

河北正定中学 2022-2023 学年（上）第三次月考

高三英语

（试卷总分：120 分 考试时间：90 分钟）

第一部分 阅读（共两节，满分 50 分）

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中选出最佳选项。

“Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and joy to life and to everything,” the ancient Greek philosopher Plato said.

This is one of Don Spencer’s favorite mottos that he firmly believes. “We know that music brings joy and comfort, and makes us feel happy,” Spencer says, “But research has also discovered music plays a powerful role in the mental development of children. Music inspires creativity, imagination and self-expression. It also builds self-respect and is good for memory skills.”

The power of music

Much research supports both Spencer and Plato. A Stanford University study found that musical training improves the way the brain processes the spoken word.

Research from Canada found that children aged four to six years old who had music lessons had better memories, as well as higher ability to read and write and math’s levels.

Not in the curriculum

Research from Australia shows it’s not that smart kids play music; it’s that music makes kids smarter. It supports Spencer’s call for music to be a standard part of the school curriculum, like English and Math.

“Music is everywhere, but not at 75 percent of public schools around Australia who don’t have a devoted music teacher,” Spencer says. “It’s sad that many children don’t have access to formal musical education, particularly when it has such an effect on a child’s development.”

Ideally, Spencer would like every child to learn an instrument. “Kids can access cheap instruments like a ukulele, recorder or harmonica,” Spencer says. He says the Internet has a lot of free videos which teach you how to play instruments.

“I can’t stress enough how important music is,” he says. “It builds relationships, unites people and, most importantly, it is fun.”

1. Plato's words are mentioned at the beginning of the text to show that _____.
A. music was important in ancient time B. everything is based on music
C. Spencer admires Plato D. music has magic power
2. From the research from Australia mentioned in the passage, we can learn _____.
A. music can make children smarter
B. children aged four to six have better memories
C. there are no professional music teachers in Australia
D. music is a standard part of the school curriculum in most schools
3. What might be the best title for the passage?
A. When Music is taught B. Why Music Matters
C. Why We Learn Instruments D. How Children Learn Music

You've just come home, after living abroad for a few years. Since you've been away, has this country changed for the better—or for the worse?

If you've just arrived back in the UK after a fortnight's holiday, small changes have probably surprised you—anything from a local greengrocer suddenly being replaced by a mobile-phone shop to someone in your street moving house.

So how have things changed to people coming back to Britain after seven, ten or even 15 years living abroad? What changes in society can they see that the rest of us have hardly noticed—or now take for granted? To find out, we asked some people who recently returned. Debi: When we left, Cheltenham, my home town, was a town of white, middle-class families—all very conservative (保守的). The town is now home to many eastern Europeans and lots of Australians, who come here mainly to work in hotels and tourism. There are even several shops only for foreigners.

Having been an immigrant (移民) myself, I admire people who go overseas to find a job. Maybe if I lived in an inner city where unemployment was high, I'd think differently, but I believe foreign settlers have improved this country because they're more open-minded and often work harder than the natives.

Christine: As we flew home over Britain, both of us remarked how green everything looked. But the differences between the place we'd left behind and the one we returned to were brought sharply into focus as soon as we landed.

To see policemen with guns in the airport for the first time was frightening—in Cyprus,

they're very relaxed—and I got pulled over by customs officers just for taking a woolen sweater with some metal-made buttons out of my case in the arrivals hall. Everyone seemed to be on guard. Even the airport car-hire firm wanted a credit card rather than cash because they said their vehicles had been used by bank robbers.

But anyway, this is still a green, beautiful country. I just wish more people would appreciate what they've got.

4. After a short overseas holiday, people tend to _____.

- A. notice small changes
- B. expect small changes
- C. welcome small changes
- D. exaggerate small changes

5. How does Debi look at the foreign settlers?

- A. Cautiously.
- B. Positively.
- C. Sceptically.
- D. Critically.

6. When arriving at the airport in Britain, Christine was shocked by _____.

- A. the relaxed policemen
- B. the messy arrivals hall
- C. the tight security
- D. the bank robbers

7. Which might be the best title for the passage?

- A. Life in Britain.
- B. Back in Britain.
- C. Britain in Future.
- D. Britain in Memory.

