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秘密★启封并使用完毕前【考试时间: 2022 年 12 月 14 日下午 15:00-17:00】

南充市高 2023 届高考适应性考试 (一诊)

英语试题

本试卷分为试题卷和答题卡两部分, 其中试题卷共 12 页, 答题卡共 2 页。满分 150 分, 考试时间 120 分钟。

注意事项:

1. 答题前, 考生务必将自己的姓名、准考证号填写在答题卡上。
2. 选出每小题答案后, 用铅笔把答题卡上对应题目的答案标号涂黑。如需改动, 用橡皮擦干净后, 再选涂其他答案标号。不能答在本试卷上, 否则无效。
3. 考试结束后将答题卡收回。

第一部分 听力(共两节, 满分 30 分)

回答听力部分时, 先将答案标在试卷上。录音内容结束后, 你将有两分钟的时间将你的答案转涂到答题卡上。

第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

A. £ 19.15.

B. £ 9.18.

C. £ 9.15.

答案是 C。

1. Why can't the man go for a walk now?

A. He has much work to do.

B. He is feeling sick.

C. He is too tired.

2. What is the woman's new phone bad at?

A. Taking photos.

B. Making calls.

C. Texting.

3. What did the man think of the exhibition?

A. It was expensive.

B. It was creative.

C. It was boring.

4. How many weeks of holiday does the man get this year?

A. One.

B. Two.

C. Three.

“一诊”英语试卷第 1 页 (共 12 页)

5. What is the probable relationship between the speakers?

- A. Café worker and customer.
- B. Hotel owner and room keeper.
- C. Computer salesperson and buyer.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C 三个选项选出最佳选项。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟; 听完后, 各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料, 回答第 6、7 题。

6. What did the woman buy for her husband?

- A. A tie.
- B. A hat.
- C. A shirt.

7. Why does the man refuse to change the item for the woman?

- A. She bought it too long ago.
- B. She is being very rude.
- C. It has been worn.

听第 7 段材料, 回答第 8、9 题。

8. What type of songs is the woman practicing?

- A. Christmas songs.
- B. Country songs.
- C. Pop songs.

9. What will the speakers do on Thursday night?

- A. Perform at the town hall.
- B. Attend a concert.
- C. Watch movies.

听第 8 段材料, 回答第 10 至 12 题。

10. Where does the conversation take place?

- A. In a shop.
- B. In a cinema.
- C. In a studio.

11. What type of clothing was the man's grandfather best known for making probably?

- A. Dresses.
- B. Business suits.
- C. Trousers.

12. What does the man offer to do for the woman?

- A. Teach her to make clothes.
- B. Give her his machine.
- C. Make her a dress.

听第 9 段材料, 回答第 13 至 16 题。

13. What is the main topic of the conversation?

- A. How to choose a future job.
- B. How to adjust to life in different countries.
- C. How to deal with children's lost teeth.

14. Which country are the speakers probably living in?

A. Japan.

B. Turkey.

C. France.

15. What did the man want to be as a child?

A. A doctor.

B. A soccer player.

C. A teacher.

16. What do Japanese children do with their lost teeth?

A. Throw them away.

B. Place them on the bed.

C. Bury them somewhere important.

听第 10 段材料，回答第 17 至 20 题。

17. Who is the speaker?

A. A businessman.

B. A teacher.

C. A salesperson.

18. What is the main benefit of online shopping according to the speaker?

A. Convenience.

B. Lower prices.

C. Fast delivery.

19. What is a problem of online shopping according to the speaker?

A. Damaged products.

B. False reviews.

C. Low quality.

20. What will the speaker do next?

A. Buy something online.

B. Send the wrong product back.

C. Listen to the answers from the listeners.

第二部分 阅读理解（共两节，满分 40 分）

第一节（共 15 小题；每小题 2 分，满分 30 分）

阅读下列短文，从每题所给的四个选项(A、B、C 和 D)中选出最佳选项，并在答题卡上将该选项涂黑。

A

Looking for some bucket-list travel ideas? You can't go wrong with these natural wonders.

Marble Chapels, Patagonia

The Marble Chapels are an absolute must when visiting Patagonia. The stunning caves are located in the middle of General Carrera Lake, which makes them accessible only by boat. The Marble Chapels are layers of calcium carbonate formations resulting from wind and water slapping the rocks. The best time to visit is in the austral summer, from December to March.

