

秘密★启用前

英 语

注意事项:

- 1.答卷前,考生务必将自己的姓名、准考证号等填写在试卷和答题卡指定位置上。
- 2.回答选择题时,选出每小题答案后,用2B铅笔把答题卡上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。回答非选择题时,将答案用0.5mm黑色笔迹签字笔写在答题卡上,写在本试卷上无效。
- 3.考试结束后,将本试卷和答题卡一并交回。

第一部分 听力(共两节,满分30分)

做题时,请先将答案标在试卷上,录音内容结束后,你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节(共5小题;每小题1.5分,满分7.5分)

听下面5段对话。每段对话后有一个小题,从题中所给的ABC三个选项中选出最佳选项。听完每段对话后,你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

例: How much is the shirt?

- A. £19.15. B. £9.18. C. £9.15.

答案是C。

1. What time is it now?

- A. 8:40. B. 8:50. C. 9:00.

2. What exercise does the man do the least?

- A. Boxing. B. Jogging. C. Weightlifting

3. What does the man want to do?

- A. Play golf next Tuesday. B. Visit his parents. C. Take a day off.

4. How will the woman deal with her bicycle?

- A. She will leave it in the apartment
 B. She will give it to the man for free.
 C. She will sell it to the man at a low price.

5. Why does the woman talk to the man?

- A. To buy a ticket. B. To change a ticket. C. To get back her ticket money.

第二节(共15小题;每小题1.5分,满分22.5分)

听下面独白或对话,每段独白或对话后有一个小题,从题中所给的ABC三个选项中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题5秒钟;听完后,各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料, 回答第 6、7 题。

6. Who might the man be?

- A. A policeman B. A reporter C. A salesman.

7. What did the man look like?

- A. He was in a brown shirt.
B. He was of medium height.
C. He was thin with red hair.

听第 7 段材料, 回答第 8 至 10 题。

8. Where does the conversation most probably take place?

- A. In a bar. B. In a store. C. In a restaurant.

9. How much is one box of moon cakes?

- A. Seven yuan. B. Ten yuan. C. Twenty yuan.

10. What fruit does the woman want to buy at first?

- A. Apples. B. Bananas. C. Oranges.

听第 8 段材料, 回答第 11 至 13 题。

11. How does the woman relax?

- A. By listening to music. B. By sleeping in bed. C. By playing games.

12. What does the woman say about computer games?

- A. It's no good playing them long.
B. She feels it hard to play them.
C. Sometimes they're relaxing

13. What's the probable relationship between the speakers?

- A. Strangers. B. Colleagues. C. Classmates.

听第 9 段材料, 回答第 14 至 17 题。

14. Where did the woman lose her phone?

- A. In a cafe. B. At her office. C. In a movie theater.

15. What did the guy do when he found the phone?

- A. He called the police.
B. He called the last number on it.
C. He called one of the woman's friends.

16. What does the man advise the woman to do?

- A. Buy the guy some food.
B. Give the guy some money.
C. Invite the guy to see a movie.

17. When does the conversation probably take place?

- A. At night. B. Around midday C. In the early morning.

听第 10 段材料, 回答第 18 至 20 题。..

18. How many customers can get the gifts?

- A.12. B.50. C.100.
19. What discount can customers get with a Macy's credit card?
A.10% B.12%. C.15%.
20. Why does the speaker make the announcement?
A. To give thanks to Macy. B. To promote new towels. C. To attract more customers.

第二部分阅读 (共两节, 满分 60 分)

第一节(共 15 小题;每小题 3 分,满分 45 分)

阅读下列短文, 从每题所给的 ABC D 四个选项中选出最佳选项。

A

Nowadays, over 6,000 national parks exist in the world. Of all, these are the ones that have been around for hundreds of years and should be on everyone's bucket list.

Guilin and Lijiang River National Park, China

It is surrounded by striking natural beauty and can be explored by land. But the river national park, as the name suggests, is best explored through leisurely boat rides and cruises that take visitors through many canals and ancient towns that come along the way of the river.

Calanques National Park, France

While most go to France for the twinkling Eiffel Tower, few tour plans involve a stop at the Calanques National Park, which is made up of both land and sea, with over 140 protected species of animals and plants that reside inside. Because of its topography(地形),the park is unique in that it can be explored through a mix of activities both for those who like waterbodies and those who'd rather stay on land.

Yorkshire Dales, United Kingdom

Contrary to the popular association of national parks with the wilderness it is filled with winding valleys, hills and villages where over 24,000 people live and work. Yorkshire Dales is also home to several food shops, and the park hosts cheese festivals and farmers markets regularly, so it's best to go hungry.

Kakadu National Park Australia

It is a delight for those who like a bit of history mixed with the biodiversity of national parks. While it houses thousands of species of wildlife,there's more to the national park than that.

