

2022-2023 学年第二学期 1 月六校联合调研试题

高三英语

(考试时间 120 分钟 满分 150 分)

第一部分 听力(共两节,满分30分)

第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题, 从题中所给的 A、B、C 三个 选项中选出最佳选项。听完每段对话后, 你都有 10 秒钟的时间来回答有关小题 和阅读下一小题。每段对话仅读一遍。

- 1. How will the woman help the man?
 - A. By filling in a form.
 - B. By helping him paint
 - C. By handing in a painting
- 2. What is the woman doing?
 - A. Asking the way.
- B. Giving directions. C. Having a haircut.
- 3. What does Todd have to do alone?
 - A. Pick up the clients.
- B. Give a presentation. C. Go on a business trip.
- 4. What does the man mean?
 - A. He gave Jane a ride.
 - B. He took a bus home vesterday
 - C. He didn't see Jane on the way home.
- 5. What are the speakers talking about?
 - A. Some songs
- B A car race.
- C. A video game.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独自。每段对话或独自后有几个小题,从题中所给的 $\mathbf{A} \cdot \mathbf{B} \cdot \mathbf{C}$ 三个选项中选出最佳选项。听每段对话或独自前,你将有时间阅读各 个小题,每小题 5 秒钟:听完后,各小题将给出 5 秒钟的作答时间。每段对话 或独自读两遍

听第6段材料,回答第6、7题

- 6. How many languages can the man speak fluently now?
 - A. Two

- B. Four.
- C. Six

微信客服: zizzs2018

- 7. What is the relationship between the speakers?
 - A Classmates
 - B. Waiter and customer
 - C. Interviewer and interviewee.

听第 7 段材料, 同答第 8、9 题

官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: www.zizzs.com



8. When will Sally celebra	te her birthday?	
A. This Friday.	B. Next Monday.	C. Next Friday.
9. Who will most likely he	lp the woman?	
A. Helen.	B. Sara.	C. Carmen.
听第 8 段材料,回答第	10 至 12 题。	
10. What is the book about	?	
A. Traveling rules.	B. Foreign languages.	C. Tourist attractions.
11. Where is the man going	g after his business trip?	
A. To Saudi Arabia.	B. To Italy.	C. To France.
12. What does the woman	ask the man to do?	
A. Make a plan for her.		
B. Buy her a souvenir.		
C. Give her some sugges	stions.	
听第9段材料,回答第	13 至 16 题。	
13. Why did Carla change	the way she worked?	
A. She had health proble	ems.	
B. She spent little time a	t home.	
C. She didn't enjoy the v	vork she did.	
14. What is the reason that	Carla runs her own busi	ness?
A. To earn more money.		
B. To take more holiday	S.	
C. To have a flexible sch	nedule.	
What has Carla change	d about exercise?	
A. The amount.	B. The time.	C. The form.
16. Which time-saving idea	a does Carla find efficien	nt?
A. Making to-do lists.		
B. Having a lot of simila	r clothes.	
C. Checking emails on the	ne way to work.	
听第 10 段材料, 回答第	5 17 至 20 趣。	
17. Who might Mary Lock	e be?	
A. A news reporter.	B. A plane designer.	C. A fire ranger.
18. Where do the pilots pic	k up water?	
A. From a river.	B. From a lake.	C. From the Fire Center.
19. How does the speaker of	describe the pilot's job?	
A. Dangerous.	B. Exciting.	C. Extraordinary.
	a that talle?	
What can we learn from	n the talk?	

官方微信公众号: zizzsw咨询热线: 010-5601 9830官方网站: www.zizzs.com微信客服: zizzs2018



- B. The fire rangers should keep the plane away from the fire.
- C. The crew has to drop water 20 times to put out the fire.

第二部分 阅读(共两节,满分50分)

第一节 (共15小题; 每小题 2.5分, 满分 37.5分)

阅读下列短文, 从题中所给的 A、B、C、D 四个选项中选出最佳选项。

A

Branding events of China Daily

Since its launch in 1981, China Daily has grown to become the nation's leading English-language newspaper. With a combined print, online and mobile readership of more than 350 million, it serves a vital role in telling the world about China, providing valuable insight into the world's second-largest economy. A series of branding events are conducted by China Daily to improve public diplomacy (外交) and international communication.

