

A. South Korea. B. Japan. C. Vietnam.

第二部分 阅读理解（共两小节，满分 40 分）

第一节（共 15 小题；每小题 2 分，满分 30 分）

阅读下列短文，从每题所给的四个选项（A、B、C 和 D）中，选出最佳选项。

A

One of the best ways to pay for college is to find work that helps pay part of the school fee. Here are four part-time jobs that provide students with extra income.

Library Clerk

This is a part-time position with the Saratoga Springs Library for approximately twenty-three to thirty-one hours per week. You must be able to read and write in English.

SCHEDULES:

Monday 8:30 AM-2:30 PM.

Wednesday 3:15 PM-8:15 PM.

Friday 1:15 PM-6:15 PM.

Saturday 9:45 AM-6:15 PM, half an hour lunch break.

Customer Service Representative

CMG (California Marketing Group) is currently seeking motivated On-Call employees to work from home.

Technical Requirements:

PC running Windows 10 Pro or Windows 10 Home

High Speed Wired Internet (10 Mbps or more download/10 Mbps or more upload)

Special Requirements:

Must have a quiet space free of background noise while working.

Pay: US\$11.00 per hour.

E-mail: CMGroup123@job.com.

Telephone Operator

A Telephone Operator for Waldorf Astoria Hotel is responsible for answering and responding to internal and external calls in the hotel's continuing effort to deliver outstanding guest service and financial profitability. Specifically, you would be responsible for performing the following tasks to the highest standards:

Respond to guest inquiries and requests in a timely, friendly and efficient manner.

Provide information about the hotel facilities and services.

We will pay you US\$15.00 per hour. Please send e-mails to WAHoffice@123.com.

does not perform on very dry days. To make his large bubble, he puts a small rope hanging from two long sticks into the bubble mixture. As he removes it, he opens his arms wide and the bubbles begin to form. Once enough air is inside the bubble, he moves his arms back together to set the bubble free. Some people feel it looks like a bubble “ballet.”

While Reis may seem like a bubble-making expert, he only got started in April 2020. Reis can support himself with donations from crowds that watch him perform. But money is not what stirs him to make bubbles. He feels his art is useful in more important ways. Not long ago, a woman told Reis after a performance that his bubbles had lifted her spirit when her dad died.

Reis can see smiles rise from under the face covers worn by those watching him perform. Children cheer and clap their hands. Reis said such reactions make him feel like an essential worker whose job is to spread joy during the health crisis.

“I’m just trying to put a smile on somebody’s face by doing some bubbles.” said Reis.

24. What can we know about Kurth Reis from Paragraph 1?

- A. He had to repay his operation fees.
- B. He intended to do something different.
- C. He suffered a minor motorcycle accident.
- D. He gave up his career as a motorcyclist.

25. What may people do when they watch Reis’ performances?

- A. Put some money into a tip jar near him.
- B. Give him a hand when he sets a bubble free.
- C. Grasp a small rope hanging from two long sticks.
- D. Add a special mixture to help him make large bubbles.

26. What does the underlined word “stirs” mean in Paragraph 4?

- A. forces
- B. determines
- C. stops
- D. encourages

27. What is the best title for the text?

- A. Lost Time Is Never Found Again
- B. Ups and Downs Make One Strong
- C. Everything Comes to Him Who Waits
- D. Small Actions Have a Big Impact

C

Activities such as art classes could be recommended as an alternative to medication for patients in England as part of a major initiative to reduce the number of people becoming

dependent on prescription drugs.

The Times newspaper quotes figures showing that in the past 12 months, 8.4 million adults in England were taking antidepressants (抗抑郁药), which is 8 percent higher than 2019, which has resulted in the new advice. Around 23 percent of women are on antidepressants, and 12 percent of men.

“Medicines offer a fantastic range of tools for NHS staff to provide care that can be positively life-changing,” said Tony Avery, the national clinical director for prescribing at NHS England. “However, we need to be alert to the risks of some medicines, and the framework we are publishing today empowers local services to work with people to ensure they are being effectively supported when a medicine is no longer providing overall benefit.”

The NHS report drew particular attention to projects carried out in the county of Gloucestershire. One service, called Art on Prescription, was described as “a form of social prescription and is a non-clinical intervention delivered by art practitioners (从业人员) for therapeutic benefit”. Another, a course called Artlift, begins with “a personalized ‘What Matters To You’ conversation prior to the start of the program and (we) agree a personalized support plan and goals with each participant”. They all reported improvement in participants’ mental well-being.

Actually, as long ago as September 2018, then health secretary Matt Hancock said, “The evidence increasingly shows that activities like social clubs, art, ballroom dancing, and gardening can be more effective than medicines for some people and I want to see an increase in that sort of social prescribing.”