21. What is recommended for a trip to Guilin and Lijiang River National Park?
A. Observing local customs. B. Exploring it through boats.
C. Witnessing geological process. D. Going with an empty stomach.
22. What can tourists do in Calanques National Park?
A. Visit an archeological reserve. B. Enjoy the local farmers markets.
C. See the world-famous Eiffel Tower. D. Observe protected animals and plants
23. What do the four national parks have in common?
A. They have a long history. B. There are residents inside.
C. They feature cheese festivals. D. There are many ancient towns. ...

B

Amy, a day old, was abandoned at a police station in Seoul. Her birth parents couldn't afford to give Amy the appropriate healthcare then. She spent her first three months in an orphanage before she was adopted. "I always thought, why should I be more thankful to my adoptive parents than the next person?" she says.

In 2011, Amy reconnected with her birth mother in South Korea, her adoptive mum by her side. "My Korean mother took my American mother's hands in hers and said with tears, 'Thank you.' After that, my whole world changed," Amy says. At the time, she was working in the e-commerce sector and struggling with anxiety, depression and an eating disorder. Reconnecting with her birth family, however, made her feel like the luckiest person in the world - and she wanted to actively share her good fortune. That year, she quit her job and co-founded the Global Gratitude Alliance, which partners with grassroots organizations to create community-led solutions or social and economic change.

Since then, a reflexive sense of thankfulness has become Amy's frame of reference for work, relationships and daily life in general. She tried to rethink her world view, appreciate the little things and make connections with others. For Amy, the attitude shift helped her overcome health issues - she didn't need the drugs any more after she returned from Korea.

Those positive effects inspired Amy to share the experience with others. Through a partnership with a home for orphaned children in Nepal, the Global Gratitude Alliance provided teachers with workshops that concluded with a ceremony of giving thanks. The participants used those techniques to help their students and community after the destructive earthquake of 2015. Children from the school recently visited a local seniors' home to build relationships with the residents there. "Gratitude creates a cycle of giving and receiving," Amy says.

24. What can we know from the passage?
- A. Amy was raised by an American couple.
 - B. Amy received proper treatment as an infant.
 - C. Amy was more thankful to her birth mother.
 - D. Amy was orphaned three months after her birth.
25. What played a key role in Amy's change?
- A. Her job quitting
 - B. The reunion with her birth mother.
 - C. The struggle against her disease.
 - D. The connections with volunteers.
26. What can we know about members of the Global Gratitude Alliance?
- A. They hosted ceremonies in workshops.
 - B. They sought partners for orphaned children.
 - C. They built relations with adoptive parents.
 - D. They contributed to post-disaster service.
27. What is the text mainly about?
- A. Good fortune inspires people a lot.
 - B. Reflection helps build frame of life.

C. Family reunion gets positive effects D. Gratitude needs to be widely spread.

C

Don't feel too bad if you're the type to still be in bed past 11am on a Saturday. Yes, those up-at-6am types might look self-satisfied with their Instagram stories of sunrise yoga and morning museum trips, but it turns out that getting some extra rest at the weekend could be good for your mental well-being.

Having a lie-in could halve your risk of getting depression, suggests research from Yonsei University. But researchers warned -this benefits only apply if you sleep for an extra two hours. Any more than that and you actually increase your risk.

Researchers at the South Korean university came to this conclusion after tracking 5,500 people who said they often missed out on a full night's sleep during the working week. They found that those who caught up on sleeping by having a lie-in of an extra two hours at the weekend were 48% less likely to develop depression. Those who had a one-hour lie-in reduced their risk of low mood by a third. But for people who slept for longer than two hours extra on Saturday and Sunday, depression rates were 16% higher.

These findings are backed up by a 2018 study from Sweden, which suggested that if you could bring up your average duration of sleep by staying in bed later at the weekends, you could be in better health. What's even better than a lie-in at the weekend, though, is not needing one. If you can increase the duration and quality of your sleep during the week thus upping your overall average and reducing the need to sleep extra hours at the weekend, that's likely to promise even more positive effects for your mental and physical well-being.

It's still recommended that you get between seven and nine hours of sleep a night so make that your aim rather than pretending a lie-in erases all the damage from late nights every other day.

28. What do the first 2 paragraphs mainly tell us?

- A. The type of staying late in bed is commonly encouraged.
- B. Yoga and museums trips are fashionable morning relaxation.
- C. An extra 2 hours' rest could be beneficial to your mental health.
- D. Sleeping late for over 2 hours could cut the risk of depression in half.

29. What can replace the underlined words "caught up on" in bold?

- A. Ran after.
- B. Reached for.
- C. Made up for.
- D. Was lacking in.

30. Why does the author use three figures in paragraph 3?

- A. To introduce a topic.
- B. To support a conclusion.
- C. To explain a phenomenon.
- D. To provide some examples.

