

# 河北省“五个一”名校联盟

## 高一年级联考（2023. 06）

### 英语试卷

命题单位：唐山市第一中学

（满分：150 分，测试时间：120 分钟）

#### 第一部分 听力（共两节，满分 30 分）

做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题卡上。

#### 第一节（共 5 小题；每小题 1.5 分，满分 7.5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

- A. £19.15.                      B. £9.15.                      C. £9.18.

1. Where is the woman from?

- A. The USA.                      B. Canada.                      C. Japan.

2. What color dress does the man tell the woman to wear?

- A. Red.                      B. Blue.                      C. Grey.

3. What do the speakers decide to do?

- A. Have dinner late.                      B. Meet in the man's office.                      C. See a movie tonight.

4. What are the speakers mainly talking about?

- A. Some songs.                      B. Their hobbies.                      C. A band.

5. Why hasn't the man taken a photo?

- A. The fog is thick.                      B. The temple is too far.                      C. The camera is broken.

#### 第二节（共 15 小题；每小题 1.5 分，满分 22.5 分）

听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料，回答第 6、7 题。

6. What did the man do in summer?

- A. He visited his brother.                      B. He went swimming.                      C. He traveled to Italy.

7. What is the relationship between the speakers?



第二部分 阅读理解 (共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下面短文, 从每题所给的 A、B、C 和 D 四个选项中, 选出最佳选项。

A

Whether you're new to the world of sustainability or wanting a quick refresher on how to do things better, these books about eco-friendly living are a valuable resource.

***The Humane Home: Easy Steps for Sustainable & Green Living* by Sarah Lozanova**

This short, small book would be useful to anyone building or renovating a home and wanting a general overview of how to do it with minimal impact. Author Sarah Lozanova is an environmental journalist in Marine. The book contains numerous little projects, from building garden beds to preserving home-grown produce to saving water by putting a brick in a toilet tank. There are beautiful illustrations throughout the short chapters for DIY projects.

***An Almost Zero Waste Life: Learning How to Embrace Less to Live More* by Megean Weldon**

The book is packed with information in short, easily-digestible paragraphs, and the chapters are accompanied by cute pictures. One thing that jumped out at me was the total absence of brand names. In urging people to choose bamboo toothbrushes and package-free cosmetics, Weldon never mentions a single company.

***Things You Can Do: How to Fight Climate Change and Reduce Waste* by Eduardo Garcia**

This attractive and practical book offers an overview of how global warming occurs, how energy is produced, and what both of those things mean to our modern-day consumption habits. Eduardo Garcia, who contributes regularly to *Treehugger*, is a strong believer in the power of individual choices to effect change.

***The Less Waste No Fuss Kitchen: Simple Steps to Shop, Cook, and Eat Sustainably* by Lindsay Miles**

This is less a cookbook and more a handbook for how to set up, stock, and use your kitchen in a way that reduces waste and minimizes work. Lindsay Miles is a zero waste lifestyle blogger whose book offers a step-by-step guide for people who wish to change the way they interact with food.

21. Which book should be useful for a cook?

- A. *The Humane Home: Easy Steps for Sustainable & Green Living.*
- B. *An Almost Zero Waste Life: Learning How to Embrace Less to Live More.*
- C. *Things You Can Do: How to Fight Climate Change and Reduce Waste.*
- D. *The Less Waste No Fuss Kitchen: Simple Steps to Shop, Cook, and Eat Sustainably.*

22. What does Eduardo Garcia do?

- A. A writer.
- B. A photographer.
- C. A journalist.
- D. A blogger.

23. What do we know from the text?

- A. Lindsay Miles shares his food on his blog every day.
- B. It doesn't take too long to read Sarah Lozanova's book.

- C. Megean Weldon's book recommends some eco-friendly companies.
- D. Eduardo Garcia thinks children have great power to make a difference.

**B**

When a young man with autism (自闭) couldn't realize his dream of riding on the Polar Express, the train staff helped make his wish come true.

