

绝密★启用并使用完毕前

## 高三年级学情检测

### 英语试题

本试卷共 10 页，满分 120 分。考试用时 100 分钟。

#### 注意事项：

1.答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、座号、考号填写在答题卡规定的位置。

2.选择题每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再选涂其他答案标号。

3.非选择题必须用 0.5 毫米黑色签字笔作答，答案必须写在答题卡各题目指定区域内相应的位置，不能写在试卷上；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带。不按以上要求作答的答案无效。

#### 第一部分 阅读（共两节，满分 50 分）

##### 第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

#### A

If you always sit indoors for too long, putting on weight may become a trouble. Tired of all that fat? If so, these sports can help you burn the most calories.

##### Running

"Running is one of the best calorie burners out there," qualified personal trainer Daniel Saltos says. An average person can burn anywhere from 500 to 1000 calories in one hour of running. "Speed, pace, and tolerance are all factors that can impact this range. But running uses every muscle group in the body, allowing you to burn more calories."

##### Swimming

"Swimming is a workout that produces the lowest impact on body while it still can burn 500 to 600 calories in just 30 minutes," Saltos says. Swimming also improves heart health and increases strength—all great reasons for playing in the water.

##### Boxing

Not only is boxing a great way to release energy, but it also helps improve balance, builds up tolerance and strengthens the upper body and core. "Boxing helps you get a good calorie burn, too, with the average person burning up 400 to 800 calories in an hour session," Saltos says.

##### Rowing

The pushing and pulling motion of rowing machines targets multiple muscle groups including the arms, core, and back, helping you to burn more calories. "An hour of rowing will burn 400 to 600 calories on average," Saltos says.

1. Which sport can burn the most calories per hour?

- A. Boxing.                      B. Running.                      C. Swimming.                      D. Rowing.

2. What is the advantage of swimming according to the text?

- A. It enhances balance.                      B. It improves tolerance.  
C. It produces low impact.                      D. It builds muscle groups.

3. Who is the text intended for?

- A. Great athletes.                      B. Fitness experts.                      C. Sports reporters.                      D. Overweight persons,





take necessary steps to resist your desire. For example, if you spend too much money on dining out on weekends,stuff your cupboard with food on Friday. So you'll be more likely to stay in and cook. And you need to give up the need to keep up with others. Everyone's financial situation is different and comparison may lead to debt and dissatisfaction with what you already have.

12.Why does the author mention those numbers in Paragraph 2?

- A.To support an idea. B.To attract readers.  
C. To call for actions. D. To introduce a topic.

13.Which of the following may help deal with stress shopping?

- A. Stimulating desires. B.Recording spending.  
C. Turning to medicines. D. Comparing with others.

14. What is the author's attitude to stress shopping?

- A. Unclear. B.Doubtful. C. Objective. D.Negative.

15. What is a suitable title for the text?

- A.Does shopping benefit us? B. More stressed, women or men?  
C. Should we compare with others? D. Can stress shopping reduce stress?

## 第二节 全科试题免费下载公众号《高中僧课堂》(共5小题;每小题2.5分.满分12.5分)

阅读下面短文,从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Choice,we are given to believe,is a right.But for a good many people,choice gives birth to anxiety. Interested in the idea "too many choices are dizzy",I have been conducting an experiment. \_\_\_16\_\_\_

When presented with a menu in a restaurant,I'll only consider the first few options on each page.I know,it sounds crazy. \_\_\_17\_\_\_ I used to read the menu a long time instead of sitting back and talking to my dining companion. These days I quickly select the best-sounding dishes and then chat and eat. In doing so,I find myself trying new things.The other night,for example,I ordered a smoked chicken salad. If I had permitted myself to glance further down the list,this would never have happened. But guess what? \_\_\_18\_\_\_ So limiting my choices can sometimes lead me to a wider range of experiences.