Vision China Lectures

A series of talks are organized by China Daily in which leading political and business figures are invited to speak and interact live with domestic and foreign audiences. The Vision China lectures focus on major issues facing China and the world, explore what China's story means for the world, and how Chinese wisdom can help the world.

China Watch Think Tank Forum

Elites, including opinion leaders, politicians and businesspersons with expertise (专业知识) on China, discuss topics on developments and the future of China and the world in China Watch Think Tank Forum.

Asia Leadership Roundtable

The China Daily Asia Leadership Roundtable provides a platform for high-level dialogue and communication among leaders and social elites in the fields of politics. business and academia in Asia.

"21st Century Cup" National English Speaking Competition

The competition is the most famous English-speaking competition in China. It is the qualifying round for students who wish to represent China in the International Public Speaking Competition in London.

TESOL China Assembly

Organized by China Daily in partnership with TESOL International Association (Teachers of English to Speakers of Other Languages), the TESOL China Assembly is a high-level international English Language Teaching (ELT) event in China. It aims to promote scholarship and cross-cultural understanding among English editors.

官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: www.zizzs.com 微信客服: zizzs2018



China, and to enhance dialogue between China's ELT professionals with their peers worldwide.

For more details, click here.

- 21. What's the main purpose of China Daily?
 - A. To hold various branding events.
 - B. To promote interpersonal communication.
 - C. To combine print, online and mobile readership.
 - D. To help people around the globe know China better.
- 22. What do *Vision China Lectures* and *Asia Leadership Roundtable* have in common?
 - A. They involve politicians and businesspersons.
 - B. They focus on major issues facing China and the world.
 - C. They provide a platform for public dialogue and communication.
 - D. They discuss topics on developments and the future of China and the world.
- 23. Where is the text probably from?

A. A newspaper. B. A textbook. C. A website. D. A magazine.

Get up at 6 am, arrive at the hospital one hour earlier to help patients check in, and accompany patients during consultations... In recent years, "patient escorts" has emerged as a new industry, and those who have taken on this career are known as "people who sell time". 26-year-old Zhang Tian is one of them.

September 4 was a lucky day for Zhang Tian. On this day, Zhang Tian saw a video about patient escorts on a short video platform. The daily routine of patient escorts shown in the video fascinated her and gradually inspired her to take this on as a business. She browsed through many platforms and read multiple information and found there indeed exists a certain demand for patient escorts, especially for the elderly, children, and pregnant women. Since she had never engaged in this kind of work before, she spent two days in major hospitals in Wuhan, in order to familiarize herself with all the departments on different floors, as well as the processes of medical consultation and preparation for surgery.

After preliminary preparatory (预备的) work, Zhang Tian posted a video of my self-introduction on major social platforms, talking about the help and services a patient escort provides, as well as some tips for a quick and convenient medical consultation. At first, she was a little worried that her video would go unnoticed. However, after she uploaded the video, it got over 100 likes and she received her first ever offer as a patient escort.

The memory of her first task is still alive and fresh in her mind. She received a

微信客服: zizzs2018

4

官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: www.zizzs.com



international kidnaps (绑架). He defines listening as "the identification, selection and interpretation of the key words". It is crucial to all effective communication.

Plenty of people think that good listening is about nodding your head or keeping eye contact. But that is not really listening, Mr Mullender argues. A good listener is always looking for facts, emotions and indications of the other person's values. Another important point to bear in mind is that, when you talk, you are not listening. The listener's focus should be on analysis.

Of course, a listener needs to speak occasionally. One approach is to make an assessment of what the other person is telling you and then check it with them. For example, you can check with the other person by saying "It seems to me that what you want is ...". That gives the other party a sense that they are being understood. The fundamental aim is to build up a relationship so the other person likes you and trusts you, Mr Mullender says.