18-year-old Ty Swartout is autistic and unable to speak, and he also loves *The Polar Express*. In addition to reading the book hundreds of times, he is sure to watch the movie every month. So when his parents discovered that there was a real-life version of the magic holiday train at the Grand Canyon Railway Hotel in Williams, Arizona, they knew a trip there is a must thing to be orchestrated.

Ty handled the four-hour drive to the railway hotel with ease. As he and his parents ate dinner and prepared to board the train, however, Ty became more and more over-stimulated because of the excitement of the visit. After experiencing two minor meltdowns (a breakdown of self-control), Ty was too thrilled to board the train.

The train staff refused to leave without Ty, but his parents told them to go ahead without them. "The staff of the Grand Canyon Railway insisted on helping," Ty's mother Angie said. "They even held the train, for which I was beyond grateful. Finally, I had to say let us go back to the room."

Hardly had they got back to their hotel room when they heard a knock at the door from a member of the hotel staff and a police officer who had stopped by to make sure that Ty was okay. Not only that, they said that they wanted to do something to make it up to Ty.

As hotel staff helped Ty's father Lloyd rearrange their visit on the Grand Canyon Expressway with free special accommodations, Ty and Angie read *The Polar Express*, only to be visited by the real-life railway train conductor. He sat next to Ty's bed and engaged him in conversation. Ty was so thrilled and happy.

"After the conductor left, my husband told me that they wanted everyone to experience something special and magical," Angie continued. "We got the gift of human kindness!"

24. What does the underlined word "orchestrated" in Paragraph 2 mean?

- A. Scheduled.
- B. Drafted.
- C. Confirmed.
- D. Postponed.

25. What can we learn from the passage?

- A. Ty is autistic but he is fond of communicating with people.
- B. Ty's father drove them to the railway hotel with ease.
- C. Ty's family was greatly struck by people's sympathy.
- D. Hotel staff sat next to Ty's bed and entertained him.

26. When was Ty visited by the train conductor?

- A. When he was suffering a meltdown.
- B. When he was in the middle of reading.
- C. Right after he got back to the hotel room.
- D. When he made his way to the railway hotel.

27. What is the best title for the passage?
- A. Polar Express Surprises Boy with Autism
  - B. Helping Others Is Helping Ourselves
  - C. Autism Is Cured by Human Kindness
  - D. Don't Hesitate to Realize Your Dream

C

On one side of the room sits a lovely life-size stuffed animal (毛绒玩具) you've ever seen. On the other side rests a real rabbit the same size, shape and even the same name as the stuffed version. You get to sit next to both of them and pet their fur. Guess which one will make your brain light up?

If you guessed the real rabbit, you're right. Stuffed animals, as lovely as they may be, just don't supercharge (对.....增压) our frontal cortex, the part of the brain managing how we think and feel, according to a new study published in the journal *Plos One*.

Why is this finding important? "It provides additional evidence that live human-animal interactions may increase cognitive (认知的) and emotional activity in the brain. If patients with problems in motivation, attention, and socioemotional functioning show higher emotional involvement in activities connected to a rabbit, then such activities could increase the chance of learning and of achieving healing aims," said the leading author of the study, Rahel Marti, a doctoral student in the division of clinical psychology and animal-assisted treatment at the University of Basel in Switzerland.

Researchers used functional near-infrared spectroscopy (fNIRS) in the study, which is a portable brain scanner that provides flexibility since it's functional in natural settings and not limited to a closed room in a lab.

The study team fitted each of the 19 participants with the scanner and asked them to observe and interact with one of the three live rabbits. First, participants watched the rabbit from across the room. Then the rabbit sat next to them. Finally, each person was allowed to pet the rabbit. This process occurred twice more at later dates.

In other sessions, each person repeated the same sequence with a stuffed rabbit that contained a hot water bottle to make it have the exactly same body temperature of a live rabbit. In each of the sessions, brain activity rose as the live rabbit or the stuffed one moved closer.

