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## 昆明市第一中学2023届高中新课标高三第九次考前适应性训练 英语试卷

命题：孙炜 张颖 审题：昆明一中高三英语命题组  
本试卷共三个部分。考试结束后，将本试卷和答题卡一并交回。满分120分，考试用时100分钟。

### 注意事项：

1. 答题前，考生务必用黑色碳素笔将自己的姓名、准考证号、考场号、座位号在答题卡上填写清楚，并认真核准条形码上的准考证号、姓名、考场号、座位号及科目，在规定的位罝上贴好条形码。
2. 每小题选出答案后，用2B铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦擦干净后，再选涂其他答案标号。答在试卷上的答案无效。

### 第一部分：阅读（共两节，满分50分）

#### 第一节（共15小题；每小题2.5分，满分37.5分）

阅读下列短文，从每题所给的四个选项（A、B、C、D）中，选出最佳选项，并在答题卡上将该项涂黑。

#### A

### An Introduction to Three Short Films

#### *Ink of the Mongolian*

Director: Rabelo Santos Luiz Aline (Brazil)

Producers: Wang Jing, Zhang Xu

The film captures the director's meeting with Mr. Bao Jinshan, the Mongolian calligrapher from Ordos City, Inner Mongolia, describing his great talent with the writing brush, the paper, the inkstick, and the ink slab, the four treasures of calligraphy. A worker, an apprentice, a teacher and a preserver of the ancient Mongolian language, Mr. Bao has dedicated the work of a lifetime to this great form of art and communication, calligraphy.

#### *Big Scissors, Small Scissors*

Director: Sarah Choi (ROK)

Producers: Qin Yue, Wu Jie

Zhao Meiling is a renowned artist in Ordos, China, who is passionate about preserving the rich 5,000-year tradition of Chinese papercutting art. She learned the craft from her grandmother, and now, she is eager to pass on her techniques to her granddaughter, Jing Han. *Big Scissors, Small Scissors* is a heart-warming short documentary about the love between a grandmother and her granddaughter, and their mutual love for papercutting.

#### *The Southern Wind*

Director: Gilson Junior

Producer: Yang Xilin

In this 10-minute film, we present the Shiwan pottery (陶器) culture over thousands of years through the daily life of an experienced artist, Li Xingbao, shooting how he made a pottery bottle. From the lines of "The Stone Bay Pottery, the First in the World" in *the Record of Ming Dynasty Poetry Summary*, we seem to feel the Shiwan pottery scene, but with the passing of time, the glory of those days has been replaced by the machine. Through this shooting of the ancient stove, I hope you can not only see the craftsmanship of the experienced craftsmen, but also look back at the representative cultural crystallization (精华) of the ancient ancestors carved in the pottery.

Scan the QR code to view the films on QQ or Youtube.

#### 1. Who directs the film of *Ink of the Mongolian*?

- A. Sarah Choi. B. Gilson Junior. C. Yang Xilin. D. Rabelo Santos Luiz Aline.

#### 2. What do you know about Shiwan pottery?

- A. Shiwan pottery is the best in the world.  
B. Shiwan pottery was created in Ming Dynasty.  
C. The craftsmanship of Shiwan pottery has been lost.  
D. The culture of Shiwan pottery is typical of Chinese ancient culture.

#### 3. What do the three characters in the documentaries have in common?

- A. They learned from their elder generation.  
B. They're masters of traditional Chinese culture.  
C. They're attempting to preserve the endangered cultures.  
D. They're devoted to training talents for traditional Chinese culture.

#### B

Alex Spektor was nervous. He was in Poland near the Ukrainian (乌克兰的) border to meet his twin sons, Lenny and Moishe, for the first time. The boys were just 10 days old, born prematurely. Because of the war, his under-sized babies required oxygen and constant monitoring. Spektor had no clue how he would get them home to Chicago safely.

Then he heard about Bryan Stern. The navy veteran (退伍军人) ran the non-profit Project Dynamo, which sent all unpaid volunteers like Stern into war zones to rescue Americans and allies trying to flee. When Spektor reached out to him, Stern recognized just how serious the situation was for Lenny and Moishe. Saving the twins would require more than a fast car. The precious "cargo" (货物) had to be monitored and watched continuously by medical staff. Stern would follow in his car to navigate the various checkpoints and live fire.

Then there was an added wrinkle: baby Sophie, another baby who needed to be rescued. Born two days after the boys, she was even more fragile than the twins. This was quickly becoming the most difficult rescue Project Dynamo had faced.

