

2020年东北三省三校高三第一次联合模拟考试 英语试卷

destination.

Caledonian Double	Club Room	Classic Room	Comfort Seats
double bed	2 single beds	twin bunk beds	comfortable seats
breakfast included	breakfast included	breakfast for purchase	breakfast for purchase
toilet and shower	toilet and shower	in-room washbasin	
charging points& Wi-Fi	charging points& Wi-Fi	Wi-Fi	Wi-Fi
priority boarding	priority boarding		
temperature control	temperature control		

We offer two categories of rail tickets to travel on our service:

Caledonian Sleeper Fixed Advance: Our Fixed Advance tickets offer our best value fares. No changes, refunds or upgrades are allowed. Available for Club rooms (£150/passenger) and Classic rooms (£100/passenger). Book at least 2 months in advance.

Caledonian Sleeper Flexible: Our Flexible tickets are fully refundable. Available for Caledonian Double (£200/passenger), Club rooms (£170/passenger), Classic rooms (£120/passenger) and Comfort seats (£50/passenger). Book anytime if available.

* **Notice:** These are single (one way) tickets; to make a return journey, just buy two single tickets.

Oops! A family getaway can often feel like someone is missing if your furry friend is left behind. If you are travelling in a Caledonian Double or Club room, you're welcome to bring up to 2 pets with an additional fare as low as £30 per room.

21. What is promoted in this text?

- A. A travel package.
- B. A train service.
- C. A family plan.
- D. An accommodation service.

22. All ticket holders can enjoy _____ without extra charge.

- A. Wi-Fi signals
- B. priority boarding
- C. on-board breakfast
- D. charging points

23. What is the lowest round trip fare for a married couple with their two pet dogs?

- A. £230.
- B. £330.
- C. £660.
- D. £740.

B

Last month, my husband and I completed what some of our friends considered a foolish task: a 32-day, 5,232-mile camping trip with children in our Volkswagen van, without "high-tech" to occupy the children.

It was the screenless journey that showered me with doubts. But is "boredom" senseless? My friend Renee, who has driven cross country with her three kids eight times, calls boredom the mother of creativity. She's not the only one who sees virtue in blank time. In a recently published paper, researchers at East Anglia University in England concluded that the trance-like (发呆的) state helps recharge the mind and is "central to learning and creativity". I wasn't trying to make my kids smarter. Neither do I dislike high tech. But I understand too well the power of mini screens to transform our kids into zombies (木讷的人).

On Day 1, our 7-year-old son announced "Texas is so boring!". The next day, struggling against his seat belt, he yelled he couldn't take much more of this. His 5 year old sister was better at the long hours playing make-believe with the stuffed animals. On Day 3 he began to count mountains and see pandas and dolphins in distant clouds in the Texas sky. I often joined the kids in the back, where we did thumb and toe wrestle. With well known mountains ahead, my husband told the children the past legends of them. "Arizona is not as boring as Texas," our son declared.

I hope the trip gave kids some lazy, unstructured time to learn something about valuing the

2020年东北三省三校高三第一次联合模拟考试 英语试卷

trip instead of looking for the fastest way to burn it up. I don't always make the right call as a parent but I know that in banning the small screen we made the right choice this time.

24. Why did the author choose a high tech free journey?
- Her friends are highly against it.
 - She disliked advanced technology.
 - She feared the passive influence of mini-screens.
 - The researchers proved the harm of modern technology.
25. What happened during the cross-country drive?
- Their son got worse at boredom.
 - Her kids had a tough time riding in the vehicle.
 - Their son relieved himself by watching animals outside.
 - The time spent without screens strengthened the family bond.
26. The underlined part "the fastest way" in the last paragraph refers to _____.
- the speediest route to finish the journey
 - the ability to observe the surroundings
 - the interest of playing games with others
 - the choice of killing time by playing digital devices
27. Which is the best title for the text?
- Is Driving Long Distances Good for Children?
 - A Touching Cross country Trip of My Family
 - What's Wrong with Boredom without High tech?
 - Creative Kids out of Parents' Reasonable Choice

C

Maybe you pop vitamins supporting brainpower, or stock up on these foods that boost brain health. But new guidelines from the American Academy of Neurology suggest there's something better you can do to keep your mind sharp.

A quarter of adults aged 80 to 84 experience mild cognitive (认知的) impairment, according to AAN. To address the widespread problem, a group of neurologists and Alzheimer's (阿尔兹海默氏症的) specialists went through existing studies to define the best ways to prevent and treat cognitive decline - and you might be surprised by what they included and what they didn't.

