

听第 7 段材料，回答第 8 至 10 题。

8. Who is Jerry?

- A. The man's father. B. The man's brother.

C. The man's cousin.

9. What did the man's father hurt?

- A. His head. B. His back.

C. His knee.

10. Where does the conversation probably take place?

- A. In the back room. B. In the living room.

C. In the hospital.

听第 8 段材料，回答第 11 至 13 题。

11. Where is the woman going on holiday?

- A. To a house next to a lake.
B. To a house in the woods.
C. To a hotel near the mountains.

12. What is the woman looking forward to most?

- A. Sailing. B. Going for a run.

C. Catching up on sleep.

13. How long has the woman and John been together?

- A. More than four years. B. More than five years.

C. More than six years.

听第 9 段材料，回答第 14 至 17 题。

14. How did the woman tear a hole in her jacket?

- A. It was bitten by her dog. B. It was caught on a fence.

C. It got trapped on a tree branch.

15. What color is the man's favorite jacket?

- A. Yellow. B. Blue.

C. Black.

16. What size jacket does the woman try on?

- A. Small. B. Medium.

C. Large.

17. How does the woman probably feel in the end?

- A. Regretful. B. Satisfied.

C. Disappointed.

听第 10 段材料，回答第 18 至 20 题。

18. How old is the festival?

- A. Under 30 years. B. Over 100 years.

C. About 150 years.

19. What is the TT?

- A. A tourist festival. B. A shopping festival.

C. A motor cycle festival.

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20. Who is Judith Curtis's friend?

A. Laurence.

B. Anne.

C. James.

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第二部分 阅读 (共两节, 满分 50 分)

第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Mount Qingyuan Tourist Attraction is located in Quanzhou city, Fujian province, and is renowned for its quiet scenery and ancient cultural landscapes.

The mountain features granite rocks(花岗岩) with the summit at 618 meters. The annual average temperature is between 17° C and 21.3 °C, making it an ideal getaway at any time of the year.

According to historical records, the mountain was developed as early as the Qin Dynasty (221-206 BC). After centuries of development, there are still nine statues from the Song (960-1279) and Yuan (1271-1368) dynasties, about 700 ruins of stone carvings and many stone structures dating back to the Yuan and Ming (1644-1911) dynasties.

The most representative highlight of the tourist attraction is the statue of Laozi, which is renowned for being the largest stone carving made during the Song Dynasty. Laozi is the author of the Tao Te Ching, the founder of philosophical Taoism. The statue is a Major Historical and Cultural Site protected at the National Level. It measures 8 meters in length, 6.85 meters in width, and 5.63 meters in height, occupying 55 square meters.

Scenic Spot Level: AAAAA

Ideal Sightseeing Season: all year

Recommended Duration For A Visit: Half a day

Opening Hours: 5:00-18:00

Ticket Price: 70 yuan

Free admission for children under 6 years or 1.2 meters; Quanzhou residents between 60 and 70 years old; visitors over 70 years old; the military; retired public servants; and the disabled with valid certificates (ID, passport, etc)

50 percent off ticket prices for visitors between 6 and 18 years old; full-time students; teachers; visitors between 60 and 70 years old with valid certificates

Address: Fengze district, Quanzhou, Fujian province

Bus Routes: 3, 10, 15, 28, 30, 45, 202, 209, 601, K1

Note: Some scenic spots might close due to landslides.

21. Which of the following statement about the statue of Laozi is true?

A. It is the most famous part of Mount Qingyuan Tourist Attraction.

B. It is known for being the largest stone carving in history.

C. It is a Historical and Cultural Site protected at the international Level.

D. It is 8 meters long and 5.63 meters wide.

22. How much should a couple with a child aged 10 pay for admission?
A. 210 yuan B. 175 yuan C. 140 yuan D. 105 yuan

23. Where is the passage most probably taken from?
A. a research report B. a local newspaper
C. a nature magazine D. a travel brochure

B

Housemates make posters to lighten the mood amid the challenges of the ongoing COVID-19 outbreak. Posters featuring a character that resembles the Disney robot Baymax have been making rounds on the internet and drawing praise from netizens for lightening the mood amid the epidemic.

Made by Chen Mengying, 32, and her American housemate Stacey Klinge, 33, the posters also feature humorous phrases related to lockdown life. The duo(搭档), who live in Tianyuan housing community, say they came up with the poster after realizing how tense the mood in their community had become as it faced lockdown challenges. According to Chen and Klinge, their community, which has been under closed-loop(闭环) management since April 1, has had problems getting access to daily essentials, and this sparked several disagreements between residents and the management. Eager to help lighten the mood, the two sought to spread some cheer using their artistic skills.

Klinge says she was initially confused with her housemate's suggestion to create a character based on dabai, a Chinese reference to pandemic workers in white protective suits. Chen says she was thinking about Baymax from the animated film Big Hero 6. Seeing how Baymax and the workers both play the role of protectors in their respective worlds, the duo decided to use the character for their posters. Their posters, which contain multilingual updates about the latest pandemic measures and announcements for residents, have helped people develop a sense of optimism.