“You'll get square eyes!” my mother used to say as I sat for hour after hour glued to the TV. I ignored her, of course. Past-forward a few decades and now I'm the parent. My 5-year-old lives in a world where screens aren't fixed pieces of furniture. You can't even avoid them by going outside. Screens are not only in our pockets; they're everywhere.

The concerns have grown with the screens. In the past decade, we have heard that they



will damage our mental health. Many of us feel more distracted by them, feeling guiltier and more tired as a result.

The apps and websites we can access on our phones have also sparked widespread concern. Big tech companies are also good at making use of our need for social recognition, hooking us on likes, retweets and follower counts. Social media has created a culture of mass narcissism (自恋), which has led many to worry about the emotional stresses on teenagers. A quick online search brings up dozens of papers linking screen use or social media with harmful effects on mental health, including depression and suicide.

Such statements are alarming. They are also widely believed, thanks to popular books like *iGen* by Jean Twenge, which claims that digital technology has ruined a generation. Yet, Amy Orben at the University of Oxford, who studies the impact of digital technology and social media in particular on mental health, holds different views. She claims that the underlying data can be used to tell different stories. She also spotted shortcomings in several large studies that claimed to show correlations (相关性) between the use of devices with screens and depression in users.

Twenge stands by her own finding, pointing in turn to what she considers flaws in Orben's research methods. For David Max, at Royal College of Child Health in London, the effect of screen time and social media use on mental health remains speculative. "We cannot regard social media overall as good or bad," says Davie. "We don't know whether in individual cases social media is not responsible," he says.

The explosion of mobile phone use has revolutionized our lives. I can download movies, write articles, communicate with my family and broadcast to the world all at the push of a button. Rather than impose constraints (限制), we should take a look at our use of screens and ask how they fit with the activities and lifestyle.

Every new technology with widespread impact has given rise to new fears. So the best bet may simply be to ask yourself what level of screen use makes you and those around you happy and try to stick to it. If you find yourself over addictive, don't panic—and certainly don't feel guilty. Nobody knows anything worth getting scared about.

8. According to the passage, people give likes, retweet or count followers to _____.

- A. share one's lifestyles B. show respect for others
C. seek social recognition D. relieve emotional stresses

9. The underlined word “speculative” probably means “_____”.



- A. doubtful B. specific
C. important D. abstract
10. What can be learned from the passage?
- A. Teenagers are more affected by screen use both physically and mentally.
B. Orben claims it is far too early to blame screen use for ruining a generation.
C. Big tech companies help to produce many research papers on mental health.
D. Twenge mainly introduces the overall benefits of digital technology in her books.
11. The passage is written to _____.
- A. encourage readers to reduce the time of screen use
B. share different opinions on the effects of screen use
C. explain why screen use may have negative effects on people
D. relieve people's concerns and worries about the use of screens

The Brazilian scientists were in disbelief after seeing the results. They tested different models to re-check their information. But all returned the same. The country with the most freshwater resources in the world had lost 15 percent of its surface water since 1991.

Evaporation (蒸发) is a part of the natural process that can lessen water resources. This is especially true in areas with low water levels like the Pantanal wetlands. But the scientists believe something else is happening.

Experts have warned human activity is affecting the world's weather patterns. It is causing extreme events to happen more often, such as severe droughts and floods. The cutting and burning of forest and the building of large hydroelectric factories and dams for watering crops all affect natural patterns.

In Brazil's Amazon rainforest, water evaporates then travels on air flows to provide rainfall far away. But some climate experts say if too much forest is destroyed, the Amazon will start an irreparable process of becoming a savannah (大草原).

There are more immediate effects for worry, like possible power shortages this year. Hydroelectric reservoirs have had ten years of lower-than-usual rainfall. Reservoirs in the Parana River area have never before been overused.

The Parana River and its connected water bodies supply fresh water to some 40 million people. That includes the large city of Sao Paulo and several states. Fishing communities and farmers also depend on these water bodies.