- 28. What can we learn about a "listening circle"?
 - A. A listening circle focuses on personal issues.
 - B. In a listening circle, a speaker won't be interrupted.
 - C. A listening circle increases worries about work-related matters.
 - D. Employees get rid of social anxiety by taking part in a listening circle.
- 29. What's Mr Mullender's attitude to speaking occasionally when listening?
 - A. Critical
- B. Opposed.
- C. Cautious.
- D. Favorable.

- 30. Why should we be good listeners?
 - A. To be liked and trusted by the other person.
 - B. To check our assessments with the other person.
 - C. To make assessments of what the other person is saying.
 - D. To have a sense of being understood by the other person.
- 31. What's the best title of the text?
 - A. The Analysis of a Listening Circle
 - B. The Tricks of Successful Listening
 - C. The Misunderstanding of Listening
 - D. The Necessity of Effective Listening

D

Your emotion helps you make sense of the world. At the core of an emotion is a subjective experience of the valence of it — what emotion scientists call "affect" (情感). Generally speaking, affect is what we are most focused on. Do you have chocolate cake in front of you? That's good! Do you see a spider on the table! That's bad!

Your affective reactions tell you which experiences are desirable, and which

6

官方微信公众号: zizzsw 咨询热线: 010-5601 9830



aren't, but the total emotional experience includes all you do and think. You can learn a lot by observing and describing them. You can also learn a lot by appreciating their secret life.

The problem is: the affective features of emotions tend to dominate. Our subjective valence of emotion is almost all we can see. When emotions are only about what is pleasant or unpleasant in subjective experience right now, the more important features of emotion disappear.

If you can slow down and expand; if you stop running or clinging (沉浸其中) and adopt a sense of curiosity, emotions become more subtle and different. When fear comes up, don't walk away so that fear dissipates. Instead, stay. Allow yourself to feel the nervousness, the sweating, and everything else that comes along with it. It is one of the hardest things to do in life, but it's also one of the most rewarding. If you run, you are telling basic parts of your brain, "I guess this threat really was real. I better stay away from it." You are training yourself to fear, regardless of that situation. If you cling, you are saying, "Escape from this emotion is a threat", and since it is not a happy experience, happiness slips through your hands like sand.

Note that you can not fool yourself. Just allow the full emotion. You will never enter into their secret life until you stop running or clinging. To control your life, you need to actively train your emotions to be your ally (同盟). Observe. Describe. Appreciate. Do that and you may find you have allies for healthy living that were there all along.

- 32. Why does the author mention "chocolate cake" and "spider" in paragraph 1?
 - A. To explain the complex response of emotions.
 - B. To show the subjective experience of emotions.
 - C. To indicate the goodness and badness of the world.
 - D. To emphasize the significance of emotions in life.
- 33. What is the consequence if you just focus on your present feelings?
 - A. The present feelings are less obvious.
 - B. The subjective emotions are less powerful.
 - C. The overall picture of emotions is easier to ignore.
 - D. The observation and description of emotions are easier.
- 34. What does the underlined word "dissipates" in Paragraph 4 probably refer to?
- A. Deepens. B. Spreads. 35. What is the text mainly about?
 - A. The secret of emotions.

 B. The subjective experience.
 - C. The importance of allies in life. D. Magical functions of emotions.

7

C. Disappears.

D. Sticks.

6 官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: <u>www.zizzs.com</u> 微信客服: zizzs2018



第二节 (共5小题;每小题 2.5分,满分 12.5分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中 有两项为多余选项。

Calendars are for managing your time. They work overtime to keep the messiness of human life confined into neat little grids, squeezing our lives into seconds, minutes and hours. I appreciate a calendar's determined efforts to manage time. ___36__ For the past several years, I've kept a planner with me at all times. The real magic in planners, to me, comes in the blank space where I reflect on the past and imagine the future. Cracking open a fresh week's layout on a Monday morning and seeing the empty pages expand like a canvas waiting to be filled, the tone of the week yet to be set, the possibilities endless.

You start by creating a wish list for your ideal life. The idea is to be as specific as possible. You then pick the one goal that would have the biggest positive impact. You break that goal down into smaller tasks, and then prioritize them. ___37__ This method turns a general idea in your head into something that you can actually accomplish. From there, you can reflect every month on how you spent your time, and whether what you did actually is consistent with the goals you set.