The posters have also drawn the attention of several local media outlets, which have interviewed the two. "I was seriously considering a return to the United States. But I've changed my mind after my fantastic experience in the community," says Klinge. Besides creating the posters, Chen and Klinge have also been volunteering in the community since April 16 and they always focus on positive things at this difficult time.

24. What is their purpose of making the posters ?

- A. To address daily problems
- B. To enrich their lockdown life
- C. To cheer people up during the pandemic
- D. To update the latest pandemic measures

25. Why did they choose Baymax to represent the pandemic workers in the posters?

- A. Because they both are in white protective suits.
- B. Because they both are popular in different cultures.
- C. Because they both draw praise from netizens.
- D. Because they both are considered heroes in saving human lives.

26. Which of the following can best describe Chen and Klinge?
- A. Capable and generous
 - B. Caring and creative
 - C. Ambitious and considerate
 - D. Selfless and courageous

27. What can be the best title for the passage?
- A. Design a Sense of Cheer
 - B. Create a New Lifestyle
 - C. Look on the Bright Side
 - D. Face the Lockdown Challenges

C

A newly developed disposable paper battery promises to make a big impact on single-use electronics. The battery that has been demonstrated by researchers is biodegradable(可生物降解的), made from sustainable materials, and cheap to put together. What's more, it can be produced in a variety of shapes and sizes as needed.

To give an idea of the power, a two-cell battery was enough to power an LCD alarm clock. While it won't be charging up your computer anytime soon, there's lots of potential for low-powered sensors. "We present a printed paper battery developed to power single-use disposable electronics and to reduce their environmental impact to the lowest level," write the researchers in their published paper.

The battery is based on a metal-air electrochemical cell. Made from sodium chloride salt-diffused(氯化钠盐扩散的) paper, it can measure as little as one square centimeter, and is based on printed inks. All that's needed, then, is a small amount of water, as little as two drops. This dissolves the salts within the paper, and then activates the battery as they travel. The battery starts producing power around 20 seconds after water is added, according to the experiments carried out by the team.

Although the performance decreases over time as the paper dries out, it can be topped up to some extent with more water. The researchers say they want to improve the efficiency of the battery in the future, and get it working for longer.

"With a rising awareness of the e-waste problem and the emergence of single-use electronics for applications, there is a growing need for low environmental impact batteries," write the researchers.

28. Which of the following statement about the paper battery is true?

- A. It is made from single-use materials.
- B. It is costly to put together.
- C. It can be produced in diverse shapes.
- D. It can be used to charge up your computer.

29. What does paragraph 3 mainly talk about?

- A. How the paper battery works.
- B. What the paper battery consists of.

- C. Why the paper battery is popular.
- D. Where the paper battery can be applied.

30. What does the underlined phrase "topped up" in paragraph 4 mean ?

- A. Declined
- B. Maintained
- C. Increased
- D. Changed

31. What is the researchers' attitude towards the future of the paper battery?

- A. Indifferent
- B. Pessimistic
- C. Cautious
- D. Promising

D

A study done by University of Michigan researchers found that shopping to relieve stress was up to 40 times more effective at giving people a sense of control and that shoppers were three times less sad compared to those who only browsed for items without buying.

More than half of the 1,000 consumers surveyed said they had impulsively(冲动地) shopped to deal with feelings of stress, anxiety or depression. Twenty-three percent of respondents said they had maxed out a credit card to relieve stress.

In terms of age, 68 percent of Millennials(千禧一代) said they would go shopping when having stress, compared to 53 percent of Gen Xers, who were born between 1965 and 1976, and only 26 percent of baby boomers born after World War II.

In regards to genders, 48 percent of men and 31 percent of women purchased alcohol impulsively when stressed. Eighty-two percent of women spent on clothing compared to 52 percent of men. 42 percent of women also preferred to buy jewellery, compared to 22 percent for men, with men spending more for electronics 44 percent versus 30 percent for women.

In fact, shopping to reduce stress can actually help you live a healthier life by making sure that your blood pressure is lowered. The survey found that 82 percent had only positive feelings about their purchases and that the positive mood boost was long-lasting. Shopping to relieve stress is also called retail therapy as a form of regulating stress. However, the side effect of it can start out as a relatively harmless mood booster but could possibly grow into a compulsion(冲动) that causes financial collapse and conflict, thereby adding a significant amount of stress to a person's life.

32. What can we infer about the finding of the study?

- A. Shopping was three times more effective to relieve stress.
- B. 23 percent of respondents maxed out a credit card to relieve stress.
- C. Younger people tended to go shopping to relieve stress.
- D. Most men preferred alcohol and electronics to relieve stress.

