. arrangement	D. encouragement	
60. A. recognizing	B. approaching	C. returning	D. passing	
M - # / # 10 小類 . 毎小類 1 5 分 . 満分 15 分)				

第二节 (共 10 小题;每小题 1.5 分,满分 15 分) 阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

An art fair 61 (feature) urban culture and popular art will be launched in May in Chengdu, Sichuan province. This is seen as an effort to meet 62 artistic demand of the younger generation.

【英语(第7页)】

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U3 Art Fair, as it 63 (call), will be held in Chengdu's central park with works from more than 150 salleries and popular culture 64 (brand);

The art fair is expected to attract as many young people as possible, just like a big art party 65 (mix) with popular culture," said Zhang Yiwan, an 66 (organize) of the art event. Urban art concerning pop culture 67 (grow) in popularity in China since 2018. It's also a trend 68 the international art field. Urban artists are always working with street arts, pop arts and designed toys.

Although Beijing and Shanghai are regarded as centers of China's urban art, the art fair will be launched in Chengdu. pace of life is much more slower than the former two cities. Young people here are willing to spend on subsultures.

"Urban culture is a kind of life-tyle of the younger generation. 70 (hopeful) the art fair can suit their lifestyle," Zhang added.

第四部分 写作(共两节,满分35分)

第一节 短文改错(共10小题;每小题1分,满分10分)

假定英语课上老师要求同桌之间交换修改作文、请你修改你同桌写的以下作文。文中共有10处语 言错误,每句中最多有两处、每处错误仅涉及一个单词的增加、删除或修改。

增加:在缺词处加一个漏字符号(广),并在其下面写出该加的词。

删除:把多余的词用斜线(1) 划掉

修改:在错的词下划一横线,并在该词下面写出修改后的词。

注意:1. 每处错误及其修改均仅限一词;

2. 只允许修改 10 处,多者(从第 11 处起)不计分。

As a child I witnessed a bird choke on litter and die. Since then, I have seen the impact of human behavior for nature. They inspired and educated me, result in my journey as an activist. I hold a strong belief that it's important to consider that we've done to nature, because we should act responsible. I've written some articles from perspective of different animal and contributed regularly to teen magazines. Pll write a book to raise the aware of animal rights and help people to see the influence we have on them. It was also my hope that more teenagers will to be involved in protecting our environment.

第二节 书面表达(满分25分)

假定你是李华,你的英国笔友 Thomas 给你发电子邮件,诉说自己疫情之后结束网课,返校上课效率 低下。请你给他回封邮件,内容包括:

- 1. 你的安慰;
- 2. 分析原因;
- 3. 你的建议。

注意:1. 词数 100 左右;

- 2. 可以适当增加细节,以使行文连贯;
- 3. 开头及结尾已为你写好,不计人总词数。

Dear Thomas,	
	Yours,
	Li Hua

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