

英语

本试卷共 8 页。总分 120 分。考试时间 100 分钟。

注意事项：

1. 答卷前，考生务必将自己的姓名、准考证号填写在答题卡上。
2. 回答选择题时，选出每小题答案后，用铅笔把答题卡上对应题目的答案标号涂黑。如需改动，用橡皮擦干净后，再选涂其他答案标号。回答非选择题时，将答案写在答题卡上。写在本试卷上无效。
3. 考试结束后，将本试卷和答题卡一并交回。

第一部分 阅读(共两节,满分 50 分)

第一节 (共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

The Most Popular National Parks in the U.S.

Famously called “America’s best idea” by the novelist and historian Wallace Stegner, the U.S. National Park System offers families a wonderfully affordable way to visit America’s most popular and beautiful landscapes.

Hot Springs National Park

This national park is unique because it’s more of an urban park than a distant wilderness. Located right next to the city of Hot Springs, this is also the country’s smallest national park, covering 5,550 acres. The main attractions here are the historic bathhouses and hot springs that the park was established to protect.

Acadia National Park

This park on the Maine Coast is home to various plants and animals and the tallest mountain on the Atlantic Coast. Today visitors come to Acadia to hike rock peaks, bike historic carriage roads, or relax and enjoy the coastal scenery.

Shenandoah National Park

Occupied by settlers for at least 100 years, it covers 200,000 acres of Virginia wilderness. The 105-mile Skyline Drive traces the Blue Ridge Mountains and offers many jumping-off points to see the beauty of this park. Beyond the scenic drive, you can explore the park’s many offerings through hiking, biking, and horseback riding.

Indiana Dunes National Park

Stretching along 15 miles of Lake Michigan shoreline and covering more than 15,000 acres, this Midwestern park is ideal for relaxing on a beach, hiking the 50 miles of trails, and exploring the diverse ecosystem. The sands are the main attraction with rare plants, and various birds. The national park is free to visit.

1. What is typical of Hot Springs National Park?
A. It seems like a city park.
B. It is located in the suburb.
C. It isn't a faraway wilderness.
D. It is the city's largest national park.
2. What can you do in Shenandoah National Park?
A. Talk about its history with settlers.
B. Record the beauty of this park.
C. Ride a horse to explore its beauty.
D. Enjoy the park's coastal scenery.
3. Which of the following parks can you visit free of charge?
A. Acadia National Park.
B. Hot Springs National Park.
C. Shenandoah National Park.
D. Indiana Dunes National Park.

B

I was picking through coat pockets and madly shaking all my old purses and wallets. I was looking for pennies, quarters anything that would help me make it to the end of the week. It sure was feeling heavy.

A hopeless girl in her twenties, I was a single parent, with a one-year-old son and a five-year-old daughter.

Life consisted of ups and downs. One year, I was having baby showers and taking vacations in the mountains of Tennessee. The next, I was searching around my small, two-bedroom apartment collecting loose change to buy food and gas. Suddenly, I found myself becoming poor, and it was hard.

I'll never forget the joy of finding one penny during my hunt, then two, then fifteen, and then twenty-four, twenty-five, twenty-six. Every time I found one, I felt excited. Looking back now, I see that it was somewhat ironic(讽刺的) because I had looked down on pennies at one point in my life.

I sat in my bedroom that night and sorted all the change from my hour-long quest. I smiled and made jokes with my daughter while we packed our pennies. Her brother joyfully bounced up and down in his bouncer. They had no idea how many nights I would cry with my face buried in the pillows, wondering how I would keep a roof over their heads, lights on in the house, and food on the table.

I remember those days like they were yesterday, but I don't remember them with sadness. I remember them intentionally because I promised myself that if I were ever to escape the pains of poverty, I would never forget the value of a penny.

I've kept that promise, too.

1. Why did the author shake her old purses?
 - A. To look for money to pay for their expense.
 - B. To purchase something for her children.
 - C. To make money at the end of the week.
 - D. To put them into her coat pockets.
5. What do we know about the author?
 - A. She could make ends meet.
 - B. She often lived a hard life.
 - C. She was once living well.
 - D. She enjoyed her family life.
6. What is the author's promise?
 - A. To help others little by little.
 - B. To find great value in little things.
 - C. To bring happiness to her children.
 - D. To forget the sad days intentionally.
7. What does this text want to convey?
 - A. It's no use crying over spilt milk.
 - B. We should repair the house before it rains.
 - C. Each family has its own happiness and unhappiness.
 - D. One penny is the small seed from which fortunes spring.