33. How does the author develop the finding of the study in paragraph 4?

- A. By clarifying a concept
- B. By presenting a fact
- C. By making an argument
- D. By making a comparison

34. What does the underlined word "it" in the last paragraph refer to?
- A. The retail therapy
 - B. The stress regulation
 - C. The mood booster
 - D. The shopping survey

35. What is the author's purpose of writing this article?
- A. To share people's preferences for shopping.
 - B. To introduce the effect of shopping
 - C. To recommend ways of shopping
 - D. To show the popularity of shopping

第二节 (共 5 小题: 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Some people exercise for health. Others exercise out of a sense of competitiveness or accomplishment(成就). 36. However, simply changing the shape of your body isn't likely to completely change the way you feel about your body. The reasons are as follows.

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When you start a body transformation journey, it will be weeks—maybe months—before you see any significant differences in the mirror. If you're just trying to lose fat, you'll begin seeing results pretty soon. 38. And if you want to gain muscle and lose fat, that takes even longer.

You may never get your dream body.

You keep working out. Eventually you lose fat, gain muscle and do have whatever you dreamed at the start. 39. For a lot of people, the answer is: not really. Maybe you can see your abdominals(腹肌), but you're unhappy about your back. And when you compare your "after" picture to the celebrity you most admire, you might still feel like you're coming up short. The truth is that if you got into exercise because you hate something about your body, you will probably always be able to find something to hate about your body.

If you realize the problem, that doesn't mean you need to quit the gym. 40. And you can work through your mental health issues while also enjoying lifting some weights or going for a run sometimes, especially if your mental health issues are mild.

- A. Are you happy with the result?
- B. You may need more time than expected.
- C. You may never see any great differences.
- D. But most people exercise to relieve their pressure.
- E. Exercise can still be good for your physical health.
- F. But the most popular reason is to make the body look better.
- G. If you're trying to gain muscle, though, it may take a long time.

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题: 每小题 1 分, 满分 15 分)

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

Despite an age gap of 80 years, a 13-year-old girl and a care home resident in Luton have become firm friends after becoming penpals during lockdown. It 41 a lot to 93-year-old Madge, who now lives at a care home. 42 by the charity Friends of the Elderly.

Madge is 43 children as she comes from a big family. But it's been 44 for her to see relatives recently for the pandemic. So when the opportunity 45 to become penpals with a 13-year-old girl, she was only too 46 to take part.

Her penpal is Ella, whose family are in Luton. Before Covid-19, Ella would always be involved in the voluntary activities at the care home. 47, Covid-19 made it impossible for her to do that as usual. 48 about the people there, she felt an urge to do something. One day, it 49 Ella that she could write to the care home resident. That's how they became penpals.

Madge said, "I've got all her 50 here. I think that's so nice for her to bother to write to me who is so 51 now." It's helped Madge feel 52 the outside world. And Ella also has got a lot from the experience. 53, when it's safe, these two will meet in person.

Age is just a 54 between friends. Despite the great difference in age, the letters 55 the gap between them.

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|----------------------|------------------|------------------|-------------------|
| 41. A. meant | B. took | C. saved | D. needed |
| 42. A. found | B. consulted | C. sponsored | D. served |
| 43. A. fond of | B. afraid of | C. strict with | D. tired of |
| 44. A. necessary | B. possible | C. accessible | D. difficult |
| 45. A. came up | B. came out | C. put up | D. picked up |
| 46. A. surprised | B. delighted | C. reluctant | D. hesitant |
| 47. A. However | B. Therefore | C. Meanwhile | D. Moreover |
| 48. A. Confused | B. Concerned | C. Curious | D. Crazy |
| 49. A. happened | B. occurred | C. beat | D. struck |
| 50. A. gifts | B. messages | C. letters | D. calls |
| 51. A. ancient | B. funny | C. energetic | D. serious |
| 52. A. accustomed to | B. isolated from | C. interested in | D. connected with |
| 53. A. Initially | B. Thankfully | C. Hopefully | D. Previously |
| 54. A. gap | B. accelerator | C. number | D. obstacle |
| 55. A. left | B. bridged | C. widened | D. identified |

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

During the upcoming National Day holidays, hundreds of young content creators who are fond of traditional culture and Chinese fashion are scheduled 56 (gather) together in East China's Jiangsu Province for a cultural event. At Guofeng Dadian 2022, these young content creators will bring participants back to ancient 57 (dynasty) so visitors can experience the life of their ancestors through interesting activities.

These content creators are part of the huge number of young people in China who eagerly produce works such as videos about ancient China's charm to share their 58. _____ (enthusiastic) with domestic and overseas audiences. Some top vloggers in 59. _____ (they) 20s, such as Zhu Tixiong and Chu Qi, have gained millions of followers on social media both at home and abroad. Additionally, as more young people show 60. _____ interest in traditional culture, more attractive parts of culture have a chance to become known to a wider audience, 61. _____ in turn can strengthen the country's national confidence.

