

# 2022-2023 学年度第二学期高三第一次模拟试卷

## 英语试题

### 第一部分 听力（共两节，满分 30 分）

#### 第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话，每段对话后有一个小题。从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Who is possibly at the college?

A. Liza.      B. Grace.      C. Peter.

2. What will the man do on Saturday?

A. Go hiking. B. Have a picnic. C. Date the woman.

3. What's the weather like now?

A. Sunny.      B. Rainy.      C. Windy.

4. How did the woman feel about Tom's speech?

A. Moved.      B. Excited.      C. Surprised.

5. What does John find difficult in learning German?

A. Pronunciation.      B. Vocabulary.      C. Grammar.

#### 第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有 2 至 4 个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有 5 秒钟的时间阅读各个小题；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. What's the probable relationship between the speakers?

A. Teacher and student.      B. Mother and son.      C. Classmates.

7. What is required for salespeople?

A. Taking a training course before.

B. Getting some work experience.

C. Having a good character.

听第 7 段材料，回答第 8、9 题。

8. Which society's president is Lisa?

A. The International Society.

B. The Ballet Society.

C. The French Society.

9. What club attracts the man?

A. The Music Club.     B. The Chess Club. C. The Nature Club.

听第 8 段材料，回答第 10 至 12 题。

10. What does the man say about playing chess?

A. Uninteresting.     B. Enjoyable.     C. Difficult.

11. What does the man advise the woman to do?

A. Study in the library.     B. Take the French course.

C. Join the Debate Club.

12. What can we learn about the woman?

A. She needs to lose weight.

B. She suffers a lot from her work.

C. She wants a new doctor.

听第 9 段材料，回答第 13 至 16 题。

13. What can the woman eat?

A. Sugar.     B. Seafood.     C. Beef.

14. Where does the conversation probably take place?

A. In a restaurant.     B. In a hospital.     C. In a gym.

15. What is the most probable relationship between the speakers?

A. Manager and customer.     B. Driver and passenger.     C. Co-workers.

16. Why was Sally unhappy?

A. She was nearly late for her flight.

B. The driver didn't pick her up on time.

C. There were roadworks on the way to the airport.

听第 10 段材料，回答第 17 至 20 题。

17. What percentage of free time does the woman spend on shopping?

A. 15.     B. 10.     C. 8.

18. What does the woman like doing?

A. Going shopping.     B. Doing the housework.     C. Reading books.

19. How often does the woman cook a proper meal?

A. Every day.     B. Four times a week.     C. Three times a week.

20. What would the woman like to change in the future?

A. Read more books.    B. Do more exercise.    C. Watch more films.

## 第二部分 阅读(共两节，满分 50 分)

### 第一节 (共 15 小题；每小题 2.5 分，满分 37.5 分)

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

#### A

Are you looking for something to occupy your kids in the upcoming winter holiday? The following books recommended by Jeff Kinney may be your best choices.

**Class Act: New Kid** by Jerry Craft

A graphic novel with heart and humor, eighth-grader Drew Ellis is one of the few kids of color at an influential private school. As social pressures mount, "will Drew find a way to bridge the divide so he and his friends can truly accept each other? And most importantly, will he finally be able to accept himself?" the publisher synopsis (出版商简介) asks.

**Three Keys** by Kelly Yang

A sequel (续篇) to the award-winning novel *Front Desk* ninth-grader Mia faces some new challenges at school and at home in her family's Calivista Motel. "But if anyone can find the key to getting through unsettled times," the author's description reads, "it's Mia Tang!"

**The Last Last-Day-of-Summer** by Lamar Giles

A magical story with imagination and heroism about two adventurous cousins who wish for an extended summer and accidentally freeze time. According to the publisher's synopsis, the teenagers learn that "the secrets hidden between the seconds, minutes, and hours aren't quite the endless fun they expected!"

**Boys Will Be Human** by Justin Baldoni

A self-esteem building guidebook for boys ages 13 and up, producer, actor and author Baldoni explores the social and emotional learning around confidence, courage, strength and manhood. "This book isn't about learning the rules of the boys' club," a slogan reads, "it's about UNLEARNING them."

21. Who are the four books intended for? \_\_\_\_\_

A. Parents.                      B. Teenagers.                      C. Authors.                      D. Publishers.

22. Which book tells difficulties from both school and home?

A. *Class Act: New Kid*.                                      B. *Three Keys*.  
C. *The Last Last-Day-of-Summer*.                      D. *Boys Will Be Human*.

