

2023年沈阳市高中三年级教学质量监测（三）

英语

命题：东北育才学校 周良帆
沈阳市第十一中学 吴晓波
和平区教育研究中心 周颖怡
审题：沈阳市教育研究院 栾庆

注意事项：

1. 答卷前，考生务必将自己的姓名、考号填写在答题卡上。
2. 选出每小题答案后，用铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。不能答在本试卷上，否则无效。
3. 考试结束后，考生将答题卡交回。

第一部分：听力（共两节，满分30分）

做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节（共5小题；每小题1.5分，满分7.5分）

听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What did the man do yesterday afternoon?
A. Watch a show. B. Visit his cousin. C. Work on his paper.
2. Where are the speakers?
A. At a bus stop. B. At home. C. At the airport.
3. Who is Andy Clarks?
A. A TV actor. B. A public librarian. C. A famous lawyer.
4. What went on at Cooper's last night?
A. A movie show. B. A birthday party. C. A sales promotion.
5. Why does Amanda want to learn to play the guitar?
A. To record popular songs.
B. To perform her own music.
C. To become a guitar teacher.

第二节（共15小题；每小题1.5分，满分22.5分）

听下面5段对话或独白。每段对话或独白后有几个小题，从题中所给的A、B、C三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题5秒钟；听完后，各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料，回答第6、7题。

6. What does the woman need to climb Black Mountain?
A. A GPS. B. Good walking boots. C. A walking stick.
7. How does the man feel about the woman's decision?
A. It's worthwhile. B. It's confusing. C. It's risky.

高三英语 第1页（共10页）

听第7段材料，回答第8至10题。

8. What does the woman dislike?
A. Fish. B. Vegetables. C. Fried chicken.
9. What does the man find it hard to do?
A. Make cakes and pies. B. Stop drinking coffee. C. Eat a lot of tomatoes.
10. What are the speakers talking about?
A. Doctor's advice to the man.
B. What to eat for a good meal.
C. The man's favourite dishes.

听第8段材料，回答第11至13题。

11. Why did Tracy bring dogs to the children?
A. To teach them to love animals.
B. To help them gain confidence.
C. To protect them from dangers.
12. What is Kevin's concern about the dog?
A. They may misbehave.
B. They may get hurt.
C. They may carry diseases.
13. What will Helen do tomorrow morning?
A. Give a talk. B. Meet the children. C. Take some photos.

听第9段材料，回答第14至17题。

14. What is Jennifer doing?
A. Hosting a meeting. B. Serving a customer. C. Having an interview.
15. What does Jennifer learn from her previous job?
A. Sales techniques. B. Interpersonal skills. C. Language knowledge.
16. What was Jennifer's worst experience at work?
A. Receiving an unreasonable phone call.
B. Arguing with the manager.
C. Dealing with a complaint.
17. What will Jennifer do next?
A. Wait for a call. B. Make a decision. C. Apply for the position.

听第10段材料，回答第18至20题。

18. When will the team return from Costa Rica?
A. April 6. B. July 10. C. July 20.
19. Where will the team go to do the second project?
A. The national parks. B. The city of San José. C. The east of Costa Rica.
20. What will the team do in the final project?
A. Plant trees. B. Feed birds. C. Train animals.

高三英语 第2页 (共10页)

第二部分：阅读理解（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下面短文，从每题所给的 A、B、C 和 D 四个选项中，选出最佳选项。

A

RMIT (墨尔本皇家理工大学) is hosting interactive events across a range of topics and disciplines. Look through our events to find one you might be interested in.

Free bike tuning

Time: 9 a.m.-12 noon, 7 June 2023

Location: Bike Hub, Cardigan Street

Roll up here to get a 15-minute tune for free, no booking needed.

Expressions of interest

Time: 6:45 p.m. till late, 8 June, 2023

Location: Arts Centre, Victoria Street

Artist and performer Rupri Kaur is set to attract Melbourne audiences with her World Tour.

Because there will be high demand for this event and only 17 Student Tickets available, there is an expression-of-interest form students will have to fill out and get selected from.

