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昆明市第一中学 2023 届高中新课标高三第十次考前适应性训练 英语 试 卷

命题 张颖 孟洁

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本试卷由三个部分。考试结束后，将本试卷和答题卡一并交回。满分120分，考试用时100分钟。

注意事项：

1. 答题前，考生务必用黑色碳素笔将自己的姓名、准考证号、考场号、座位号在答题卡上填写清楚，并认真核准条形码上的准考证号、姓名、考场号、座位号及科目，在规定的位上贴好条形码。
2. 每小题选出答案后，用2B铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦擦干净后，再选涂其他答案标号。答在试卷上的答案无效。

第一部分：阅读（共两节，满分50分）

第一节（共15小题；每小题3.5分，满分37.5分）

阅读下列短文，从每题所给的四个选项（A、B、C、D）中选出最佳选项，并在答题卡上将该项涂黑。

Description of Neck & Jaw Exerciser style 05

Material: Made of food grade Silica gel.

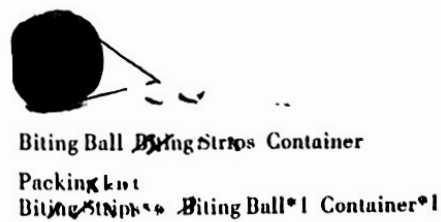
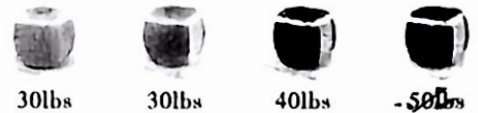
Comfort: The product curve is ergonomic (符合人体工程学的) and fits the mouth shape well

Easy to use: You can bite anytime and anywhere

Lines: Tighten the face and slow down aging

Effect: After several weeks of use, it can significantly reduce double chin

Enhancement: There are 4 strength levels to choose from beginners to masters. You can choose the exerciser that suits you



User's Brochure of the Neck & Jaw Exerciser style .

1. Softening: Put the Exerciser into water (around 80 - 90°C/176 - 194°F) to soften the biting strips for about 30s.
2. Drying: Take it out of the water and tap or swing it to remove the excess water.
3. Shaping: Place the Exerciser into your mouth and bite on the biting strips with the "TOP" mark facing up, then bite hard for about 10s to shape the biting strips until them fit your teeth.

4. Exercising: Exercise your jaw with the Exerciser for 4 sets a day, 5 minutes each set, which is a duration of 5 minutes per set, or you can chew on the biting strips until exhausted.

Warning

This product will be ~~put in~~ the mouth when using it. And it will not be suitable if you have conditions including headaches ~~and pain, sore~~/sensitive teeth, jaw pain, and neck pain.

If you ~~are suffering from~~ headaches, wearing braces or injuries to your neck, jaw, teeth or head before using ~~this product~~, please consult your doctor to find out whether your situation allows safe use of this product. ~~If the pain~~ does not go away after using this product, please ~~stop~~ using this product and consult your doctor.

How do we use the Exerciser?

1. How do we use the Exerciser?
 - A. Press it by hand.
 - B. ~~Chew~~ it in the mouth.
 - C. Hang it on the neck.
 - D. ~~Swing~~ it with the jaw.
2. What is the effect of the Exerciser?
 - A. Remove facial wrinkles.
 - B. ~~Reduce~~ double chin.
 - C. Reduce the headaches.
 - D. Lengthen the neck.
3. In which situation ~~might people be~~ unsuitable to use the Exerciser?
 - A. Getting injured in ~~use~~.
 - B. Having a pain in the back.
 - C. Having hearing problem.
 - D. Wearing teeth braces.

B

The Bowman family has its pet dog back. Their dog Happy ~~is back~~ after seven months of adventure, an operation, two intermediate homes and a new name.

Misty Bowman saw Happy's picture ~~(Monday) in the Lopolin Globe~~ with a story about Walstad deciding to keep the dog that he called Radar. "I was ~~yelling at~~ my husband, saying, 'Tell me I'm crazy, tell me that's not Happy,'" Misty said of her reaction ~~reading~~ the newspaper.

The Bowmans say ~~they took~~ the dog they called Happy home from a friend's house when he was 8 weeks old. He stood out ~~to Misty~~ because he was so friendly and not at all aggressive. After two ~~and a half years~~ as their family pet, Happy ~~went~~ missing from the Bowmans' 160-acre farm in Diamond seven months ago. Misty said the family drove all over the area, rode four-wheelers around the property, put ~~up lost dog~~ ads everywhere in the area, and went door-to-door asking for information on their pet. "Eventually ~~we came~~ to the assumption that he was gone, we thought he got run over," Misty said.