23. What can we know from the passage?

- A. Mia faces great social pressures.
- B. Three Keys is an award-winning novel.
- C. The story about the two cousins is imaginative.
- D. Boys Will Be Human is a book about selfishness.

## B

Although most diets vary according to what foods you can eat, they all follow the same principle of restriction to lose weight—you need to eat less. The now-trendy diet of intuitive eating is, in a sense, an anti-diet: followers are encouraged to base what they eat on how they feel, not on prescribed limits or calorie counts.

The concept was first proposed in the mid-90s by registered dietitians Elyse Resch and Evelyn Tribole, who wrote *Intuitive Eating*. The first step is to reject the idea that you need to be on a diet to be healthy. You're encouraged to also give yourself "permission" to eat all foods, to reject the idea of "good" and "bad" foods and to accept your natural body shape. Finally, you help make your body healthier by adding exercise, finding better ways than food to relieve your emotions and slowly shifting to more nutritious food choices.

One of the biggest misunderstandings around intuitive eating is that nutrition. Curiously, researches shows that in a traditional diet, caloric restriction is usually followed by a binge (放纵), where the body's primary drive to make sure it gets enough calories is more important than any desires for nutrition or moderation (自我节制), which leads to disordered eating patterns. However, because intuitive eating allows all foods on the table, practitioners can make small, slow changes that ultimately are more long-lasting-toward eating more nutritionally.

There isn't strong research to back up claims that intuitive eating helps with losing weight or eating more-nutritious food. However, in Keller's experience, a registered dietitian in Calgary, intuitive eating can help with overall weight maintenance. In addition, intuitive eaters do gain a healthier attitude toward food, compared to traditional dieters. Keller says, "When people decide to diet, what they actually want is to feel comfortable and confident and healthy in their own body. People have to be ready to overcome their constant desire to lose weight and control their body, and to realize that changing how they look on the outside isn't going to change those things on the inside."

24. What do we know about intuitive eating?

- A. It helps followers to lose weight by eating less.

B. It prohibits followers from eating what they like.

C. It encourages eaters to be on a diet to be healthy.

D. It advises eaters to be healthier by exercising more.

25. What does the underlined phrase "goes out the window" mean in the third paragraph?

A. Exports.

B. Disappears.

C. Destroys.

D. Distributes.

26. What is the Keller's attitude to intuitive eating?

A. Favorable.

B. Intolerant.

C. Doubtful.

D. Unclear.

27. Which of the following is a suitable title for the text?

A. Does intuitive eating beat a conventional diet?

B. How does intuitive eating work?

C. Will intuitive eating help lose more weight?

D. Should we bother to lose weight?

### C

Kieran Moise, 18, started growing out his hair in the eighth grade, after losing a friend to brain cancer. He had seen people donate their hair to children who had lost theirs during medical treatment and wanted to do the same.

"Kieran has always been known for his hair. It was a big part of his personality and who he was," said his mother, Kelly Moise. "But he has always been the most compassionate and caring person. Since he was 6 years old, he somehow had the mindset of raising money and giving it to people who need it, and that never changed."

In May, Moise graduated from high school with an impressive 19-inch Afro (非洲发式). But with him set to enter the U.S. Air Force Academy, it was finally time for the big cut.

To maximize his impact, Moise organized a live event at a local brewery in Huntsville and an online fundraising campaign called "Kieran's Curls for Cancer", where he aimed to raise \$1,000 per inch cut.

On May 29, nearly 100 people attended the event, where they watched Moise get his hair braided and snipped off. His hair was donated to Children With Hair Loss, a non-profit organization in Michigan that makes free wigs for kids and young adults facing medically related hair loss.

By the end of the day, the event raised \$20,000 for St. Jude Children's Research Hospital and has continued to raise money online. As of Saturday, it was more than \$39,000.

"Charitable giving comes in many forms, from direct acts of kindness to impactful public statements that motivate others to come together to support a cause, " Richard C.Shadyac Jr., President and CEO for St.Jude Children's Research Hospital, told CAW, "Kieran's simple act of kindness exemplifies (例证) the power of younger generations and is something to celebrate, a selfless decision that will make a direct impact on the lives of the kids at St.Jude Children's Research Hospital and children everywhere for years to come.