Besides Zhu and Chu, many other vloggers in a diverse range of traditional fields get huge support. Yang Liu, a 25-year-old vlogger grew up 62. _____ (learn) duzhupiao, or "bamboo-drifting." The skill 63. _____ (originate) along the Chishui River in Southwest China's Guizhou Province centuries ago. What she posted on the social media attracted many viewers 64. _____ let more people know about the skill.

"Currently, the trend of returning to tradition is intensifying among Chinese young people as the younger generations' confidence in Chinese culture has been 65. _____ the rise," said Zhang Yiwu, a Peking University professor.

第四部分 写作 (共两节, 满分 40 分)

第一节 书面表达 (满分 15 分)

假定你是李华, 上周末你校组织了秋季运动会, 请你写一篇报道介绍本次活动, 内容包括:

1. 赛前氛围;
2. 比赛场面;
3. 个人感受。

注意:

1. 写作词数应为 80 左右;
2. 可以适当增加细节, 以使行文连贯。

第二节 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

Some people are just doomed(注定) to be failures. That's the way some adults look at troubled kids. A bird with a broken wing will never fly as high. David was made to feel this way almost every day in school.

David was the most famous troublemaker in high school. He wasn't confident and didn't answer questions. From time to time he skipped classes and got into lots of fights. Teachers didn't want to have him again the following year. However, things gradually changed during a weekend leadership meeting. All the students at school had been invited to sign up for ACE training, a program designed to have students become more involved in their communities.

At the start of the meeting, David was literally standing outside the circle of students, against the back wall, with that “go ahead, impress me” look on his face. He didn't readily join the discussion groups. But slowly, the interactive games drew him in the discussion. David started to join them and he really had great ideas. The other students in David's group welcomed his comments. All of a sudden David felt like a part of the group.

The next day, David was very active in all the sessions. By the end of the meeting, he had joined the Homeless Project team. He knew something about poverty, hunger and hopelessness. The other students on the team were impressed with his passionate concern and ideas. They elected David co-chairman of the team.

The very first community service project organized by the Homeless Project team was to collect food for the homeless in the charge of David. But a group of teachers doubted whether this crucial beginning should be in the hands of David. The principal reminded them that the purpose of the ACE program was to uncover any positive passion that a student had and reinforce(加强) its practice until true change can take place.

注意:

- 1.续写词数应为 150 左右;
- 2.请按如下格式在答题卡的相应位置作答。

Two weeks later, David led 20 students in the team to collect food for the homeless. _____

After David's picture appeared in the newspaper, everyone saw great changes in him. _____

山东中学联盟 2020 级高三 12 月百校大联考

英语答案解析

第一部分 听力(共两节, 满分 30 分)

1--5 CCAAB 6--10 BABCB 11--15 ACACC 16--20 ABBCB

第二部分 阅读(共两节, 满分 50 分)

A 篇

【答案】21. A 22. B 23. D

【解析】

【导语】这是一篇应用文。主要介绍了福建泉州清源山旅游景点特点、历史发展和代表性景点老子像, 并且介绍了景点的开放时间、票价、公交线路等信息。

【21 题详解】

细节理解题。根据第四段第一句“The most representative highlight of the tourist attraction is the statue of Laozi (这个旅游景点最具代表性的亮点是老子雕像)。”可知, 老子雕像是清源山旅游景区最著名的部分。故选 A 项。

【22 题详解】

细节理解题。根据“Ticket Price: 70 yuan 和 50 percent off ticket prices for visitors between 6 and 18 years old.(6 至 18 岁的游客票价减半)。”可知, 一对夫妇应付 $70+70=140$ 元, 10 岁的儿童半价 35 元, $140+35=175$ 元。故选 B 项。

【23 题详解】

推理判断题。根据第一段“Mount Qingyuan Tourist Attraction is located in Quanzhou city, Fujian province, and is renowned for its quiet scenery and ancient cultural landscapes.(清源山旅游区位于福建省泉州市, 以其宁静的风景和古老的文化景观而闻名。)”可知, 本文简要介绍了清源山旅游区, 所以文本来自旅游小册子。故选 D 项。

B 篇

【答案】24. C 25. D 26. B 27. A

【解析】

【导语】这是一篇记叙文。本文介绍了室友二人制作海报来减轻正在进行的新冠肺炎疫情带来的情绪。

【24 题详解】

细节理解题。根据第一段“Housemates make posters to lighten the mood amid the challenges of the ongoing COVID-19 outbreak. (室友们制作海报来减轻正在进行的新冠肺炎疫情带来的情绪。)”可知，制作海报是为了让疫情中的人们振作起来。故选 C 项。

【25 题详解】

细节理解题。根据第三段“Seeing how Baymax and the workers both play the role of protectors in their respective worlds, the duo decided to use the character for their posters. (看到大白和工作人员在各自的世界里都扮演着保护者的角色，两人决定把这个角色用在他们的海报上。)”可知，他们都被认为是拯救人类生命的英雄。故选 D 项。