\_\_\_19\_\_\_ I can now access many films and TV series,yet after ten minutes of looking through apps and menus,I will more often than not find myself watching whatever Channel 4 has scheduled at 9 pm. So before I even turn on the TV,I ask myself:what do I want to watch? I think of a program. Then I just watch it.

This devotion to a simpler set of possibilities came in handy when our summer holiday to America was OVID-canceled.I didn't go through a million Trip Advisor reviews for the best replacements.I simply went on Airbnb, saw what in England was still available and immediately booked the one I could afford. \_\_\_20\_\_\_ And now I can actually focus on enjoying our holiday.

- A.It was delicious.  
B. It never proved worth a try.  
C. But it's actually quite liberating.  
D.It interprets a lifestyle:less is more.  
E.The same applies to home entertainment.  
F.In doing so,I saved myself days of travel anxiety.  
G.I've been expanding the choices I allow myself to have.

## 第二部分 语言运用 (共两节, 满分30分)



### 第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

On the night of the speech contest, I was worried about the shy girl. My heart \_\_\_21\_\_\_ when I knew the boy on stage previous to her, \_\_\_22\_\_\_, was fairly successful with his humor and personal style. The whole audience burst out a wave of \_\_\_23\_\_\_ almost every 30 seconds.

My palms (手掌) began to \_\_\_24\_\_\_. It was the first time that she had been on the stage, so I couldn't blame her for any \_\_\_25\_\_\_. The strong spotlight made her so insignificant that nobody \_\_\_26\_\_\_ she had been on the stage.

But the moment that \_\_\_27\_\_\_ me occurred. I clearly heard a \_\_\_28\_\_\_ voice, "Now, your \_\_\_29\_\_\_, please!" The whole audience fell quiet. Small and thin as the girl appeared, the \_\_\_30\_\_\_ look on her face instantly caught everyone's eyes. Then her speech was on, logical and well-organized. Words of power \_\_\_31\_\_\_ freely out of the girl like magic. When her speech \_\_\_32\_\_\_, a thunderous applause sounded from the audience. When the competition was concluding, all of us waited \_\_\_33\_\_\_ for the winner's name to be called. Tears of joy \_\_\_34\_\_\_ my vision when the host announced she won first prize. Holding the medal tightly, she gave me a brilliant smile. I \_\_\_35\_\_\_ her into my arms, too excited to say any words.

- |                    |                |               |                |
|--------------------|----------------|---------------|----------------|
| 21. A. beat        | B. sank        | C. lost       | D. broke       |
| 22. A. sure enough | B. worse still | C. above all  | D. in addition |
| 23. A. crying      | B. warning     | C. clapping   | D. screaming   |
| 24. A. sweat       | B. tremble     | C. change     | D. turn        |
| 25. A. try         | B. pose        | C. guess      | D. slip        |
| 26. A. thought     | B. admitted    | C. ignored    | D. noticed     |
| 27. A. confused    | B. interested  | C. surprised  | D. challenged  |
| 28. A. loud        | B. weak        | C. tight      | D. low         |
| 29. A. support     | B. attention   | C. vote       | D. silence     |
| 30. A. determined  | B. puzzled     | C. relaxed    | D. bored       |
| 31. A. crowded     | B. hurried     | C. bounced    | D. flowed      |
| 32. A. started     | B. ended       | C. progressed | D. rested      |
| 33. A. sincerely   | B. easily      | C. wildly     | D. eagerly     |
| 34. A. misted      | B. hid         | C. prevented  | D. shaded      |
| 35. A. pushed      | B. threw       | C. pulled     | D. lifted      |

### 第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Today, giant pandas are considered to be one of the world's best-known animals. People make huge efforts \_\_\_36\_\_\_ (protect) them and luckily their efforts are paying off in some areas. \_\_\_37\_\_\_ (global) recognized as a leading symbol of both China and nature conservation in general, giant pandas are popular in the world. But global interest in the animal only \_\_\_38\_\_\_ (take) off in the 20th century.