28. What contributed to Kieran Moise's starting growing out his hair?

- A. His high-quality fine hair.
- B. The death of one of his friends.
- C. His witness of children's pain.
- D. The encouragement from his mother.

29. Why does Kieran Moise's mother mention his childhood?

- A. To introduce his kind deeds in the past.
- B. To prove his unique personality.
- C. To praise him for his contributions.
- D. To show that he is kind from an early age.

30. What's mainly talked about in the last paragraph?

- A. Kieran's kindness benefited himself.
- B. Kieran's love will be richly rewarded.
- C. Kieran's deeds will inspire more kindness.
- D. Kieran's behavior showed a new form of charity.

31. Which of the following can best describe Kieran Moise?

- |                                |                                   |
|--------------------------------|-----------------------------------|
| A. Kind-hearted and creative.  | B. Kind-natured and tolerant.     |
| C. Good-natured and ambitious. | D. Good-tempered and considerate. |

## D

Insurance companies are starting to use smart box technology, so good drivers can benefit from cheap insurance rates.

The smart box, similar to a black box for airplanes, records details about how your car is driven, which can result in cheap car insurance for responsible drivers. The device is connected to the electronics in your

car and collects a wide criterion of information such as time, speed, braking, cornering, acceleration and location. It's like having an insurance agent sitting beside you while driving.

The smart box data is wireless transferred in real time to the insurance company and provides a profile of when, where and how you drive. This profile is then used to compare insurance rates and to reward low-risk driving behavior with cheap insurance rates.

Drivers are high-risk when they drive irresponsibly such as speeding, frequent lane changing, driving in high-risk locations or at high-risk times such as in heavy traffic or late at night.

These new electronic inventions are intended to replace the standard practice of categorizing drivers into group behavior to determine insurance coverage and premium (保险费) payments. For example, young drivers are more likely to drive fast, drive at night and use a cell phone while driving. Statistically, young drivers are more likely to cause an accident, so insurance companies charge them higher rates to cover the costs of accident claims. So even if you're a young, responsible driver, you will pay high insurance rates because of group behavior.

This technology allows you to provide proof that your driving behavior doesn't fit the pattern of your demographic (统计) group.

All the information collected about your driving can be viewed online — including what you're doing well and what could be improved. Your insurance premium is then calculated according to your driving profile.

32. What will a good driver benefit from the smart box?

- A. Fewer traffic accidents.
- B. Better traffic order.
- C. Lower insurance payment.
- D. Less petrol used in driving.

33. How does the insurance company monitor the driving?

- A. By checking the device in the car.
- B. By sitting beside the driver.
- C. By watching the traffic on the roads.
- D. By collecting the driving data online.

34. What will the use of smart boxes bring about?

- A. Better service for cars.
- B. Lower prices of petrol.
- C. More convenient transport.
- D. More reasonable insurance charge.

35. What can we infer about the smart box from the text?

- A. It requires better driving habits.
- B. It saves the drivers a lot of time.
- C. It helps the drivers use less energy.
- D. It takes the place of the traffic police.

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)全科试题免费下载公众号《高中僧课堂》

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。

Public transport is in deep water in some countries. To those who have to squeeze onto the number 25 bus in London, or the A-train in New York, the change might not be noticeable. 36.

Although transport agencies blame it on things like roadworks and broken signals, it seems more likely that they are being out competed. 37 Other upstarts like dock-less bicycles and battery powered "e-bikes" are also spreading. Mass transport, on the other hand, is much less flexible.

This is a headache for the operators of public transport systems. 38 But like it or not, public transport does some things very well. It provides a service for people who are too old, too young, too fearful or too drunk to drive or ride a bike. Trains and subways cause less pollution than cars and move people at far higher densities (密度).

So, how to deal with the problem? 39 Some cities have created congestion (拥堵) charging zones, but that is a hopelessly crude tool. Most congestion zones in effect sell daily tickets to drive around as much as you like within the zone — and charge vehicles such as taxis and minicabs nothing.

40 Although new forms of transport often compete with old ones, they ought to go well with each other. Taxi services and app-based cars could get people to and from airports and ports, which are often far from the urban core.

- A. It is also a problem for cities.
- B. It is probably the secret to keeping cities moving.
- C. Transport agencies should also accept the upstarts.
- D. To some extent, pricing road use properly can be a solution.
- E. But passenger numbers are flat or falling in many countries.
- F. App-based taxi services are more convenient than trains or buses.
- G. Building a platform to allow that is hard, and requires joint efforts.