But that was not the case. He had been taken in by a family that named Radar for his ability to find his way around. That talent showed up earlier this month when he came back to Walstad's office, where he had been boarded for several weeks and done operation on while his adoptive family was out of town.

The family was considering trying to find another home for him anyway, so Walstad decided to keep him as an office pet. Bowman called Walstad's office and explained the situation, insisting her children didn't know that

Happy was still alive and that Walstad could keep him if he wanted. But Walstad said he couldn't be happier with the way things turned out and cheerfully turned over the dog to its rightful owners.

4. How did Misty find her dog?

A. Walstad helped her find it.

B. The dog returned to her office.

C. Her friend informed her of the news.

D. She came across its picture in the newspaper.

5. What did the Bowmans do when the dog went missing?

A. They searched it door to door.

B. They turned to the police for help.

C. They hired a professional rescue team.

D. They posted a notice in the newspaper.

6. Why did the dog renamed Radar?

A. Because it looked like a radar.

B. Because it was capable of finding ways.

C. Because its adopter's family name is Radar.

D. Because it was friendly in nature.

7. What's the ending of the dog?

A. It was left with its adoptive family.

B. It was kept as an office pet.

C. It returned to his original home.

D. It was abandoned by Walstad.

C

Industry experts and wildlife activists say more than 73 million sharks are killed every year — mostly for their fins — to make shark fin soup. That is about 200,000 sharks every day. Shark fin soup is traditionally served at large gatherings in parts of East Asia. It also can be found at many Asian restaurants around the world.

Recently, a team of scientists and environmental groups collected shark fin soup from restaurants across the United States. They wanted to study the genetic material in the soup. The scientists examined 51 soup samples from 14 American cities. DNA testing identified eight shark species, some of them endangered.

The Pew Environment Group says the number of sharks has dropped almost 80% worldwide in the past 60 years. The group believes safe places for sharks could help, especially when the animals are young and defenseless.

The Humane Society International leads one of the largest campaigns to protect sharks. Iris Ho is the group's wildlife campaigns manager. "According to the government records, in 2010, 34 metric tons of shark fins were imported into the U. S."

Sharks have been alive for 400 million years. They were living even before the earliest dinosaurs. But some scientists believe they may be unable to survive the current demand for shark fin soup.

Earlier this year in Hong Kong, more than 150 young activists gathered to publicize (宣传) the environmental and animal welfare issues linked to the shark fin trade. Those wildlife activists say the overfishing of sharks has a bad effect on the ocean environment. But they say there is some good news. Younger generations are increasingly unwilling to eat shark fin. Wildlife groups say 40 respected scientists signed a statement in support of ending the shark fin trade.

8. Why did researchers collect shark fin soup sample?

A. To protect endangered species.

B. To taste the traditional meal.

C. To collect evidence of illegal hunting.

D. To do research on the genetic material.

9. What does the Pew Environment Group suggest?

A. Preventing shark fins trade.

B. Urging people to care for young sharks

C. Constructing shelter for sharks.

D. Publicizing the animal welfare issues.

10. What can we infer from the last paragraph?

A. ~~Shark~~ Shark fin trade has been abolished.

B. Laws to forbid hunting sharks are in need.

C. Scientists all over the world support to end sharks hunting.

D. Young generation are aware of the consequence of overfishing sharks.

11. Which is the best title of the passage?

A. Say No to Traditional Meals

B. Shark Fin Soup Should Be Forbidden

C. Efforts to End Shark Fin Trade Make Progress

D. People Are Committed to Marine Protection

D

Noodles originated in China and have a long history as a kind of food. The cultural relics unearthed in Qinghai ~~China~~ prove that noodles first appeared more than 4 000 years ago, and its earliest written records as a main food can be traced back to the Eastern Han Dynasty in China, more than 1,900 years ago. In ancient society, the sanitary (卫生的) conditions of food processing were relatively poor. Noodles cooked in boiling water are more hygienic than other foods, which can avoid a variety of diseases and thus become one of the most common foods in China.

To make noodles, the cereals or beans are processed into flour, which is mixed with water to make dough (面团). After being pressed, the dough is made into strips or flakes by pulling, twisting, cutting, rolling, etc. Generally, the cut noodles can be stored for a few months after drying, and the pulled noodles are eaten immediately. Noodles can be boiled, fried, stewed or stir-fried. Eggs, vegetable juices, etc. can be added when necessary to change the color and taste of the noodles. The cooked noodles can also be fried again, or served with dipping sauce, or noodle soup. In many places, people eat a bowl of longevity noodles on their birthdays, which is meant to represent a long life. Noodles are easy to digest and absorb in the stomach, and noodle soup also has the effect of warming the stomach. The raw materials, shape, width and cooking practices of the noodles vary widely in different areas.