Brazil's decreasing water resources may also worsen fires that people set each winter to clear land. The fires then bum out of control. Last year, more than 25 percent of Brazil's Pantanal was on fire. It was the worst yearly damage since officials began keeping records in 2003. In areas without roads, moving on smaller rivers can be a problem because of low water levels, Rabelo said. That means firefighters could soon have trouble reaching some fires. And, even if they can, less water is available to put them out.

12. What was the Brazilian scientists' reaction to their findings?

A. Satisfied. B. Disappointed. C. Shocked. D. Overjoyed.

13. Which of the following belongs to "something else" in the third paragraph?

A. Evaporation. B. Building dams. C. Power shortage. D. Fishing.

14. What can we know from the passage?

A. Brazil lacks roads for firefighters to reach fires.
B. The destruction of the rainforest may affect the rainfall.
C. Brazil's people set fires to keep wild animals away in winter.
D. Reservoirs in the Parana River area is useless due to water shortage.

15. What is the best title of the passage?

A. Water Study Raises Fears for Drought B. Brazil's Forest Is Disappearing
C. More Water, More Happiness D. Cherish Water, Extend Life

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Life is a constant (不断的) exercise in self-improvement. In the rush to achieve, the idea of being "better" can become lost sometimes. ____16____. And you want to fulfill your dreams in an easier way. Here are some tips for you.

____17____.

Everybody has some outstanding skills or interests. So it's often necessary to be patient and try many things before you find one that suits you.

Register in a class you're interested in. For example, people loving adventure may not be interested in the quiet chess club. ____18____. Determining who you enjoy being around may help you know what you'll enjoy.

Do what you love.

No matter how much money you make, you will not be happy if you spend your entire life doing something you hate. It's important to at least devote some of your time to what

makes you happy.

____ 19 ____ , consider why. It's possible that some changes may change your feeling. If you feel your job isn't meaningful, or isn't in line with your values, consider finding another job.

Experience something new.

Research has shown that when we're in our comfort zone (舒适区), we aren't as productive as we are when we step just beyond it. Human adapts very quickly to positive events. Because of that, we may react slowly to our own positive experiences. It's important to have new experiences and interactions with others, even when those are a little scary. ____ 20 ____ .

- A. Explore your talents
- B. Doing so can help you achieve more
- C. If you're particularly unhappy at your job
- D. You may always wonder how to improve yourself
- E. But someone who enjoys other quiet activities might be
- F. Similar types of people may be attracted to the same activities
- G. Try not to allow yourself to focus so much on a certain aspect of your life

第二部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

The Afrikaner culture that I grew up in has a delicious tradition-baking lots of different types of cookies at Christmas. We bake for days on end to fill our cookie tins, and prepare cookie baskets and boxes to ____ 21 ____ to friends and neighbors.

I have a friend from a different ____ 22 ____ background. She also loves cooking and baking. When she heard that I was planning a baking day, she was ____ 23 ____ . She talked me into promising to teach her how to bake my Christmas cookies.

A week before Christmas, it was ____ 24 ____ baking day. We both envisioned (想象) the beautiful and tasty ____ 25 ____ that we would make for our families, friends and neighbors.

The baking got off to a slow but determined start. The techniques and skills that had used countless times were new to my friend. And some of them would be ____ 26 ____ to an experienced baker, let alone a first-timer. On my own, I'd have done it quickly and correctly.

But by midday, I could feel my _____ 27 _____ rising. Teaching my friend had put us well behind _____ 28 _____.

There was, of course, any easy solution I could _____ 29 _____ and just let her watch. But I had promised that I would teach her. So we decided to _____ 30 _____ the variety of cookies bake more of the simpler versions and get creative with the icing. At the end of the second day, we had 20 beautiful gift boxes, each displaying a mouth-watering selection of cookies.

My friend couldn't wait to get home and share the _____ 31 _____ of her labors with her family. Seeing how proud she was, I was doubly _____ 32 _____ that I didn't act on my thought to do everything myself just because it would be _____ 33 _____. Not only would I have robbed her of an opportunity to _____ 34 _____ but I would have robbed her of that new-found _____ 35 _____ and the pride she felt at having achieved something new.