However, the study found an even stronger increase in brain activity when the person petted the fur of a real rabbit than the stuffed animal.

"Positive non-verbal signals and interactions provided by a living animal could in part explain this difference," said Dr. Tiffany Braley, an associate professor at the University of Michigan.

28. How does the author develop the first paragraph?
- A. By giving an example.
  - B. By using previous data.
  - C. By making a comparison.
  - D. By offering a choice question.
29. What does the third paragraph mainly talk about?

- A. Humans are more willing to interact with real rabbits.
  - B. Live human-animal interactions prove to have healing effects.
  - C. Only activities connected to a rabbit can help keep brain healthy.
  - D. Rabbits have been used for treating psychological problems for years.
30. What can we learn about fNIRS from the text?
- A. It is a brain scanner fitted on rabbits.
  - B. It can change its size and shape easily.
  - C. It allows the study to be conducted outside a lab.
  - D. It ensures the accuracy of the results of the study.
31. What can we infer from Tiffany Braley's words?
- A. Lack of interactions with the stuffed animal does harm to the brain.
  - B. Positive reactions given by the living animals can make the brain light up.
  - C. It's impossible to explain why there are different results of the two experiments.
  - D. Children playing with a pet are sure to be happier than those with stuffed animals.

**D**

Over 70% of the earth's surface is covered in water, but it's undrinkable. Scientists at the University of Illinois Urbana-Champaign (UIUC) have modeled a system that can collect water vapor (水蒸汽) from above the ocean surface and freeze it into fresh drinking water at a large scale.

Water shortage is an issue that's projected to get worse, as climate change makes dry areas even drier. The oceans, home to over 96% of water on Earth, represent a huge potential reservoir (a place to store water), but desalination (海水淡化) is a challenging and complex prospect to scale up on account of the poisonous wastewater it produces.

But nature already has a pretty good desalination system — the sun is heating up the surface of the ocean and evaporating water out of it, which of course goes on to become rain. In a new study, the UIUC team came up with a method to use this resource. The team proposes that structures could be built several kilometers offshore to obtain air rich in water vapor from above the ocean surface. That air can then be piped back to land and turned into water. This fresh water could then be used for drinking, agriculture, or whatever else a region needs it for. The whole system could be powered by offshore wind farms and land-based solar panels.

The researchers evaluated 14 cities around the world, analyzing how much water could be collected based on the offshore air in those locations. Based on their models, the scientists estimated that these structures could collect between 37.6 billion and 78.3 billion liters of water per year, depending on the conditions in a specific location.

The team says that the solution is pretty good, since it works like the natural water cycle except that the vapor is guided to where it's needed. And while many proposed drinking water sources could become less as climate change progresses, this one should actually get even better. "The climate projections show that the oceanic vapor will only increase over time, providing even more freshwater supply," said Afeefa Rahman, the co-author of the study. "So,

the system we are proposing will be useful under climate change. This provides a much needed approach for adaptation to climate change, particularly to populations living in dry and semi-dry regions of the world.”

32. Why do scientists design this vapor-collecting system?
- A. To preserve water resources.                      B. To relieve the water shortages.  
C. To approach climate change.                      D. To reduce the pollution of water.
33. What can we learn about the vapor-collecting system from the text?
- A. It's mainly powered by batteries.  
B. The water collected by it is rich in mineral.  
C. It makes full use of the natural water cycle.  
D. Structures should be built as close to the ocean as possible.
34. What can be learned from the fourth paragraph?
- A. The system could be applied around the world.  
B. More and more cities would introduce the system.  
C. The researchers have built many structures in 14 cities to collect water.  
D. The researchers did lots of analyses and research before introducing the system.
35. What can we infer from the last paragraph?
- A. The system can't work in rainy regions.  
B. The system has been widely accepted by people.  
C. The system can only be used under climate change.  
D. The system will be of great help in water shortage areas.