第三部分 语言知识运用 (共两节, 满分 30 分)

第一节 完形填空（共 15 小题；每小题 1 分，满分 15 分）

阅读下面短文，从短文后各题所给的 A、B、C 和 D 四个选项中，选出可以填入空白处的最佳选项。

I grew up fishing with my father in his boat. We often saw other 41, at the boat launch, and 42 we'd greet each other with, "Catch anything?" which would usually move into a comparison of the day's 43, or traded suggestions on lures (鱼饵).

My son Gordon is now growing up fishing. He loves to fish. He can spend a full day, sunrise to sundown, 44 his line and changing lures. He's relatively unsociable and usually quite 45 to talk to strangers; but if they are similar fisher-person, he 46 instantly.

When we were visiting Paris, on our evening walk back to our 47, on a quiet part of the Seine, Gordon 48 a fisherman. Dragging us down several staircases to reach the river's edge, we 49 the fisherman for a conversation about his catch. Despite Gordon speaking almost no French, they had a (an) 50 conversation as he showed us what he caught and indicated if it was a good size or 51 than normal, and it ended up with Gordon being 52 a fish, which we cooked that night. They shared joy in fishing, and reached across language and age 53.

Recently walking along the river's 54 in Calgary, I saw a person fishing. I couldn't help calling out, "Catch anything?" Not missing a beat in his cast, the guy called back, "Yeah, a couple of small rainbows (虹鳟鱼)!" It's a conversation we would have had and 55 understood in any country or in any language.

- |     |                  |                    |                 |                   |
|-----|------------------|--------------------|-----------------|-------------------|
| 41. | A. folks         | B. fishes          | C. boats        | D. strangers      |
| 42. | A. without fault | B. without control | C. without fail | D. without reason |
| 43. | A. catch         | B. weather         | C. wonder       | D. trade          |
| 44. | A. hiding        | B. casting         | C. fixing       | D. dragging       |
| 45. | A. brave         | B. disappointed    | C. reluctant    | D. willing        |
| 46. | A. stands        | B. connects        | C. combines     | D. withdraws      |
| 47. | A. launch        | B. attraction      | C. hometown     | D. accommodation  |
| 48. | A. texted        | B. inspected       | C. spotted      | D. invited        |
| 49. | A. went out      | B. looked out      | C. watched out  | D. sought out     |
| 50. | A. great         | B. uncomfortable   | C. brief        | D. plain          |
| 51. | A. older         | B. smaller         | C. fresher      | D. stronger       |
| 52. | A. lent          | B. sold            | C. given        | D. showed         |
| 53. | A. merits        | B. worries         | C. courses      | D. barriers       |

54. A. edge                      B. centre                      C. bottom                      D. flow

55. A. partly                      B. hardly                      C. critically                      D. fully

第二节(共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面材料,在空白处填入适当的内容(1 个单词)或括号内单词的正确形式。

You can't really avoid processed food, and that's not 56 (necessary) a bad thing.Processed food is food that 57 (change)in any way from its natural state.That includes washing, canning, freezing, or adding ingredients.

Salt is often used 58 ( keep) food fresh.Even if you' re careful about adding it 59 your food, it's probably already there, thanks to processing.It is advised to read labels when you buy goods.

60 (find) in processed foods like baked goods, salty snacks, and margarine, trans fat can affect your cholesterol (胆固醇) and lead to inflammation that's linked to heart disease, stroke, and other conditions.Recent government 61 (ruling) have made trans fat increasingly difficult to find.However, it must be known that even if 62 product's label says it has 0 grams of trans fat, it can have up to 0.5 grams of it.

63 (prepare) your own food lets you decide the ingredients and the amounts of them 64 Go into it.If you don't have the time or the skills, frozen meals aren't that bad.While these are still processed, some food companies are using 65 ( fewer) unhealthy ingredients.

#### 第四节 写作(满分 40 分)

第一节 应用文写作 (满分 15 分)

假定你是李华。下周三是你校英语社团活动日,请给外教 Steven 写一封信介绍该活动,并请他到场给予指导。内容包括:

- (1) 活动目的;
- (2) 活动内容(演讲比赛、话剧表演等);
- (3) 期待回复。

注意:(1) 词数 80 左右;

- (2) 请按如下格式在答题卡的相应位置作答。

Dear Steven,

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Yours,

Li Hua

第二节 阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。(满分 25 分)

"JAMIE EVANS."