Saving Lenny, Moishe, and Sophie was proving tougher. They found themselves under fire as soon as they left for the border. At the Polish border, Spektor waited with his phone, anxious for updates. Around 11 p. m., more than 13 hours after they left the hospital in Kyiv, Stern texted Spektor: “We’re at the border”. A few hours later, Lenny and Moishe were in their father’s arms. Soon, all three babies were resting in a Polish hospital. Stern, who served in multiple war tours and was awarded a Purple Heart, told *Today*: “It was by far one of the most stressful things I’ve ever done.”

4. Why was Alex Spektor nervous?
- A. The war in Ukraine was fierce.  
B. He couldn’t get home to Chicago safely.  
C. He couldn’t attend to his two twin sons himself.  
D. His two twin sons were too young to survive in the war.
5. What made the rescue toughest?
- A. Passing various checkpoints.  
B. Rescuing another fragile baby.  
C. Transporting the twins in live fire.  
D. Monitoring the newly-born continuously.
6. What can you learn from the last paragraph?
- A. The three babies narrowly escaped.  
B. The rescue team was prevented on the border.  
C. All three babies were operated in a Polish hospital.  
D. Stern was awarded for saving the three babies himself.
7. Which of the following best describes Stern?
- A. Ambitious and successful.  
B. Generous and cautious.  
C. Selfless and courageous.  
D. Influential and inspiring.

**C**

From online to offline, the popularity of the song “The Lonely Brave” can be called “the most dazzling (炫目的) ethnic style” among elementary school students. What is the magic of “The Lonely Brave”?

“The Lonely Brave” itself is the Chinese theme song of the cartoon “League of Legends: Battle of the Two Cities”. The song is sung by Eason Chan, written by Tang Tian and composed by Qian Lei. Tang Tian has been fond of music and writing since she was a child. When her talent was gradually recognized, unluckily, in 2012, she was diagnosed with stage III nasopharyngeal cancer. Instead of yielding, she actively cooperated with the treatment. In November 2021, Tang Tian wrote the song for her idol Eason Chan.

Two students from a primary school in Wuhan, Hubei, played the song on the piano, arousing many onlookers, and slowly everyone sang along. The video went viral (传播) as soon as it was posted on the Internet. Then, a video of a drum player in Guizhou was also circulated on the Internet.

What exactly is this song that has conquered tens of thousands of children? Let’s see what the children have to say?

“I like the last line of the lyrics (歌词), who said that those who stand in the light are heroes, and if there is no flash, those who are unknown are not heroes?”

“The lonely brave people are those who are not afraid of hardships and risk their lives to cut thorns for others or themselves. They dare to fight and fight against fate.”

“After listening to the song, I thought of the delivery boy. Go? Is it worthy? This ragged cloak (披风), stand? Stand! With the humble dreams, they all play the role of ordinary people in their lives and try to fight for their dreams.”

The lonely hero in everyone’s heart is different, but they are all those who shine in the dark without expecting anything in return.

8. What can you learn about the song “The Lonely Brave”?
- A. The explosion of the song is expected.  
B. The song is written by Tang Tian after her recovery.  
C. The song is less attractive than the cartoon “League of Legends”.  
D. The two students’ video became an instant hit when posted on the Internet.
9. What does the underlined word “yielding” mean?
- A. Ignorance.                      B. Give-up.                      C. Disapproval.                      D. Anger.
10. Why is the song “The Lonely Brave” popular with elementary school students?
- A. Its lyrics are inspiring.                      B. It is sung by Eason Chan.  
C. It reflects the life of children.                      D. It is of a traditional ethnic style.
11. Who are “the lonely brave” in children’s heart?
- A. Those hiding in the dark.                      B. Those standing in the light.  
C. Those with adventurous tastes.                      D. Those with bravery and devotion.

**D**

What is self-discipline? It’s the ability to make yourself do something, especially something difficult or unpleasant. When some people hear self-discipline, they think it’s boring. Before I get into my thoughts on the topic, I want to tell you a story.

On a hot sunny day, a bee named Bertha is buzzing by her hive with some other bees. Suddenly a bear starts to approach her hive. In an attempt to save her hive, Bertha stings (蜇) the bear. But its skin is so thick that once she tries to pull her sting out, she hurts herself and dies. Bertha has no choice. Through years of evolution (进化), she is evolved to sting threats, which is her born ability. She lacks thinking consciousness.

Bees are prisoners of their own biology. Unlike bees, humans have the ability to override (推翻) their biology through self-discipline. Let’s say that someone has long-term desires to create a meaningful career and have a healthy body. Along each step of that journey they are attracted by short-term pleasures, such as junk food or video games. Deep down they really want the life that comes in the long term. Yet they keep submitting to short-term pleasures. The only difference between these two positions is self-discipline. It gives us the freedom to achieve what we truly want in life and allows us to break free of the cages around us.