____38___ It leaves no digital footprint, but it does leave a paper trail that you can look back on for years to come. It doesn't buzz impatiently when you don't look at it, and it will not be exported to Outlook. It requires you to sit in quiet conversation with yourself, reflecting on your past and visualizing your future. It forces me to answer hard truths, like what do I really want out of life and am I spending my days in line with who I want to be. ___39__

Planning helps me ensure that I'm not a passenger at the mercy of my calendar, but rather driving toward a destination that I choose. <u>40</u> And some really nice pens.

- A. Then, add those tasks to the calendar.
- B. There's no pressure to make it perfect.
- C. But planners are for dreaming without limits.
- D. It's easy to appreciate calendars for their usefulness.
- E. Using a paper planner brings me both joy and a sense of calm.
- F. It's an important ritual (仪式) that deserves weight and ceremony.
- G. After all, our lives are the sum of how we spend our time and what we pay attention to.

Q



第三部分 语言运用(共三节,满分30分)

第一节 完形填空 (共15小题;每小题1分,满分15分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选。

How long have you been going to the same hairdresser or barber? It's a question that gets us thinking about the unique friendship we __41__ with our stylists over the years.

You have confidence in each other. You have a laugh together and regularly 42 each other's news. Plus they try to make you look and feel your best. That's a(n) 43 not only for a great friendship, but also for the perfect relationship with your hairdresser. When you find a good barber, it's something to 44.

Many people have 45 experiences with their hairdressers. I've had my hair cut by Claire Miller for more than 15 years. She's taken me through all kinds of 46, and she's helped me find a totally new look now during the post-chemotherapy (17 17) period with dyed blonde hair! 47 hairstyles, there have been communications about the joys and trials of motherhood, the 48 of health problems and changes in our careers and lives — the stuff of 15 years that we have 49 in the three salons Claire has worked in.

While she cut my hair recently, we chatted about that special <u>50</u> that forms between hairdressers and their clients. "You hear so many stories from them, and sometimes you feel like a counselor <u>51</u> a hairdresser. You assess their needs, and you know how to react to them," says Claire.

For Claire, the customer interaction is something she loves about the job and that she has <u>52</u> developed throughout her working life. "It's about being human and about people. A lot of my clients are my friends and like family now. It's my to cut their hair, making them look and feel good, but I also want them to feel by the experience," laughs Claire.

41. A. break	B. promote	C. form	D. begin
42. A. catch up on	B. make up for	C. put up with	D. end up with
43. A. request	B. desire	C. occasion	D. recipe
44. A. resolve	B. remember	C. cherish	D. evaluate
45. A. reliable	B. unforgettable	C. imaginable	D. inseparable
46. A. shapes	B. models	C. styles	D. sorts
47. A. Besides	B. Despite	C. Given	D. After
48. A. injuries	B. emotions	C. concerns	D. challenges
49. A. brought	B. shared	C. observed	D. emphasized
50. A. link	B. role	C. habit	D. pattern

9

官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: www.zizzs.com 微信客服: zizzs2018



51. A. other than	B. rather than	C. less than	D. more than
52. A. eventually	B. gradually	C. immediately	D. frequently
53. A. caring	B. hanging	C. worrying	D. talking
54. A. desire	B. ambition	C. hobby	D. job
55. A. fascinated	B. struck	C. uplifted	D. impressed

第二节 语篇语法填空(共10小题;每小题1.5分,满分15分)

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式。

On the Internet, a sea of articles advise us how to make sleep perfect. Also, lots of advice columns tell us we're sleeping wrong. Even ___56__ (bad), some experts claim that if you're not sleeping right your life is going to be shorter. What makes us ___57__ (trap) in worries most is that we're not getting enough, less than seven hours a night. But there are two problems.

The first problem is that seven to eight hours of sleep, while recommended for adults, is just <u>58</u> average. It's true that not getting enough sleep in the long term <u>59</u> (associate) with health problems. But a good night's sleep can be different for different people. Some adults need eight, <u>60</u> some are just fine on six.