【26 题详解】

推理判断题。根据倒数第二段最后一句“*Their posters, which contain multilingual updates about the latest pandemic measures and announcements for residents, have helped people develop a sense of optimism. (他们的海报上有关于疫情最新措施的多语言更新和居民公告，帮助人们培养了乐观情绪。)*”可知，他们的海报为了帮助人们，体现 caring。他们制作海报的形式，体现出二人的 creative，故选 C 项。

【27 题详解】

主旨大意题。根据第一段“Housemates make posters to lighten the mood amid the challenges of the ongoing COVID-19 outbreak. (室友们制作海报来减轻正在进行的新冠肺炎疫情带来的情绪。)”可知，本文这室友二人设计海报减轻人们疫情带来的负面情绪，帮助人们培养了乐观情绪。所以 D 项“设计一种欢乐的感觉”符合文章中心思想，适合作为本文的最佳标题，故选 A 项。

C 篇

【答案】28.C 29. A 30. C 31. D

【解析】

【导语】本文是一篇说明文。介绍了研究人员一种新开发的环保型一次性纸电池。

【28 题详解】

细节理解题。根据文章第一段 “The battery that has been demonstrated by researchers is biodegradable, made from sustainable materials, and cheap to put together. What’s more, it can be produced in a variety of shapes and sizes as needed.(研究人员已经证明这种电池是可生物降解的，由可持续材料制成，组装成本低廉。更重要的是，它可以根据需要制成各种形状和尺寸。)” 。可知，C. It can be produced in diverse shape (它可以生产成不同的形状)，故选 C。

【29 题详解】

段落大意题。根据本段 “The battery is based on a metal-air electrochemical cell. Made from sodium chloride salt-diffused(氯化钠盐扩散的) paper, it can measure as little as one square centimeter, and is based on printed inks. All that’s needed, then, is a small amount of water, as little as two drops. This dissolves the salts within the paper, and then activates the battery as they travel. The battery starts producing power around 20 seconds after water is added, according to the experiments carried out by the team.(该电池基于金属-空气电化学电池。由扩散的氯化钠盐制成纸张，它的尺寸只有一平方厘米，是基于印刷油墨。那么，只需要少量的水，最少两滴。水会溶解纸张中的盐，然后在它们移动时激活电池。根据该团队进行的实验，加水后约 20 秒，电池开始发电。)” 。可知，本段讲了纸电池发电的工作原理，故选 A。

【30 题详解】

词义猜测题。根据前文 “Although the performance decreases over time as the paper dries out. (尽管随着纸张干燥，电池性能会随着时间的推移而降低)” 可知 “it can be topped up to some extent with more water” 是指电池性能可以在一定程度上加水后增加，划线词和前文 decrease 是转折关系，意思应为增加，和 C 项：Increased (增加) 含义相近。故选 C。

【31 题详解】

推理判断题。根据最后一段 “With a rising awareness of the e-waste problem and the emergence of single-use electronics for applications, there is a growing need for low environmental impact batteries , write the researchers, (研究者发现, 随着对电子废物问题的认识的增强以及应用一次性电子产品的出现, 对环境影响低的电池需求日益增长。)” , 所以 D 项 “Promising (有希望的; 有前途的)” 符合研究者的态度。故选 D。

D 篇

【答案】 32.C 33. D 34. A 35. B

【解析】

【导语】 本文是一篇说明文。文章主要介绍了购物对人们的影响。

【32 题详解】

细节理解题。根据文章第三段中的 “In terms of age, 68 percent of Millennials said they would go shopping when having stress , compared to 53 percent of Gen Xers , who were born between 1965 and 1976, and only 26 percent of baby boomers born after World War II.” (就年龄而言, 68% 的千禧一代表示他们会在有压力时去购物, 而 1965 年至 1976 年出生的 GenXer 一代只有 53%, 二战后出生的婴儿潮一代只有 26%。) ” 可知, 年轻人更倾向于购物减压。故选 C 项。

【33 题详解】

考查写作手法。根据第四段中的 “48 percent of men and 31 percent of women purchased...with men spending more for electronics 44 percent versus 30 percent for women. 可以看出, 作者通过罗列数据来说明不同性别购物减压的情况。故选 D 项。

【34 题详解】

代词指代题。根据第五段中的 “Shopping to relieve stress is also called retail therapy as a form of regulating stress. However, the side effect of it can start out as a relatively harmless

mood booster but could possibly grow into a compulsion that causes financial collapse and conflict, thereby adding a significant amount of stress to a person's life. (购物缓解压力也被称为零售疗法, 作为一种调节压力的方式。然而, 它的副作用一开始可能是一种相对无害的情绪刺激剂, 但可能会发展为一种冲动, 导致经济崩溃和冲突, 从而给一个人的生活增加压力。) ”可知, it 指代 “retail therapy”。故选 A 项。