Oh no.Please tell me that Coach Cafferty did NOT just say my name.Not for the one-hundred-meter breaststroke (蛙泳) .Except all eyes were turned to me when she announced it, and her eyes met mine over the clipboard (剪贴板) that held the list of events and swimmers for the Plain Township Aquatic Center meet.The PTAC meet was the first of the season, and I was not ready.

"Remember, the meet is on Wednesday night.Be here at four-thirty for and the race kicks off at six.I'll see you at practice tomorrow."Coach Cafferty added.The crowd cleared quickly and I headed back home, feeling desperate.

"Did you find out your events for Wednesday? "Mom asked as she slid the pizza box across the table to me.

"Yeah.One-hundred breaststroke, "I finally said, not meeting her eyes."I don't know why Coach didn't give me backstroke (仰泳) .She knows it's my best.I can't swim breaststroke! "

"Maybe she sees something you don't."Mom said.

"Or maybe I should just quit the swim team."

Mom frowned."Is that what you want? "

I sighed."No."I took a bite of my pizza."I'm terrible at breaststroke.What happens when I show up on Wednesday and race, and I sink to the bottom of the pool? Or even worse, come in last? "

"Someone has to be last."Mom pointed out.

"But I don't even know if I can swim breaststroke for one-hundred meters!"I set my pizza down."She had submitted the names, but there's no way I can do this."

"You could.But how will you know unless you try? "Mom persuaded.

"Yeah, but if I try, I could fail.In front of everyone."I pictured the entire crowd watching as I finished last, pointing and laughing.My belly squeezed.

Mom set her pizza down and gave me her I'm-saying-something-important-so-listen face. "Don't worry about other people.Just race against yourself.Forget about anything else except doing your best and swimming your own race.Prove to yourself that you can do it."

Somehow, there seemed a mysterious power in her words comforting my unsettling heart and I decided to have a try.The next day, I was at practice as required.

注意：

- (1) 续写词数应为 150 左右；
- (2) 请按如下格式在答题卡的相应位置作答。

Paragraph 1: The first practice was a disaster.

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Paragraph 2: Then everything crashed in the last 5 meters of the race.

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### 答 案

1-5.BABCC    6-10.AC ACA    11~15.CACA C    16~20.ACCBB    21~25.BBC DB

26~30.AA BDC    31~35.ACDDA    36~40.EFADC

41~45.ACABC    46~50.BDCDA    51~55.BCDAD

56.necessarily    57. is changed    58. to keep    59. to/into    60. Found    61. rulings    62. a

63. Preparing    64. that/which    65. fewer

57.Dear Steven,

I'm writing to tell you that next Wednesday is our English Club Activity Day, aiming to offer students more opportunities to show talents and develop different skills as well as self-confidence.

The activities are to be held in the conference hall, in which a variety of performances will be given, such as speech contests, drama shows and so on. Would you please come and join us in the activities?

We'd really appreciate it if you could give us some valuable suggestions on how to carry out such activities more effectively.

Looking forward to your reply.

Yours,

Li Hua

Paragraph 1: The first practice was a disaster.I didn't swim breaststroke for one-hundred meters and sank to the botom of the pool.I could feel people surrounding were all pointing and laughing.What a shame ! Face blushing, I was about to give up again when mom's words resounded in my mind, "Don't worry about other people.Just race against yourself."Calmness gradually seizing me, I continued to practise and gradually made progress in the following practices. Finally, Wednesday came and I arrived at the pool hall nervously.Soon it was my turn and to my surprise, I had a good beginning.

Paragraph 2: Then everything crashed in the last 5 meters of the race. My legs were pillars of lead. I kicked, but it felt like I was moving through cement. My arms were on fire, and my lungs were bursting. I slapped it with what little energy I had left. There was no one else left in the pool. I had finished last. After the meet, Mom found me, exhausted, collapsing in a chair. "I'm so proud of you," she said. "I lost." "Yeah." She nodded. "But you did it, right?" I bit my lip. "Yeah. I guess I did." "I didn't come close to placing, but I had given everything I had to finish." I swam my race. And I think I won. "Race is not only to beat your competitors but also to race against yourself."