The inspiration for WWF's logo (标识) came from Chi Chi, \_\_\_39\_\_\_ giant panda that arrived at London Zoo in 1958. Being aware of the need for a remarkable symbol to break through all language barriers, one of the WWF's \_\_\_40\_\_\_ (founder) agreed to make the big furry panda with her distinctive black and white coat a great logo. The first pieces \_\_\_41\_\_\_ were done by the British environmentalist and artist Gerald Patterson became modestly successful. Later, \_\_\_42\_\_\_

\_\_\_(base) on these drafts, Sir Peter Scott, drew the first logo. He said at the time, "we want an animal that is beautiful and endangered, and is loved for its \_\_\_ 43 \_\_\_ (attract) qualities. We also want an animal that is black and white to cut printing costs. To our relief, we make \_\_\_ 44 \_\_\_ eventually."

The panda has ever since become a symbol not just for WWF, \_\_\_ 45 \_\_\_ for the conservation movement as well.

### 第三部分 写作（共两节，满分 40 分）

#### 第一节（满分 15 分）

你校拟以 "My Favorite Teacher" 为主题开展英语征文活动。请你在校英文报上写一篇征文启事，内容包括：

1. 征文目的；
2. 征文内容与要求；
3. 投稿方式。

注意：

1. 词数 80 左右；
2. 可以适当增加细节，以使行文连贯。

#### Contributions Wanted

#### 第二节（满分 25 分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

It was cool and bright and just right for running. I was in the first few miles of a 10-mile race through some hills. Birds were singing on the trees. The soft wind was brushing my cheeks. I felt rested and springy. Despite the hills, I thought it was going to be a fine run.

Ahead was Blake, a student from Burke High School. He was running easily, too, moving along efficiently. The pace felt comfortable, so I decided to stay where he was; why bother concentrating on pace when Blake was such a nice pacesetter for me? I would overtake Blake later on when he used up energy.

So I ran closely behind him. The course headed north for five miles, wandered west for a mile, and then turned south again. The race was getting tougher. With three miles to go, it was beginning to be real hard work. My lungs were on fire, and legs felt like stone.

Blake overtook the boy in front of him. Apparently he knew the boy, for they exchanged a few words. Their brief communication worried me. Runners don't chat during a race unless they feel really good, and Blake plainly was. There was still a noticeable bounce in his steps. But the springiness I had once possessed was gone.

Still, I was close enough to overtake Blake if he was tired, so I didn't give up hope completely. We were approaching a hill, a mile from the finish line, so whatever happened on the hill would almost certainly determine who crossed it first.

As I moved up the hill, my attention wandered for a few minutes. When I looked up, Blake was moving away, first five yards, then ten, then more. There was no hope of catching Blake.

注意：

- 1.续写词数应为 150 左右；
- 2.请按如下格式在答题卡的相应位置作答。

Suddenly Blake slowed and sat onto the ground painfully.

A reporter took a picture of this moving scene and posted it online.



济南市高三教学质量检测

英语试题参考答案

第一部分 阅读（共两节，满分 50 分）

第一节（共 15 小题：每小题 2.5 分，满分 37.5 分）

A 篇 CCD

B 篇 BDCD

C 篇 BAAB

D 篇 ABDD

第二节（共 5 小题：每小题 2.5 分，满分 12.5 分）

DCAEF

注意：每小题 2.5 分，凡是与答案不符者，不给分。

第二部分 语言知识运用（共两节，满分 30 分）

第一节（共 15 小题：每小题 1 分，满分 15 分）

21-25 BACAD 26-30 DCABA 31-35 DBDAC

注意：每小题 1 分，凡是与答案不符者，不给分。

第二节（共 10 小题：每小题 1.5 分，满分 15 分）

36.to protect 37.Globally 38.took 39.a 40.founders

41.that 42.based 43.attractive 44.it 45.but

注意：1.每小题 1.5 分，单复数、词型不正确均不给分。

2.如有其它形式，意义通顺，合乎上下文意义，可以给分。

第三部分 写作（共两节，满分 40 分）

略