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Yosemite National Park, USA

One of California's crown jewels, Yosemite National Park is an outdoor playground for nature enthusiasts. The protected park is approximately 3108 square kilometres, and it features towering sequoias, dramatic waterfalls, beautiful mountain ranges and sheer granite towers. May or June is the best time to see the waterfalls.

Great Barrier Reef, Australia

One of the world's greatest spectacles also happens to be one of the most vulnerable. Whether you choose to view this global treasure from a helicopter or go diving to enjoy close encounters with tropical fish, it's hard not to notice the direct impact of climate change. Warmer temperatures have led to amounts of coral bleaching. If the damage continues at the rate, more than 90 percent of the living coral will erode within the next decade.

Blue Grotto, Malta

Malta is known for year-round warm weather, ancient cities, dazzling beaches, and the Blue Grotto: a series of caves that form high arches along the southern coast of the island. On a clear day, you can see the fluorescent colours reflected on the cave. Try to book a boat tour early in the morning when the sea is calm, the sun is bright, and there are fewer crowds.

21. Which two of the natural wonders attract tourists who love cave exploration?
- A. Marble Chapels and Great Barrier Reef. B. Marble Chapels and Blue Grotto.
C. Great Barrier Reef and Yosemite National Park. D. Yosemite National Park and Blue Grotto.
22. Which of the following is NOT true according to the text?
- A. Tourists can appreciate views in Marble Chapels in December.
B. Yosemite National Park is an ideal destination for diving enthusiasts.
C. Great Barrier Reef shows the direct influence of climate change.
D. Malta boasts its pleasant weather, ancient cities and great beaches.
23. Where can the text be most probably found?
- A. In a novel. B. In a geography book.
C. In a biography. D. In a travel magazine.

B

I enjoy throwing stuff away. I'd love to go full minimalism (极简主义), but my wife and two kids do not share my dream of a house with almost nothing in it. I have tried. When the kids were

“一诊” 英语试卷第4页 (共12页)

little, I taught them my favorite games – “Do We Need It?” and “Put It in Its Place” – and made them play every month. Their enthusiasm never matched mine.

To be honest, my own tidying skills are not as great as I’d like. My abandoned pile is never what I want because I make up excuses for why things are useful. I consider this unhealthy. I want to be better at moving on.

So, this time I found help – the classic for people like me: *The Life-Changing Magic of Tidying Up*, by Marie Kondo. Kondo’s philosophy is only to keep things you love. Can I go full Kondo? I will try. One central idea is to clean by category. You collect all clothes. Next, hold each item and ask if it brings you joy. And that’s how I find myself with all my clothes on my bedroom floor. My wife walks by and gives me a look saying I’m crazy.

Near the bottom of this chaos is my special jacket. I haven’t worn it in about 30 years. Somehow, it has survived. Now, has its time come? There is a tear just below the collar that widens as I hold it. Will I ever wear it again? Not a chance. Does it bring me joy? Actually, yes. At this moment, my daughter walks in. She asks about the jacket. I tell her the story. She thinks I should keep it. It’s unique and full of memories. She is arguing that nostalgia is the very reason.

I’m not entirely convinced by my daughter. I believe in looking ahead, not backward. Nevertheless, sometimes it’s hard to let go. So I gently place the jacket on the “keep” pile.

24. What can we learn about the author’s family members from Paragraph 1?

- A. They don’t understand what the author insists on.
- B. They completely support what the author does.
- C. They are less passionate about full minimalism.
- D. They are strongly opposed to full minimalism.

25. What drives the author to read *The Life-Changing Magic of Tidying Up*?

- A. To learn how to categorize.
- B. To improve his tidying skills.
- C. To persuade his family members.
- D. To develop a passion for minimalism.

26. Why does the author’s daughter think he should keep the jacket?

- A. It bears some memories.
- B. It is in good condition.
- C. He likes to wear special jackets.
- D. It belongs to the “jackets” category.

27. What is the text mainly about?

- A. The importance of categorizing skills.
- B. An inspiration coming from a book.
- C. The author’s efforts to go minimalism.
- D. The changes brought by minimalism.