City campus walking tour

Time: 9:00 a.m.-11:30 p.m., 9 June 2023

Location: Building 10, City Campus

Take a walk around campus. Highlights include:

Green Star accredited buildings

Solar panel rooftop

Heritage and architecture

Community clothing repair

Time: 3:00 p.m.-5:00 p.m., 6 June 2023

Location: Place Lab, St. Brunswick

Bring along clothing in need of fixing for a mending session to launch Community clothing repair series, with the aim of building a local response towards a sustainable fashion system. Capacity for this event is limited to 18.

Disclaimer: To give all students the opportunity to join our events, each person can only sign up for a maximum of 2 events each month. If you have signed up for more than 2 events in a given month, we will contact you via email to arrange to give your spot to another student.

21. How many students will be selected to watch the performance by Rupri Kaur at most?
A. 10. B. 15. C. 17. D. 18.
22. What will happen if you have registered for more than 2 events in a given month?
A. You will be given an opportunity to have a tour.
B. You will be arranged to join in unlimited events.
C. You will be asked to fill out an application form.
D. You will be informed to hand over your position.
23. Which of the following starts earliest?
A. Free bike tuning. B. Expressions of interest.
C. City campus walking tour. D. Community clothing repair.

高三英语 第 3 页 (共 10 页)

B

Many years ago, when I was in high school and working weekends to pay for the extras—like a class trip, that my family couldn't really afford, I lost my wallet.

One day, my old car required putting gas in the back. I paid and drove off, my wallet slipping out of my pocket. I hadn't even had time to miss it when a man phoned and asked me if I had lost my wallet. I checked it and to my horror, I had. He asked me to tell him how much money was in it. He then told me where to pick up my wallet.

As I pulled into his driveway, I noticed his disabled van and the ramp (坡道) going up to the house. I was thinking that there is no way this man easily got my wallet. He had to pull over his van, get in his wheelchair, lower the lift, and then pick it up. I was just astonished.

I knocked on the door and he let me in. I thanked him like 10 times. I was stuck, though. While I didn't want to insult (冒犯) him by offering money, I really felt like offering something. So I asked him if there was anything I could do to repay his kindness, and he said "Just pass my kindness on". I said I would be certain to do that, as I was raised to be honest on any account. I wanted to repay his kindness, so I wholeheartedly promised.

Well, one does not find many wallets and so it was about 10 years later that I found one. It took me several days to track down the man to whom the wallet belonged. He lived in another state. I hated going through his wallet, but I finally located him through a business card he had in it. He was actually surprised his money was still in the wallet and he tried to hand me a \$20. I told him "Thanks, but just pass my kindness on".

24. How did the finder make sure the wallet belonged to the author?
- A. He phoned the gas station. B. He checked the amount of money.
C. He went through the wallet. D. He asked where the wallet was lost.
25. How did the author feel when he realized the finder's being disabled?
- A. Satisfied. B. Shocked. C. Delighted. D. Horrified.
26. What did the author do to thank the disabled man in paragraph 4?
- A. He accepted the man's proposal. B. He handed the man some money.
C. He passed the man's kindness on. D. He put the money into an account.
27. What lesson can we learn from the text?
- A. Kindness can be passed on. B. Finders keepers, losers weepers.
C. Kindness lives in our heart. D. One good turn deserves another.

高三英语 第4页 (共10页)

C

The Sahara is the world's largest and most magic desert, but knowledge about it is surprisingly limited. Even estimates of when it formed vary widely, from more than five million years ago to mere thousands. Now, however, geographers studying wind-carried Saharan dust on the Canary Islands have come closer to settling this: it is, they report, close to five million years old.

One reason for the uncertainty over the Sahara's age is that researchers use different methods to estimate it. These include studying desert dust found in sediment (沉积物) under the Atlantic Ocean, analyzing sandstone and modeling the ancient climate. To help settle the uncertainty, Daniel, geographer of the U.S. Geological Survey, and his workmates looked at sediment on Spain's Canary Islands. They found evidence of Saharan dust. The dust appeared in ancient soil layers (层), whose age they assessed on the basis of fossils (化石) found in the same layers—and that age agreed with the earlier ocean's sediment studies. The researchers reported their findings in November in Palaeogeography.