28. Why does activities such as art classes are recommended for patients in England?

- A. Because they are more effective than medicines.
- B. Because people in England prefer to attend art classes.
- C. Because they can replace medication for patients in England.
- D. Because they may help reduce the people’s dependence on certain drugs.

29. What can we learn from Tony Avery’s words?

- A. Medicines can provide life-changing effects all the time.
- B. We need to be cautious about the dangers of some medicines.
- C. The framework published is greatly supported by the local people.
- D. Local services can work with patients to provide them with overall benefit.

30. What do you know about the projects carried out in the county of Gloucestershire?

- A. The two projects were carried out in the rural areas of Gloucestershire.

- B. Art on Prescription was a clinical intervention delivered by art practitioners.
- C. The patients' mental health in the two projects were both reported to be improved.
- D. A personalized "What Matters To You" conversation started after the start of the program Artlift.
31. What's the purpose of the passage?
- A. To persuade people to stop taking medicine.
- B. To introduce a new kind of life-changing medicine.
- C. To appeal to the government to organize more social activities.
- D. To recommend a way to reduce patients' dependence on prescribed drugs.

D

Building good transportation is a good idea. To have environmental value, new transportation has to sufficiently replace or eliminate driving to cut energy consumption overall. That means that a new traffic system has to be supported by reduction in car use. Traffic lanes should be eliminated or converted into bike or bus lanes. Ideally, these should be combined with higher fuel taxes, and parking fees. Needless to say, I have to struggle to make myself extensively understood. But they're necessary, because you can't make people drive less, in the long run, by taking steps that make driving more pleasant, economical, and productive.

Lengthy commuting (通勤) time is a forceful factor which can slow the growth of suburbs. The farther people live away from cities, the longer commuting time they need, which means more pollution their cars produce. If, in a misguided effort to do something of environmental value, governments take steps that make long-distance car commuting faster or more convenient—by adding lanes, building bypass, employing traffic-control measures that make it possible for existing roads to accommodate more cars with fewer delays—we are actually encouraging people to live still farther from their jobs, stores, and schools. As a result, governments are forced to further extend road networks, water lines, and other facilities. If you cut commuting time by 10 percent, people who now drive fifty miles each week to work can find reason to move five miles farther out, because their travel time won't change.

Traffic congestion (拥堵) isn't an environmental problem; traffic is. Relieving congestion without doing anything to reduce the total volume of cars can only make the real problem worse. Highway engineers have known for a long time that building new car lanes only temporarily reduces congestion, because the new lanes add additional driving. Widening

Does gardening leave you feeling happy and relaxed? Your brain might be telling you something! 36 With all the digging, lifting, watering, planting and moving, it is clear how gardening can have many physical benefits. But research shows that these benefits can also affect our minds as well!

In Japan, there is a growing trend called forest bathing, where people immerse themselves in the outdoors as a way to relax and improve concentration. Why has this caught on? 37 Studies have shown that forest bathing forces people to disconnect from distractions and be more mindful of their immediate surroundings. This can also happen while gardening. If you've ever weeded a garden bed, you will know that it requires a high degree of focus in order to identify unwanted plants. 38

Another important aspect of gardening is getting your hands dirty, and research show that this can improve your mental health. Scientists have discovered that the mycobacterium (分枝杆菌) found in soil can improve brain function. The micro bacteria found in the soil increases serotonin produced in the brain (also known as the “happy “chemical). 39

There's also the sentimental (情感的) attachment to your garden. Gardening takes effort and because of this, a natural responsibility for the survival of your plants starts to rise with you. Sometimes you see them from seed to plant. Other times you forget to water them and they die. 40 In addition, the hard work will provide you with delicious little vegetables.

- A. Because it is effective.
- B. Because you don't have a backyard.
- C. You should look for areas to put planters.
- D. By getting your hands dirty, you are also making your brain happy.
- E. Gardening is a useful way of improving your physical and mental health.
- F. By noticing the smallest details, you are also improving your concentration
- G. Regardless, caring for something other than yourself can be satisfying and purposeful

第三部分 英语知识运用 (共两节, 满分 45 分)

第一节 完形填空 (共 20 小题; 每题 1.5 分, 满分 30 分)

阅读下面短文, 从短文后各题所给的四个选项 (A, B, C 和 D) 中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

“When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace.”

As we live through life, we tend to get caught up in our individual world, our problems — our life. When we 41 our world to include others in a meaningful way, by making a 42 difference in their life, we increase our experience at the same time.

Think back on a time when someone made a difference in your life.

Here is one of mine: I was going to college, working part-time, and just 43 getting by financially. Standing in line at a local supermarket, I 44 a woman in the same line, thinking that she was not very attractive. As I was 45, I discovered that I did not have enough money to pay; without 46, that same woman I had been judging offered to 47 the difference. It wasn't 48, but what that person did made a lasting impression on me. She was a beautiful, caring soul who was willing to help a stranger in a(an) 49 situation. That happened over forty years ago and I remember it as 50 as if it was yesterday.