31. What is viewed as healthy style according to the Sweden study?

- A. Sleeping for more than nine hours per night...
- B. Increasing average sleeping duration per night.
- C. Staying late and sleep extra hours at the weekends
- D. Sufficient sleep duration and quality during the weekdays.

D

Every machine and power station, even renewable energy like wind and solar, creates waste heat that is simply lost in the atmosphere. Thankfully, scientists and engineers are devoted to collecting heat and transforming it into useful electricity. Now researchers at Penn State University have created a flexible thermoelectric (热电的) generator that wraps around hot water or exhaust(排气) pipes, turning heat into electricity.

Flexible devices are more efficient because they attach to pipes in factories or on vehicles without having to be glued on like rigid devices. Then the thermoelectric materials turn temperature differences between the surface fixed to the pipe and the cooler outer surface into electric current - called the Seebeck effect

Thermophotovoltaic(热光伏的) devices are another promising way to use this waste heat. University of Michigan engineers have created a precisely machined thermophotovoltaic cell that could be used to generate electricity from extra renewable power. The cells would use heat and turn it into electricity on demand, in a form that is much cheaper than batteries, say its creators.

One of the factors crucial to any device's thermoelectric efficiency is its material. If higher electrical energy can be created with smaller temperature differences, then the materials are said to have a high ZT value. Using a special material scientists have doubled the previous best. The random distribution of atoms in their material slows down the way heat passes through it, making the thermoelectric effect last longer, able to power sensors and small computer processors. Low temperature generation includes computers and cars, making pyroelectrics(热电体) particularly useful for squeezing more energy out of electronic systems.

Another relative advantage is inexpensive materials. More abundant elements like tin is cheap and abundant, with high ZT values when combined in the right way. Their use could lead to greener car engines.

And when it comes to personal electronics, thermoelectrics could eventually beat traditional charging hardware. Chinese researchers have built a wristband that gathers body heat to power a LED and may be able to power smartwatches or other mobile devices in the future.

32. What is the thermoelectric generator used for?

- A. Reducing the air pollution.
- B. Introducing an ecological energy.
- C. Controlling the exhaust emission.
- D. Converting waste heat into electrical energy

33. Why does the author mention the Seebeck effect in paragraph 2?

- A. To illustrate a point.
- B. To clarify a concept.
- C. To show a connection
- D. To make a comparison.

34. What factor determines any device's thermoelectric efficiency?

- A. Its high ZT value.
- B. Its renewable power.
- C. To show a connection
- D. To make a comparison.

35. Which potential application of thermoelectric technology is mentioned?

- A. To reduce waste heat. B. To make LED.
C. To charge smartwatches. D. To start vehicles

第二节(共 5 小题;每小题 3 分, 满分 15 分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Developing an optimistic outlook can be good for both your physical and mental health Here are some ways to make thinking positive thoughts easy.

●Spend time with positive people

If you surround yourself with constant complainers, their negativity is likely to rub off on you. Spend time with positive friends and family members to increase the likelihood that their positive thinking habits will become yours too. 36

●Recognize and replace negative thoughts

You won't be successful at positive thinking if you're still stuck in frequent negative thoughts.37 If you find yourself thinking something such as, "I always mess everything up," replace it with something more realistic such as, "Sometimes I make mistakes but I learn from them."

●Consider the consequences of negativity

Spend some time thinking about the consequences of negative thinking.38 For example, a person who thinks, "I probably won't get this job interview," may put less effort into the interview.

As a result, he may decrease his chances of getting the job.

●Create a daily gratitude list

If you start keeping a daily gratitude list, you'll start noticing exactly how much you have to be thankful for.39 And you focus on the positive in your life instead of thinking about all the bad things that have happened in the day.

●Look for silver lining

When something bad happens, look for the silver lining.40 While it may be difficult to find good in a tough situation, it is always there if you look hard enough. Focusing on the positive helps you to stay hopeful and optimistic even when things are tough.

- A. Often, it can become a self-fulfilling prediction
B. This will help you look for the good in other people.
C. Learn how to surround yourself with positive people.
D. Your past mistakes are not there for you to hold on to.
E. This means looking for the positive side of a negative event.
F. Learn to recognize and replace thoughts that are overly negative....
G. Generate ideas on limiting the time you spend with negative people

第三部分语言运用 (共两节, 满分 50 分)

第一节(共 15 小题;每小题 2 分, 满分 30 分)

阅读下面短文，从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

When I was growing up, I was embarrassed to be seen with my father. He was severely crippled(跛),and when we would walk together, his hand on my arm for 41 people would stare. I would42 at the unwanted attention.