"The conclusion of the study is very good," says Zhongshi Zhang, a climate modeler at the University of Bergen in Norway, who was not involved in the work. "Because the dust found on the islands is distinct from the ocean's record," Zhang adds, "it helps to build the case for a five-million-year age."

The Sahara is the biggest source of wind-carried dust in the world—and that dust's journey does not end in the Canary Islands, which lie just off the western coast of Africa. It continues onto places such as the Amazon rain forest in South America, Daniel notes. Amazon soils are poor in nutrients, and he says the new results help to show how rich dust from Africa could have been supporting the South American region's incredible biodiversity for millions of years—adding to the Amazon's own origin story.

28. How did Daniel settle the formation time of the Sahara ?
- A. By modeling the ancient climate in Spain's islands.
 - B. By studying the desert dust under the Atlantic Ocean.
 - C. By assessing the age of the dust in ancient soil layers.
 - D. By analyzing the wind-carried sandstone in the Sahara.
29. What is the underlined words "their findings" in the paragraph 2 refer to?
- A. The appearance of the dust.
 - B. The formation of two layers.
 - C. The age of the Saharan dust.
 - D. The agreement of two layers.
30. What contributes to the biodiversity of the South America?
- A. The Saharan dust.
 - B. The Amazon soils.
 - C. The Amazon rain forest.
 - D. The Coastal waters.
31. Which is the most suitable title for the text?
- A. The Study of the Sahara.
 - B. The Birth of the Sahara.
 - C. The Source of the Sahara.
 - D. The Effect of the Sahara.

高三英语 第 5 页 (共 10 页)

D

A cancer treatment no longer means what it used to be. Just a few decades ago, the survival rate beyond five years was less than 50%. Now, nearly 70% of those who get cancer survive that long, and that rate is set to rise. Why? Because, more than ever, chemotherapy (化疗) and radiation, once the only ways of cancer treatment, are being paired with or replaced by varieties of new drugs and treatments.

For example, the first medication for what was previously considered an “undruggable” lung cancer was recently approved in the United States, Canada, Europe and the U.K. And a brand-new precise chemotherapy drug delivered directly to breast cancer cells is giving hope to patients with the HER 2-positive form of the disease.

Another discovery has been the promise of a treatment called immunotherapy, as researchers around the world have discovered ways to use the body’s own immune (免疫) system to battle cancer cells.

Also driving hope is a focus on prevention. Decades of research and public education have led to greater awareness of how lifestyle changes can reduce our risk of developing cancer. According to an article from the journal *Pharmaceutical Research* and published by the National Institutes of Health, 90% to 95% of cancers can be owed to environment and lifestyle, rather than to genetic (基因的) factors.

Employing vaccines (疫苗) is another effective way of prevention. Take the mRNA cancer vaccines for example. The speedy development of COVID-19 vaccines was thanks to foundations already laid by researchers who had been working for years to create mRNA vaccines to fight cancer. These vaccines use a specially programmed molecule (分子) to activate an immune response in the body’s cells. Unlike the COVID-19 vaccines designed to help protect billions of people, each cancer mRNA vaccine is tailored to treat a single patient’s cancer.

In fact, this personalized approach can be made for everyone, and for every cancer.

32. Why is the survival rate beyond five years rising now?
- A. Because new drugs and treatments have come out.
 - B. Because chemotherapy and radiation get advanced.
 - C. Because new drugs have been paired with old ones.
 - D. Because new treatments have replaced the old ones.
33. What can we learn from the fourth paragraph?
- A. All the cancers are not related to genetic factors.
 - B. Most cancers have no relationship with lifestyle.
 - C. A focus on prevention is our only hope to deal with cancer.
 - D. All cancers have relationship with environment and lifestyle.
34. What can we infer about cancer mRNA vaccine according to the text?
- A. The COVID-19 vaccines can be used to fight some cancers.
 - B. One cancer mRNA vaccine can’t be used for another cancer.
 - C. One cancer mRNA vaccine can be used to treat patients of the same cancer.
 - D. The COVID-19 vaccines were created from previous cancer mRNA vaccines.
35. What is the text?
- A. A diary entry.
 - B. A news report
 - C. A book review.
 - D. A science fiction.