**第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)**

根据短文内容, 从短文后的选项中选出能填入空白处的最佳选项, 选项中有两项为多余选项。

The truth is that it's extremely difficult to follow a healthy diet when you're eating regularly at fast food restaurants. Fast food is typically loaded with calories, sodium, and unhealthy fat — often enough in one meal for an entire day. 36

That doesn't mean you have to avoid fast food entirely. When you're hungry and on the run, fast food can really hit the spot. 37 But while it's okay to eat fast food every now and then, to stay healthy you can't make it a regular habit. The key is moderation — both in how often you go to fast food chains and what you order once you're there.

Fast food menus are tricky when you're watching your weight or your health. Finding a healthy, well-balanced meal in most fast food restaurants is a challenge. 38 The following tips and menu recommendations can help you stay on track.

Aim to keep your entire meal to 500 calories or less. The average adult eats 836 calories per fast food meal and underestimates the amount of what they eat. So don't guess! 39 Take advantage of this information.

Choose foods that are lower in fat and higher in protein and fiber. Look for items with more good stuff, like fiber, whole grains, and high-quality protein. Also aim for items that are

relatively low in saturated fats.

40 Even when you order wisely, it can be pretty tough to get enough fiber and other important vitamins and nutrients from a fast food menu. If you plan ahead, you can bring healthy food like dried fruit, nuts and seeds, apple or pear slices, and cheese or yogurt.

- A. It's cheap, tasty, and best of all, convenient.
- B. As is known to all, fast food is really popular.
- C. Bring your own add-on items if you really want a healthy diet.
- D. But there are always choices you can make that are healthier than others.
- E. Most fast food chains post nutritional information both on websites and at the restaurants.
- F. It also tends to be low in nutrients and almost totally lacking in fruit, vegetables, and fiber.
- G. Making healthier fast food choices is easy if you plan ahead by checking the nutritional guides.

### 第三部分 英语知识运用 (共两节, 满分 30 分)

#### 第一节 完形填空 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从短文后各题所给的 A、B、C 和 D 四个选项中, 选出可以填入空白处的最佳选项。

A San Francisco resident was out for a jog on the beach when he heard a strange sound. "I heard a weak bark, but there was no one in 41," the man recalled.

The man could have simply 42 with his jog. But 43, he decided to have a look. As he looked around the rocky cliffs (悬崖) by the ocean, this man made a shocking discovery! The man found a dog 44 in a cave. Two sad, pitiful eyes stared back at him and the jogger knew he needed to help it.

The man called the local animal shelter, telling them what he'd discovered. The shelter 45 Carlos Ortega, who raced to the beach and immediately began searching for the trapped dog.

The man who'd called in the situation didn't stick around. By the time Carlos arrived, the man had 46. But thankfully, he'd used GPS to send the dog's 47, along with a photo of where the dog was trapped in the cave. Even with this information, Carlos couldn't find the pup 48. "I started looking at all the rocks on the cliffside, trying to 49 the pattern of the rocks in the picture with what I was looking at in front of me," he said. "But the entire area looked similar to what the picture looked like." Carlos confusedly searched without success. And just as he was about to call for help, he looked down and saw the same 50, pitiful eyes in the picture.

Carlos quickly went to 51 out the dog and took it back to his vehicle. The animal shelter sent him a message saying the 52 of the dog's family. Carlos then took the dog to its home, where its 53 family raced out to meet them. It turned out that the dog had gotten loose that morning and its family had been looking all over for it. They had no 54 that their beloved dog had been trapped in a cave. They were very 55 to have it back home, safe and sound.