Our usual walk was to or from the subway which he traveled to work.He went to work sick, and 43 horrible weather. He almost never 44 a day, and would make it to the office 45 others could not. When snow or ice was on the ground,it was impossible for him to walk even with help.At such times I would 46 him through the streets to his office building. He never asked for leave due to his 47

He never talked about himself as an object of 48 nor did he show any 49 of the more fortunate. What he looked for in others was a“good heart”,and if he found one, the owner was good enough for him. Now that I am older,I believe that is a proper 50 by which to judge people, even though I still don't know 51 what a “good heart” is.

He has been 52 many years now.But I think of him often.I wonder if he 53 my unwillingness to be seen with him during our 54. If he did,I am sorry I never told him how sorry I was and how I 55 it.

- | | | | |
|--------------------|---------------|------------------|---------------------|
| 41. A.comfort | B. attraction | C.convenience | D.balance |
| 42.A.struggle | B.enjoy | C. excite | D.cry |
| 43.A.except | B. despite | C.for | D.in |
| 44. A. forgot | B. missed | C.spent | D. valued |
| 45. A. as if | B. as long as | C.even if | D. in case |
| 46. A. pull | B. follow | C. watch | D. hold |
| 47.A. laziness | B.fault | C. inconvenience | D. irresponsibility |
| 48.A. waste | B.joke | C. pity | D.failure |
| 49.A.anger | B.envy | C.complaint | D.joy |
| 50.A.road | B. belief | C. lesson | D. standard |
| 51.A.exactly | B.slightly | C.finally | D. greatly |
| 52.A.gone | B. lost | C. disappeared | D. restricted |
| 53.A. imagined | B. touched | C. predicted | D. sensed |
| 54.A.communication | B. chatting | C. walks | D. lives |
| 55.A. expected | B. regretted | C. hated | D.appreciated |

第二节(共 10 小题;每小题 2 分，满分 20 分)

阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。...

Queensland is an Australian state 56 (cover) the continent's northeast, with a coastline stretching nearly 7,000km. Its offshore Great Barrier Reef,the world's largest coral reef system, hosts thousands of marine 57 (species)

Queensland is also home 58 some of the most magical islands and the largest expanse of coral in the world. It may well be the closest you ever get to paradise.You can 59 (free) while

away the hours on a deserted beach full of palm trees, go for a sail around the coral reef, on throw 60 (your) into the various water sports. Spread like jewels in the Pacific Ocean, these Australian islands stretch from Lady Elliott in the south to Lizard in the north, 61 all are a delight to visit.

Hayman Island 62 (position) within the heart of Australia's Great Barrier Reef 63 (be) probably one of the most luxurious resorts in the world with dreamy beaches, unique wildlife and mouth-watering cuisine. For something a little more particular, try Bedarra, privately owned and with only sixteen villas (别墅). For a touch of history, go to Lizard Island, 64 Captain Cook landed in 1770. This is also where divers go. To get away from it all, go to Heron Island, a port of peace and quiet. Fraser Island has the 65 (large) sandy beach in the world, Hook has a wonderful National Park.. the list is endless

第四部分 写作(共两节, 满分 40 分)

第一节(满分 15 分)

假如你是李华, 你校外教 Caroline 发朋友圈求退烧药物你得知后寄去药品并附留言条。

内容包括:

1. 药品用法、用量;
2. 饮食建议;
3. 祝早日康复。

注意:

1. 写作词数为 80 左右;
2. 请按如下格式在答题卡的相应位置作答。

Dear Caroline,	
	Yours, Li Hua

第二节(满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

I could hear footsteps following me. Closer and closer the sound of heavy footsteps sounded. which made my heart beat faster than ever. I stopped and turned to see who it was. The dim street lamp did not allow me to see far and it looked like I was alone. I could not hear anything other than my heart beating heavily. Was it my imagination?

I was returning home after a late music lesson. My parents were attending a neighborhood watch meeting so I had to get home on my own. The distance from my music teacher's house to my home was just 500 meters. The street was darker than I had expected but I was not very worried about the short walk home. I was busy thinking about my upcoming music exam when I became aware that I was being followed.

I continued on my way, keeping my ears open for any sound. There it was again, the sound of

someone walking behind me. Fear enveloped me and I hurried on. My house was just around the corner. I decided to run. To my horror, whoever was following me began to run too. I glanced behind me and saw a dark figure catching up with me. The next instant, I ran into a dustbin by the road and fell flat on my front. I felt a hand grab my arm and I screamed in panic. The hand released my arm and I pushed myself off the ground, getting ready to run again. I found myself looking at a terrified young lady dressed in a dark tracksuit.

The next moment, there was a rush of footsteps and someone calling my name. To my astonishment, my parents appeared together with a few people I recognized as our neighbors.

注意:

1. 续写词数应为 150 左右;
2. 请按如下格式在答题卡的相应位置作答。

I was asked to explain why I ran away from Judy, the young lady.

The young lady who looked anxious at first now seemed as relieved as me.