第二节（共5小题；每小题2.5分，满分12.5分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Do you want to live in a healthy lifestyle? Practicing yoga is one of the best choices. Yoga has a well-deserved fame for helping to improve balance and flexibility and for gaining calm and relaxation. 36. Here's more about how doing yoga is a complete body and mind workout.

Reducing Stress, Reducing Pounds

Several studies have confirmed that doing yoga does reduce cortisol (皮质醇) levels. 37. It can also increase your desire for high-fat and high-sugar foods and drinks while reducing your muscle mass.

38 In a 2016 study, participants involved in practicing yoga realized that they tended to notice not only the amount of food they ate, but what type of foods they ate and the impact of eating those foods as well. "Subjects are reported becoming aware of the effect of certain foods on their bodies during their yoga practice, including sugar, dairy, meat and alcohol," wrote the authors of the study.

Making Weight Loss Last

39 This can be attained through improvements in sadness tolerance, mindfulness and self-sympathy. For example, if someone experiences improvements in mindfulness, they may be less likely to 'mindlessly' eat in response to emotions such as boredom, stress, anger and other external stimulation like the presence of tasty foods.

Choosing the Right Type

Ultimately, the best yoga is the practice that fits you—the one you'll commit to. There are now many accessible styles of yoga that meet you where you are no matter what your weight, age, physical challenge or background. 40

- A. Finding the best food
- B. Moving Well, Eating Well
- C. Everybody and every body can benefit from a certain style
- D. Yoga is also well-known for helping you burn more calories
- E. High levels of cortisol, a stress hormone, can lead to an increase in fat
- F. Another study shows that someone in a more positive mood are less likely to overeat
- G. Recent research shows that yoga may help to improve long-term weight loss outcomes

第三部分：语言运用（共两节，满分 30 分）

第一节（共 15 小题；每小题 1 分，满分 15 分）

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空内处的最佳选项。

I survey the pile of dirty dishes jamming the sink after the party. With no working 41 except my two hands, the task is huge.

Hot water 42 the sink, I plunge (猛扎) my hands into the 43. Then it occurs to me that every dish and spoon brings back memories. I bring up a tiny spoon, still covered with applesauce. I smile as I 44 the eleven-month-old eating it with wild abandon. I pick up a 45 and I remember my oldest daughter's trying to cut meat for the four-year-old sister while correcting the eight-year-old's rude table 46. A bowl with bits of lettuce (生菜) stuck like glue reminds me of countless discussions among daughters about diet food and losing 47. Eating delicious food and keeping a perfect figure is an endless 48 for girls.

My three daughters, now, are 49 and have their own families. They get along as well as they did when they were 50. My grandsons seem to be 51 like their mothers. The two oldest wanted their bikes brought out to 52 together. The youngest delighted us when he, feeling the soft carpet, erupted with bursts of laughter. All memories 53. My three daughters did the same thing years ago—riding bikes, feeling the soft carpet...

The dishes are done, and the sink is 54. But My life is full. It is full of happy children and grandsons. I thank the dishes for 55 me.

- | | | | |
|----------------------|---------------------|------------------|--------------------|
| 41. A. dish-washer | B. hand-drier | C. rice-cooker | D. air-conditioner |
| 42. A. washing | B. filling | C. heating | D. leaking |
| 43. A. coldness | B. darkness | C. warmth | D. length |
| 44. A. leave | B. stop | C. witness | D. recall |
| 45. A. knife | B. dish | C. spoon | D. fork |
| 46. A. settings | B. manners | C. patterns | D. arrangements |
| 47. A. appetite | B. sense | C. weight | D. direction |
| 48. A. chance | B. power | C. honor | D. struggle |
| 49. A. born | B. gone | C. abandoned | D. married |
| 50. A. sisters | B. daughters | C. children | D. friends |
| 51. A. on good terms | B. on active duties | C. in great need | D. in big trouble |
| 52. A. ride | B. find | C. steal | D. buy |
| 53. A. fade away | B. flood back | C. go far | D. bury deep |
| 54. A. clean | B. empty | C. dirty | D. sticky |
| 55. A. saving | B. engaging | C. reminding | D. attracting |

注意：请将答案写在答题卡上。写在本试卷上无效。

高三英语 第 8 页（共 10 页）

第二节 (共 10 小题: 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

The Legend of White Snake(白蛇传) is linked to a love story and is a common household tale in China.