- | | | | |
|--------------------|----------------|-----------------|-----------------|
| 21. A. sell | B. lend | C. stay | D. gift |
| 22. A. cultural | B. political | C. educational | D. professional |
| 23. A. confused | B. shocked | C. delighted | D. worried |
| 24. A. then | B. usually | C. finally | D. again |
| 25. A. dinner | B. candies | C. treats | D. bread |
| 26. A. easy | B. challenging | C. interesting | D. exhausting |
| 27. A. frustration | B. sorrow | C. confusion | D. excitement |
| 28. A. the path | B. routine | C. schedule | D. the scenes |
| 29. A. turn up | B. hold on | C. step away | D. take over |
| 30. A. increase | B. reduce | C. keep | D. expand |
| 31. A. rewards | B. fruits | C. prizes | D. honors |
| 32. A. annoyed | B. upset | C. regretful | D. glad |
| 33. A. better | B. more | C. faster | D. easier |
| 34. A. work | B. learn | C. taste | D. perform |
| 35. A. patience | B. creativity | C. independence | D. confidence |

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Parents everywhere praise their children. However, either too much or too little praise is _____ 36 _____ (harm) to children. Too much praise, _____ 37 _____ (give) in an insincere (不诚恳的) way, can make children afraid to take up new _____ 38 _____ (challenge) for fear that they

are not able to stay on top where their parents' praise ____39____ (put) them. And too little praise causes children to think that they are not good enough or ____40____ their parents don't care. ____41____, there's no need for them ____42____ (try) hard.

So what is ____43____ right amount of praise? Actually, the quality of praise matters instead of the quantity. That is to say, parents' praise should be focused ____44____ the effort instead of the result. ____45____ can push children to work hard to achieve their goals.

第三部分 写作（共两节，满分 40 分）

第一节（满分 15 分）

假定你是李华，你校为了丰富高中生的校园文化生活，计划下周一举办“中国古诗词朗诵大赛”。请你给你网友交换生 Tony 写一封邀请函。内容包括：

1. 大赛内容和安排；2. 大赛目的和意义；3. 表达期待。

注意：

1. 写作词数应为 80 左右；
2. 请按如下格式在答题卡的相应位置作答。

Dear Tony,

Yours,

Li Hua

第二节（满分 25 分）读后续写

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

It's eight o'clock on a cold spring night. Our apartment has been hit by a tornado. Every bit of furniture is draped with scissors and Scotch tape, modeling clay, and party favors. I'm so tired tonight.

The phone rings—for the sixth time in less than an hour. We know who it is. When my mother was 68, a stroke claimed her brain. She is haunted by paranoia (妄想症)—she thinks she has been kicked out of her assisted living facility; she thinks her daughters have not visited in months; she thinks that her friend Jimmy never wants to see her again.

Each time she calls, I play a game with myself called “How Good a Person Can I Be?” She has no idea that she has repeated the things she is about to say a million times today and a million times yesterday. She has no idea that I had surgery, nor can she recall her own granddaughter’s name. She is unaware of most of the past, and she is lonely.

“MOM!” I yell. “You are not being removed from your home! And we visited you two days ago!” “Mom, you have to believe me, and if you don’t, I cannot talk anymore! Everything is fine!”

Silence. Then: “I was only calling to say hi. But I also doubt about something: do you have a minute?”

“No, Mom, I don’t, I can’t have this again!”

“Why are you yelling?”

I flop(猛然坐下) on the couch, aware that my daughter is witnessing. She hears me complain my mother, lose my patience, announce that someone I love is an unwelcome burden. I have not only failed at being a good person; I have failed at being a good example to my daughter.

“Can I talk to Grandma Ellie?” My five-year-old reaches for the phone.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式作答。

Paragraph 1:

Wordlessly, I hand it over.

Paragraph 2:

I listen to my daughter singing to her grandmother, caring for her with patience.

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