C

On January 22, a massive iceberg broke off from Antarctica's Brunt Ice Shelf. Scientists say the iceberg was expected to break off and the event isn't connected to climate change. But the size of the iceberg is hard to imagine.

The iceberg, known as "A81", is extremely large. It covers an area of about 600 square miles (1,550 square kilometers).

Antarctica, the world's fifth largest continent, is covered with a layer of ice and snow that's roughly 1.2 miles (1.9 kilometers) thick. As snow falls, it piles up in the center of Antarctica in a huge layer of ice. Over time, the weight of this ice and snow creates slowly moving rivers of ice called glaciers, which push out towards the sea.

When the glaciers reach the sea, they slowly push out beyond the edge of the land, forming huge "ice shelves". These are massive sections of ice that spread out over the sea, floating on the water below. Antarctica's largest ice shelf, the Ross Ice Shelf, is about the size of France.

From time to time, the edges of the ice shelves break off. This is a natural process, called "calving". Though calving events are a normal part of the ice shelf in Antarctica, one expert describes huge calving events like this one as "spectacular".

Unlike an ice shelf, sea ice isn't attached to Antarctica's land. It's a layer of ice that floats on the surface of the sea. The sea ice is there year round. It grows larger in the cold winters, and smaller as it begins to melt in the summers.

It's now summer in Antarctica, and scientists say the sea ice is disappearing "unusually" rapidly. Last year, with temperatures warmer than normal, Antarctica set a record for the lowest amount of sea ice ever recorded. Scientists say Antarctica's sea ice could set a new record low again this year.

8. Why have a lot of icebergs broken off from Antarctica in recent years?
- A. Because of climate change.
 - B. Because of human activities.
 - C. Because of their extremely big size.
 - D. Because of the amount of iceberg.
9. What does the underlined word "calving" probably refer to in paragraph 5?
- A. Giving birth.
 - B. Breaking off.
 - C. Coming together.
 - D. Cutting down.
10. What is the scientists' attitude towards the changes of sea ice in Antarctica?
- A. Doubtful.
 - B. Objective.
 - C. Optimistic.
 - D. Worried.
11. What is probably the best title of this text?
- A. Massive Iceberg Breaks from Antarctica
 - B. Scientists Say the Iceberg Was to Break Off
 - C. Antarctica's Sea Ice Could Set a New Record
 - D. The Sea Ice Disappears "Unusually" Rapidly

D

Many retirees spend time playing games like crossword puzzles, and social games like chess. These games keep people thinking and give their brains a good workout. But can they really help improve memory?

The idea of using games that are specifically designed to brain training is very complicated, but research published in The Cambridge University Press has found that brain games certainly make people think and use acquired skills.

Brain games sharpen certain thinking skills like short-term memory decision making, planning skills, and reaction time according to Dr. Julie Brody-Magid, clinical director of the Memory Disorders Assessment Clinic at Harvard-affiliated McLean Hospital. Many of these skills decrease as people age, especially after retirement.

"Learning to use your brain in response to other forms of stimulation can help strengthen valuable mental skills, which older people continue to need and rely on every day," Brody-Magid said. The best way to build up cognitive(认知的) reserve is to stay physically active, especially when you age, by taking care of your health by eating right and managing chronic diseases like high blood pressure, and diabetes. All of these go hand-in-hand with playing brain games. "In this way, participating in brain games actually can help with cognition, but it's a team effort," said Brody-Magid. "You can't do it by doing crossword puzzles alone."

20 That negative voice is always there, ready to appear. Some call this voice the ego (自尊心). The ego is something that plays out in our head to convince us of our unworthiness. Tell your ego you appreciate it wanting to protect you and care for you.

- A. Talk to your negative voice.
- B. Optimism is fuel for achieving goals.
- C. You can divide your task into small pieces.
- D. Optimistic people often have higher goals.
- E. Put down your goals in your journal and read them every day.
- F. Here are some tips to keep you focused on your meaningful projects.
- G. Completing a task right when you get up can set the tone for the rest of the day.

第二部分 语言运用(共两节,满分30分)

第一节 (共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

Jason is a man with vision. He lives in a rural Levy County area and saw a 21 . People with disabilities in this community had 22 choices and not much of a chance of reaching their goals.

He began by 23 a gift shop in 1999, and not only 24 a place for the disabled to communicate and work, but also formed a strong networking resource where he can be a(n) 25 for them, supporting their dreams.

26 , Jason, too, has disabilities. He was born with Down Syndrome(唐氏综合征), a hearing 27 and is legally blind. At six weeks old, it was suggested that he be 28 in a special institution. In 1999, he 29 another serious disease. Through all of this, he is 30 and sticks it out. He has been working at Regal Cinemas since 1998, and has used that money to finance the 31 .