【35 题详解】

理解目的。根据文章第一段介绍, 与那些只看不购买的人相比, 通过购物来缓解压力的效果要高出 40 倍, 而购物者的悲伤程度要低三倍。第二、三、四段通过研究从年龄和性格两方面来说明, 购物对消费者的不同影响。最后一段, 总结购物好处以及可能带来的副作用。所以, 作者的目的是介绍购物的影响, 故选 B。

七选五

【答案】 36--40 FBGAE

【解析】

【导语】 本文是一篇说明文, 说明了即使坚持体育锻炼, 依然达不到心理预期效果的原因, 但坚持锻炼还是必要的。

【36 题详解】

根据空前一句 “Some people exercise for health. Others exercise out of a sense of competitiveness or accomplishment” (有些人锻炼身体是为了健康。其他人出于竞争力或成就感而锻炼。) 这是在讲锻炼的原因, 进而引入下文。而 F 选项中 the most popular reason 正好承接上文锻炼的原因, 同时又对应下文 However, simply changing the shape of your body isn't likely to completely change the way you feel about your body. (然而, 仅仅改变体型不可能完全改变你对身体的感觉。) 故选 F。

【37 题详解】

考查小标题。根据下文段落内容 When you start a body transformation journey, it will be weeks—maybe months—before you see any significant differences in the mirror. If you're just trying to lose fat, you'll begin seeing results pretty soon. If you're trying to gain muscle,

though, it may take a long time. And if you want to gain muscle and lose fat, that takes even longer.(当你开始改造身体时,你需要几周甚至几个月的时间才能从镜子中看到任何明显的差异。如果你只是想减肥,你很快就会看到效果。不过,如果你想增加肌肉,可能需要很长时间。如果你想增肌减脂,那需要更长的时间。)故选项 B: 你可能需要比预期更多的时间。符合本段中心思想,适合做为本段最佳标题。

【38 题详解】

下文“*And if you want to gain muscle and lose fat, that takes even longer.*”(如果你想增肌减脂,那需要更长的时间。)对应前文“增肌”,空前只说了减肥,空后才出现“增肌”这个词,故选 G. *If you're trying to gain muscle, though, it may take a long time.* (不过,如果你想增加肌肉,可能需要很长时间。)

【39 题详解】

根据下文: *For a lot of people, the answer is: not really.*可知,空格处是一个问题,故选 A. *Are you happy with the result?*

【40 题详解】

空前说,如果你意识到,即使坚持锻炼也不会得到理想的身材,你也必须就不去体育馆锻炼了。E. *Exercise can still be good for your physical health.* (锻炼对你的还是有好处的。)承接上文内容。故选项 E 符合题目要求。

第三部分 语言运用 (共两节, 满分 30 分)

第一节

【答案】 41-45 ACADA 46--50 BABDC 51--55 ADCCB

【解析】

【导语】 这是一篇记叙文。主要讲述了疫情之下 93 岁的 Madge 和 13 岁的 Ella 成为笔友的故事。

【41 题详解】

考查动词词义辨析。根据句意这对于 Madge 来说,这意义重大。故选 A 项。

【42 题详解】

考查动词词义辨析。根据句意这个养老院是一家“长者之友”慈善机构资助的。A. *found*

发现； B. consulted 咨询； C. sponsored 资助； D. served 服务， 故选 C 项。

【43 题详解】

考查形容词短语辨析。句意：她来自一个大家庭，所以她很喜欢孩子。 A. fond of 喜欢； B. afraid of 害怕； C. strict with 对...严格； D. tired of 厌烦， 故选 A 项。

【44 题详解】

考查形容词词义辨析。句意：但是因为疫情，对她而言与亲戚相见是很难的。 故选 D 项。

【45 题详解】

考查动词短语辨析。句意：所以当和一个 13 岁的女孩成为笔友的机会出现时，她非常开心得参加了。 A. came up 发生， 出现； B. came out 出来， 出版； C. put up 推迟； D. picked up 捡起， （无意中）学会， 故选 A 项。

【46 题详解】

考查形容词词义辨析。 only too 表示非常， 所以 Madge 非常开心得参加了。 A. surprised 吃惊的； B. delighted 开心的； C. reluctant 不情愿的； D. hesitant 犹豫的， 故选 B 项。

【47 题详解】

考查连词。 根据上下文在新冠肺炎疫情之前， Ella 一直在养老院参加志愿活动。 但是疫情使得她不能像往常一样参加活动， 可知是转折关系， A. However 然而； B. Therefore 因此； C. Meanwhile 同时； D. Moreover 并且， 故选 A 项。

【48 题详解】

考查形容词词义辨析。 句意：担心养老院的人， 她很想做点什么。 A. Confused 困惑的； B. Concerned 担心的； C. Curious 好奇地； D. Crazy 疯狂的， 故选 B 项。

【49 题详解】

考查动词词义辨析。 句意：有一天， Elle 突然想到她可以给养老院的老人写信。 It occurred to/struck /hit sb. that..."某人突然想到..."， 故选 D 项。