Surprisingly, the AAN guidelines don't include any medication (药物) or dietary recommendations. The authors stress that there haven't been any high-quality, long-term studies finding foods or medication can help cognitive decline. The guidelines also say doctors can consider suggesting cognitive training to patients with memory loss but not to rely on it. So far, the report authors say the evidence is too inconclusive to say for sure if brain exercises, like memory and attention training or problem-solving for everyday issues associated with memory loss, are beneficial. Still, these morning brain exercises can't do any harm.

But there was one big discovery from the new guidelines: Exercising just twice a week could improve cognitive decline. One study showed adults with mild cognitive impairment who did resistance training twice a week scored better on executive function and associative (联想的) memory tests than a group that worked on balancing, stretching, and relaxing.

What's more, another study had older adults attend either biweekly health classes or sessions of aerobics, strength training, balance exercises, and multitasking training. Six months later, the ones who'd exercised regularly scored better on cognitive health and memory tests, plus had less brain shrinkage.

AAN now recommends doctors tell patients with memory loss to exercise twice a week to keep their minds sharp. This is the best time to exercise if you want to improve your memory. It

2020年东北三省三校高三第一次联合模拟考试 英语试卷

looks like you've got just one more reason to clear time in your schedule for a workout — even if it's only on the weekends.

28. What does the underlined word "impairment" in paragraph 2 refer to?
A. Error. B. Decline. C. Development. D. Presence.
29. ANN may be uncertain about _____.
A. strength training B. resistance training
C. exercises twice a week D. morning brain exercise
30. Which of the following may the author agree with?
A. Daily exercises are beneficial to Alzheimer.
B. The AAN guidelines attach importance to workout.
C. Medication is of significance in the ANN guidelines.
D. Stocking up on vitamins supporting brainpower means nothing.
31. In which section of a newspaper may this text appear?
A. Exercise. B. Entertainment. C. Science. D. Health.

D

Clothing rental is a hot new industry and retailers (零售商) are demanding to get on board in hopes of attracting green shoppers.

But is renting fashion actually more environmentally-friendly than buying it, and if so, how much more? Journalist and author Elizabeth Cline investigated (调查) this question and concluded that it's not as sustainable as it seems.

Take shipping, for example, which has to go two ways if an item is rented — receiving and returning. Cline writes that consumer transportation has the second largest carbon footprint of our collective fashion habit after manufacturing.

She writes, "An item ordered online and then returned can send out 20 kilograms of carbon each way, and increases up to 50 kilograms for rush shipping. By comparison, the carbon impact of a pair of jeans purchased from a physical store and washed and worn at home is 33.4 kilograms, according to a 2015 study by Levi's."

Then there's the burden of washing, which has to happen for every item when it's returned, regardless of whether or not it was worn. For most rental services, this usually means dry-cleaning, a high impact and polluting process. All the rental services that Cline looked into have replaced perchloroethylene (氯乙烯), a carcinogenic (致癌的) air pollutant, still used by 70 percent of US dry cleaners, with alternatives, although these aren't great either.

Lastly, Cline fears that rental services will increase our appetite for fast fashion, simply because it's so easily accessible. There's something called "share-washing" that makes people waste more precisely because a product or service is shared and thus is regarded as more eco-friendly. Uber is one example of this, advertised as "a way to share rides and limit car ownership," and yet "it has been proven to discourage walking, bicycling, and public transportation use."

Renting clothes is still preferable to buying them cheap and throwing them in the dustbin after a few wears, but we shouldn't let the availability of these services make us too satisfied. There's an even better step — that's wearing what is already in the closet.

32. What is Elizabeth Cline's attitude toward clothing rental?
A. Approving. B. Unfavorable. C. Objective. D. Enthusiastic.
33. The Uber example in Paragraph 6 indicates that _____.
A. rental services are on the rise
B. clothing rental will be as successful as Uber
C. renting clothes might waste more than expected

2020年东北三省三校高三第一次联合模拟考试 英语试卷

- D. renting clothes might make people lose interest in fast fashion
34. The author suggests that we should _____.
- A. give up renting any clothing
- B. purchase inexpensive clothes
- C. rent clothes rather than buy them
- D. make full use of clothes we've possessed
35. What is the passage mainly about?
- A. Clothing rental is a new fashion.
- B. Clothing rental is retailers' preference.
- C. Renting clothes is not that eco-friendly.
- D. Renting clothes business is in a dilemma.