He has created positions and jobs within the shop for his friends with and without 32 , such as copying work and landscaping. 33 , his strict work standards and long-standing position have also 34 him in networking jobs in many communities. Without Jason, the people in these communities would have 35 all of the opportunities they now have.

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|------------------|----------------|---------------|--------------|
| 21. A. need | B. scene | C. pity | D. position |
| 22. A. equal | B. average | C. limited | D. advanced |
| 23. A. designing | B. selling | C. running | D. updating |
| 24. A. rented | B. created | C. bought | D. protected |
| 25. A. author | B. follower | C. coach | D. advocate |
| 26. A. Obviously | B. Actually | C. Generally | D. Strangely |
| 27. A. operation | B. examination | C. device | D. problem |
| 28. A. attended | B. informed | C. returned | D. supported |
| 29. A. found | B. developed | C. researched | D. accepted |

30. A. positive B. generous C. lovely D. healthy
31. A. community B. county C. shop D. treatment
32. A. disabilities B. homes C. potentials D. chances
33. A. Unfortunately B. Surprisingly C. Similarly D. Undoubtedly
34. A. honored B. persuaded C. assisted D. absorbed
35. A. carried on with B. got rid of C. looked forward to D. missed out on

第二节 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下面短文, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

More than 1.43 million Chinese family physicians are tirelessly working 36 (provide) quality primary healthcare services and contributing to building a “Healthy China”.

These family doctors, 37 working individually or in teams, offer a wide range of services to residents in need, including home treatment, long-term prescriptions and efficient referrals(转交). Their dedication and 38 (commit) to improving healthcare in China are critical to the well-being of the people.

Such services play 39 crucial role in developing a hierarchical(分等级的) medical system 40 enables patients to receive their initial diagnoses at the basic level, 41 (meet) the growing demand for primary healthcare due to aging and fostering a positive doctor-patient relationship throughout the country.

Wu Yihuan, a CPPCC member with extensive healthcare experience, 42 (submit) a proposal on how to improve family physician services in 2018. Her proposal emphasized the importance of clarifying the scope of such services and 43 (continuous) enhancing the system to ensure high-quality healthcare services for all.

Chinese family physicians have undertaken numerous tasks in the fight 44 COVID-19 over the past few years, in an effort to meet the health demands of the public. The contributions 45 (make) by them were appreciated by the whole Chinese.

The coverage rate of family physician services for the whole population and key populations will grow by one to three percentage points each year, and will reach more than 75 percent by 2035.

第三部分 写作(共两节, 满分 40 分)

第一节 (满分 15 分)

假定你是学生会主席李华, 你校即将举办主题为“我爱唐诗”的汉字书法大赛(Chinese Calligraphy Contest)。请你给校国际部的学生写一篇通知, 内容包括:

1. 比赛目的;
2. 要求与安排;
3. 参赛方式。

注意:

1. 写作词数应为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

NOTICE

The Students' Union

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

Going to the post office is usually a weekly event for me. I rarely give it any thought other than to drive there, go inside, and drop off my letter or package. However, our world has changed and now I must give careful consideration to this journey, as my age and pre-existing condition put me into the "vulnerable" category. I am worried about getting infected with the pandemic. There are decisions that I need to make. Is this a package that must go out now? I conclude that it is. Is there anyone else who can take the package for me? I conclude there is not. So I have made two decisions already. Next, I must determine which of the two post offices closest to me would be the easiest one to accomplish my goal. I realize the larger one would be my best choice. Three decisions have been made!

On the drive over, I determined that I would look to see the number of cars in the parking lot before making my decision to go in. Upon arriving, I concluded that the car population was small enough, so I pulled into an empty space. My next thought was, "Perhaps I should wait for someone to come out and ask them to take my package in?" Then I realized, I would be making contact with a perfect stranger, and what was the difference between talking to that stranger and just going in and talking to the clerk? Next decision made, I walked inside. There were only two people and both were standing at the counters making their transactions(业务). I walked to the front of what was normally a very long line. I was standing alone, waiting for my turn. I was wondering whether this place had been disinfected(消毒) and was safe to stay here.

Shortly, I was called to the window. I could see that the postal clerk was aware of the fear in my eyes. She quietly stepped back from her station and signed to me to come forward. I stepped up to the counter and placed my package on the scale(秤).

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

She then signed to me to step back.

As I inserted my credit card, tears started to roll down my cheeks.