【50 题详解】

考查名词词义辨析。 句意：根据前文可知她们是笔友， 而且 Madge 下文中说“她花费

时间精力给我写信”，A. gifts 礼物；B. messages 信息；C. letters 信；D. calls 电话，故选 C 项。

【51 题详解】

考查形容词词义辨析。句意：我觉得她真是太好了，愿意花费时间精力给我这个老人写信，

A. ancient 老的；B. funny 滑稽的；C. energetic 精力充沛的；D. serious 严肃的，认真的，故选 A 项。

【52 题详解】

考查形容词短语辨析。句意：A. accustomed to 习惯于；B. isolated from 脱离；C. interested in 感兴趣；D. connected with 建立良好关系，沟通，故选 D 项。

【53 题详解】

考查副词词义辨析。句意：她们希望一切安全后，两个人可以见面。A. Initially 最初；B. Thankfully 幸亏；C. Hopefully 有希望地；D. Previously 事先，故选 C 项。

【54 题详解】

考查名词词义辨析。句意：朋友之间，年龄只是个数字。A. gap 缺口，裂口；B. accelerator 加速器；C. number 数字；D. obstacle 障碍，故选 C 项。

【55 题详解】

考查动词词义辨析。句意：尽管年龄相差很大，但这书信缩小了他们之间的差距。bridge the gap“缩小差距”，故选 B 项。

第二节(共 10 小题;每小题 1.5 分, 满分 15 分)

【解析】

【导语】本文是一篇记叙文。文章主要介绍了很多年轻创作者参加 2022 国风大典。

【56 题详解】

考查非谓语动词。句意：在即将到来的国庆假期，数百名热爱传统文化和中国时尚的年轻内容创作者将聚集在中国东部的江苏省参加一个文化活动。考查固定结构“be scheduled to do”。故填 to gather.

【57 题详解】

考查名词复数。句意：在国风大典 2022 上，这些年轻的内容创作者将把参与者带回古老的朝代。所以游客可以通过有趣的活动来体验他们祖先的生活，故填 *dynasties*。

【58 题详解】

考查形容词变名词。句意：这些内容创造者是中国年轻人的一部分，他们热切地制作有关中国古代魅力的视频等作品，分享他们的热情，受到国内外观众的欢迎，考查动宾结构，故填 *enthusiasm*。

【59 题详解】

考查代词用法。考查“在他们 20 几岁的时候”，*in their 20s*，故填 *their*。

【60 题详解】

考查冠词。考查固定搭配中的冠词用法，“对传统文化感兴趣”，*show an interest in traditional culture*，故填 *an*。

【61 题详解】

考查定语从句。考查非限制性定语从句，*which* 指代前一个句子的内容。

【62 题详解】

考查非谓语动词。考查非谓语动词做状语，*learn* 与主语 *Yang Liu* 是主动关系，故填 *learning*。

【63 题详解】

考查时态。考查一般过去时。本句时间状语 *centuries ago*，可知是一般过去时，故填 *originated*。

【64 题详解】

考查连词。考查并列连词。本句空前 *attracted many viewers* 和空后 *let more people know about the skill* 是并列结构，故填 *and*。

【65 题详解】

考查介词。考查固定搭配中的介词用法，“在增加”，*on the rise*，故填 *on*。

第四部分 写作 (共两节,满分 40 分)

第一节 书面表达 (满分 15 分)

(A possible version)

Last weekend, our school witnessed a sports meeting, which was an extraordinary experience.

Early in the morning, teachers and students gathered on the playground, all in high spirits. The moment the runners set off, everyone went wild! The athletes went all out to win the championship. Tired as they were, they never quit. All of us were immersed in the intense atmosphere and the sea of joy.

Not only did this sports meeting build up our strength but enhance our sense of team work. It was so wonderful to be part of this exciting moment and enjoy its passion.

第二节 (满分 25 分)

(A possible version)

Two weeks later, David led 20 students in the team to collect food for the homeless. With great efforts, they collected more food than expected, which was enough to support the homeless in the community. Seeing the food they collected, they beamed a satisfied smile. The moment the food was delivered to the shelter, so moved were the homeless that tears blurred their eyes. What David and his team did made the headline in the newspaper. David's picture was up there for doing something great.

After David's picture appeared in the newspaper, everyone saw great changes in him. David started showing up at school every day and answered questions for the first time. He got involved in more community activities and became a confident boy. Never had the teachers who used to doubt him imagined that the program could make such a great difference to him. It dawned on them that a bird with a broken wing only needs mending. But once it has healed, it can fly higher than the rest.

录音原文

Text 1

M: **Thank you for bringing me to this restaurant. (1)** I seldom get to go out anymore.

W: You should come to our book club. The next book we will be reading is about a famous jazz musician.

Text 2

W: **Sorry I missed your birthday party! Here's your present. I think it's more meaningful to give it to you in person. (2)**

M: You are so sweet! Thank you so much.