Noodles are simple to make, easy to eat, and nutritious. They are a main food in China, especially in the north, and have spread to other countries and regions in the world today.

12. What does the underlined word “hygienic” in paragraph 1 probably mean?
 A. Delicious. B. Affordable. C. Digestible. D. Healthy.
13. What can we learn about noodles?
 A. Noodles can be stored for a long time.
 B. Noodle soup is more nutritious than noodles.
 C. Strip noodles are much easier to digest than others.
 D. Different regions noodles display obvious distinctions.
14. What does the passage mainly talk about?
 A. The advantages of eating noodles. B. The brief introduction of noodles.
 C. The classification of noodles. D. The history of noodles.
15. Where might the passage be taken from?
 A. A textbook. B. A travel guidebook. C. A magazine. D. A news report.

第二节（共5小题；每小题2.5分，满分12.5分）

根据短文内容，从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

Huangshan, located in the southern part of Anhui Province, is one of the top ten famous mountains in China. 16 It is said that a trip to China's five great mountains makes trips to other mountains unnecessary and a trip to Huangshan makes the trips to the five great mountains unnecessary.

Huangshan has 12 peaks, the three tallest and best-known of which are Lotus Peak (*Lianhua Feng*, 1,864m), Bright Peak (*Guangming Ding*, 1,860m), and Celestial Peak (*Tiandu Feng*, literally Capital of Heaven Peak, 1,829m). 17 The famed four wonders are four unique views belonging to Huangshan, namely Strange Pines, Absurd Stones, A Sea of Clouds and Hot Springs respectively. The three imposing waterfalls are the Jiulong Waterfall, the Renzi Waterfall, and the Baizhang Waterfall.

The distinguished Guest-Creating Pine is the landmark landscape of Huangshan, and also one of the symbols of Anhui Province. It has become a symbol of peace and friendship between China and the people of the world.

18 Huangshan has always been the subject of traditional painting, literature and modern photography. From the Tang Dynasty (618 - 907) to the end of the Qing Dynasty (1636 - 1912), there were more than 20,000 poems describing Huangshan and a painting school named Huangshan. Currently, Huangshan National Park covers an area of 160.6 square kilometers. 19 Due to its bio-diversity, it attracts experts, specialists and scientists all over the world to do research on plants and animals.

Huangshan is the symbol of Anhui tourism and is a national 5A tourist attraction in China. 20

A. Have you ever heard of the poem?

B. Why do so many tourists pay visits to it?

C. More importantly, it is home to ancient poetry.

D. In addition, Huangshan is still a treasure house of art.

E. It has abundant resources and various zoological species.

F. The highlights in Huangshan are "four wonders and three waterfalls".

G. It is also listed as a double heritage of nature and culture in the world.

第二部分：语言运用（共两节，满分30分）

第一节（共15小题；每小题1分，满分15分）

阅读下面短文，从短文后各题所给的四个选项（A、B、C、D）中，选出可以填入空白处的最佳选项，并在答题卡上将该项涂黑。

A thoughtful 10-year-old girl is devoting her time to making "chemotherapy (化疗) comfort bags" for patients after seeing her grandfather 21 cancer.

Sophie Enderton's grandfather Terry explained what the common 22 for cancer is and why it's challenging for cancer patients. After learning of Terry's 23 and the common medical procedures, Sophie 24 to make chemotherapy comfort bags for patients over the holiday season.

"My husband and I are 25 that Sophie wanted to give back," Sophie's mother told reporters. "She saw others struggling, and she wanted to be a 26."

In December, Sophie 27 10 comfort bags to patients at the Roswell Cancer Center, the same medical facility where grandpa Terry received treatment. Sophie is 28 putting together comfort bags with a new goal of 29 20 bags by March.

"Sophie and her grandpa were close, and this helps her to stay close to him although he's passed away," Sophie's mother said, noting that Terry 30 on December 15.

Community members have donated money and items to Sophie's comfort bag 31 and this time the fifth-grader adds 32 to the care packages, hoping to comfort cancer patients with her words.

When asked how it feels to see her chemotherapy comfort bags are making a 33 in patients' lives, Sophie said, "It feels so nice." Sophie would like to 34 her project and is considering a future where she works with nonprofits to 35 money and items for important causes.