C

After serving as a backup crew member for 24 years, Chinese taikonaut Deng Qingming's dream finally came true: he performed his first space mission onboard the Shenzhou XV spaceship along with two other astronauts on Nov. 29.

Deng is the last one of the country's first group of 14 astronauts to be sent into space. The name of Deng, 56 years old, was not known by many people until China launched the Shenzhou XIII spaceship in October last year. The story of the veteran(老战士) who relentlessly pursued his space dream despite serving as a backup for years moved many, and for which he was praised as a "hidden hero".

In 1996, Deng began to take part in the PLA Air Force's selection of astronaut candidates and was finally selected with another 13 aviators. In the following years, Deng dedicated almost all of his time to training and has spared no efforts to strive for an opportunity to fly into space. He was a backup crew member for the Shenzhou IX, X and XI, XIII missions.

"Being a backup doesn't mean you don't need to work. I must watch closely in the control center and offer all I know about the mission and the spacecraft in case of emergency," Deng said during a previous interview. "Only when the crew returns to Earth will my mission be complete".

When training for Shenzhou XI mission carried out in 2016, Deng was confined in a spacecraft simulator no bigger than 10 square meters for 33 days. They had no showers and endured loud noise and piercing light as they tried to sleep.

No matter how difficult the road to space flight is, Deng never once thought of giving up. He was awarded the title "Role Model of the Times" by the Publicity Department of the Communist Party of China Central Committee in 2018.

"Be it a crew or a backup, it is the job. And the success of the mission comes before my personal wishes," Deng once said.

28. What can we know about Deng Qingming?

- A. He belongs to the latest group of China's astronauts.
- B. He will perform his first space mission onboard alone.
- C. His story wasn't revealed to the public until last year.
- D. He was a backup crew member for no more than 20 years.

29. What did Deng need to do as a backup?

- A. Test the spacecraft simulator and record the reaction.
- B. Give orders in the control center in case of emergency.
- C. Monitor astronauts' training for on-coming space missions.
- D. Keep an eye on the on-going mission and provide assistance.

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30. Which words can best describe Deng?
- A. Determined and devoted. B. Creative and ambitious.
C. Talented and distinguished. D. Hardworking and honest.
31. What is the best title for the text?
- A. China's Space Exploration Plan of This Year.
B. Stay-at-home Taikonaut's Dream Coming True.
C. China's Space Dream Deeply Rooted in Taikonauts.
D. Shenzhou XV Spaceship Carrying Astronauts into Space.

D

In the past 60 or so years, American parents' approach to naming their kids has undergone a profound shift. Today, many parents seek out less popular names to help their kids stand out. But in the past, parents typically picked common names, consciously or not, so that their kids would fit in.

"We are deep in an era of naming individuality where parents assume that having a name which sounds distinctive and unique is a virtue," Laura Wattenberg, the founder of the naming-trends site Namerology, said, "how parents are thinking about naming kids is more like how companies think about naming products, which is a kind of competitive marketplace where you need to be able to get attention to succeed."

There were signs that people were tired of names that were too popular. Cleveland Evans, a professor emeritus of psychology at Bellevue University and an expert on names, said that there was a 1953 song titled *John, John, John*, which included the lines "Every Tom, Dick, and Harry's called John. Can't we give this little guy a break and call him something new?"

This tune signaled the coming turn toward novelty and distinctiveness that took hold in the 1960s. It was driven by a number of broader shifts in daily life. As family sizes shrunk and kids stopped doing labor, Americans "started to fixate on the uniqueness of each child," as the sociologist Philip Cohen has written, and "individuality emerged as a project — starting with naming — of creating an identity."

Another crucial change is that in the 1960s parents started gaining access to data on baby-naming trends, according to Evans. Books informed parents which names were popular—and, by extension, which overexposed names they might want to avoid.

“一诊”英语试卷第7页（共12页）

American naming is now in a phase. Today, you excel not by fitting in, but by standing out. All of this has brought us to an era of exceptionally varied names, which, in a way, represents its own kind of conformity: trying not to be like everyone else makes you just like everyone else.

32. What does the underlined word “virtue” in Paragraph 2 probably mean?

- A. A good quality. B. A moral standard.
C. An attractive habit. D. An obvious advantage.