Text 3

W: **It's almost 9:00 p.m. I think we should call it a day and finish the report tomorrow. (3)**

M: You go. I'm going to finish it, so we can begin something new in the morning.

Text 4

M: I need you to secure this entrance. **Make sure no one comes in or out until we have cleared the building. (4)**

W: Is this a test, sir? Or is there a real threat?

M: I don't know, so let's assume it's real.

Text 5

M: The fan on your computer is very loud. Does it get hot quickly too?

W: Yes, it does actually. How did you know?

M: **That used to happen to mine. I had to open it and remove all the dust that was collected. (5)**

Text 6 (第7题为推断题)

M: **We plan to tour the country by car. We expect to return the vehicle when we come back here in three weeks. (6)**

W: **I'm afraid I cannot give you the car. (6)**

M: Why not? We already gave you our licenses and money.

W: That's not a problem and you will get the money back. However, it is typhoon season, and the conditions are very dangerous. **Your insurance will not cover the extra fees for renting during this period. (6)** And, if you run into trouble outside the city, you will not be able to get help from police or emergency services.

Text 7

M: It turns out I am going to need your help moving the piano on Saturday. My dad hurt himself, so he won't join us. **However, with you, Jerry and me, we can do it. (8)**

W: Sure thing. That's what cousins are for. **Besides, with your brother's help, it will not be a problem. (8)** He has huge muscles from working out so much. **Did your dad hurt his back again? (9)**

M: **No. He hurt his knee the other day. (9)** The doctor says there's nothing badly wrong, but it needs rest for now.

W: **I see that the piano isn't in here anymore. Did you already move it into the back room? (10)**

M: **Yeah. I had some friends help move it from the living room to the back room last week. (10)**

Text 8

M: **So where are you going on holiday? (11)**

W: **John's taking me to a little house by a lake up north. (11)**

M: **What are you guys going to do there? (12)**

W: **Sleep hopefully! I'm dreaming of lying in bed every day. (12)**

M: **John seems to be more of the active type. (13)** I can't imagine him lying in bed.

W: No, he gets up at 6:00 a.m. and goes for a run. There are nice forest paths around the lake with a view of the mountains. We also have the use of a boat, so we can go sailing if the weather is good.

M: Sounds ideal.

W: I don't want to get my hopes up, but I think he might plan on asking me to marry him!

M: It's about time. **How long have you been together? Four years? (13)**

W: **Five years in June. (13)**

M: Well, I'll have my fingers crossed for you.

W: Thanks.

Text 9

M: Can I help you?

W: Yes, **I'm looking to buy a new jacket. My old one has a hole on it. (14)**

M: **Oh no, how did that happen? (14)**

W: **I was walking my dog and she ran into the woods, so I ran after her and it got caught on a tree branch. (14)**

M: I did the same thing but on a fence. **So, are you looking for an outdoor jacket? (15)**

W: Yes.

M: **This is my favorite one at the moment. (15)**

W: **Have you got any other color besides black? (15)**

M: Yes, you can get it in gray, red, and yellow.

W: I need something bright as we often go climbing.

M: In that case, I'd go with the yellow. **How is that on? (16)**

W: **It's a little tight. (16)**

M: **Well, that's the small one, (16)** so we'd probably go for a medium.

W: Well, I'm usually a large but a medium should be OK.

M: **So this one is currently \$200, but we're actually giving customers a 10% discount this weekend. (17)**

W: **Amazing! I'm glad I came in today then. (17)**

Text 10

We are receiving news that next year's TT races on the Isle of Man have been canceled due to the on-going COVID-19 emergency. The festival, worth about £30 million to the island economy, brings tens of thousands of visitors each year. **It has been held every year since 1907 and expected to take place from May 29th to June 12th. (18)** Enterprise Minister Laurence Skelly said the "logical decision" to cancel the event for a second year was needed to protect residents and visitors. **The 2020 TT Festival was canceled in March, as the first wave of COVID-19 spread through much of Europe. The cancelation of next year's motor cycle festival is another huge hit for the island's tourism industry. (19)** Resident Anne Rostron, (20) whose husband Brian is a former TT rider, said she could see why the decision had been taken, because it would be "letting everybody in" to the island. **Her friend Judith Curtis said there were arguments for and against canceling the event, (20)** adding, "It's going to hit the island again financially, but you've got to think about the safety of the people". James McLaren said although it would be "a disappointment", it was "better to be safe than sorry".

★ 曼岛 TT 赛（环岛机车耐久赛，Isle of Man Tourist Trophy）是一种属于世界超级机车锦标赛（World Superbike Championship, SBK）等级的公路机车赛，每年6月份在曼岛上举行，而曼岛是位于英格兰和爱尔兰之间的小岛。

必备语料

- ▶ call it a day 收工 run into trouble 遇到麻烦
- get one's hopes up 抱很大希望
- get caught on sth. 钩到某物
- ▶ I'll have my fingers crossed for you. 祝你好运。

It's better to be safe than sorry. 事后追悔不如事前稳妥。

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