第二节(共5小题;每小题2分,满分10分)

根据短文内容,从短文后的选项选出能填入空白处的最佳选项。选项中有两项为多余选项。

Last year in a cross-country race in Sanqing Mountain, Gentian left everybody far behind, but unexpectedly he felt a sharp pain and saw that there were teeth marks and blood on his calf (腿肚子). 36 But he didn't know that it was a poisonous snake called "five step snake" in Chinese that bit him.

Deep in the mountain, with no phone, Gentian kept running with the injury on his leg for 15 minutes and finally met a local farmer. 37 He happened to know about herbs and medicine. Immediately, he used some herbal medicine to deal with it. Later, the organizing committee's ambulance rushed to take him to the local hospital.

What should you do if you encounter a snake while outside? Remember: first of all, do not excite it. Data show that people who excite snakes are easily bitten. 38 Second, avoid the places where snakes like to stay. Snakes like to bathe in the sun during the day, and usually stay on gravel and cliff edges. Third, if you happen to see a snake crossing through the road, you must stop and wait for it to pass.

39 First, sit down and try to avoid the acceleration of blood circulation. Then tie the limb 10-30 cm above the wound with a strong rope, and cut it open about 1 cm above the wound. The cut should be 1-2 cm wide, and squeeze blood from top to bottom. Generally, snake bites occur at the ankle. 40 Also, make sure to call the ambulance ASAP.

- A. He sensed that his situation was not good.
- B. Then what to do if you're bitten by a snake?
- C. So staying still can prevent you from meeting a snake.
- D. He thought his high-end shoes could protect against the snake.
- E. However, those who run immediately are less likely to be bitten.
- F. In this case bending the knee to reduce blood flow can be helpful.
- G. Despite the language barrier, he understood what had happened.

第三部分 语言知识运用(共两节,满分45分)

第一节 (共20小题;每题1.5分,满分30分)

阅读下面短文,从短文后各题所给的A、B、C和D四个选项中,选出可以填入空白处的最佳选项,并在答题卡上将该项涂黑。

At around 6:30 pm local time on April 15th in France, Notre Dame in Paris was getting angry. According to the French newspaper *Le Monde*, the fire started in the attic (阁楼) of the monument and then 41 to the roof. In the screams of people, the Gothic tower 42 collapsed (倒塌). "Paris was beheaded!" 43 the fall of the tower, the 32-year-old Frenchman, Pierre, sent such a 44 to the *New York Times*.

Notre Dame de Paris, which 45 on the bank of the Seine, has been there for 769 years.

2020年东北三省三校高三第一次联合模拟考试 英语试卷

Not only does Notre Dame have a large collection of wonderful works, but the building itself is 46. As one of the most famous tourist 47 in the world, this church has 13 million visitors a year. When the fire was still burning, the spokesperson of Notre Dame de Paris pessimistically told the media that the 48 building of France 49 “great destruction” because the inside part of the church belonged to medieval wood structure, so this fire was almost a 50. At 9:30 that evening, the priceless colored glass “Rose” window in the cathedral was too hot and then broken. As the fire continued, a large number of people from Paris 51 around Notre Dame. Watching the fire destroy the monument, some people couldn’t help 52 cry, and some sang prayer songs for Notre Dame. “At this moment I feel very 53, and a small part of each of us has been burned by the fire.” After the fire, French President Mark Long 54 canceled a speech on the “Yellow Vest Movement”, and started the disaster report.

After the French firefighters 55 for five hours, the fire was 56. The main structure of the church was 57, but the inside decoration was completely destroyed. 58 the broken Notre Dame de Paris, the French made a(n) 59 to rebuild. President Mark Long later said that they would recruit (组建) the best talents from around the world to repair the art treasures, because this is what the French expect and is what history 60.