Other examples are the numerous times I have had people smile at me, which 51 my day. I've often wondered if it was because I was smiling, which I 52 to do all the time, or because they were smiling to be 53, which encouraged me to smile as well. It has probably been some of both. In 54 case, that simple gesture (a smile) makes a difference in my day.

There are 55 ways to make a significant difference in another's life. The question is: Are we doing it? It does not 56 anything, but it does require some effort on our part. I have found that as I do this consistently, the 57 go far beyond the energy required to do the deed. Looking for ways to brighten another person's day raises our vibration(共鸣), and when we act on it, we 58 the other person to raise their vibration as well — it is 59 to each other.

Make a difference in someone's life today, and 60 doing so every day. Today is a perfect time to start! If you are already doing so, bravo!

- | | | | |
|--------------------|-----------------|----------------|-----------------|
| 41. A. rebuild | B. establish | C. expand | D. develop |
| 42. A. direct | B. minor | C. remarkable | D. positive |
| 43. A. thoroughly | B. smoothly | C. barely | D. actually |
| 44. A. observed | B. witnessed | C. inspected | D. accompanied |
| 45. A. hanging out | B. checking out | C. setting out | D. working out |
| 46. A. expectation | B. hesitation | C. assumption | D. intention |
| 47. A. deal with | B. take in | C. make up | D. cut down |
| 48. A. much | B. enough | C. little | D. awful |
| 49. A. urgent | B. absurd | C. hopeless | D. embarrassing |
| 50. A. roughly | B. clearly | C. correctly | D. dimly |
| 51. A. brightens | B. ruins | C. begins | D. influences |
| 52. A. undertook | B. tried | C. promised | D. failed |
| 53. A. dynamic | B. appealing | C. friendly | D. merciful |
| 54. A. neither | B. either | C. no | D. another |
| 55. A. limited | B. vital | C. necessary | D. countless |
| 56. A. deserve | B. charge | C. determine | D. cost |
| 57. A. efforts | B. achievements | C. returns | D. consequences |
| 58. A. assist | B. remind | C. permit | D. persuade |

59. A. similar B. beneficial C. fundamental D. appropriate
60. A. admit B. prefer C. recommend D. consider

第II卷（非选择题 共50分）

第二节（共10分；每小题1.5分，满分15分）

阅读下面材料，在空白处填入适当的词（不多于3个单词）的正确形式。

Dating back to the Qin Dynasty, the incense craft and its culture thrived during the Song Dynasty and found wider 61 (popular) during the Ming and Qing dynasties when it was used to prevent disease, insects, mosquitoes and preserve 62 (people) health.

For decades, Yang Jinqing, an inheritor of incense making, has committed himself 63 the traditional craft, which 64 (name) a national intangible cultural heritage in June 2021. Initially, he purchased incense production equipment and raw materials while visiting senior incense masters, from 65 he obtained valuable information. With all the resources ready, Yang experimented repeatedly 66 restored ancient incense recipes successfully. His efforts 67 (pay) off when he made it to present a dozen ancient incenses, including ambergris (龙涎香) and those featuring the scents of rose and lily. Yang also makes sure his products move with the times, 68 (roll) out thousands of incense products with a modern appeal. To date, he has innovated 69 traditional craft by making smokeless incense and developing a legendary product which, after burning, displays promising patterns and characters. They have won him multiple national 70 (patent).

第四部分：写作(共两节，满分35分)

第一节 短文改错（共10小题；每小题1分，满分10分）

文中共有10处语言错误，每句中最多有两处。每处错误仅涉及一个单词的增加、删除或修改。

增加：在缺词处加一个漏字符号(∧)，并在其下面写出该加的词。

删除：把多余的词用斜线划掉。

修改：在错的词下画一横线，并在该词下面写出修改后的词。

注意：1. 每处错误及其修改均仅限一词；

2. 只允许修改10处，多者(从第11处起)不计分。

A few weeks ago, everyone in class felt down and need a bit of cheer. When our English teacher Mr Liu walked into our classrooms, he noticed our feelings. He drew a picture on the whiteboard, what showed a half-full glass of water. He then said, "Class, the point of view

from which you look things will affect your feelings. Like this glass of water, some people see it and think ‘Only half a glass of water. How unfortunately I am.’ However, other people think ‘I’m so thirst. Half a glass of water for you!’ It is all in the way we think.” Mr Liu’s optimistic way of thinking always make me feel glad and hopeful. I’m so much grateful that I’ve met so a good teacher in my life.

第二节 书面表达（满分 25 分）

你校将举办英语征文比赛。请以“Managing time efficiently”为题，写一篇短文参赛。

内容包括：

- 1:学生时间管理现状；
- 2:时间管理意义；
- 3:时间管理建议。

注意：1：词数 100 左右 2：题目已经为你写好。

Managing time efficiently



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