33. Why is the song *John, John, John* mentioned in Paragraph 3?

- A. To show that the song was widely spread.
B. To show that John was a child everyone liked.
C. To show that the name John was too overexposed.
D. To show that the name John was something quite new.

34. What caused the profound shift of naming kids in America?

- A. The larger family sizes and less labor for children.
B. Parents' concerns about the novelty and distinctiveness.
C. Some books showing which names are appropriate for children.
D. The changes in daily life and the access to the naming trend.

35. What's the author's attitude towards the profound shift of naming kids in America?

- A. Doubtful. B. Optimistic. C. Ambiguous. D. Indifferent.

第二节（共5小题；每小题2分，满分10分）

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Green Is Good

Planting and growing things offers a lot more than fresh vegetables and flowers. Working in a nice outdoor space can help you stay refreshed, promote your creativity and enrich your leisure activities. — 36 — There are more advantages.

Providing a fun workout

It's wonderful to get out in the garden on a beautiful day to give it a tidy. Planting seeds, pulling up weeds, moving pots, pushing a lawnmower, and other gardening tasks actually provide a whole-body, moderate-intensity workout for people, especially for adults. — 37 —, which might keep you in motion longer than traditional exercise.

38

Having dirt under your fingernails may be a sign of poor hygiene, but scientists say it could also

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be a mark of good health. Thanks to beneficial bacteria found in soil, gardening may boost your immune system, helping you get sick less and fight off infections easier.

Nourishing your spirit

____ 39 _____. According to an experiment conducted by NASA, scientists found that planting and nurturing seeds, even in small pots, lifted astronauts' moods and eased their stress in the severe environment of outer space. And if gardening can do that for astronauts, it should be more than good enough for those of us who watch them on TV.

Increasing coordination and strength

Hand and finger strength, flexibility and coordination are essential for everyday tasks like opening jars, carrying packages and picking up children. ____ 40 _____. Therefore, make good use of gardening as an ideal approach to enhancing your coordination and strength.

- A. Sharpening your mind
- B. And that's just for starters
- C. Improving your immune system
- D. Even better, whatever your age, it is a beneficial activity
- E. Working with plants provides stress relief and positive sensory stimulation
- F. The benefits come from a combination of physical exercise and the stress reduction
- G. Gardening is a great way to improve and maintain those fine motor skills and muscles

第三部分 语言知识运用(共两节, 满分 45 分)

第一节 完形填空 (共 20 小题; 每小题 1.5 分, 满分 30 分)

阅读下面短文, 从短文后各题所给的四个选项 (A、B、C 和 D) 中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

When I was 4 years old, my aunt put a pair of headphones around my ears one day. For the first time I listened to classical music. My first experience with it was ____ 41 _____. The moment she put those headphones on, I stopped everything and stared ____ 42 ____ out into the universe, ____ 43 ____ by what was going on between my ears.

____ 44 ____ her, I had an early enjoyable experience with classical music that ____ 45 ____ my life path. I started taking piano lessons and composing my pieces of music at 9. In high school I ____ 46 ____ a band with my best friends playing and recording music and it had become a huge part of my life and ____ 47 ____.

____ 48 ____ of these, though, would have much story value without some complications. In college,

“一诊” 听力材料

I started ballroom dancing, and all of us began to pursue our individual life 49. Music took a back 50 until one day in 2017.

It was a usual Sunday afternoon and I played a bit on the piano, but this time was a little 51. Something snapped(突然失去控制) in me and I was 52 for action. How could I have given up on music? I went online immediately to buy some 53 to start recording. The things you don't do today will end up being the 54 of tomorrow.

So I started playing passionately, writing and 55 my pieces online. In a few months, I had dozens of pieces published and my 56 was on fire.

As more people began to listen to my music, I got 57 feedback. They said my music made them think and relax. I told them that I could 58. For some it was even good sleep aid or a good way to 59 stress from a hard day at work. I began to realize that my music wasn't just for me—it could 60 and help others in a meaningful way.