- | | | | |
|---------------------|------------------|----------------|-----------------|
| 41. A. distributed | B. directed | C. spread | D. transformed |
| 42. A. anyhow | B. immediately | C. somehow | D. suddenly |
| 43. A. Admitting | B. Witnessing | C. Preventing | D. Predicting |
| 44. A. sigh | B. word | C. sign | D. picture |
| 45. A. winds | B. exists | C. sets | D. stands |
| 46. A. delicate | B. worthless | C. invaluable | D. weak |
| 47. A. points | B. scenes | C. views | D. attractions |
| 48. A. remaining | B. historic | C. accessible | D. favorable |
| 49. A. suffered | B. resulted | C. acquired | D. obtained |
| 50. A. decrease | B. waste | C. disaster | D. trouble |
| 51. A. marched | B. gathered | C. wandered | D. settled |
| 52. A. or | B. and | C. except | D. but |
| 53. A. angry | B. confused | C. sad | D. amazed |
| 54. A. urgently | B. angrily | C. cleverly | D. cautiously |
| 55. A. managed | B. fought | C. attempted | D. repaired |
| 56. A. put out | B. taken out | C. brought out | D. pulled out |
| 57. A. scarred | B. destroyed | C. remained | D. saved |
| 58. A. In time of | B. In danger of | C. In face of | D. In memory of |
| 59. A. announcement | B. determination | C. agreement | D. preparation |
| 60. A. deserves | B. allows | C. creates | D. holds |

第 II 卷 非选择题(满分 50 分)

第二节 (共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面材料,在空白处填入适当的内容(1 个单词)或括号内单词的正确形式。

A crater (环形山) on Mercury sat quietly for millions of years. Surprisingly, it acquired a name — Li Qingzhao, a Chinese female poet. The International Astronomical Union named the first group of craters on the planet after 310 famous writers and artists in human history, Li 61 (include).

What did she do to deserve such 62 honor? Compared with other male poets in China, 63 have left hundreds or even thousands of poems, she has only eighty-seven. 64.

2020年东北三省三校高三第一次联合模拟考试 英语试卷

her artistic creativity in her 65 (survive) works has earned her a permanent place in the Chinese literary circle.

She grew up in a 66 (relative) relaxed atmosphere but her maiden (少女) days were so limited that the regret could be felt in her poem: "Can't you see? The green leaves thriving (旺盛) but the red flowers fading overnight." The arrival and disappearance of spring is one of the most frequent themes in Chinese poetry. Li had two marriages. The first ended up her being abandoned during the war, 67 (bad) still, she suffered physical abuse from her second husband. Bravely she charged him at the court and got the 68 (permit) to divorce.

In the final stage of her life, even 69 no one to rely on, she never gave up hope and created many literary works that 70 (leave) for generations to appreciate to date.

第四部分 写作(共两节,满分35分)

第一节 短文改错(共10小题;每小题1分,满分10分)

英语课上,老师要求同桌之间相互修改作文。假设以下短文为你同桌所写,请你对其进行修改。短文中共有10处错误,每句中最多有两处。错误涉及一个单词的增加、删除或修改。

增加:在缺词处加一个漏字符号(Λ),并在其下面写出该加的词。

删除:把多余的词用斜线(\)划掉。

修改:在错的词下划一横线,并在该词下面写出修改后的词。

注意:1. 每处错误及其修改均仅限一词;

2. 只允许修改10处,多者(从第11处起)不计分。

One day, Sally went to work by the taxi. Unfortunately, when she arrived her office, she realized that she has left her bag in the taxi.

She became worried because in the bag was the material needing for the meeting to be held in an hour.

Half an hour late, she received a call from a man, told her that he was sending the bag to her in person.

Wondering where the man knew her address and telephone number, Sally went downstairs. It was actually the driver which taxi she had taken. The driver told Sally that he had found his business card in the bag so that he could find Sally. Sally expressed her thank to the driver and hurried upstairs, heading for the meeting room.

第二节 书面表达(满分25分)

假设你是李华,第五十个世界地球日(the Earth Day)即将到来,你校将举办以此为主题的学生海报展。请你写一封邮件邀请外教 Mary 来观看展览。

要点如下:

1. 展览时间和地点;
2. 简要介绍展览活动和内容。

注意:

1. 词数100左右;
2. 可以适当增加细节,以使行文连贯。

Dear Mary,

英语试卷 第8页(共8页)

Yours,
Lihua

自主招生在线创始于 2014 年，致力于提供自主招生、综合评价、三位一体、学科竞赛、新高考生涯规划等政策资讯的服务平台。总部坐落于北京，旗下拥有网站（www.zizzs.com）和微信公众平台等媒体矩阵，用户群体涵盖全国 90% 以上的重点中学师生及家长，在全国自主招生、综合评价领域首屈一指。

如需第一时间获取相关资讯及备考指南，请关注**自主选拔在线**官方微信号：**zizzsw**。



识别二维码，快速关注

福利：

- 1、关注后回复“答题模板”，即可获得高中 9 科答题模板资料
- 2、回复“清北华五”，即可获得清北华东五校特殊选拔考试模式及真题