The second problem is that it can be misleading, especially for people who do have trouble <u>61</u> (sleep). For instance, nowadays, large numbers of adults are wearing sleep tracking <u>62</u> (device). It's cool to see how much sleep you've gotten each night and to know what part of your night was spent in deep sleep or dreaming. But having all of that sleep data is causing some people to become worried or concerned, <u>63</u> is causing more sleep problems.

According to Dr. Colleen Carney, head of the Ryerson University Sleep Lab, the basic questions you should ask yourself are: Do I feel ___64__ (reasonable) well-rested during the day? Do I generally sleep through the night to dawn? Or, if I wake, do I fall back asleep easily? Can I stay awake through the day ___65 unconsciously falling asleep? If your answers are yes, you probably don't need to worry about your sleep.

第四部分 写作(共两节,满分40分)

第一节 (满分 15 分)

假定你是李华,上周外教 Mr. Green 布置了一份作业,截止时间是本周五,但是你因故不能如期提交。请你给 Mr. Green 写一封邮件,申请延期提交作业,要点如下:

- 1. 表示歉意;
- 2. 解释原因。

10

9 官方微信公众号: zizzsw 咨询热线: 010-5601 9830 官方网站: www.zizzs.com 微信客服: zizzs2018



* * * * * * * * * * * * * * * * * * * *
Yours sincerely, Li Hua

第二节 读后续写 (满分 25 分)

注意: 1. 词数 80 左右;

2. 可以适当增加细节,以使行文连贯。

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整 的短文。续写的词数应为 150 左右。

I remember being happy for my friend Avery when she won the karate (空手道) championship we'd both competed in. But I'm embarrassed to admit I was also pretty envious! But when she and I tried out for Alice in Wonderland, though, things went the opposite way.

"I really hope I get picked to be Alice," said Avery.

"You'd make a great Alice!" I said. "I don't care what part I get as long as I'm in it." "So you'd be happy to have a small part like the Dormouse?" she asked.

"Exactly!" I said.

A few days later, Avery and I raced over to the theater office, where the director had posted the cast list.

"Wow!" said Avery. "You got the part of Alice and I got the part of the Dormouse."

"That can't be right," I said. "There must be some mistake!"

But I really and truly was given the part of Alice. I'm pretty sure the reason I'd done well is that I hadn't been nervous at all during the audition (试镜). And the reason I hadn't been nervous is that it hadn't even occurred to me that I could get the major role.

"Do you want to come over after school and we can practice our lines?" I asked.

"You mean practice your lines?" Avery said, not even looking at me. "No, thanks. I'm pretty busy this week."

11

官方微信公众号: zizzsw 咨询热线: 010-5601 9830 微信客服: zizzs2018

官方网站: www.zizzs.com



"OK," I said. "How about some day next week?"

"Sorry," she mumbled. "I'm pretty sure I'm busy forever."

That night at dinner, after my parents congratulated me for getting the lead role, they asked how I felt about it.

"Well, I'm confused," I said. "Avery was so upset that I was picked to be Alice, she pretty much threw away our friendship."

"Hmm," said my mum. "Arizona, don't you think this might be an opportunity for you to be an extra-good friend?" "Sometimes when our friends do well, we feel envious and don't know how to act. Try giving her a little time and understanding. I bet she'll come around before too long."

			-	8 8	A. 3				
She	smiled.	"1	think	I	might	be	free	on	Thursd

12

官方微信公众号: zizzsw 咨询热线: 010-5601 9830 微信客服: zizzs2018

官方网站: www.zizzs.com

11



关于我们

自主选拔在线是致力于提供新高考生涯规划、强基计划、综合评价、三位一体、学科竞赛等政策资讯的升学服务平台。总部坐落于北京,旗下拥有网站(<mark>网址:www.zizzs.com</mark>)和微信公众平台等媒体矩阵,用户群体涵盖全国90%以上的重点中学师生及家长,在全国新高考、自主选拔领域首屈一指。如需第一时间获取相关资讯及备考指南,请关注**自主选拔在线**官方微信号、zizzsw。





Q 自主选拔在线







12

官方微信公众号: zizzsw 咨询热线: 010-5601 9830

官方网站: www.zizzs.com 微信客服: zizzs2018