- | | | | |
|----------------------|---------------|---------------|-----------------|
| 41. A. useful | B. magical | C. painful | D. similar |
| 42. A. horribly | B. angrily | C. politely | D. blankly |
| 43. A. fascinated | B. encouraged | C. terrified | D. confirmed |
| 44. A. Regardless of | B. Except for | C. Thanks to | D. As to |
| 45. A. speeded up | B. broke up | C. cleared up | D. set up |
| 46. A. replaced | B. formed | C. booked | D. quitted |
| 47. A. career | B. identity | C. research | D. challenge |
| 48. A. Each | B. All | C. None | D. Neither |
| 49. A. paths | B. virtues | C. benefits | D. attitudes |
| 50. A. door | B. page | C. seat | D. room |
| 51. A. urgent | B. difficult | C. familiar | D. different |
| 52. A. motivated | B. expected | C. changed | D. convinced |
| 53. A. pieces | B. tools | C. videos | D. lyrics |
| 54. A. regrets | B. plans | C. comforts | D. failures |
| 55. A. reading | B. selling | C. posting | D. wrapping |
| 56. A. creativity | B. curiosity | C. courage | D. caution |
| 57. A. confusing | B. rewarding | C. demanding | D. professional |
| 58. A. review | B. remark | C. report | D. relate |
| 59. A. control | B. cause | C. relieve | D. produce |
| 60. A. accept | B. present | C. protect | D. heal |

“一诊”英语试卷第10页(共12页)

第二节 语法填空 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Cha Baixi (茶百戏): Painting On Tea Soup

Cha Baixi, an ancient Chinese tea trick, had been listed as part of China's Intangible Cultural Heritage before the technique 61 (display) in a hit TV drama. By drawing patterns on the surface of a cup of tea, Cha Baixi 62 (go) viral for its apparent similarity with modern latte art recently. However, ten years ago, this distinctive technique was close to complete 63 (disappear).

Cha Baixi can create endless patterns such as bamboos and mountains. There are over a dozen steps, from grinding (碾碎) tea for fine powder, 64 pouring hot water, stirring the mixture for thick froth, and finally 65 (draw) the patterns. It is different from making latte because people use clear water instead of milk as the object 66 (make) the tea soup appear various patterns, which will disappear 67 (gradual) in 20 minutes.

The importance of Cha Baixi is not only that this technique is unique in the world, 68 that it gives us a window into people's lifestyle in the Song Dynasty, when leisure activities in some ways resemble 69 we have now.

As the key to the tea culture of the Song Dynasty, Cha Baixi must be passed on to the next generations so they can understand 70 (it) history.

第四部分 写作 (共两节, 满分 35 分)

第一节 短文改错 (共 10 小题; 每小题 1 分, 满分 10 分)

假定英语课上老师要求同桌之间交换修改作文, 请你修改你同桌写的以下作文。文中共有 10 处语言错误, 每句中最多有两处。每处错误仅涉及一个单词的增加、删除或修改。

增加: 在缺词处加个漏字符号(Λ), 并在其下面写出该加的词。

删除: 把多余的词用斜线(\) 划掉。

修改: 在错的词下划一横线, 并在该词下面写出修改后的词。

注意:

1. 每处错误及其修改均仅限一词;
2. 只允许修改 10 处, 多者(从第 11 处起)不计分。

With the development of network, distance learning is gaining more popular. People's opinions about it varies from one to another. In my opinion, it won't replace with traditional learning. Firstly, it isn't suitably for students who prefer direct communication with teachers. What's bad, studying online too long will do harm to students' eyes. However, it is its flexibility in time and place which benefits teaching and learning. Also, it releases teachers

“一诊”英语试卷第 11 页 (共 12 页)

from repeat the same contents since the video or audio materials can played repeatedly. So it is a effective addition to traditional learning.

Briefly, the combination of distance learning and traditional learning can help students realize their potential when putting into practice.

第二节 书面表达（满分 25 分）

假定你是李华，你的英国好友 Peter 准备参加“元旦汉语诗歌朗诵比赛”，向你咨询建议。请你根据提示给他回复邮件。内容包括：

1. 朗诵选材；
2. 朗诵技巧；
3. 其他注意事项。

注意：1. 词数 100 左右；

2. 可以适当增加细节，以使行文连贯。

Dear Peter,

Yours,
Li Hua

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自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京，旗下拥有网站（网址：www.zizzs.com）和微信公众平台等媒体矩阵，用户群体涵盖全国90%以上的重点中学师生及家长，在全国新高考、自主选拔领域首屈一指。

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