The time-tested tale goes that a white snake spirit, with the name of Bai Suzhen, managed to transform 56 (it) into a charming lady after centuries of practice. She fell in love with a respected doctor, Xu Xian, 57 first sight when they met on a rainy day on the Broken Bridge.

After getting married, the young couple managed a medicine shop, enjoying a 58 (harmony) life. But the appearance of Fa Hai caused a change to their sweet life. Fa Hai convinced the husband 59 (trick) Bai Suzhen into drinking a special wine. Xu broke down and died 60 (unexpected) when witnessing his wife turning into a white snake after the drink.

Bai 61 (steal) a magical herb from the land of the immortals and brought Xu back to life. Xu was then imprisoned by Fa Hai to the Jinshan Temple. To rescue her husband, Bai Suzhen employed the waters and flooded the temple, 62 (break) a rule of heaven. Finally, the couple's son offered sacrifice (献祭) to his mother in front of the Leifeng Pagoda, 63 caused the pagoda to collapse and enabled the family to reunite.

More than 64 love story, the cross-species romance deals with themes of appreciation, struggle and devotion and 65 (regard) as one of China's most famous folktales.

第四部分: 写作 (共两节, 满分 40 分)

第一节 (满分 15 分)

2023 年是学习雷锋精神六十周年。假定你是学生李华, 下周有新西兰学生访问你校, 你将作为学生代表向他们介绍雷锋精神。请为此写一篇发言稿, 内容包括:

1. 表示欢迎;
2. 介绍雷锋精神;
3. 表达期待。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

参考词汇: 雷锋精神 Lei Feng Spirit

Dear friends,

第二节 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。
注意:

Trevor, a thirteen-year-old boy who could read well. Yet, in spite of his reading skills, Trevor was failing. He had been failing exams since first grade, as he was passed on from Grade 1 to Grade 7. Trevor was a big boy, looking much bigger than a thirteen year old. However, Trevor went unnoticed... until Miss Brown.

Miss Brown was smiling, young, and Trevor was attracted! Yet, still he failed. He never did his homework, and he was always in trouble with Miss Brown. His heart would break under her sharp words! Still, he did not study.

One day, the entire grade was tested for basic skills. Trevor hurried through his tests, and continued to dream of other things. His heart was in the woods, where he often escaped alone. No one checked on him. No one knew he was gone. Strangely, Trevor never missed a day of school.

The next day, Miss Brown's impatient voice broke into his daydreams.

"Trevor, pay attention!"

Trevor locked his look on Miss Brown as she began to go over the test results for the seventh grade.

"You all did pretty well," she told the class, "except for one boy, and it breaks my heart to tell you this, but...the smartest boy is failing my class!"

She just stared at Trevor, as the class turned around for a good look. Trevor dropped his eyes and carefully examined his fingertips.

After that, it was war! Trevor still wouldn't do his homework. Even as the punishments became more severe, he remained stubborn (固执的).

"Just try it! ONE WEEK!" Miss Brown shouted. But Trevor was unmoved.

"You're smart enough! You'll see a change!" Totally unmoved.

"Trevor! Please! I care about you!"

Suddenly, Trevor got it! Someone cared about him? Someone, CARED ABOUT HIM?!"

Trevor went home from school, thoughtful, that afternoon. Walking into the house, he took one look around. He, for the first time ever, gathered up his schoolbooks and did his homework.

1. 续写词数应为 150 左右;

2. 请按如下格式在答题卡的相应位置作答。

The following Monday he arrived at school earlier, waiting for Miss Brown to enter the classroom.

"The smartest boy in our class had just passed his first test on homework!" announced Miss Brown.

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