Video games imitate the environments similar to the ones that our ancestors navigated in the past, but have supernatural versions of them. We can get greater feelings of accomplishment in video games with a lot less work. Companies are aware that the constant achievements on the screen will motivate players to keep playing. So not only are we controlled by our own biology, but we are being targeted by corporation's seeking to take advantage of us and make a profit.

On the plus side, you and I are not like the bee, because we are not cased by our own biology. With self-discipline, we can live the life we truly want.

12. Why does the bee die?
- The bee takes the bear too lightly.
  - The bee's natural ability ruins it.
  - The bee doesn't respond to the sudden attack of the bear.
  - The bee doesn't make a correct judgement on the situation.
13. What's the third paragraph mainly about?
- The factors affecting self-discipline.
  - Self-discipline makes our dreams come true.
  - The process of self-discipline coming into being.
  - Long-term desires play an important role in self-discipline.
14. Why video games are so attractive?
- Players can get something for nothing.
  - Profits motivate players to keep playing.
  - Players can get a great sense of achievement in video games.
  - The environment in the video games is more mysterious than that in real life.
15. What can be suitable title for the text?
- Stay away from Video Games
  - How to Be a Self-disciplined Person
  - The More Disciplined, the More Freedom
  - Animals: Prisoners of Their Own Biology

第二节 (共5小题; 每小题2.5分, 满分12.5分)

根据短文内容, 从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

#### How to Get Others to Help You at Work

Unavoidably, at work you will need the help of others. Getting this help may have less to do with your formal position and authority and more to do with your strategy and approach. 16

**Define what needs to be done.** 17 By defining all the tasks required, you increase the chance of success. Be sure to include introductions and deadlines as you define specific action items that are needed.

**Ask an individual for help.** When you make a general request for volunteers during a meeting, colleagues often understand it as "whoever doesn't have much of anything to do can work on this." 18 However, if you think about who might best be able to help with a task and then specifically ask that person for help, your chances of getting him or her to accept the task increase greatly.

**Thank others for their assistance.** Always thank and acknowledge others for their help. 19 In addition, you will likely be able to call on the person again in the future for assistance. But remember that return the favor when he or she needs your help. Such reciprocal (相互的) behavior could lead to valuable alliance.

20 If you're congratulated for a job well done, let your bosses know who helped you do it. Giving praise to those deserving it will not only please them, but will impress the bosses into considering you for future promotion. After all, the best managers remain those who are best at getting others to help them complete their work for the common good.

- Share the honor
- Unclear goals lead to unclear results
- Leave a good impression on your bosses
- So you should take trouble to ask who are free
- The person will feel that his or her time and energy were worthwhile
- Your opportunities of getting someone to volunteer thus tend to be slim
- They can range from a simple favor to convincing others to accept yours as their own

#### 第二部分: 语言运用 (共两节, 满分30分)

##### 第一节 (共15小题; 每小题1分, 满分15分)

阅读下面短文, 从短文后各题所给的四个选项 (A、B、C、D) 中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

Dad and I loved baseball and hated sleep. One midsummer 21 when I was nine, we drove to the local park with our baseballs and gloves.

The park was ours for about two hours. Then a young mother pushed her stroller (婴儿车) towards us. When she approached, Dad 22 leaned over the stroller, waved and gave the baby his best smile. The mother stared at him for a second, then 23. Looking at her back, Dad covered his face with his hands and walked to the car. "Let's go," he said. "I'm feeling 24."

A month earlier, Bell's palsy (贝尔氏麻痹) had paralyzed (使瘫痪) the right side of his face. He could 25 drink from a cup without spilling onto his shirt. And his smile was gone. I began understanding that our sunrise park visit was his 26 to avoid stares.

By the time I entered fourth grade that September, his smile hadn't still 27. So I made a secret 28: I would avoid 29 of any kind. It's 30 for a fourth grader to do so. Classmates called me Frowny the Dwarf (皱眉小矮人). My teacher accompanied me into the doorway, asking what was wrong. I told her all and said: "Breaking the promise I had made myself was 31, as I couldn't stand my Dad suffering 32". Then my teacher 33 Dad. I never 34 what they discussed. But after school that afternoon, I saw Dad waiting for me, holding our gloves and ball. For the first time in months, we went to the park for a 35. Sundown came quickly, but Dad and I threw balls into the night happily. We had catching up to do.