21. A. study

B. prevent

C. battle

D. survive

22. A. discovery

B. treatment

C. package

D. cause

23. A. past

B. attitude

C. decision

D. condition

24. A. set out

B. held on

C. turned around

D. backed off

25. A. anxious

B. ashamed

C. proud

D. relieved

- | | | | |
|-------------------------------|---------------|--------------------|------------------------|
| 26. A. host | B. helper | C. doctor | D. judge |
| 27. A. returned | B. introduced | C. lent | D. donated |
| 28. A. currently | B. regularly | C. gradually | D. instantly |
| 29. A. recommending | B. delivering | C. sewing | D. purchasing |
| 30. A. recovered | B. wept | C. died | D. approved |
| 31. A. contest | B. business | C. ceremony | D. p roject |
| 32. A. heartwarming | B. practical | C. impressive | D. acceptable |
| 33. A. c ommitment | B. difference | C. promise | D. connection |
| 34. A. quit | B. delay | C. fund | D. continue |
| 35. A. earn | B. exchange | C. raise | D. spend |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面材料, 在空白处填入适当的内容 (1 个单词) 或括号内单词的正确形式。

The first Friday of October is World Smile Day, a relatively new holiday with a 36 (fascinate) story. In 1963, Harvey Ball, an artist and ~~a~~ man, created the smiley face symbol we've all come to know. 37 (popular) for this symbol ~~exploded~~ into the world of popular culture. All artists ~~want~~ their work 38 (respect) and few symbols ~~have~~ had quite the achievement that Harvey's ~~creation~~ has had.

Throughout the years, the smiley face 39 (become) one of the most well-known symbols. It has appeared in movies such as *Forest Gump* and been used as a ~~motif~~ (基本图案) in the graphic novel *Watchmen*. It's so well-known 40 we bet you can see it in your mind just by saying "smiley face" — that recognizable yellow circle with black 41 (dot) for eyes and a simple curve for a genuine and pure smile.

In 1999, World Smile Day 42 (official) became a holiday. The celebration aspects of the day were simple yet effective: people ~~used the day~~ to smile 43 made small acts of kindness worldwide. Harvey wanted to keep the smile 44 (connect) to the human being. By doing so, you'd smile and 45 return, you'd make someone else smile and brighten up their day.

第三部分: 写作 (共两节, 满分 40 分)

第一节 (满分 15 分)

假设你是李华, 随着阳光体育运动的开展, 你也响应号召参与健身活动, 请在留学生论坛上发布一则健身伙伴招募信息, 要点如下:

1. 自我介绍;
2. 招募要求;
3. 健身计划。

注意:

1. 词数 80 左右;

2. 可以适当增加细节，以使行文连贯。

Gym Partner Wanted

第二节 (满分 25 分)

阅读下面材料，根据其内容和所给段落开头续写两段，使之构成一篇完整的短文。

Malisa, a junior at St. Petersburg's Lakewood High School, had signed up for the school's Health Science Program. The program helped prepare students for various careers in healthcare industry. Malisa had a plan to pursue a career in the medical field since she was young, so she applied the moment the course was available.

In the first lecture, students learned about vital signs and how to check pulse (脉搏). And another one of the skills learned was CPR (心肺复苏). During the lecture, students had to learn two components, a hands-on skills component where they had to demonstrate that they had mastered the skills of adult and child CPR, as well as how to help somebody who was choking. And then there was a written test component, showing whether students had acquired that knowledge or not.

Most students chose the course merely for earning credits for college application, so they didn't pay much attention to the teacher and chatted happily during breaks. But, with a clear future career plan, Malisa knew how important it was to truly master the skills. She took notes carefully and raised questions to discuss with their instructor Verna.

After the tiring lecture, Malisa was driving three friends home when another driver crashed into her car. Malisa's car crashed in someone's yard and hit the tree. The impact was so huge that the driver's side door was stuck. Malisa had to climb out from the front window. Two of her friends managed to get out of the car unharmed, but the crash caused her 16-year-old friend Lilian to hit her head on the backseat window.

When Malisa got out and took her breath, she didn't see Lilian around. So she ran back to the car as fast as she could. Lilian was just lying there unresponsive (无反应的). She pulled Lilian out of the back seat, avoiding broken glass from the window.

A lot of people started to gather around to see what was happening. Malisa started yelling, "Back up, back up, she needs space."

注意：1. 续写词数应为 150 左右；

2. 请按如下格式在答题卡的相应位置作答。

Malisa put her head against Lilian's chest. _____

Words about Malisa's deed spread. _____