- |                      |               |               |               |
|----------------------|---------------|---------------|---------------|
| 41. A. sight         | B. order      | C. line       | D. mind       |
| 42. A. mixed         | B. dealt      | C. continued  | D. began      |
| 43. A. unfortunately | B. gradually  | C. absolutely | D. thankfully |
| 44. A. trapped       | B. killed     | C. raised     | D. locked     |
| 45. A. put forward   | B. looked for | C. picked up  | D. sent out   |
| 46. A. stopped       | B. appeared   | C. left       | D. died       |
| 47. A. size          | B. feeling    | C. location   | D. colour     |
| 48. A. at last       | B. at first   | C. in time    | D. on time    |
| 49. A. match         | B. combine    | C. replace    | D. share      |
| 50. A. happy         | B. sad        | C. bright     | D. kind       |
| 51. A. point         | B. dig        | C. hand       | D. give       |
| 52. A. address       | B. name       | C. member     | D. figure     |
| 53. A. wealthy       | B. injured    | C. healthy    | D. worried    |
| 54. A. doubt         | B. hope       | C. idea       | D. chance     |
| 55. A. anxious       | B. curious    | C. scared     | D. excited    |

**第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)**

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Paris, known as the City of Love, shines bright all day long. The lights of the city attract 56 (tourist) and keep the atmosphere warm and glowing.

However, these lights are not environmentally friendly because they are always on. One group of Parkour athletes, 57 get from one point to another by running, climbing, and jumping, decided to take matters into their own hands.

More than ten years ago, Paris City Hall passed a law, 58 (encourage) stores to turn lights off between 1:00 a.m. and 6:00 a.m.. 59 (unfortunate), in the hope of attracting more people, many stores ignored this policy. That is, until the Parkour athletes.

60 (tire) of this waste of electricity, athletes go out at night, determined to reduce the overuse of light. They seek out emergency light switches that 61 (locate) outside the stores. Using their parkour skills, they switch 62 as many lights as they can. Groups like "On The Spot" record themselves throughout the night and post it on social media, spreading awareness and encouraging others to find 63 (create) ways to help the planet.

On top of this, recently the government 64 (pass) a law that clearly states the rules for advertisement signs and enforces (执行) 65 fine of \$1,480 if lights are not turned off during the night.

**第四部分 写作 (共两节, 满分 40 分)**

**第一节 (满分 15 分)**

假定你是高一学生李华, 你校要举办社区献爱心活动, 请你写一封邮件, 邀请交换生 Peter 参加。内容包括:

1. 活动时间;
2. 活动内容;

3. 活动意义。

注意：1. 词数 80 词左右；

2. 可适当增加细节，以使行文连贯。

Dear Peter,

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Yours,

Li Hua

## 第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

Everyone's first job is special, because you gain useful experience that you can use in other positions in future. It also teaches you about the value of money.

When I was about sixteen years old, I wanted to buy albums of my favourite band, but I did not have any money. This was because the money my parents gave me was just enough to get by. I had to find a part-time job in order to purchase the music I wanted.

Luckily, I found that there were many old people who needed help in my neighbourhood. And I chose the oldest person I knew, Mrs. Hudson, who was over eighty years old, and could not tend her garden anymore. She had flowers, a grass lawn, and some tomato plants. I knocked on her door, trying to build up enough courage to ask her for work. She answered that indeed she needed help in her garden.

My first job was to pull out weeds. I got down on my knees and began to pull them out one by one in her front yard and backyard. Finishing this tiring and boring task, I mowed her lawn front and back. That was the first day of my job, and it took me about two hours. After that, I was paid ten dollars for my work. It was less than I thought, but at least I had earned my first money.

After getting that ten dollars, I intended to go to the supermarket to buy my favourite album. I chose a nice morning to do it because I knew it would be a memorable moment when I was able to buy what I liked through my efforts. But on the way to supermarket, I happened to see my mom "working" on the opposite side of the road. Actually, I had never seen how she worked before, I just knew she was a saleswoman.

注意：1. 续写词数应为 150 左右；2. 请按如下格式在答题卡的相应位置作答。

Under the burning sun, my mom was distributing leaflets (分发传单) to passers-by, sweating all over.

Then I continued making my way to the supermarket, and suddenly a good idea occurred to me.